



Lavin Cassidy Feis

March 7th and March 8th, 2025

Presented by: The Lavin Cassidy Parents Club

Member of the IDTANA

Venue

The Grand Geneva Resort and Spa

7036 Grand Geneva Way at Highways 50 East and 12, Lake Geneva, WI 53147

Toll-Free: 888-392-8000

Main Number: 262-248-8811

Accommodations

Enjoy the beautiful accommodations of the Grand Geneva.

Feis Rates available at the Grand Geneva Resort and the Timber Ridge Lodge. All rates exclude a daily resort fee of \$35 plus tax.

Grand Geneva Resort:

- Feis rate STARTS at \$178 per night for a Standard Deluxe Guest Room. Preferred, Superior Rooms and Suites also available in the block at an additional cost.

Timber Ridge Lodge:

- 1 Bedroom Suite \$178 per night (includes 4 water park passes per day)
- 2 Bedroom Suite \$302 per night (includes 6 water park passes per day)

Please ask for the Lavin Cassidy Feis room block. Rates will be available from **January 13, 2025 until February 2, 2025**, or until the room block is at capacity.

Feis Committee

Jenny Daly and Kasey Olk, Co-Chairs

feischair@lavincassidy.com

Allison Sise, Feis Registrar

feisregistrar@lavincassidy.com

Important Dates to Remember

- Hotel Block Opens January 13, 2025.
- Registration opens on www.feisworx.com on Monday, January 13, 2025. No paper, email or phone entries accepted.
- Registration closes on February 16, 2025. All existing entries must be paid before 11:00 PM to avoid late fees.
- February 17 - February 23, 2025. New entries will be charged an additional fee of \$30 per entry.
- February 23, 2025. Online changes close.
- Day of Feis Entries will only be accepted if caps have not been reached.

Friday Night Black-Out Feis - March 7, 2025

Open to **GRADE** and **PRELIMINARY CHAMPIONSHIP** competitors only
NO COSTUMES, NO WIGS, NO HEADBANDS NECESSARY

*Please note that a dancer can choose to dance in costume if they prefer

GIRL DANCERS can wear:

- Black shorts or black skirts
- Plain black shirts
- White socks

BOY DANCERS can wear:

- Black pants or black shorts
- Plain black shirts
- Black or white socks

Friday Night Fees

Solo Dances \$15

Preliminary Championships \$50

Second Chance Preliminary Championships \$50

Family Event Fee- Friday \$25.00

- The Family Event Fee includes parking and online results
- The Family Event Fee and Second Chance Preliminary Championships are not included in family maximum
- Family Maximum \$160.00

DAY OF FEIS registrations will be accepted only if caps have not been reached.

First Feis Information

- A dancer may only compete in **FIRST FEIS** one time.
- If you register Friday as a First Feis dancer, you must register as Beginner 1 for Saturday.

Entry Limits

- 450 Paid First Feis and Beginner 1- Prizewinner
- 200 Paid Preliminary Championship
- 200 Paid Second Chance Preliminary Championship

Friday Night Registration

Grades: There will be a registration table outside of the gift store in the Grand Geneva.

Registration will open at 2:00 p.m.

Preliminary Championships: There will be a registration table in the lobby of the Forum.

Registration will open at 2:00 p.m.

Additional Fees

DAY OF FEIS Changes & Additions:

- \$30 fee in addition to registration and family fee.

DAY OF FEIS Registration:

- \$50 in addition to the original entry fee.

New entries day of feis will only be accepted if caps have not been reached.

Family Max will not apply when change fees or late fees are incurred.

Friday Night Feis Information

Competitions will begin PROMPTLY at 4:00 pm.

- PC Competitors may also enter Saturday feis as a 3rd opportunity to compete.
- A dancer that qualifies to move up on Friday may change Saturday's registration without a fee.
- The order in which the dancers will compete will be designated in advance at random.

Saturday Feis - March 7, 2025

**Open To All Dancers
First Feis to Open Championship dancers**

Saturday Feis Information

Stages will begin promptly at 7:45 a.m.

- If a dancer danced in First Feis on at the Friday night feis, he/she must be registered in Beginner 1 for Saturday.
- The order in which the dancers will compete will be designated in advance at random.

