Feis ATL 2023

November 17 - 18, 2023

Syllabus approved by Areleen Ni Bhaoill, TCRG, (Feis Liaison) on behalf of the Southern Region IDTANA on 8/31/2023

SATURDAY – MUSIC Competition, Workshops & Ceili Grade Exams 1-12 - Friday, November 17, 2023

SATURDAY – FEIS BEGINS @ 8:00AM

Renaissance Waverly Hotel

2450 Galleria Parkway
Atlanta, GA 30339
Phone: 1-770-953-4500
Room Rate: \$135.00 (\$10 parking)

Reservations
Reserve by Oct 27, 2023

Invited Adjudicators:

Bill Maple, Marnie Maple, Isabella Fogarty, Aisling Keogh, Kevin Sylvester, Mary Lous Shade, Frankie Cunniffe, Amy Siegel, TBD, TBD

Invited Musicians
Jim Butke, Niall O'Leary, Owen Shafer, Nick Shivas, Patricia Morrissey

Questions regarding registration and all other inquiries nlogue9999@gmail.com

Register at iFeis.net

Feis ATL 2023

Fees:	
Solo Dancing, Specials	\$10.00
Adult Championships (not Masters)	\$35.00
Figure dancing (per dancer)	\$10.00
Non-Dance	\$10.00
Preliminary Champion (2 Rounds)	\$40.00
Open Champion (3 rounds)	\$50.00
Pre-Oireachtas Nov/PW Special	\$35.00
Maximum competition fee/family	¢190.00
Excluding Late Fee/family fee	\$180.00
Admission Fee per family:	\$35.00
Late Fee (after 10/27)	\$20.00

Regular registration closes 10/27/23. Late fee per family of \$20.00 after October 27, 2023 – November 3, 2023. All unpaid registrations will be dropped November 4, 2023. Registration after November 3, 2023, are accepted at the discretion of the Registrar for a \$35.00 late fee. Changes and additions to registration may be self-initiated through November 3, 2023.

Local rules:

By registering and paying for this Feis, parents and dancers agree to release Feis ATL and the Drake School of Irish Dance, the venue, iFeis.net and all volunteers of any liability for any injury or illness to complete any requirements for this competition.

NO REFUNDS unless cancelled by Feis committee.

First Feis		
Age	Reel	Lt.Jig
Under 5	105RL	105LJ
Under 7	107RL	107LJ
Under 9	109RL	108LJ
Under 11	111RL	111LJ
Under 11&O	112RL	112LJ

Beginner				
Age	Reel	Lt.Jig	Sl. Jig	Sngl. Jig
Under 5	205RL	205LJ	205SJ	205S
Under 6	206RL	206LJ	206SJ	206S
Under 7	207RL	207LJ	207SJ	207S
Under 8	208RL	208LJ	208SJ	2085
Under 9	209RL	209LJ	209SJ	2095
Under 10	210RL	210LJ	210SJ	2105
Under 11	211RL	211LJ	211SJ	2115
Under 12	212RL	212LJ	212SJ	2125
Under 13	213RL	213LJ	213SJ	2135
Under 14	214RL	214LJ	214SJ	2145
Under 15	215RL	215LJ	215SJ	215S
15 & Over	216RL	216LJ	216SJ	216S

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Advanced Beginner						
				Sngl.		
Age	Reel	Lt.Jig	SI. Jig	Jig	TJ	HP
Under 5	305RL	305LJ	305SJ	305S	305TJ	305HP
Under 6	306RL	306LJ	306SJ	306S	306TJ	306HP
Under 7	307RL	307LJ	307SJ	307S	307TJ	307HP
Under 8	308RL	308LJ	308SJ	3085	308TJ	308HP
Under 9	309RL	309LJ	309SJ	3095	309TJ	309HP
Under 10	310RL	310LJ	310SJ	310S	310TJ	310HP
Under 11	311RL	311LJ	311SJ	311S	311TJ	311HP
Under 12	312RL	312LJ	312SJ	312S	312TJ	312HP
Under 13	313RL	313LJ	313SJ	3135	313TJ	313HP
Under 14	314RL	314LJ	314SJ	3145	314TJ	314HP
Under 15	315RL	315LJ	315SJ	315S	315TJ	315HP
15 & Over	316RL	316LJ	316SJ	316S	316TJ	316HP

