



**Sunday November 5, 2023**

**Start time: 8:45 a.m.**

**16<sup>th</sup> Annual**

# FEIS NA CARA 2023

**LIMITED TO THE FIRST 600 ENTRIES**

**ENTRIES DUE BY October 28, 2022**

May close early if cap is reached

Three rounds for Open Championships

4 Hand, 6 Hand and 8 Hand Team Competitions

\*\* New this year Pre-Champion Competition\*\*

**NEW VENUE**

**The Mirinda Center  
at Neumann University**

One Neumann Drive

Aston, PA 19014

**Feis Na Cara is a private event run by the McDade-Cara School of Irish Dance and reserves the right to accept or refuse admission to this event**

**ALL ENTRIES WILL BE DONE ONLINE**

[www.feisweb.com](http://www.feisweb.com)

No mailed entries will be accepted.

**Feis updates, adjudicator & musician additions will be posted**

[www.mcdadecara.com](http://www.mcdadecara.com)

**Email questions to: [carafeis@gmail.com](mailto:carafeis@gmail.com)**

## Adjudicators

Theresa Shaffer Wilkinson, OH	Maura Gray, CT	Iris Gray Sharnick, CT	Joanie Cass, NY
Noreen Houlihan Smith, CT	Michael Smith, CT	Billy Maple, MD	Marnie Maple, MD

## Musicians

Niall O'Leary	Linda Rutherford	Tony Rutherford	Mike Shaffer

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN ([WWW.CLRG.IE](http://WWW.CLRG.IE)) IDTANA([www.idtana.org](http://www.idtana.org)) AND THE MID-ATLANTIC REGION ([WWW.MID-ATLANTICREGION.COM](http://WWW.MID-ATLANTICREGION.COM) )

Please refer to applicable websites for rules governing the feis.

**PLEASE NOTE THE PHOTOGRAPHY RULE**

**THE FEIS COMMITTEE, MCDADE-CARA SCHOOL OF IRISH DANCE, THE HOSTING ORGANIZATION, Neumann University, or any other organizations affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.**

**Feis hotel info will be posted on our website [www.mcdadecara.com](http://www.mcdadecara.com)**

<b>NO REFUNDS OF ANY FEES</b>		<b>NO CHANGES AFTER November 2, 2022</b>	
Family Event Fee – Mandatory:	\$30.00	Late Fee Begins October 28, 2023 -	\$20.00
Solo Competition:	\$12.00 per dance	Change Fee after October 28, 2023 -	\$20.00 per change
Pre-Champion Competition:	\$35.00		
Set Dance Competitions:	\$12.00 per dance		
Preliminary Championships:	\$50.00	All entries done on FeisWeb.com No mailed entries	
Open Championships:	\$60.00		
Team Competitions: Fee is the total PER TEAM both Girls and Mixed – please see Team Competition section of this syllabus. Team Fees DO NOT count towards Family Max			
4 Hand	\$48.00		
6 Hand	\$72.00		
8 Hand	\$96.00		
Family Maximum: (does not include <b>Team Fees</b> , event fee or late fee )	\$150.00	Any questions regarding entries should be emailed to: <a href="mailto:carafeis@gmail.com">carafeis@gmail.com</a>	

**Team Competitions**

All members of each team must be registered for the feis. One team member will pay the team fee. That team member will be the only dancer number on the registration and will be the only number allowed to compete. **TEAM FEES DO NOT COUNT TOWARDS FAMILY MAX.**

*The Martin J. McGonigle Memorial Trophy will be awarded to the school that accumulates the most overall points in the figure competitions.*