Saturday Feis Fees

Solo Dances \$15

Preliminary Championships \$50

Open Championships \$60

Second Chance Grades Solo Dances \$15

- The Family Event Fee includes parking and online results
- The Family Event Fee and Second Chance are not included in family maximum
- Family Maximum \$160.00

Family Event Fee- Saturday \$25.00

DAY OF FEIS registrations will be accepted only if caps have not been reached.

Additional Fees

DAY OF FEIS Changes & Additions:

- \$30 fee in addition to registration and family fee.

DAY OF FEIS Registration:

- \$50 in addition to the original entry fee.

New entries day of feis will only be accepted if caps have not been reached.

Family Max will not apply when change fees or late fees are incurred.

Entry Limits

- 650 Paid First Feis and Beginner 1- Prizewinner
- 300 Paid Preliminary Championship/Open Championship

Saturday Registration

Pre-Registration: There will be registration open for number pick-up outside of the gift store in the Grand Geneva between 5:30 p.m. and 6:30 p.m. on Friday, March 6, 2025.

On Saturday: Registration will open at 6:45 a.m.

Grades: There will be a registration table outside of the gift store in the Grand Geneva.

Preliminary/ Open Championships: There will be a registration table in the lobby of the Forum.

Bryan O'Malley Perpetual Trophy

The Lavin Cassidy Feis will be awarding the winner of the 716OC competition the Bryan O'Malley Perpetual Trophy.

Important Information for Friday & Saturday Competitions

- All grade dancers will dance 2 at a time for solos and 3 at a time for traditional set.
- PC/OC dancers will dance 2 at a time for hard shoe and 2 at a time for soft shoe.
- All OC sets will be danced one at a time.
- PC/OC runs youngest to oldest across 3 stages on both Friday and Saturday.
- Stage assignments will be finalized by Tuesday, February 22, 2025. Grades and PC competitions will be split once competition reaches 24 competitors.
- OC competitions will be split into single age groups once competition reaches 24 competitors.
- All efforts WILL be made to combine competitions where there are less than 5 competitors entered. See complete Mid America rules below.

Important Information Regarding Refunds and Camping

- There will be absolutely NO REFUNDS even if you are not allowed to attend the feis.
- There will be no exceptions to the NO REFUNDS rule.
- Registration fees will not be transferred from Friday to Saturday or from Saturday to Friday under any circumstances.
- There will be no camping at the Grand Geneva or in the Forum.
- There can be no practicing or warm ups in the hallways.

BEGINNER 2 (ADVANCED BEGINNER) FRIDAY	All hard shoe dances at traditional speeds.
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A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd, in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes). **AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).**

	<u>GIRLS</u>										<u>BOYS</u>									
	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
REEL	305 FRL	306 FRL	307 FRL	308 FRL	309 FRL	310 FRL	311 FRL	312 FRL	313 FRL	314 FRL	355 FRL	356 FRL	357 FRL	358 FRL	359 FRL	360 FRL	361 FRL	362 FRL	363 FRL	364 FRL
LIGHT JIG	305 FLJ	306 FLJ	307 FLJ	308 FLJ	309 FLJ	310 FLJ	311 FLJ	312 FLJ	313 FLJ	314 FLJ	355 FLJ	356 FLJ	357 FLJ	358 FLJ	359 FRL	360 FLJ	361 FLJ	362 FLJ	363 FLJ	364 FLJ
SINGLE JIG	305 FSN	306 FSN	307 FSN	308 FSN	309 FSN	310 FSJ	311 FSN	312 FSN	313 FSN	314 FSN	355 FSN	356 FSN	357 FSN	358 FSN	359 FRL	360 FSN	361 FSN	362 FSN	363 FSN	364 FSN
SLIP JIG	305 FSJ	306 FSJ	307 FSJ	308 FSJ	309 FSJ	310 FSJ	311 FSJ	312 FSJ	313 FSJ	314 FSJ										
TREBLE JIG	305 FTJ	306 FTJ	307 FTJ	308 FTJ	309 FTJ	310 FTJ	311 FTJ	312 FTJ	313 FTJ	314 FTJ	355 FTJ	356 FTJ	357 FTJ	358 FTJ	359 FTJ	360 FTJ	361 FTJ	362 FTJ	363 FTJ	364 FTJ
HORNSPIPE	305 FHP	306 FHP	307 FHP	308 FHP	309 FHP	310 FHP	311 FHP	312 FHP	313 FHP	314 FHP	355 FHP	356 FHP	357 FHP	358 FHP	359 FHP	360 FHP	361 FHP	362 FHP	363 FHP	364 FHP
ST. PATRICK'S DAY	305 SPD	306 SPD	307 SPD	308 SPD	309 SPD	310 SPD	311 SPD	312 SPD	313 SPD	314 SPD	355 SPD	356 SPD	357 SPD	358 SPD	359 SPD	360 SPD	361 SPD	362 SPD	363 SPD	364 SPD

