

# The Claddagh Ring FEIS

Proceeds going to St Francis Hospice Blanchardstown

**Sunday 21st May 2023**

Tyrrelstown Community Centre  
Hollywoodrath, Holbstown Rd, Tyrrelstown  
D15 PWY2

Ample parking Available

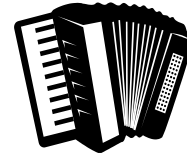
Moltoiri:

Clodagh Lanigan Walsh  
Tracey Taaffee Metcalfe

Leinster  
Ulster

Ceoltoiri:

Ciara Brannigan



Entries:

[www.entrytable.ie](http://www.entrytable.ie)

Entries Open: 24<sup>th</sup> April 2023

Entries Close: 17<sup>th</sup> May 2023 @12 midnight

We will also accept Entries on the day, Cash only & a €3 late fee.

Fees:

|                            |     |
|----------------------------|-----|
| Rince Aonair: Solo Dance   | €5  |
| Rince Trofai: Trophy Dance | €7  |
| Super Stars                | €7  |
| Rince Foirne               | €3  |
| Priomh Comortas            | €15 |

Tea, Coffee & Food available throughout the day  
Admission is €5.00 and can be paid at the door.

Enquiries:

Mary O'Connor A.D.C.R.G. Tel: 01 8856224 & Mobi: 086 150 4528  
Annmarie Farrington Rodden T.C.R.G. Mobi: 0851422960

Trophies for 1<sup>st</sup> place in all competitions & those moving up in 2<sup>nd</sup> & 3<sup>rd</sup> place.

Trophies for 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> in all Trophies competitions.

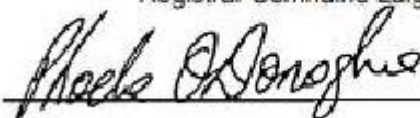
Trophies for 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> & 5<sup>th</sup> in all Priomh Comortas.

**All floors fitted with Marley dance floors.**

**\* DIAMOND DANCEWEAR IRISH DANCE STALL WILL BE IN ATTENDANCE\***

Registrar Comhairle Laighean

Approved By:



Date: 30/03/23

**Stay home. Stay safe. Protect each other.**

Know the symptoms. If you have them, self-isolate and contact a GP.  
Continue to:

**Wear**  
face coverings on public transport in shops, crowded events, busy public workplaces and when in close contact with people

**Cover**  
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue safely

**Distance**  
yourself at least 2 metres (6 feet) from other people, especially those who might be unwell

**Limit**  
contact with others when you are unwell

**Wash**  
your hands well and often to avoid contamination

**Avoid**  
crowds and crowded places

**Know**  
the symptoms. If you have them, self-isolate and contact your GP immediately

**COVID-19 symptoms include**

- fatigue or tiredness
- cough
- breathing difficulty
- sudden loss of taste or smell
- flu like symptoms

