



Féile Cill Choca

(Claraithe leis An Coimisiún Le Rincí Gaelacha)

MAURA SCANLON 2nd MEMORIAL FEIS

TROPHIES will be awarded to all 1st Prize winners in all **SOLO** competitions
Also, special trophy for Trophy Dance for 1st place. All children will receive a medal in Bun, Tus and Mean reels

Sunday 2nd April 2023

KILCOCK GAA HALL
Kilcock Co. Kildare

Time: 9.30a.m. Sharp/Entries @ www.entrytable.ie
Enquiries: 083 363 6673

Moitoirí: Marian Costigan - Dublin
Mary O'Connor - Dublin

Ceoltoir: Ciara Ní Bhranagáin - Louth

Signed By: Phoebe O'Donoghue

Registrar: Comhairle Laighean

Glitter Gold Dance Stall will attend on the day



ENTRY PROCESS

PARENTS CAN ENTER DANCERS ON www.entrytable.ie

No Entries will be accepted on the day.

Entries will only be accepted from parents or dancers whose teachers are registered with An Coimisiún le Rincí Gaelacha (CLRG)

Entries Open: 20th February 2023

Entries Close: 24th March 2023

Times are all approximate until we have all entries in

Spectators are welcome. Admission is €5.00 and can be paid at the door.

ALL FEES ARE NON-REFUNDABLE EXCEPT IN THE EVENT THAT THE FEIS DOES NOT PROCEED

RIALACHA

1. Age as on 1st January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
4. Competitors in Bun Grád & Tús Grád, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. Bun Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. Tús Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. Méan grad competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
11. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards.
12. Traditional set dance must be chosen from the following list:- St. Patrick's day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the Fair or Three Sea Captains.
13. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.
14. Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, Ipads, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
15. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.
16. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. (or teacher)
17. An Coimisiun rules will apply if disputes arise that are not covered by the above rules.
18. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.
19. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
20. Social Media Rule – Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.
21. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. DLPLEinster@gmail.com Please contact her if you have any concerns in regard to any child safety at the event.

9.30	Dance	Grade	Stage1	Stage 2
1.	Cor (TR)	Bun	u/6	6-7
2.	Cor (TR)	Bun	7-8	
3.	Port (TR)	Bun	u/6	6-7
4.	Port (TR)	Bun	7-8	
5.	Port Luascach (TR)	Bun	u/6	6-7
6.	Port Luascach (TR)	Bun	7-8	
7.	Light Dance (ST)	Bun	u/6	6-7
8.	Light Dance (ST)	Bun	7-8	
9.	Trad. Set (ST)	Bun	6-7	7-8
10.	Hornpipe (TR)	Bun	u/7	7-8
10a.	Cor Beirte	Bun	u/8	8-10
10b.	Cor Ceathrar	Bun	u/8	8-10
11.	Cor (TR)	Tus	u/7	7-8
12.	Port Luascach (TR)	Tus	u/7	7-8
13.	Light Dance (ST)	Tus	u/7	7-8
14.	Port (TR)	Tus	u/7	7-8
15.	Trad. Set (ST)	Tus	u/7	7-8
12.00				
16.	Cor (TR)	Mean	u/7	7-9
17.	Single Jig (TR)	Mean	u/7	7-9
18.	Light Dance (ST)	Mean	u/7	7-9
19.	Port (TR)	Mean	u/7	7-9
20.	Trad. Set (ST)	Mean	u/7	7-9
Break	1.00 - 2.00 approx			
21.	Cor (TR)	Bun	8-9	9-10
22.	Port (TR)	Bun	8-9	9-10
23.	Port Luascach (TR)	Bun	8-9	9-10
24.	Light Dance (ST)	Bun	8-9	9-10
25.	Cor (TR)	Tus	8-9	9-10
26.	Single Jig (TR)	Tus	8-9	9-10
27.	Light Dance (ST)	Tus	8-9	9-10
28.	Port (TR)	Tus	8-9	9-10
29.	Trad. Set (ST)	Tus	8-9	9-10
30.	Cornphiopa (TR)	Tus	8-9	9-10
Approx 3.00pm				
31.	Cor (TR)	Mean	9-11	11-13
32.	Port Luascach (TR)	Mean	9-11	11-13
33.	Light Dance ((ST)	Mean	9-11	11-13
34.	Port (TR)	Mean	9-11	11-13
35.	Trad. Set (ST)	Mean	9-11	11-13
Approx 4.00pm				
35a.	Cor Beirte	Bun	10-12	O-12
35b.	Cor Ceathrar	Bun	10-12	O-12
36.	Cor (TR)	Bun	10-12	12-14
37.	Port Luascach (TR)	Bun	10-12	12-14
38.	Light Dance (ST)	Bun	10-12	12-14
39.	Port (TR)	Bun	10-12	12-14
40.	Trad. Set (ST)	Bun	10-12	12-14
41.	Cor (TR)	Tus	10-12	12-14
42.	Single Jig (TR)	Tus	10-12	12-14
43.	Light Dance (ST)	Tus	10-12	12-14
44.	Port (TR)	Tus	10-12	12-14
45.	Trad. Set (ST)	Tus	10-12	12-14

Approx 5.00pm

46.	Cor (TR)	Mean	13-15	over 15
47	Single Jig (TR)	Mean	13-15	over 15
48.	Light Dance (ST)	Mean	13-15	over 15
49.	Heavy dance (TR)	Mean	13-15	over 15
50.	Trad. Set (ST)	Mean	13-15	over 15

TROPHY SOLO DANCE: €6.00

SPECIAL TROPHY: €7.00

FIGURE DANCE: €3.00

ADMISSION €5.00

Syllabus approved by: **Phoebe O'Donoghue**

Feis Registrar An Comhairle Laighean

Coronavirus COVID-19

Stay home. Stay safe. Protect each other.

Know the symptoms. If you have them, self-isolate and contact a GP. Continue to:

- Wear** face coverings on public transport, in shops, crowded streets, busy indoor workplaces and when in close contact with people
- Cover** your mouth and nose with a tissue or elbow when coughing or sneezing and discard used tissue safely
- Distance** yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell
- Limit** contact with others when out and about
- Wash** your hands well and often to avoid contamination
- Avoid** crowds and crowded places
- Know** the symptoms. If you have them self isolate and contact your GP immediately

COVID-19 symptoms include

- > high temperature
- > cough
- > breathing difficulty
- > sudden loss of sense of smell or taste
- > flu like symptoms

#holdfirm
Know the facts
www.gov.ie/health/covid-19 www.hsa.ie

Riadas na hÉireann
Government of Ireland