



Irish Rose of Texas Feis

Saturday, September 26, 2026

Presented by:

McTeggart Irish Dancers of South Texas

a 501(c)(3) non-profit organization

DoubleTree Hotel at Houston Intercontinental Airport

Feis Block Room Rate \$95 / Room Block Closes 9/11/26

15747 John F. Kennedy Blvd., Houston, Texas 77032 (281) 848-4000

Booking Link: [Available Rooms - DoubleTree by Hilton Hotel Houston Intercontinental Airport](#)

Guests may check availability in the room block after 9/13/25 by calling 855-610-8733 or 281-848-4000.

Online Registration via Feisworx: www.feisworx.com

Entry Deadline: Friday, September 11, 2026 / Late Entry Cutoff: Friday, September 18, 2026

Feis information: <http://irishdancehouston.com>, scroll down under the Feiseanna menu.

For more information or questions contact: feis@irishdancehouston.com

Follow us on Facebook - Irish Rose of Texas Feis

<https://www.facebook.com/Irish-Rose-of-Texas-Feis-100209421879171/>

Adjudicators and Musicians will be posted at www.feisworx.com.

Syllabus approved by Areeleen Ni Bhaoill, TCRG - IDTANA Southern Region Feis Liaison on June 8, 2026.

Registration Packet Pick Up

Friday, September 25, 2026 7:30 p.m. – 9:00 p.m.

Saturday, September 26, 2026 beginning at 7:00 a.m.

DANCER CARDS WILL BE PROVIDED WITH A REGISTRATION PACKET AT PICK UP

After entries and changes on Feisworx are closed, requests to change a competitor's registration for the Irish Rose of Texas Feis must be submitted in writing at registration between 7:30 p.m. and 9:00 p.m. on September 25, 2026. Registration change forms will be available at the registration table and change fees collected at that time. Day of Feis Entries must be made in writing before 7:30 a.m. the day of the feis and with submission of payment.

Anticipated Schedule (subject to change): Figure competitions will begin the day followed by, Grades, Second Chance Grades, then Championship level competition. Preliminary and Open Championship levels will begin with the youngest ages through oldest, Adult Championship and Advanced Adult.

Music, Vocal, and Spoken Word competitions will be held Saturday afternoon/evening. Please check the schedule and Facebook announcements for updates on location and time.

ENTRY FEES

Solo Dances per Competition	\$12.00
Figures (flat fee per dancer, covers any number of figure competitions)	\$15.00
Preliminary Championships, Adult Championship, Advanced Adult (2 rounds)	\$50.00
Open Championship (3 rounds)	\$55.00
Specials	\$15.00
Family Event Fee	\$25.00
Feisworx fee (per competitor)	\$9.75
Family Maximum	\$150.00
(Family Maximum does not include specials, figures, supplemental competitions, second chance competitions, event fees, Feisworx fee, late fee, or merchandise.)	
T-shirt	\$20.00

LATE FEES and CHANGE FEES

Late fee after September 11, 2026 (max. of 3 late fees per family, or \$90)	\$30.00
Change fee after September 18, 2026, late entry cutoff	\$10.00
Day of Feis Entry Fee (manual entry fee does not include competition fees or other fees)	\$50.00
<u>Day of Feis Entries must be made in writing before 7:30 a.m. the day of the feis and with submission of payment.</u>	

Feis T-Shirts available for pre-order via Feisworx.com for \$20 each.

Please pre-order by September 18, 2026 to guarantee size. Limited quantities available at the event.

Youth sizes: S, M, L, XL

Adult sizes: XS, S, M, L, XL, XXL, XXXL, XXXXL



SOLO COMPETITIONS

Solo competition requirement: 32 bars

FIRST FEIS		
	<u>U11</u>	<u>O11</u>
REEL	111RL	112RL
LIGHT JIG	111LJ	112LJ

Dancers competing in the First Feis category are limited to participating in the First Feis Category ONLY.

BEGINNER 1									
	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN

At this level, only school costumes allowed.

BEGINNER 1 2ND CHANCE									
	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>
REEL	205RL2	206RL2	207RL2	208RL2	209RL2	210RL2	211RL2	212RL2	213RL2
LIGHT JIG	205LJ2	206LJ2	207LJ2	208LJ2	209LJ2	210LJ2	211LJ2	212LJ2	213LJ2
SLIP JIG	205SJ2	206SJ2	207SJ2	208SJ2	209SJ2	210SJ2	211SJ2	212SJ2	213SJ2
SINGLE JIG	205SN2	206SN2	207SN2	208SN2	209SN2	210SN2	211SN2	212SN2	213SN2

At this level, only school costumes allowed.

BEGINNER 2									
	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP

At this level, only school costumes are allowed. All hard shoe dances at traditional speeds.