Novice						
Age	Reel	Lt.Jig	Sl. Jig	Sngl. Jig	TJ	HP
Under 7	407RL	407SJ	407SJ	407S	407TJ	407HP
Under 8	408RL	408SJ	408SJ	4085	408TJ	408HP
Under 9	409RL	409SJ	409SJ	4095	409TJ	409HP
Under 10	410RL	410SJ	410SJ	4105	410TJ	410HP
Under 11	411RL	411SJ	411SJ	4115	411TJ	411HP
Under 12	412RL	412SJ	412SJ	412S	412TJ	412HP
Under 13	413RL	413SJ	413SJ	4135	413TJ	413HP
Under 14	414RL	414SJ	414SJ	4145	414TJ	414HP
Under 15	415RL	415SJ	415SJ	415S	415TJ	415HP
15 & Over	416RL	416SJ	416SJ	416S	416TJ	416HP

Prizewinner				
Age	Reel	Sl. Jig	TJ	HP
Under 7	507RL	507SJ	507TJ	507HP
Under 8	508RL	508SJ	508TJ	508HP
Under 9	509RL	509SJ	509TJ	509HP
Under 10	510RL	510SJ	510TJ	510HP
Under 11	511RL	511SJ	511TJ	511HP
Under 12	512RL	512SJ	512TJ	512HP
Under 13	513RL	513SJ	513TJ	513HP
Under 14	514RL	514SJ	514TJ	514HP
Under 15	515RL	515SJ	515TJ	515HP
15 & Over	516RL	516SJ	516TJ	516HP

Traditional Set (Combined Novice /Prizewinner)	
Age	Nov/Prz
Under 9	509TS
Under 11	511TS
Under 13	513TS
13 & Over	514TS

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Treble Reel (Open to Novice and Prizewinner)	
Age	Nov/Prz
Under 11	511TR
Under 14	514TR
14 & Over	515TR

Special Non-Traditional Set		
(Prizewinner & Preliminary)		
Age	Przwinner	Preliminary
Under 10	510SD	610SD
Under 12	512SD	612SD
Under 14	514SD	614SD
Under 16	516SD	616SD
16 & Over	517SD	617SD

Preliminary Championships Choice of Reel or Slip Jig AND Choice of Treble Jig or HP			
Age			
Under 9		609 PC	
Under 10		610 PC	
Under 11		611PC	
Under 12		612 PC	
Under 13		613PC	
Under 14		614 PC	
Under 15		615PC	
Under 16		616 PC	
16 & Over		617PC	

5 Gents in any 2 consecutive years, Gents will dance separately.

Open Championships Choice of Reel or Slip Jig AND Choice of Treble Jig or Hornpipe AND Choice of Set Dance		
Age		
Under 9	709 OC	
Under 10	710 OC	
Under 11	711 OC	
Under 12	712 OC	
Under 13	713OC	
Under 14	714 OC	
Under 15	715 OC	
Under 16 716 OC		
Under 17 7170C		
Under 18 718 OC		
18 & Over	719 OC	

3 Gents in any 2 consecutive years, Gents will dance separately.

Special Pre Oireachtas Competition

Open to Dancers who are not currently competing in Preliminary or Open Championship Reel (3 steps / 48 bars) or Slip Jig (2 $\frac{1}{2}$ steps / 40 bars) and Treble Jig (3 steps / 48 bars or Hornpipe (2 $\frac{1}{2}$ steps / 40 bars)

Age	
Under 9	509SP
Under 12	512SP
Under 15	515SP
18 & Over	516SP

Note: This competition is offered as a practice opportunity only. Awards and placements will be given; however, the results will not count for a level change.

Saturday End of Day – Barbie Costume Theme Treble Reel (will be split) - minimum donation \$10, accepted side stage, via cash or paypal.

(Open to all levels) - come dressed in your best Barbie or Ken costume and let's celebrate and have fun!!!