	<b>Under 8</b>	<b>Under 10</b>	<b>Under12</b>	<b>Under 15</b>	<b>15 &amp; Over</b>	<b>Under 18</b>	<b>18 &amp; Over</b>	<b>Adult</b>
<b>Girls 4 Hand</b>	600	601	602	603	604	N/A	N/A	605
<b>Mixed 4 Hand</b>	606	607	608	609	610	N/A	N/A	611
<b>Girls 6 Hand</b>	N/A	612	613	614	615	N/A	N/A	616
<b>Mixed 6 Hand</b>	N/A	617	618	619	620	N/A	N/A	621
<b>Girls 8 Hand</b>	N/A	622	623	624	N/A	625	626	627
<b>Mixed 8 Hand</b>	N/A	628	629	630	631	N/A	N/A	632

<b>BEGINNER</b> <b>BOYS &amp; GIRLS</b>	A Beginner is a competitor who has not taken Irish dancing lessons from a registered teacher <u>prior</u> to September 1st of previous year. Dancer must move into Advanced Beginner the following year. 2 Steps, 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt & blouse or school costumes ONLY.								
	<b>Under 5</b>	<b>Under 6</b>	<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>12 &amp; Over</b>
<i>REEL tempo 122</i>	1	5	9	13	17	21	25	29	33
<i>LIGHT JIG tempo 115</i>	2	6	10	14	18	22	26	30	34
<i>SLIP JIG tempo 122</i>	3	7	11	15	19	23	27	31	35
<i>HOP JIG tempo 124</i>	4	8	12	16	20	24	28	32	36
<b>ADVANCED BEGINNER</b> <b>BOYS &amp; GIRLS</b>	An Advanced Beginner is a dancer who has taken lessons from a registered teacher for more than 1 year. An Advanced Beginner who wins a 1 <sup>st</sup> , 2 <sup>nd</sup> , or 3 <sup>rd</sup> place will advance to the Novice category in that particular dance the next year. 2 Steps, 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt & blouse or school costumes ONLY.								
		<b>Under 6</b>	<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>12 &amp; Over</b>
<i>REEL tempo 122</i>		101	107	113	119	125	131	137	143
<i>LIGHT JIG tempo 115</i>		102	108	114	120	126	132	138	144
<i>SLIP JIG tempo 122</i>		103	109	115	121	127	133	139	145
<i>HOP JIG tempo 124</i>		104	110	116	122	128	134	140	146
<i>TREBLE JIG tempo 92</i>		105	111	117	123	129	135	141	147
<i>HORNPIPE tempo 138</i>		106	112	118	124	130	136	142	148
<b>NOVICE</b> <b>BOYS &amp; GIRLS</b>	A Novice is a dancer who has previously won a 1 <sup>st</sup> , 2 <sup>nd</sup> or 3 <sup>rd</sup> in Advanced Beginner. A Novice who wins a 1 <sup>st</sup> place will advance to the Prizewinner category in that particular dance the next year. 2 Steps, 2 Dancers at a time								
		<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>Under 13</b>	<b>Under 14</b>
<i>REEL tempo 113</i>	201	206	211	216	221	226	231	236	241
<i>LIGHT JIG tempo 115</i>	202	207	212	217	222	227	232	237	242
<i>SLIP JIG tempo 113</i>	203	208	213	218	223	228	233	238	243
<i>TREBLE JIG tempo 92 or 73</i>	204	209	214	219	224	229	234	239	244
<i>HORNPIPE tempo 138 OR 113</i>	205	210	215	220	225	230	235	240	245
<b>PRIZEWINNER</b> <b>BOYS &amp; GIRLS</b>	A Prizewinner is a dancer who has previously won a 1 <sup>st</sup> place in Novice in a particular dance. 2 Steps, 2 Dancers at a time								
		<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>Under 13</b>	<b>Under 14</b>	<b>Under 15</b>
<i>REEL tempo 113</i>	301	305	309	313	317	321	325	329	333
<i>SLIP JIG tempo 113</i>	302	306	310	314	318	322	326	330	334
<i>TREBLE JIG tempo 92 OR 73</i>	303	307	311	315	319	323	327	331	335
<i>HORNPIPE tempo 138 OR 113</i>	304	308	312	316	320	324	328	332	336

## CHAMPIONSHIPS

Championship Tabulation will be done by FEISWEB.