BEGINNER 2 2ND CHANCE									
	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
REEL	306RL2	307RL2	308RL2	309RL2	310RL2	311RL2	312RL2	313RL2	314RL2
LIGHT JIG	306LJ2	307LJ2	308LJ2	309LJ2	310LJ2	311LJ2	312LJ2	313LJ2	314LJ2
SLIP JIG	306SJ2	307SJ2	308SJ2	309SJ2	310SJ2	311SJ2	312SJ2	313SJ2	314SJ2
SINGLE JIG	306SN2	307SN2	308SN2	309SN2	310SN2	311SN2	312SN2	313SN2	314SN2
TREBLE JIG	306TJ2	307TJ2	308TJ2	309TJ2	310TJ2	311TJ2	312TJ2	313TJ2	314TJ2
HORNPIPE	306HP2	307HP2	308HP2	309HP2	310HP2	311HP2	312HP2	313HP2	314HP2

At this level, only school costumes are allowed. All hard shoe dances at traditional speeds.

NOVICE										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
*HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP

*All hard shoe dances can be done at either traditional speed or slow speed.

NOVICE 2ND CHANCE										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL2	408RL2	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2	415RL2	416RL2
LIGHT JIG	407LJ2	408LJ2	409LJ2	410LJ2	411LJ2	412LJ2	413LJ2	414LJ2	415LJ2	416LJ2
SINGLE JIG	407SN2	408SN2	409SN2	410SN2	411SN2	412SN2	413SN2	414SN2	415SN2	416SN2
SLIP JIG	407SJ2	408SJ2	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2	415SJ2	416SJ2
*TREBLE JIG	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2	415TJ2	416TJ2
*HORNPIPE	407HP2	408HP2	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2	415HP2	416HP2

*All hard shoe dances can be done at either traditional speed or slow speed.

PRIZEWINNER										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
SINGLE JIG	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
*HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP

*All hard shoe dances can be done at either traditional speed or slow speed.

PRIZEWINNER 2ND CHANCE										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL2	508RL2	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2	515RL2	516RL2
LIGHT JIG	507LJ2	508LJ2	509LJ2	510LJ2	511LJ2	512LJ2	513LJ2	514LJ2	515LJ2	516LJ2
SLIP JIG	507SJ2	508SJ2	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2	515SJ2	516SJ2
SINGLE JIG	507SN2	508SN2	509SN2	510SN2	511SN2	512SN2	513SN2	514SN2	515SN2	516SN2
*TREBLE JIG	507TJ2	508TJ2	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2	515TJ2	516TJ2
*HORNPIPE	507HP2	508HP2	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2	515HP2	516HP2

*All hard shoe dances can be done at either traditional speed or slow speed.

ADULT GRADES	Beginner 1	Beginner 2	Novice	Prizewinner	Championship	Advanced
REEL	299RL	399RL	499RL	599RL		
LIGHT JIG	299LJ	399LJ	499LJ	599LJ		
SINGLE JIG	299SN	399SN	499SN	599SN		
SLIP JIG	299SJ	399SJ	499SJ	599SJ		
TREBLE JIG	299TJ	399TJ	499TJ	599TJ		
HORNPIPE	299HP	399HP	499HP	599HP		
ADULT TRAD SET +	299TS	399TS	499TS	599TS		

Adult dancers are allowed to dance traditional or Oireachtas speed dances in the Novice and Prizewinner grade levels.

+ Solo fee will be charged for this dance.

PRELIMINARY CHAMPIONSHIP	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
(Boys & Girls Combined)	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

Preliminary Championship dancers will perform 48 bars of reel or 40 bars of slip jig, (reel or slip jig for ladies and reel only for men) and 40 bars of the hornpipe or 48 bars of the treble jig. Boys and girls will be separated into different competitions if there are 5 or more boys in a competition.

OPEN CHAMPIONSHIP	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	O19
(Boys & Girls Combined)	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

Open Championship dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. Boys and girls will be separated if there are 3 or more boys in a combined open championship competition.

ADULT CHAMPIONSHIP AND ADVANCED ADULT					Adult Championship	Advanced Adult
ADULT CHAMPIONSHIP					699AC	
ADVANCED ADULT**						799AA
ADULT TRAD SET +					699TS	799TS
ADULT NON TRAD SET						799NTS

**All Adult Championship and Advanced Adult events consist of one light round (reel or slip jig) and one heavy round (treble jig or hornpipe) to facilitate the possibility of merging at Southern Region feiseanna. Feiseanna may offer additional Adult and Advanced Adult level competitions including traditional set, non-traditional set, etc.

+Trad. Set competitors will dance one of the following: St. Patrick's Day, The Black Bird, Job of Journeywork, Garden of Daisies, Jockey to the Fair, The Three Sea Captains, or King of the Fairies at traditional speed.