-					
A	Age				
1	All		850TR		

Figure Dances

Figures				
			4 H	
Age	2 Hand	4 Hand	Mixed	6 Hand
Under 10	9210FD	9410FD	9410FM	9610FD
Under 12	9212FD	9412FD	9412FM	9612FD
Under 15	9215FD	9415FD	9415FM	9615FD
15 & Over	9216FD	9416FD	9416FM	9616FD

Figures		
	8 Hand	8 H
Age		Mixed
Under 10	9810FD	9810FM
Under 12	9812FD	9812FM
Under 15	9815FD	9815FM
Under 18	9818FD	9818FM
18 & O (no adults)	9819FD	9819FM

	4 Hand	8 Hand
Adult Figures	9499FD	9899FD

Adults Saturday 8:00 AM	Reel	Lt.Jig	Sl. Jig	TJ	HP	TS
Beginner	299RL	299LJ	299SJ	299TJ	299HP	
Advanced Beginner	399RL	399LJ	399SJ	399TJ	399HP	
Novice	499RL	499LJ	499SJ	499TJ	499HP	
Prizewinner	599RL	599LJ	599SJ	599TJ	599HP	599TS

Adult Championship: This is a three round competition. Competitors are allowed to dance Reel, Hornpipe, and Traditional Set or Slip Jig, Treble Jig, and Traditional Set. Competitors may perform 48 bars of Reel/Treble Jig or 40 bars of Slip Jig/Hornpipe. This competition will have three adjudicators. Competitors may also compete in solo competitions.

Adult Championship 699AC

Masters - Preliminary

Over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.

Preliminary – 2 rounds

799MP

Masters – Opens

Over the age of 25 who has ever competed in a youth Open Championship competition.

Opens – 3 rounds				
799MO				

Music

Irish Song & Instrumental Competition

Saturday Night 5:30 PM

Any Irish Dance Tune or air/ballad (maximum 3 min. in length)

	Musical Instrument	Vocal/Music Solo (Acapella)
Under 13	935	936
13 & Over	937	938

Ceili

Saturday Night Ceili – Live Ceili Band – Drin	ks, Snacks & Cash Bar	
Adult \$5	922	7:00pm - 9:00pm
Free u21	923	

SOUTHERN REGIONAL DANCING COMPETITION RULES

- 1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- 2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
- 3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.

- 4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
- 5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
- 6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- 7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
- 8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
- 9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
- 11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all

matters connected with the Feis.

- 12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
- 13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
- 14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. Photography

- a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
- b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
- c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
- 16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
- 18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES

- 1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
- With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- 3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Two consecutive age groups, combined into the higher of the two groups, within that grade.
 - b. Three consecutive age groups, combined into the highest age group, within that grade.
 - c. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
 - d. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
 - Double, All Boys, age group into the higher of the two groups within that grade
 - If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the
 - corresponding single year Girls' age group.
 - If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
 - e. 100 and 200 level competitions may be combined as follows:
 - Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
 - Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
- 4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
- 5. The syllabus is to contain all grade categories.
- 6. Competitors have the option to remain in the same category for the remainder of the Feis year.
- 7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Feis ATL 2023

Rule 1, above).

8. Grade Levels

- ^{a.} <u>First Feis:</u> A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- b. <u>Beginner I (Beginner) Grade:</u> A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- E. Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- d. <u>Novice Grade:</u> A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
- e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- f. Adult: An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
- 9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to;

1.

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

- 11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
- 12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

CHAMPIONSHIP LEVEL RULES

- 1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years, they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- 2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
- 3. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition Region MAY move up to Open

- Championship Competitions immediately, at the discretion of their dancing teacher.
- c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition <u>MUST</u> move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
- d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.

A Southern region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. However, if three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may NOT be combined under ANY circumstances on the day of the Feis

- 4. One of the following statements MUST be in the feis syllabus:
 - a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.

OR

- b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.
- 5. The boys' open championship age categories will match the girls' open championship age categories.
- 6. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
- 7. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. On championship competitions, 2/3 of adjudicators must be different from the previous day.
 - b. 2nd chance competitions may only be offered on one feis.

FIGURE/CEILI TEAM RULES

- 1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups
 - b. Figure age groups will be determined by the oldest dancer.
 - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.

- 2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
- 3. Only dancers who meet the definition of "Adult dancer" may compete in Adult Ceili competitions. Masters level solo dancers competing in a Ceili must compete in the Youth Ceili categories.
- 4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

- 1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 3. In matters pertaining to adjudication, the decision of the adjudicators is final.
- 4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- 5. Championships and Preliminary Championships require at least three adjudicators.
- 6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

- 1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
 - Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
- 2. Any competitor found to be using artificial carriage aids and subsequently refuses to

remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

- 3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
- 4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
- 5. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February, 2020

MODESTY RULES

FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.