A DANCER WHO MISSES HIS/HER ROTATION WILL NOT BE PERMITTED TO DANCE. ROTATIONS ARE PRE-ASSIGNED BY FEISWEB

HARD SHOE DANCED FIRST

<b>PRELIMINARY CHAMPIONSHIPS BOYS &amp; GIRLS</b>	Choice of Reel (48 Bars) or Slip Jig (40 bars) AND Jig (48 bars) or Hornpipe (40 bars). Open to competitors who have placed 1 <sup>st</sup> in Prizewinner solo light (reel/slip jig) AND heavy dance (jig/hornpipe) at any feis. Dancers who win THREE 1 <sup>st</sup> place Prelim Championships in one calendar year must move onto Open on Jan. 1 <sup>st</sup> of the following year. When a third 1 <sup>ST</sup> place win is achieved over several calendar years, the dancer <b>must</b> move to Open Championship the <b>following</b> weekend. Girls and Boys Combined. Hard Shoe danced first. Dancers will dance 2 at a time.	
	<b>PERPETUAL TROPHIES</b>	
Under 8	400	The Kathleen Clare Carbone Perpetual Trophy
Under 9	401	The Scott Family – Tir na nog Perpetual Trophy
Under 10	402	The Scattergood/Hasenmayer Families Perpetual Trophy
Under 11	403	The Chester County Emerald Society Perpetual Trophy
Under 12	404	The Carty/Connelly Families Perpetual Trophy
Under 13	405	The West End Fire Company #3 Perpetual Trophy
Under 14	406	The Elizabeth McLaughlin Reese Perpetual Trophy
Under 15	407	The Robert J. Brennan Perpetual Trophy
Under 16	408	The Charles V. Roche Memorial Trophy
Under 17	409	The McNamee Family Perpetual Trophy
17 & Over	410	The Connelly Family Perpetual Trophy
<b>OPEN CHAMPIONSHIPS GIRLS 3 ROUNDS</b>	Dancers will perform three rounds: reel or slip jig, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 2 at a time. HARD SHOE dance first. Note: U8 and U9 Open Girls and Boys competitors must dance a traditional set piece.	
Under 8	500	The Daire Robert Baille Memorial Trophy
Under 9	501	The Rose of Tralee Perpetual Trophy
Under 10	502	The McDade McGrory Perpetual Trophy
Under 11	503	The Sheehan Family Perpetual Trophy
Under 12	504	The Murray Family Perpetual Trophy
Under 13	505	The Manuel De Valente Memorial Trophy
Under 14	506	The Morse Family Perpetual Trophy
Under 15	507	The Carmel & John King Perpetual Trophy
Under 16	508	The Marie & Philip Farrelly Perpetual Trophy
Under 17	509	The William F. Maginnis Memorial Trophy
Under 18	510	The Mike Morrissey Memorial Trophy
18 & Over	511	The Christopher Scattergood Memorial Trophy
<b>OPEN CHAMPIONSHIPS BOYS 3 ROUNDS</b>	Dancers will perform three rounds: reel, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 2 at a time. HARD SHOE danced first. Note: U8 and U9 Open Girls and Boys competitors must dance a traditional set piece.	
Under 9	512	
Under 11	513	The McCarry Meenan Family Perpetual Trophy
Under 13	514	The Hegarty Family Perpetual Trophy
Under 15	515	The Knute & Pat Bonner Perpetual Trophy
Under 17	516	The Father William Wright Memorial Trophy
17 & Over	517	The Brendan Tevlin Memorial Trophy

SET DANCES	ADVANCED BEGINNER NOVICE & PRIZEWINNER TRADITIONAL SET	PRELIMINARY CONTEMPORARY SETS
UNDER 9	700	705
UNDER 11	701	706
UNDER 13	702	707
UNDER 15	703	708
15 & OVER	704	709

**SPECIAL NEEDS COMPETITION**

Open to all ages, boys and girls  
Dancer's choice of dance.

