



Hosted by the Haran School of Irish Dance

Registered with An Coimisiún le Rincí Gaelacha

Sunday, September 14, 2025

Hosted back to back with the Feis at the Falls

Spokane Convention Center

334 W Spokane Falls Blvd, Spokane, WA 99201

ADJUDICATORS

Anne Hall, ADCRG BG	Colorado, USA
Annie Darlington, ADCRG	California, USA
Daryl Goldes, ADCRG	California, USA
Kathleen Smith, ADCRG	California, USA
TBD	TBD

MUSICIANS

Claire Shirey Tennessee, USA
Chris McLoughlin New Jersey, USA

Registration Closes August 22nd, 2025

Enter online at feisworx.com

Hotel & Visitor Information

For more visitor information and booking link for the hotel, please visit https://www.haranirishdance.com/feis-at-the-falls



Deirdre Abeid Memorial Feis



Sunday, September 14, 2025

Competitions may be split or combined based upon paid entries

BEGINNER	U8	U10	U12	12&0	
Reel	100	107	114	121	
Light Jig	101	108	115	122	
Slip Jig	102	109	116	123	
Single Jig	103	110	117	124	
Treble Jig	104	111	118	125	
Hornpipe	105	112	119	126	
St. Patrick's Day	106	113	120	127	

ADV. BEGINNER	U8	U10	U12	12&0	
Reel	200	207	214	221	
Light Jig	201	208	215	222	
Slip Jig	202	209	216	223	
Single Jig	203	210	217	224	
Treble Jig	204	211	218	225	
Hornpipe	205	212	219	226	
St. Patrick's Day	206	213	220	227	

NOVICE	U10	U12	U14	U16	16&0
Reel	300	307	314	321	328
Light Jig	301	308	315	322	329
Slip Jig	302	309	316	323	330
Single Jig	303	310	317	324	331
Treble Jig	304	311	318	325	332
Hornpipe	305	312	319	326	333
Traditional Set	306	313	320	327	334

PRIZEWINNER	U10	U12	U14	U16	16&O
Reel	400	407	414	421	428
Light Jig	401	408	415	422	429
Slip Jig	402	409	416	423	430
Single Jig	403	410	417	424	431
Treble Jig	404	411	418	425	432
Hornpipe	405	412	419	426	433
Traditional Set	406	413	420	427	434



Deirdre Abeid Memorial Feis

BLACKOUT FEIS

Sunday, September 14, 2025

Competitions may be split or combined based upon paid entries

ADULT SOLOS	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad Set
Beg. & Adv. Beg.	600	601	602	603	604	605	606
Novice & PW	610	611	612	613	614	615	616

- Beg. & Adv. Beg. (combined): Adults must dance traditional speed for the treble jig and hornpipe and the St. Patrick's Day set dance for the trad. set
- Nov. & PW (combined): Adults may choose traditional or slow speed for the treble jig and hornpipe and any trad. set dance Adults may enter either solo competitions or championships

CHAMPIONS	U10	U12	U14	U16	16&O	U18	18&O	Adult
Preliminary Championship	700	701	702	703	704			
Open Championship	750	751	752	753		754	755	
Adult Championship								650
Adult Advanced Championship								651

- Prelim. & Open Championship will dance three rounds: hard shoe, soft shoe, & set. Each round will be awarded separately
- Prelim. & Open Championship entrants in the U9 Championships must dance a traditional set
- The combined scores for all three rounds will determine the overall placement trophy

TROPHY SPECIALS	U12	12&O		
Beg. Light Jig	910	911		
Adv. Beg. Light Jig	920	921		
Novice Reel	930	932		
Novice Hornpipe	931	933		
PW Reel	940	942		
PW Hornpipe	941	943		
Novice & PW Freestyle Treble Reel Special	950	951		
Champ Freestyle Treble Reel Special	970	971		

- Beg & Adv. Beg. Light Jig: Each dancer performs the right and left foot of the light jig step, down the line, one at a time
- Novice & PW Reel: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Novice & PW Hornpipe: Each dancer performs the right and left foot of the hornpipe step, down the line, one at a time
- Novice, PW, & Champ FreestyleTreble Reels: Each dancer will perform 16 bars of a treble reel. Matching right and left foot are NOT required. Arm choreography is encouraged!!