#holdfirm  
Know the facts  
www.gov.ie/news/covid-19 www.hse.ie

|         |    |                              |             |     |     |                              |             |     |
|---------|----|------------------------------|-------------|-----|-----|------------------------------|-------------|-----|
|         |    | <b>Floor 1</b>               |             |     |     | <b>Floor 2</b>               |             |     |
| 9.00AM  | 1  | Cor                          | u5/5-7 Bun  |     | 1a  | Cor                          | 7-8 Bun     |     |
|         | 2  | Port Éadrom                  | Faoi 7 Bun  |     | 2a  | Port Éadrom                  | 7-8 Bun     |     |
|         | 3  | Port Luascadh                | u5/5-7 Bun  |     | 3a  | Port Luascadh                | 7-8 Bun     |     |
|         | 4  | Port Singil                  | Faoi 7 Bun  |     | 4a  | Port Singil                  | 7-8 Bun     |     |
|         | 5  | Rince Éadrom                 | u5/5-7 Bun  | Tx3 | 5a  | Rince Éadrom                 | 7-8 Bun     | Tx3 |
|         | 6  | Port Trom NÓ Cornphiopa      | Faoi 7 Bun  |     | 6a  | Port Trom NÓ Cornphiopa      | 7-8 Bun     |     |
|         |    | <b>Super Stars 16 Bars</b>   |             |     |     | <b>Super Stars 16 Bars</b>   |             |     |
|         |    | <b>Results</b>               |             |     |     | <b>Results</b>               |             |     |
|         | 7  | Cor                          | Faoi 7 Tus  |     | 7a  | Cor                          | 7-8 Tus     |     |
|         | 8  | Port Éadrom                  | Faoi 7 Tus  |     | 8a  | Port Éadrom                  | 7-8 Tus     |     |
|         | 9  | Port Luascadh                | Faoi 7 Tus  |     | 9a  | Port Luascadh                | 7-8 Tus     |     |
|         | 10 | Rince Éadrom                 | Faoi 7 Tus  | Tx3 | 10a | Rince Éadrom                 | 7-8 Tus     | Tx3 |
|         | 11 | Rince Trom                   | Faoi 7 Tus  | Tx3 | 11a | Rince Trom                   | 7-8 Tus     | Tx3 |
|         |    | <b>Results</b>               |             |     |     | <b>Results</b>               |             |     |
| 11.30AM | 12 | Cor                          | Faoi 8 Mean |     | 12a | Cor                          | 8-10 Mean   |     |
|         | 13 | Port Luascadh                | Faoi 8 Mean |     | 13a | Port Luascadh                | 8-10 Mean   |     |
|         | 14 | Port Éadrom/Trom             | Faoi 8 Mean |     | 14a | Port Éadrom/Trom             | 8-10 Mean   |     |
|         | 15 | Rince Leithleach Tradisiúnta | Faoi 8 Mean |     | 15a | Rince Leithleach Tradisiúnta | 8-10 Mean   |     |
|         | 16 | Priomh Comortas              | Faoi 8 Mean | Tx3 | 16a | Priomh Comortas              | 8-10 Mean   | Tx3 |
|         |    | <b>Results</b>               |             |     |     | <b>Results</b>               |             |     |
| 13.15PM | 17 | Cor                          | 8-9 Bun     |     | 17a | Cor                          | 9-10 Bun    |     |
|         | 18 | Port Éadrom                  | 8-9 Bun     |     | 18a | Port Éadrom                  | 9-10 Bun    |     |
|         | 19 | Port Luascadh                | 8-9 Bun     |     | 19a | Port Luascadh                | 9-10 Bun    |     |
|         | 20 | Port Singil                  | 8-9 Bun     |     | 20a | Port Singil                  | 9-10 Bun    |     |
|         | 21 | Rince Éadrom                 | 8-9 Bun     | Tx3 | 21a | Rince Éadrom                 | 9-10 Bun    | Tx3 |
|         | 22 | Port Trom NÓ Cornphiopa      | 8-9 Bun     |     | 22a | Port Trom NÓ Cornphiopa      | 9-10 Bun    |     |
|         | 23 | Rince Leithleach Tradisiúnta | 8-9 Bun     |     | 23a | Rince Leithleach Tradisiúnta | 9-10 Bun    |     |
|         | 24 | Cor Beirte                   | Faoi 10 Bun |     |     |                              |             |     |
|         |    |                              |             |     | 24a | Cor Triur                    | Faoi 10 Bun |     |
|         |    | <b>Results</b>               |             |     |     | <b>Results</b>               |             |     |
|         | 25 | Cor                          | 8-10 Tus    |     | 25a | Cor                          | 10-12 Tus   |     |
|         | 26 | Port Éadrom                  | 8-10 Tus    |     | 26a | Port Éadrom                  | 10-12 Tus   |     |
|         | 27 | Port Luascadh                | 8-10 Tus    |     | 27a | Port Luascadh                | 10-12 Tus   |     |
|         | 28 | Rince Éadrom                 | 8-10 Tus    | Tx3 | 28a | Rince Éadrom                 | 10-12 Tus   | Tx3 |
|         | 29 | Rince Trom                   | 8-10 Tus    | Tx3 | 29a | Rince Trom                   | 10-12 Tus   | Tx3 |
|         | 30 | Rince Leithleach Tradisiúnta | 8-10 Tus    |     | 30a | Rince Leithleach Tradisiúnta | 10-12 Tus   |     |
|         |    | <b>Results</b>               |             |     |     | <b>Results</b>               |             |     |

Super Stars are for dancers up to the age of U6 who are either first-time Feis dancers or who perhaps don't feel confident enough to dance a full dance in the U5 or U6 Beginner Competition. This will be a 16 bar 'step down the line' competition where dancers will dance one at a time and ALL dancers will receive a special award.