<b>BOYS &amp; GIRLS ALL AGES</b>	800	
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**TREBLE REEL FOR CHARITY - \$10.00**

All Registration Fees for the Treble Reel will be donated to: Methylmalonic Acidemia:

[www.mmareasearch.com](http://www.mmareasearch.com) AND Spina Bifida Association: [www.sbaa.org](http://www.sbaa.org)

This competition may be entered side stage on the day of the feis

UNDER 10	801	
UNDER 12	802	
UNDER 16	803	
16 & OVER	804	The Lisa Young Memorial Plaque will be awarded to the winner of Competition 804.

<b>ART COMPETITION</b>	Art must be delivered before 11:00 a.m. Judging should be complete by early afternoon. Please be sure to pick up your artwork before leaving the feis.	
UNDER 13	851	
13 & OVER	852	

TRADITIONAL IRISH SODA BREAD		
<b>ALL AGES</b>	853	Entry fee is donation of the bread. Drop off bread by 11:00 a.m. Bread becomes property of the feis once submitted.

<b>Family Dance Competition</b>	860	<i>The Pierce Family memorial trophy will be awarded to the winner of this competition.</i> Entry is open to any group of family members who compete in an Irish dance of their choice
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## Adult Competitions

Adult dancers must meet one of the following criteria

- 1) Dancers must not have taken Irish Dancing lessons as a juvenile and must be at least 18 years of age on January 1, 2023.
- 2) Dancers may have taken Irish dance lessons as a juvenile but have not competed in any competition, solo or team, feiseanna or Oireachtais, except competitions specifically designated for adults within the past 5 years and must be at least 18 years of age as of January 1, 2023.

Adult	Reel Speed 122	Slip Jig Speed 122	Light Jig Speed 115	Treble Jig Speed 92	Hornpipe Speed 138	Traditional Set
Beginner	<b>910</b>	<b>911</b>	<b>912</b>	<b>913</b>	<b>914</b>	<b>915</b>
Advanced Beginner	<b>916</b>	<b>917</b>	<b>918</b>	<b>919</b>	<b>920</b>	<b>921</b>
	Reel Speed 113	Slip Jig Speed 113	Light Jig Speed 115	Treble Jig Speed 73 & 92	Hornpipe Speed 113 & 138	Traditional Set
Novice	<b>922</b>	<b>923</b>	<b>924</b>	<b>925</b>	<b>926</b>	<b>927</b>
Prizewinner	<b>928</b>	<b>929</b>	<b>930</b>	<b>931</b>	<b>932</b>	<b>933</b>
<b>Adult Championships</b>	Choice of Reel (40 bars) or Slip Jig (32 bars) AND Treble Jig (40 bars) or Hornpipe (32 bars). Traditional Set of Choice. Reel, Slip Jig and Hornpipe speeds = 113, Treble Jig Speed = 73 HARD SHOE danced first.				<b>950</b>	

<b>Pre Champs</b>	Open to dancers who currently dance in Novice and Prizewinner levels getting ready for Champ Level. <b>Must enter at least two grade level dances at the Feis to be eligible for this competition. PLACEMENT IN THIS COMP DOES NOT COUNT TOWARDS ADVANCEMENT.</b> Must dance EITHER Reel (48 bars) OR Slip Jig (40 bars), and EITHER Hornpipe (40 bars) OR Treble Jig (48 bars). Please specify dances on FeisWeb's Entry Form. HARD SHOE danced first.
<b>UNDER 9</b>	1000
<b>UNDER 11</b>	1001
<b>UNDER 12</b>	1002
<b>UNDER 15</b>	1003
<b>15 &amp; OVER</b>	1004
<b>ADULT</b>	1005