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TEAM TROPHY SPECIAL	All Ages	
4-Hand Reel Mix Up Special	980	

- Open to all levels, dancers register individually (do not need to sign up with a full team)
- FIRST FIGURE WILL BE DANCED
- Once at the feis, you will compete in the 4-hand reel with dancers from other schools
- Teammates will be chosen at random, when lining up for this dance
- Deirdre Abeid was a huge advocate of camaraderie between dancers in different schools, and she also liked a good joke. She would have loved to watch this special unfold!!

FAMILY TROPHY SPECIAL	All Ages	
Family Reel Special	984	

- Teams to consist of two or more family members (non-competitive dancer family members encouraged)
- Only one family member must register
- Teams will perform 32 bars of a reel (softshoe or hard shoe)
- Matching right and left foot are NOT required
- Arm choreography is encouraged!!

COSTUME TROPHY SPECIAL	Beg/Adv Beg	Nov/PW	Prelim/Open
	All Ages	All Ages	Champ All Ages
Water Theme Costume Slip Jig Special	981	982	983

- 16 bars slip jig, right and left foot NOT required
- Water theme costume should be any added accessory to the blackout attire (mask, cape, sash, overskirt, etc)
- Arm choreography that may help convey the water theme is encouraged!!!



Feis at the Falls Deirdre Abeid Memorial Feis



Entry Fees Per Feis

Please note that entry fees are NON-REFUNDABLE.

Light Shoe Competitions	\$25.00	flat fee for all light shoe
Heavy Shoe Competitions	\$20.00	flat fee for all heavy shoe
Championships	\$60.00	including solos
Teams	\$10.00	flat fee for all teams
Trophy Competitions	\$10.00	per competition
Family Registration Fee	\$25.00	per family includes online results
Late Registration Fee	\$25.00	after August 22nd 2025
Same Day Registration Fee	\$50.00	on space available basis
Family Maximum	\$150.00	excludes registration fees, late fees, trophies and specials

Competition Rules

- 1. Rules adopted by the Western US Region of IDTANA, member CLRG, are included by reference.
- 2. Rules and requirements for each competition as noted in the syllabus are included by reference.
- 3. Competitors must be in the hall prepared to dance one hour prior to the scheduled start of their event.
- 4. Competitions with fewer than five entrants may be combined or canceled by the Feis Committee; the Feis Committee may add or combine competitions at its discretion.
- 5. Competitors must be in costume, including soft shoes, to receive awards presented on stage.
- 6. All local health restrictions in place at the time of competition will be strictly adhered to.
- 7. In the event that the competition is canceled by the Committee due to local health restrictions, dancers will be refunded the value of their entry less a \$10 processing fee.
- 8. Haran School of Irish Dance, Feis at the Falls LLC, and anyone associated in producing the feis, including feis volunteers, shall not be held responsible or liable for any personal injury, property loss, or damage.
- 9. Entry constitutes acceptance of the rules and restrictions outlined herein.

Deirdre Abeid Memorial Feis - Blackout Costume Guidelines

- 1. We highly encourage all dancers to wear black out attire to honor our school founder Deirdre Abeid. She was a major advocate of all dancers being judged on their own merit. She loved the beauty of Irish dance without the distraction of accessories.
- 2. Suggested attire for girls/ladies is a skirt or skort; boys/gents may wear long pants. Black tights are encouraged for girls/ladies.
- 3. Either long or short-sleeve shirts; boys/gents encouraged to not wear ties, vests or jackets.
- 4. Girls/ladies hair should be pulled back neatly from the face; we encourage no wigs, crowns, tiaras or hairpieces. Light or no make-up is encouraged, with stud earrings only.
- 5. All costuming must conform to the costume requirements set forth by CLRG.
- 6. Branded attire (i.e. Nike, Adidas, etc.) should be small and discreet.
- 7. No "bling" is encouraged on any part of the costume (i.e. skirts, pants, tops, buckles, etc.).



SYLLABUS APPROVAL

DEIRDRE ABEID MEMORIAL FEIS 2025

IS REGISTERED WITH THE WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington ADCRG - SERGEANT AT ARMS

JUNE 11, 2025

DATE



LEVEL DEFINITIONS AND ADVANCEMENT RULES

First Feis is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1**, **Beginner 2** and **Novice** the following advancement rules will apply:

- Competitions with 5 9 dancers: 1st place will advance to the next grade.
- Competitions with 10 or more dancers: 1st and 2nd places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

Preliminary to Open Championship:

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

Adults: Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

Advanced Adults: Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

Beginner Figures: Open only to dancers in beginner for at least one solo dance.

Open Figures: Open to all grade levels.