Registrar Comhairle Laighean

Approved By: *Sheela O'Sullivan* Date: 30/03/23

|         |    | <b>Floor 1</b>               |            |     | <b>Floor 2</b> |                              |            |
|---------|----|------------------------------|------------|-----|----------------|------------------------------|------------|
| 14.30PM | 31 | Cor                          | 10-12 Bun  |     | 31a            | Cor                          | 12-14 Bun  |
|         | 32 | Cor                          | O/14 Bun   |     |                |                              |            |
|         | 33 | Port Luascadh                | 10-12 Bun  |     | 32a            | Port Luascadh                | 12-14 Bun  |
|         |    |                              |            |     | 33a            | Port Luascadh                | O/14 Bun   |
|         | 34 | Port Singil                  | 10-12 Bun  |     | 34a            | Port Singil                  | 12-14 Bun  |
|         | 35 | Port Singil                  | O/14 Bun   |     |                |                              |            |
|         | 36 | Rince Éadrom                 | 10-12 Bun  | Tx3 | 35a            | Rince Éadrom                 | 12-14 Bun  |
|         |    |                              |            |     | 36a            | Rince Éadrom                 | O/14 Bun   |
|         | 37 | Port Trom NÓ Cornphiopa      | 10-12 Bun  |     | 37a            | Port Trom NÓ Cornphiopa      | 12-14 Bun  |
|         | 38 | Port Trom NÓ Cornphiopa      | O/14 Bun   |     |                |                              |            |
|         | 39 | Cor Beirte                   | 10-12 Bun  |     | 38a            | Cor Beirte                   | O/12 Bun   |
|         | 40 | Cor Triur                    | 10-12 Bun  |     | 39a            | Cor Triur                    | O/12 Bun   |
|         |    | <b>Results</b>               |            |     |                | <b>Results</b>               |            |
| 16.00PM | 41 | Cor                          | 12-14 Tus  |     | 40a            | Cor                          | O/14 Tus   |
|         | 42 | Port Éadrom                  | 12-14 Tus  |     | 41a            | Port Éadrom                  | O/14 Tus   |
|         | 43 | Port Singil                  | 12-14 Tus  |     | 42a            | Port Singil                  | O/14 Tus   |
|         | 44 | Rince Éadrom                 | 12-14 Tus  | Tx3 | 43a            | Rince Éadrom                 | O/14 Tus   |
|         | 45 | Rince Trom                   | 12-14 Tus  |     | 44a            | Rince Trom                   | O/14 Tus   |
|         |    | <b>Results</b>               |            |     |                | <b>Results</b>               |            |
|         | 46 | Cor                          | 10-12 Mean |     | 45a            | Cor                          | 12-14 Mean |
|         | 47 | Cor                          | O/14 Mean  |     |                |                              |            |
|         | 48 | Port Luascadh                | 10-12 Mean |     | 46a            | Port Luascadh                | 12-14 Mean |
|         |    |                              |            |     | 47a            | Port Luascadh                | O/14 Mean  |
|         | 49 | Port Trom NÓ Cornphiopa      | 10-12 Mean |     | 48a            | Port Trom NÓ Cornphiopa      | 12-14 Mean |
|         | 50 | Port Trom NÓ Cornphiopa      | O/14 Mean  |     |                |                              |            |
|         | 51 | Rince Leithleach Tradisiúnta | 10-12 Mean |     | 49a            | Rince Leithleach Tradisiúnta | 12-14 Mean |
|         |    |                              |            |     | 50a            | Rince Leithleach Tradisiúnta | O/14 Mean  |
|         | 52 | Priomh Comortas              | 10-12 Mean | Tx3 | 51a            | Priomh Comortas              | 12-14 Mean |
|         | 53 | Priomh Comortas              | O/14 Mean  | Tx3 |                |                              |            |
|         |    | <b>Results</b>               |            |     |                | <b>Results</b>               |            |

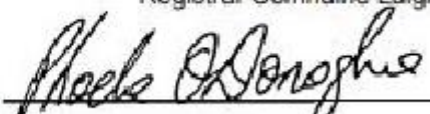
**\*A more detailed timetable will be issued after entries close.**

