

FÉILE AN FHÓMHAIR
2ND & 3RD OCTOBER

HOSTED BY



Scientology Centre, Firhouse, Dublin 24

Adjudicators: *Gavin Doherty A.D.C.R.G.* *Ulster*
Laura Crossan A.D.C.R.G. *Connaught*
Mary McElroy A.D.C.R.G. *Leinster*

Musician: *Paul O'Donnell*

Enquiries: *Tracey Dunphy Grant T.C.R.G. 0876949999*
Elaine Kavanagh A.D.C.R.G. 0876203763

COVID SAFETY – **This is a fully seated event. All adults in attendance must be fully vaccinated as per government guidelines. Certificates must be presented to gain entry on the day. Accompanied minors u18 do not need to be vaccinated. All government guidelines will be strictly adhered to.**

- ***Entries will be capped. We reserve the right to recall in large competitions. Times indicated are estimated and may change when entries close****

Syllabus Approved by:

SATURDAY 2ND OCTOBER

Time	Dance		Stage 1	Comp no.	Stage 2
8.am					
1.	Championship /Preliminary U10 Heavy/Light /Set Dance				
	RESULTS IN HALL 2				
10AM					
2.	Championship/Preliminary U11 Heavy/Light/Set Dance				
	RESULTS IN HALL 2				
12pm					
3.	Cor/ Reel	Bun	U7	3a.	U8
4.	Port Eadrom / Light Jig	Bun	U7	4a.	U8
5.	Port Singil / Single Jig	Bun	U7	5a	U/8
6.	Cor/ Reel	Tus	U7	6a	U8
7.	Port / Light Jig	Tus	U7	7a	U8
8.	Port Luscadh/ Slip Jig	Tus	U7	8a	U8
9.	Cor/Reel –	Mean	U7	9a	U8
10.	Port Singil / Single Jig	Mean	U7	10a	U8
11.	Trad Set	Mean	U7	11a	U8
	RESULTS IN HALL 2				
1.30PM					
12.	Cor/Reel	Bun	U9	12a	U10
13.	Port / Light Jig	Bun	U9	13a	U10
14.	Port Singil / Single Jig	Bun	U9	14a	U10
15.	Cor/ Reel	Tus	U9	15a	U10
16..	Port Eadrom / Light Jig	Tus	U9	16a	U10
17.	Port Singil / Single Jig	Tus	U9	17a	U10
18	Cor/Reel	Mean	U9	18a	U10
19	Port / Jig	Mean	U9	19a	U10
20	Traditional Set	Mean	U9	20a	U10
	RESULTS IN HALL 2				

3.30PM					
21	Cor/ Reel	Bun	U11	21a	U12
22.	Port Eadrom / Light Jig	Bun	U11	22a	U12
23.	Port Iuscadh / Slip Jig	Bun	U11	23a	U/12
24	Cor/ Reel	Bun	12-14		
25	Port Eadrom / Light Jig	Bun	12-14		
26	Port Singil / Single Jig	Bun	12-14		
27.	Cor/ Reel	Tus	U11	27a	U12
28	Port / Light Jig	Tus	U11	28a	U12
29	Port Singil / Single Jig	Tus	U11	29a	U12
30	Cor/ Reel	Tus	12-14		
31	Port / Light Jig	Tus	12-14		
32	Port Singil / Single Jig	Tus	12-14		
33	Cor/Reel –	Mean	U/11	27a	U12
34	Port / Jig	Mean	U11	28a	U12
35	Trad Set	Mean	U11	29a	U12
36	Cor/Reel –	Mean	12-14	30a	O14
37	Hornpipe	Mean	12-14	31a	O14
38	Trad Set	Mean	12-14	32a	O14
5.30PM					
39.	Championship U18 Heavy/Light/Set Dance				
	RESULTS IN HALL 2				
7PM					
40.	Championship U20 Heavy/Light/Set Dance				
41.	Championship O20 Heavy/Light/Set Dance				
	RESULTS IN HALL 2				
	**If there are five or more boys in a championship it will be a separate competition.				

Sunday 3rd

Time	Dance
8.30am	
	Championship/Preliminary U12 Heavy/Light/Set Dance
	RESULTS IN HALL 2
10.15am	
	Championship /Preliminary U13 Heavy/Light/Set Dance
	RESULTS IN HALL 2
12pm	
	Championship/Preliminary U14 Heavy/Light/Set Dance
	RESULTS IN HALL 2
2pm	
	Championship U6 Reel/Light Jig/ Single Jig Championship U7 Reel/Light Jig/ Single Jig
	RESULTS IN HALL 2
3pm	
	Championship U8 Jig/Reel/Trad Set
	RESULTS IN HALL 2
3.45pm	
	Championship U9 Jig/Reel/Trad Set
	RESULTS IN HALL 2
5pm	
	Championship / Preliminary U15 Heavy/Light/Set Dance
	RESULTS IN HALL 2
6.30pm	
	Championship / Preliminary U16 Heavy/Light/Set Dance
	RESULTS IN HALL 2
	Championship U17 Heavy/Light/Set Dance
	RESULTS IN HALL 2
	**If there are five or more boys in a championship it will be a separate competition.

ENTRY PROCESS

Parents can enter dancers on www.entrytable.ie on a first come first served basis. Only dancers registered with CLRG may enter.

Please indicate if dancers are to be entered for the prelim championship.

Please indicate which traditional set dancers will dance.

Please include which light/heavy dancer will dance.

ENTRIES OPEN: Saturday 11th September 9am

ENTRIES CLOSED: Friday 17th September 6pm

Entry for the feis indicates that dancers entered and their parents/guardians agree to adhere to the feis and venue guidelines. FEES are non-refundable except in the case that the event does not go ahead as planned.