NOVICE FRIDAY	All hard shoe dances can be done at either traditional or slow speeds.
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A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated above in Beginner 2. A dancer who wins a 1st in Novice must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	<u>GIRLS</u>										<u>BOYS</u>									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	407 FRL	408 FRL	409 FRL	410 FRL	411 FRL	412 FRL	413 FRL	414 FRL	415 FRL	416 FRL	457 FRL	458 FRL	459 FRL	460 FRL	461 FRL	462 FRL	463 FRL	464 FRL	465 FRL	466 FRL
LIGHT JIG	407 FLJ	408 FLJ	409 FLJ	410 FLJ	411 FLJ	412 FLJ	413 FLJ	414 FLJ	415 FLJ	416 FLJ	457 FLJ	458 FLJ	459 FLJ	460 FLJ	461 FLJ	462 FLJ	463 FLJ	464 FLJ	465 FLJ	466 FLJ
SLIP JIG	407 FSJ	408 FSJ	409 FSJ	410 FSJ	411 FSJ	412 FSJ	413 FSL	414 FSJ	415 FSJ	416 FSJ										
TREBLE JIG	407 FTJ	408 FTJ	409 FTJ	410 FTJ	411 FTJ	412 FTJ	413 FTJ	414 FTJ	415 FTJ	416 FTJ	457 FTJ	458 FTJ	459 FTJ	460 FTJ	461 FTJ	462 FTJ	463 FTJ	464 FTJ	465 FTJ	466 FTJ
HORNSPIPE	407 FHP	408 FHP	409 FHP	410 FHP	411 FHP	412 FHP	413 FHP	414 FHP	415 FHP	416 FHP	457 FHP	458 FHP	459 FHP	460 FHP	461 FHP	462 FHP	463 FHP	464 FHP	465 FHP	466 FHP
TRADITIONAL SET	407 FTS	408 FTS	409 FTS	410 FTS	411 FTS	412 FTS	413 FTS	414 FTS	415 FTS	416 FTS	457 FTS	458 FTS	459 FTS	460 FTS	461 FTS	462 FTS	463 FTS	464 FTS	465 FTS	466 FTS

PRIZEWINNER FRIDAY	All hard shoes dances can be done at either traditional speed or slow speed.
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A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

	<u>GIRLS</u>										<u>BOYS</u>									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U15</u>
REEL	507 FRL	508 FRL	509 FRL	510 FRL	511 FRL	512 FRL	513 FRL	514 FRL	515 FRL	516 FRL	557 FRL	558 FRL	559 FRL	560 FRL	561 FRL	562 FRL	563 FRL	564 FRL	565 FRL	566 FRL
LIGHT JIG	507 FLJ	508 FLJ	509 FLJ	510 FLJ	511 FLJ	512 FLJ	513 FLJ	514 FLJ	515 FLJ	516 FLJ	557 FLJ	558 FLJ	559 FLJ	560 FLJ	561 FLJ	562 FLJ	563 FLJ	564 FLJ	565 FLJ	566 FLJ
SLIP JIG	507 FSJ	508 FSJ	509 FSJ	510 FSJ	511 FSJ	512 FSJ	513 FSJ	514 FSJ	515 FSJ	516 FSJ										
TREBLE JIG	507 FTJ	508 FTJ	509 FTJ	510 FTJ	511 FTJ	512 FTJ	513 FTJ	514 FTJ	515 FTJ	516 FTJ	557 FTJ	558 FTJ	559 FTJ	560 FTJ	561 FTJ	562 FTJ	563 FTJ	564 FTJ	565 FTJ	566 FTJ
HORNSPIPE	507 FHP	508 FHP	509 FHP	510 FHP	511 FHP	512 FHP	513 FHP	514 FHP	515 FHP	516 FHP	557 FHP	558 FHP	559 FHP	560 FHP	561 FHP	562 FHP	563 FHP	564 FHP	565 FHP	566 FHP
TRADITIONAL SET	507 FTS	508 FTS	509 FTS	510 FTS	511 FTS	512 FTS	513 FTS	514 FTS	515 FTS	516 FTS	557 FTS	558 FTS	559 FTS	560 FTS	561 FTS	562 FTS	563 FTS	564 FTS	565 FTS	566 FTS