FIGURE COMPETITIONS

BEGINNER FIGURE DANCES		
	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>
Under 10	9210BF	9310BF
Under 12	9212BF	9312BF
Over 12	9213BF	9313BF

FIGURE DANCES					
	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>	<u>4 HAND* Reel/Jig</u>	<u>6 HAND* Ceili</u>	<u>8 HAND* Ceili</u>
Under 7	9207FD	9307FD			
Under 8			9408FD	9608FD	9808FD
Under 9	9209FD	9309FD			
Under 10			9410FD	9610FD	9810FD
Under 11	9211FD	9311FD			
Under 12			9412FD	9612FD	9812FD
Under 13	9213FD	9313FD			
Under 15	9215FD	9315FD	9415FD	9615FD	9815FD
Over 15	9216FD	9316FD			
Under 18			9418FD	9618FD	9818FD
Over 18			9419FD	9619FD	9819FD
Adult	9299FD	9399FD	9499FD	9699FD	9899FD

*Must be a book dance.

SPECIALS

NON-CHAMP SPECIALS			
	U10	U14	O14
NON-CHAMP SOFT SHOE SPECIAL	810NCR	814NCR	815NCR
NON-CHAMP LIGHT JIG SPECIAL	810NCL	814NCL	815NCL
NON-CHAMP TRAD. SET SPECIAL	810NCT	814NCT	815NCT

Non-Champ Soft Shoe Special competitors will dance 1 step of a Reel or Slip Jig down the line (16 bars).

Non-Champ Light Jig Special competitors will dance 1 step of a Light Jig down the line (16 bars).

Non-Champ Trad. Set Special competitors will dance one of the following: St. Patrick's Day, The Black Bird, Job of Journeywork, Garden of Daisies, Jockey to the Fair, The Three Sea Captains, or King of the Fairies at traditional speed.

NON-CHAMP ADULT SPECIAL	Adult
NON-CHAMP ADULT TRAD. SET SPECIAL	899NCT

Non-Champ Adult Trad. Set Special competitors will dance one of the following: St. Patrick's Day, The Black Bird, Job of Journeywork, Garden of Daisies, Jockey to the Fair, The Three Sea Captains, or King of the Fairies at traditional speed.

ADULT SPECIALS	Adult
ADULT SOFT SHOE SPECIAL	899AS
ADULT HARD SHOE SPECIAL	899AH
ADULT DOUBLE REEL SPECIAL	899DR

Adult Soft Shoe Special competitors will dance 1 step of a Reel or Slip Jig down the line (16 bars).

Adult Hard Shoe Special competitors will dance 1 step of a Hornpipe or Treble Jig down the line (16 bars).

Adult Double Reel Special competitors will dance 1 step of a Double Reel (hard shoe) down the line (16 bars).

PRIZEWINNER AND PRELIMINARY CHAMPION SPECIAL	U10	U12	U15	O15
NON-TRAD. SET SPECIAL	810NT	812NT	815NT	816NT

Non-Trad. Set Special is only open to Prizewinner and Preliminary Championship Dancers. Competitors will dance choice of Non-Traditional set.

CHAMPIONSHIP SPECIALS			
	U12	U15	O15
CHAMPIONSHIP SOFT SHOE SPECIAL	812CS	815CS	816CS
CHAMPIONSHIP TRAD. SET SPECIAL	812CT	815CT	816CT
CHAMPIONSHIP DOUBLE REEL SPECIAL	812CD	815CD	816CD

Championship Soft Shoe Special competitors will dance 1 step of a Reel or Slip Jig down the line (16 bars).

Championship Trad. Set Special competitors will dance one of the following: St. Patrick's Day, The Black Bird, Job of Journeywork, Garden of Daisies, Jockey to the Fair, The Three Sea Captains, or King of the Fairies at traditional speed.

Championship Double Reel Special competitors will dance 1 step of a Double Reel (hard shoe) down the line (16 bars).

Other Specials - all ages	
Instrumental Music	900IM
Vocal Music	900VM
Spoken Word	900SW

Music requirements: Play a traditional folk tune from any of the Celtic nations on an instrument. Limit 3 minutes.

Vocal requirements: Sing a traditional folk song from any of the Celtic nations. Limit 3 minutes.

Spoken Word requirements: Read/recite a poem or passage from the literature of any of the Celtic nations. Limit 5 minutes.

SOUTHERN REGIONAL DANCING COMPETITION RULES – updated Jan. 30, 2025

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.

3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use. These are not to be used for personal gain through commercial use or sale. Under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:

- i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
 17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
 18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
 - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that

particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)

- e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.

12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
3. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins.
4. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
5. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.

- b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age.
 - * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age group.
6. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
 7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
 8. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. In championship competitions, 2/3 of adjudicators must be different from the previous day.
 - ***NOTE: This rule has been rescinded for 2023, 2024 & 2025.***
 - b. 2nd chance competitions may only be offered on one feis.

FIGURE / CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
2. There are no restrictions on figure age groups
3. Figure age groups will be determined by the oldest dancer.
4. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
5. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
6. Dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, and Advanced Adult, as defined by the qualifications found elsewhere in these rules.
7. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the

close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Makeup is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

MODESTY RULES

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- 1.1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
- 1.2. Respect for fellow competitors on stage is a requirement at all times.
- 1.3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
- 1.4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
- 1.5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

REFUND POLICY

The Feis WILL NOT give any refunds for any reason, including consequences for violations of these rules.