Fees:

- Championship €40*
- Preliminary & Championship €45*
- Preliminary only €30*
- Grade Solos €6*

Door Entry €5

IMPORTANT INFORMATION

- Please note: There is no access to the venue before your time. Arrive 20 mins before your time.
- This is a fully seated event, parents, dancers and teachers are asked not to walk around or dance in the auditorium. Teachers are asked not to coach from the floor and remain seated during the performance. The centre aisle must be kept clear at all times. Each school will be allocated a number of seated rows, you will be asked to head directly to your seat upon entry to the venue. A seating plan will be issued prior to the event.
- One adult per child dancing will be allowed entry for the time the dancer is dancing (no siblings will be permitted unless it's a dancing sibling dancing the same day). Dancers and parents will not be permitted to stay and watch other competitions. If you have a dancing sibling in the age group directly proceeding yours you may re-enter the auditorium otherwise you must leave and return at your specific time. Please bring all your rubbish with you when you leave.
- Comply with all contact tracing procedures
- Stay at least 2 metres apart from those not in your group
- Wear a face covering when circulating, can remove when sitting.
- Children under 13 don't have to wear masks.
- No dancer wears mask when dancing
- Sanitise your hands often, several stations will be available in the hall.
- TIMES ARE ESTIMATED UNTIL ALL ENTRIES ARE RECEIVED.
- Grade competitions will run with 8 dancers lined up on stage at a time and dance a pick up system, dancers will dance two at a time and will have an 8 bar intro before they start the music will run continuously. A video example will be sent to all teachers. When each set of grade of dancers finish they will be asked to leave the auditorium and head to the results room. Results will not be called in the traditional manner, they will be posted on a teachers whatsapp group and also on our facebook page. Dancers will go to the results table with their number and receive their prizes. **There is no re-entry to the auditorium after you leave for results.**
- Championship and Prelim competitions will dance full dances Reel/Jig 48 bars. Slip Jig/Hornpipe 40 bars. The music will play continuously and dancers will have an 8 bar intro. After the set round, all dancers prelim and championship will be asked to leave the auditorium and head to the results room. Championship and Prelim results will be given in full, podiums will be spaced out to ensure safety. Dancers will be asked to pick

up their own trophy and sash. **There is no re-entry to the auditorium after you leave for results.**

OTHER SAFETY MEASURES IN PLACE:

- Online entry and payment eliminates the need for cash handling on the day.
- All surfaces will be sanitised by cleaners between each group.
- Toilets will be sanitised regularly throughout the day.
- Strictly only one accompanying adult per dancer - no exceptions.
- If there are falls or sickness on stage, only the accompanying adult will be permitted to assist.
- No contact in presentations of awards.
- Separate entry and exit points.
- A Covid officer will be present at all times.

IF YOU HAVE A TEMPERATURE, SORE THROAT, HEADACHE, LOSS OF TASTE, LOSS OF SMELL, ETC. YOU SHOULD NOT ATTEND THE FEIS. PLEASE NOTE THAT ANYONE WHO REFUSES TO COMPLY WITH THE RULES OF THE FEIS WILL BE ASKED TO LEAVE, IN THE INTEREST OF THE SAFETY OF ALL ATTENDEES OF THE FEIS.

Coronavirus COVID-19

Coronavirus COVID-19 Public Health Advice

Stay safe. Protect each other.

Continue to:

- Wash**
your hands well and often to avoid contamination.
- Cover**
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue safely
- Distance**
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell
- Avoid**
crowds and crowded places
- Know**
the symptoms. If you have them self isolate and contact your GP immediately

COVID-19 symptoms include

- > high temperature
- > cough
- > breathing difficulty
- > sudden loss of sense of smell or taste
- > flu-like symptoms

If you have any symptoms, self-isolate to protect others and call your GP for a COVID-19 test.

#holdfirm

For more information
www.gov.ie/health-covid-19
www.hse.ie

Ireland's public health advice is guided by WHO and ECDC advice

  **Riátas na hÉireann**
Government of Ireland

Leinster Feis Rules 2020

1. Age as on 1st January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 *age group*.
4. Children competing in all age groups, in Bun and Tús Grád competitions may only wear class costumes, skirt and blouse, or appropriate civilian clothing. No low cut or off the shoulder tops or short tight skirts permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. Bun Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. Tús Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. Lár grad competitions confined to dancers who have never won 1st prize for that particular dance in any age group in lár, Méan or Árd.
11. Méan grad competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
12. Preliminary Championship – A dancer may enter a preliminary competition if:-
 - (i)! They have not placed 1st 2nd or 3rd in an open championship which has been judged by three or more adjudicators, in the current calendar year.
 - (ii)! They have not qualified for the world championships in that year or a current medal holder.
 - (iii)! They have not won a preliminary championship in that calendar year.A dancer who wins a preliminary championship may not compete in a preliminary championship for the remainder of the calendar year. They may enter preliminary championship in the next year, provided they comply with the rules above. A dancer who wins a preliminary championship may not dance those dances in Méan Grád for the remainder of the calendar year.

Preliminary championships may be run as a ‘stand alone’ competition or may be incorporated into the open championship.

All dancers entering competitions in Leinster must comply with these rules. Effective from 1st April 2011.
13. Traditional set dance must be chosen from the following list:- St. Patrick’s day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the Fair or Three Sea Captains.
14. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.
15. Any form of unauthorised photography, which has the capability to capture a dancers’ image, whilst in motion, using electronic/manual means, e.g. mobile phones, Ipads, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
16. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.
17. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. (or teacher)
18. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.
19. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.
20. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
21. Social Media Rule– Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.
22. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. @ dlpLeinster@gmail.com Please contact her if you have any concerns in regard to any child safety at the event.