PRELIMINARY CHAMPIONSHIPS

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher’s permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip jig **and** 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609FPC	610FPC	611FPC	612FPC	613FPC	614FPC	615FPC	616FPC	617FPC	618FPC

SECOND CHANCE - PRELIMINARY CHAMPIONSHIPS
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A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher’s permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip jig **and** 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	616PC2	617PC2	618PC2

ADULT & ADVANCED ADULT COMPETITIONS
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An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. If a dancer chooses to compete in the youth/& over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.

To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.

A dancer moves into the Adult Championship level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission. When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.

Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary Championship at teacher's discretion.

ADVANCED ADULT COMPETITIONS

An Advanced Adult dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.

An Advanced Adult Preliminary dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary. When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.

An Advanced Adult Open level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open. When a dancer begins competing in the Advanced Adult Open Championship level, they may not also compete in Adult Championship or Advanced Adult Preliminary Championship (unless a feis opts to combine competitions), nor in youth/& over competitions.

A dancer competing in Adult or Advanced Adult may not compete in the youth/& over category. Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.

ADULT/ADVANCED ADULT MUSIC TEMPO and DANCE LENGTH

IN GRADE LEVEL COMPETITIONS, HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED. All grade level dances are 32 bars in length.

For Adult Championship, Advanced Adult Preliminary Championship, and Advanced Adult Open Championships, dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig. Advanced Adult Open Championships dancers will perform a Set Dance of choice for their third round. When a feis offers a third round for Adult or Advanced Adult Preliminary Championship, Adult Championship dancers will perform a traditional set dance, and Advanced Adult Preliminary will perform a Set Dance of choice.

COMBINING COMPETITIONS

Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.

	Beginner 1	Beginner 2	Novice	Prizewinner	Advanced Adult
ADULT REEL	299FRL	399FRL	499FRL	599FRL	
ADULT LIGHT JIG	299FLJ	399FLJ	499FLJ	599FLJ	
ADULT SLIP JIG	299FSJ	399FSJ	499FSJ	599FSJ	
ADULT TREBLE JIG		399FTJ	499FTJ	599FTJ	
ADULT HORNPIPE		399FHP	499FHP	599FHP	
ADULT CHAMPIONSHIP				699FAC	
Advanced Adult Prelim Championship					699FAAPC

A teacher may exercise their discretion:

- for determination of a dancer's level in Adult or Advanced Adult categories;
- if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;
- if an Advanced Adult Preliminary dancer does not place in two consecutive years the dancer may then move to Adult Championship;
- if an Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.

SATURDAY, MARCH 8, 2025

NUMBERING SYSTEM	
1 st Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2nd and 3rd Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11. 99 is for Adult Dancers.
4th and 5th Digits (Letters)	Saturday Competition Type: RL = REEL, LJ = LIGHT JIG, SJ = SLIP JIG, TJ = TREBLE JIG, HP = HORNSPIPE, Second Chance: RL2 = REEL, LJ2 = LIGHT JIG, SJ2 = SLIP JIG, TJ2 = TREBLE JIG, HP2 = HORNSPIPE

AGE GROUP: Your age group is determined by the YEAR the competitor was born. This changes from year to year.														
For 2025	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example, O11 means 11 and older).