**Please follow our FB page @claddaghringfeis for more information\***

**ALL FEES ARE NON-REFUNDABLE EXCEPT IN THE EVENT THAT THE FEIS DOES NOT PROCEED.**

| <b>Dances</b>                |                |
|------------------------------|----------------|
| <b>Irish</b>                 | <b>English</b> |
| Cor                          | Reel           |
| Port Éadrom                  | Light Jig      |
| Port Luascadh                | Slip Jig       |
| Port Singil                  | Single Jig     |
| Rince Éadrom                 | Light Dance    |
| Port Trom                    | Heavy Jig      |
| Cornphiopa                   | Hornpipe       |
| Rince Trom                   | Heavy Dance    |
| Rince Leithleach Tradisiúnta | Trad Set       |
| Cor Beirte                   | 2 Hand Reel    |
| Cor Triur                    | 3 Hand Reel    |
| NÓ                           | Or             |

Registrar Comhairle Laighean

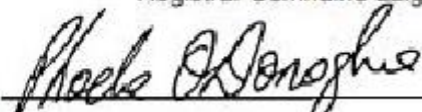
Approved By:  Date: 30/03/23

## RIALACHA

1. Adjudicator's decision is final.
2. Age as of 1st January 2023.
3. Entries only accepted from teachers registered with An Coimisiún Le Rinci Gaelacha
4. Make-Up (including false eyelashes and face tan) will not be permitted for all age groups up to and including Under 10.
5. In order to comply with health and safety measures, all dancers lining upside stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
6. In Bun Grad & Tus Grad, make-up will not be permitted in competitions up to and including the Under 12 age group and must wear class costumes, skirt and blouse or ordinary civilian clothing low cut tops or tight skirts are not permitted.
7. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modestly may ask a competitor to wear black tights (of a denier not less than 70 percent) to continue in the competition.
8. Changing of costumes, dressing, and undressing, is not permitted in the halls or public area.
9. Bun Grad confined to dancers who have never won 1st prize for that particular dance in any age or grade or who have been upgraded as per Rule No. 8. Basic Steps only are permitted.
10. Tus Grad confined to dancers who have never won 1st prize for that particular dance in any age in Tus Grad, Lar Grad, Mean Grad, or Ard Grad or who have been upgraded as per Rule No. 8. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipes must be similar to those used in St. Patrick's Day and The Blackbird.
11. Bun Grad figure dancing is confined to dancers who have never won 1 place for that Particular - dance in Bun or higher a Grade.
12. In Bun & Tus Grad competitions, one dancer moves up to next grade, if less than 20 competitors; two dancers move up to the next grade if there are between 21 and 40 competitors; and three dancers move up to next grade if there are more than 40 competitors.
13. Dancers may only perform a dance in Mean Grad if they have never won 1st prize for that dance in Mean or Ard Grad in that age or a higher age. However, a dancer who won a particular dance in a higher age in the previous year, may dance that dance again in Mean Grad in the next calendar year in their own or a higher age group. A dancer who wins a Preliminary Championship may not dance those dances in Mean Grad for the remainder of the calendar year.
14. In Priomh Comortas dancers must perform any Light Dance & any Heavy Dance. Dancers must compete in 2 other mean grad dances to compete in Priomh Comortas at this Feis.
15. Dances permitted in Rince Eadrom are Reel, Light Jig, Single Jig, or Slip Jig.  
Dances permitted in Rince Trom are Heavy Jig, Hornpipe or St. Patrick's Day.
16. Dancers must perform to the following metronomic speeds:  
Bun Grad: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144.  
Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130.  
Mean Grad: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113.  
Traditional Set Dances (minimum): St. Patrick's Day 94, Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90.
17. No block, en point, stationery or moving will be allowed for all ages up to and including Under 12.
18. Objections must be lodged within one hour of commencement of the results of a competition and must be accompanied by a fee of €20.
19. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g., mobile phone, iPad, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.
20. Social Media Rule - Taking photos without parental permission is not permitted. Those who do not want to be photographed should make themselves known to the Feis Organiser.
21. Comhairle Laighean Child Safety Officer is Orla Nic Conuladh. Please contact her if you have any concerns in regard to child safety at the event. DLPLinster@gmail.com
22. Parents are responsible for the conduct and behaviour of their children at all times, whilst attending the Feis within and around the venue.
23. The Feis committee as far as practicable will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever, for injuries sustained whilst on stage or within the practise area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent/guardian/teacher.
24. ALL FEES ARE NON-REFUNDABLE EXCEPT IN THE EVENT THAT THE FEIS DOES NOT PROCEED.
25. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.

**BUN, TUS MEAN Grad and Priomh Comortas ARE OPEN TO ALL AREAS**

Registrar Comhairle Laighean

Approved By:  Date: 30/03/23