FIRST FEIS																
The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2. AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).																
	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN	155SN	156SN	157SN	158SN	159SN	160SN	162SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

BEGINNER 1 (BEGINNER) SATURDAY																		
A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1 st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: A Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2. AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).																		
	GIRLS									BOYS								
	U5	U6	U7	U8	U9	U10	U11	U12	O12	U5	U6	U7	U8	U9	U10	U11	U12	O12
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259RL	260LJ	261LJ	262LJ	263LJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SJ	211SN	212SN	213SN	255SN	256SN	257SN	258SN	259RL	260SN	261SN	262SN	263SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ									

BEGINNER 2 (ADVANCED BEGINNER) SATURDAY	
All hard shoe dances at traditional speeds.	

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd, in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes). **AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES** (only school costumes are allowed).

	GIRLS										BOYS									
	U5	U6	U7	U8	U9	U10	U11	U12	U13	Q13	U5	U6	U7	U8	U9	U10	U11	U12	U13	Q13
REEL	305 RL	306 RL	307 RL	308 RL	309 RL	310 RL	311 RL	312 RL	313 RL	314 RL	355 RL	356 RL	357 RL	358 RL	359 RL	360 RL	361 RL	362 RL	363 RL	364 RL
LIGHT JIG	305 LJ	306 LJ	307 LJ	308 LJ	309 LJ	310 LJ	311 LJ	312 LJ	313 LJ	314 LJ	355 LJ	356 LJ	357 LJ	358 LJ	359 LJ	360 LJ	361 LJ	362 LJ	363 LJ	364 LJ
SINGLE JIG	305 SN	306 SN	307 SN	308 SN	309 SN	310 SJ	311 SN	312 SN	313 SN	314 SN	355 SN	356 SN	357 SN	358 SN	359 SN	360 SN	361 SN	362 SN	363 SN	364 SN
SLIP JIG	305 SJ	306 SJ	307 SJ	308 SJ	309 SJ	310 SJ	311 SJ	312 SJ	313 SJ	314 SJ										
TREBLE JIG	305 TJ	306 TJ	307 TJ	308 TJ	309 TJ	310 TJ	311 TJ	312 TJ	313 TJ	314 TJ	355 TJ	356 TJ	357 TJ	358 TJ	359 TJ	360 TJ	361 TJ	362 TJ	363 TJ	364 TJ
HORNPIPE	305 HP	306 HP	307 HP	308 HP	309 HP	310 HP	311 HP	312 HP	313 HP	314 HP	355 HP	356 HP	357 HP	358 HP	359 HP	360 HP	361 HP	362 HP	363 HP	364 HP

NOVICE SATURDAY All hard shoe dances can be done at either traditional or slow speeds.

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated above in Beginner 2. A dancer who wins a 1st in Novice must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	Q15	U7	U8	U9	U10	U11	U12	U13	U14	U15	Q15
REEL	407 RL	408 RL	409 RL	410 RL	411 RL	412 RL	413 RL	414 RL	415 RL	416 RL	457 RL	458 RL	459 RL	460 RL	461 RL	462 RL	463 RL	464 RL	465 RL	466 RL
LIGHT JIG	407 LJ	408 LJ	409 LJ	410 LJ	411 LJ	412 LJ	413 LJ	414 LJ	415 LJ	416 LJ	457 LJ	458 LJ	459 LJ	460 LJ	461 LJ	462 LJ	463 LJ	464 LJ	465 LJ	466 LJ
SLIP JIG	407 SJ	408 SJ	409 SJ	410 SJ	411 SJ	412 SJ	413 FSL	414 SJ	415 SJ	416 SJ										
TREBLE JIG	407 TJ	408 TJ	409 TJ	410 TJ	411 TJ	412 TJ	413 TJ	414 TJ	415 TJ	416 TJ	457 TJ	458 TJ	459 TJ	460 TJ	461 TJ	462 TJ	463 TJ	464 TJ	465 TJ	466 TJ
HORNPIPE	407 HP	408 HP	409 HP	410 HP	411 HP	412 HP	413 HP	414 HP	415 HP	416 HP	457 HP	458 HP	459 HP	460 HP	461 HP	462 HP	463 HP	464 HP	465 HP	466 HP

PRIZEWINNER SATURDAY All hard shoes dances can be done at either traditional speed or slow speed.

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	Q15	U7	U8	U9	U10	U11	U12	U13	U14	U15	Q15
REEL	507 RL	508 RL	509 RL	510 RL	511 RL	512 RL	513 RL	514 RL	515 RL	516 RL	557 RL	558 RL	559 RL	560 RL	561 RL	562 RL	563 RL	564 RL	565 RL	566 RL
LIGHT JIG	507 LJ	508 LJ	509 LJ	510 LJ	511 LJ	512 LJ	513 LJ	514 LJ	515 LJ	516 LJ	557 LJ	558 LJ	559 LJ	560 LJ	561 LJ	562 LJ	563 LJ	564 LJ	565 LJ	566 LJ
SLIP JIG	507 SJ	508 SJ	509 SJ	510 SJ	511 SJ	512 SJ	513 SJ	514 SJ	515 SJ	516 SJ										
TREBLE JIG	507 TJ	508 TJ	509 TJ	510 TJ	511 TJ	512 TJ	513 TJ	514 TJ	515 TJ	516 TJ	557 TJ	558 TJ	559 TJ	560 TJ	561 TJ	562 TJ	563 TJ	564 TJ	565 TJ	566 TJ
HORNPIPE	507 HP	508 HP	509 HP	510 HP	511 HP	512 HP	513 HP	514 HP	515 HP	516 HP	557 HP	558 HP	559 HP	560 HP	561 HP	562 HP	563 HP	564 HP	565 HP	566 HP

SECOND CHANCE NOVICE SATURDAY All hard shoe dances can be done at either traditional or slow speeds.

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated above in Beginner 2. A dancer who wins a 1st in Novice must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>Q15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>Q15</u>
REEL	407 RL2	408 RL2	409 RL2	410 RL2	411 RL2	412 RL2	413 RL2	414 RL2	415 RL2	416 RL2	457 RL2	458 RL2	459 RL2	460 RL2	461 RL2	462 RL2	463 RL2	464 RL2	465 RL2	466 RL2
LIGHT JIG	407 LJ2	408 LJ2	409 LJ2	410 LJ2	411 LJ2	412 LJ2	413 LJ2	414 LJ2	415 LJ2	416 LJ2	457 LJ2	458 LJ2	459 LJ2	460 LJ2	461 LJ2	462 LJ2	463 LJ2	464 LJ2	465 LJ2	466 LJ2
SLIP JIG	407 SJ2	408 SJ2	409 SJ2	410 SJ2	411 SJ2	412 SJ2	413 SJ2	414 SJ2	415 SJ2	416 SJ2										
TREBLE JIG	407 TJ2	408 TJ2	409 TJ2	410 TJ2	411 TJ2	412 TJ2	413 TJ2	414 TJ2	415 TJ2	416 TJ2	457 TJ2	458 TJ2	459 TJ2	460 TJ2	461 TJ2	462 TJ2	463 TJ2	464 TJ2	465 TJ2	466 TJ2
HORNSPIPE	407 HP2	408 HP2	409 HP2	410 HP2	411 HP2	412 HP2	413 HP2	414 HP2	415 HP2	416 HP2	457 HP2	458 HP2	459 HP2	460 HP2	461 HP2	462 HP2	463 HP2	464 HP2	465 HP2	466 HP2

**SECOND CHANCE PRIZEWINNER
SATURDAY**

All hard shoes dances can be done at either traditional speed or slow speed.

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

	GIRLS										BOYS									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>Q15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>Q15</u>
REEL	507 RL2	508 RL2	509 RL2	510 RL2	511 RL2	512 RL2	513 RL2	514 RL2	515 RL2	516 RL2	557 RL2	558 RL2	559 RL2	560 RL2	561 RL2	562 RL2	563 RL2	564 RL2	565 RL2	566 RL2
LIGHT JIG	507 LJ2	508 LJ2	509 LJ2	510 LJ2	511 LJ2	512 LJ2	513 LJ2	514 LJ2	515 LJ2	516 LJ2	557 LJ2	558 LJ2	559 LJ2	560 LJ2	561 LJ2	562 LJ2	563 LJ2	564 LJ2	565 LJ2	566 LJ2
SLIP JIG	507 SJ2	508 SJ2	509 SJ2	510 SJ2	511 SJ2	512 SJ2	513 SJ2	514 SJ2	515 SJ2	516 SJ2										
TREBLE JIG	507 TJ2	508 TJ2	509 TJ2	510 TJ2	511 TJ2	512 TJ2	513 TJ2	514 TJ2	515 TJ2	516 TJ2	557 TJ2	558 TJ2	559 TJ2	560 TJ2	561 TJ2	562 TJ2	563 TJ2	564 TJ2	565 TJ2	566 TJ2
HORNSPIPE	507 HP2	508 HP2	509 HP2	510 HP2	511 HP2	512 HP2	513 HP2	514 HP2	515 HP2	516 HP2	557 HP2	558 HP2	559 HP2	560 HP2	561 HP2	562 HP2	563 HP2	564 HP2	565 HP2	566 HP2

PRELIMINARY CHAMPIONSHIPS

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip jig **and** 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>Q17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIPS

Preliminary dancers who win three (3) 1st places in a calendar year, must move to Open Championship the following calendar year. When a third win is achieved over several calendar years, the dancer must move to Open Championship at their next Feis. Only in the case of back-to-back feiseanna, in which the third win on the first day will not change the dancer's status for the second Feis. Placing in a regional or national oireachtas does not change the status of a competitor. Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a set dance.

**Competitions will be combined in groups of 5 when possible per rules (see Championship rules below).
BOYS will be combined with girls if needed.**

	GIRLS / LADIES						BOYS / MEN					
	<u>U10</u>	<u>U12</u>	<u>U14</u>	<u>U16</u>	<u>U18</u>	<u>O18</u>	<u>U10</u>	<u>U12</u>	<u>U14</u>	<u>U16</u>	<u>U18</u>	<u>O18</u>
Championship	710OC	712OC	714OC	716OC	718OC	719OC	760OC	762OC	764OC	766OC	768OC	769OC

ADULT & ADVANCED ADULT COMPETITIONS

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. If a dancer chooses to compete in the youth/& over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.

To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.

A dancer moves into the Adult Championship level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission. When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.

Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary Championship at teacher's discretion.

ADVANCED ADULT COMPETITIONS

An Advanced Adult dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.

An Advanced Adult Preliminary dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary. When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.

An Advanced Adult Open level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open. When a dancer begins competing in the Advanced Adult Open Championship level, they may not also compete in Adult Championship or Advanced Adult Preliminary Championship (unless a feis opts to combine competitions), nor in youth/& over competitions.

A dancer competing in Adult or Advanced Adult may not compete in the youth/& over category. Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.

ADULT/ADVANCED ADULT MUSIC TEMPO and DANCE LENGTH

IN GRADE LEVEL COMPETITIONS, HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED. All grade level dances are 32 bars in length.

For Adult Championship, Advanced Adult Preliminary Championship, and Advanced Adult Open Championships, dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig. Advanced Adult Open Championships dancers will perform a Set Dance of choice for their third round. When a feis offers a third round for Adult or Advanced Adult Preliminary Championship, Adult Championship dancers will perform a traditional set dance, and Advanced Adult Preliminary will perform a Set Dance of choice.

COMBINING COMPETITIONS

Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.

	Beginner 1	Beginner 2	Novice	Prizewinner	Advanced Adult
ADULT REEL	299RL	399RL	499RL	599RL	
ADULT LIGHT JIG	299LJ	399LJ	499LJ	599LJ	
ADULT SLIP JIG	299SJ	399SJ	499SJ	599SJ	
ADULT TREBLE JIG		399TJ	499TJ	599TJ	
ADULT HORNPIPE		399HP	499HP	599HP	
ADULT CHAMPIONSHIP				699AC	
Advanced Adult Prelim Championship					699AAPC
Advanced Adult Open Championship					799AAOC

A teacher may exercise their discretion:

- for determination of a dancer's level in Adult or Advanced Adult categories;
- if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;
- if an Advanced Adult Preliminary dancer does not place in two consecutive years the dancer may then move to Adult Championship;
- if an Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.

MID-AMERICA REGIONAL DANCING COMPETITION RULES

GENERAL FEIS RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
14. The status of the dancer does not change unless there are five or more dancers in a competition.
15. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. A dancer may not compete in two different levels in the same dance at the same feis. (IDTAMA, 6/1/2024)

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
 - c. Cannot change competition on the day of the Feis.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

2. 100 & 200 level competitions, age under 8 and below, cannot be combined with other age groups. Boys and girls may be combined in the same age groups. 100 & 200 level competitions under 9 & above may be combined a max of 3 age groups at the discretion of the feis. If the combination of 2 age groups makes a legal competition of 5 dancers, then only 2 age groups will be combined. Passed Jan 2020.
3. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
4. Boys and girls CANNOT be combined EXCEPT according to the following:
 - a. All boys' competitions below Preliminary Championships shall be initially entered in single year age

- i. groups;
- b. If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - 1) Into double age groups, all boy or all girl; and
 - 2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
 - 3) Any competitions so combined shall be run as a single competition.

The Mid-America syllabus is to contain all grade categories. A Feis Committee may combine two or three consecutive age categories in the highest of the age categories within that grade when less than five (5) competitors are entered. (IDTAMA, 1/1/17)

- 5. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

6. Grade Levels

Beginner 1 (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.

Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

- 7. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
- 8. All regions in North America will follow this common set of speeds for all grade competitions at feiseanna in North America (IDTANA, 1/1/17).

	First Feis	Beginner	Advanced Beginner	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124

Treble Jig	92	73/92	73/92
Hornpipe	138	113/138	113/138

TRADITIONAL SET SPEEDS

St. Patrick's Day	94
Blackbird	144
Job of Journeywork	138
3 Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

9. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)
10. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins.
 - b. Dancers must compete in the preliminary championship competition in order to qualify for open championship
 - c. The regional syllabus where the Feis is being held may have different qualifications for entry.
3. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - a. A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA).
 - b. Have never won 1st, 2nd or 3rd in Open Championship. A Preliminary Championship dancer who wins three first place awards will move on to Open Championship at the next Feis they enter, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back

feiseanna (successive days), in which case the win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

- c. The regional syllabus where the Feis is being held may have different qualifications for entry.
4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. (IDTAMA, 1/1/17)
When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.
5. The boys' open championship age categories will match the girls' open championship age categories. (IDTAMA, 1/1/17)
6. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA, 1/1/17)

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis, Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in girls' competitions at the First Feis, Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022
6. **MODESTY RULE- Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.**

2025 Lavin-Cassidy Feis Rules:

1. Entries for the 2025 Lavin-Cassidy Feis will be available ONLY online through www.feisworx.com beginning on **January 13, 2025**. No mail, e-mail, or phone entries will be accepted. For the latest information regarding registration, refer to the FeisWorx website or our website, www.lavincassidy.com.
2. Registration closes separately for Friday feis: First Feis and Beginner-Prizewinner (450 entries), PC (200 entries) and Second Chance PC (200).
3. Registration closes separately for Saturday Feis: First Feis and Beginner-Prizewinner (650 entries), PC/OC (300 entries).
4. **Entries will close without a late fee when caps are reached or on February 16, 2025**, whichever is first. An entry is NOT considered valid until payment is made. Payment must be made online ONLY. If the paid cap is reached before your payment is made you will not be entered in the 2025 Lavin-Cassidy Feis. There will be NO REFUND of fees once an entry has been accepted. The \$25 family event fee includes family admission, parking, and on line results through feisworx. Please see page 2 and 3 of syllabus for details of late fees and changes.
5. No food, beverages, or coolers may be brought into the feis. No camping (blankets, tables, chairs, etc.) will be allowed by the facility.
6. The feis has the option of combining and splitting competitions as necessary. All grade dancers will dance 2 at a time. All sets will be one at a time.
7. Parents are responsible for their children's safety; LCPC, its members, and Grand Geneva Resort and Spa are not held liable for any injury that occurs at this event. By entering, you hold harmless all of the above.
8. Competitors are responsible for picking up awards on the day of the feis. Awards will not be mailed.

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules

