

Féile Rince Tulach Mhór

Cláráithe Leis An Coimisiún Le Rincí Gaelacha

Sunday 9th January 2022

Tullamore Court Hotel, Tullamore, Co. Offaly

Adjudicators: Sharon Mc Caul Derry
Maureen Cunniffe Tuam

Musician: Colin Mc Gill

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Fees: Solo Dance: €6.00
Trophy Dance: €8.00
Admission: €5.00 per adult

- Sash for 1st 2nd and 3rd place in all trophy competitions.
- Trophies will be awarded to Top 5 in trophy competitions.
- Medals will be awarded to all competitors in all Reel competition
- *There will be a vendor and photographer in attendance.*

Perpetual Trophy for the best overall school at Feile Rince Tulach Mhór

Points will be awarded to the top three places in every competition 3 points for 1st 2 for 2nd and 1 for 3rd The School with the highest point count at the end of the day will be declared the Champion School and will received a perpetual trophy.

Approved by:

Phoebe O'Donoghue 20/11/21
Phoebe O'Donoghue Feis Registrar Comhairle Laighean CLRG

Rialacha na Feile

1. Age as from 1st January 2022
2. Objections must be lodged in writing within 1 hour of the results accompanied with a fee of €20.00.
3. Bun, Tus and Mean Grad Competitions are open to all dancers from all areas.
4. Bun Grad confined to dancers who have never won 1st place for that particular dance in any age group or grade. **BASIC STEPS ONLY.**
5. Tus Grad confined to dancers who have never won 1st place for that particular dance in any age in Tus, Lar Mean or Ard Grad.
6. Mean Grad confined to dancers who have never won 1st place for that particular dance in that age or higher age group in Mean or Ard grad.
7. Traditional Set Dances:- St. Patricks day, The Blackbird, Job of Journeywork, Garden of Daisies, King of the Fairies, Jockey to the Fair, 3 Sea Captains.
8. Entries only accepted from Teachers Registered with An Coimisiun le Rinci Gaelacha.
9. Make-Up and False Tan are not permitted in Bun and Tus Grad up to and including under 12 competitors. Competitors in Bun and Tus Grad up to and including under 12 age group may only wear traditional Class Costumes or long/short sleeved blouses/shirts & Skirt/trousers, Polo tops and skirts/trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low cut tops and short tight skirts are not permitted.
10. In Light trophy competitions competitors may dance Reel, Slip Jig, Light Jig or Single Jig. In Heavy Trophy Competitions competitors may dance Heavy Jig, Hornpipe or Traditional Set.
11. With regard to toe movements no Block, enpointe, stationery or moving is allowed to be performed for all ages up to under 12. However, An Coimisiun Rule, Dancers who will compete under 13 from 1st January 2020, may perform enpointe movements from September 2019.
12. A competition confined to under 5 years, 1st place is not re-graded. If there are 5 or less competitors in any competition 1st place is not re-graded. Only applies to Bun and Tus Grad
13. An Coimisiun rules will apply if disputes arise that are not covered by the above rules.
14. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion using electronic/manual means e.g. mobile phone, standard camcorder, cine recorder, commercial film with/without flash enhancement is expressly forbidden in competitions.
15. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis and within and around the hall.
16. The Feis Committee as far as practicable will provide a surface floor suitable for dancing. However the committee cannot accept any liability what so ever for injuries sustained while on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent or guardian.
17. Re-Grading
 - 1-20 Competitors 1st Place Regraded
 - 21-40 Competitors 1st and 2nd Place Regraded
 - 41 and Over Competitors 1st, 2nd and 3rd Place Regraded
18. Comhairle Laighean Child safety officer is Orla Ni Conuladh. Please contact her if you have any concerns In regard to child safety at the event.
19. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition may be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments these competitors will not be permitted to perform. Medically prescribed apparatus (proof of which may be required will be exempt from this ruling.
20. Social Media Rule: Feis organisers wish to make all persons aware the taking of photographs of any children Without parental permission is not permitted. **Those who do not wish to be photographed should make themselves known to the Feis organisers.**

Entry Process

Parents can enter dancers on www.entrytable.ie on a first come first served basis. Only dancers registered with CLRG may enter.

Please indicate which traditional set dancers will dance

Please include which Light /Heavy dancer will dance

Entries OPEN December 3rd

Entries CLOSE December 23rd – or when capped has been reached.

Entry for the feis indicates that dancers entered and their parents/guardians agree to adhere to the feis and venue guidelines. Fees are not refundable except in the case that the event does not go ahead as planned.

Important Information

- Please note there is no entry to the venue before your time. Arrive 20 minutes before your time.
- This is a fully seated event, parents, dancers and teachers are asked not to walk around or dance in the hall. Teachers are asked not to coach from the floor and remain seated during the performance. The centre aisle must always be kept clear.
- All adult attendees be required to produce a digital Covid Certificate and photo identification to gain admission to the Feis
- One adult per child dancing will be allowed entry for the time the dancer is dancing (no siblings will be permitted unless it's a dancing sibling dancing the same day). Dancers and parents will not be permitted to stay and watch other competitions. If you have a dancing sibling in the age group proceeding your competition you may re-enter the hall otherwise you must leave and return at your specific time. Please bring all your rubbish with you when you leave.
- Comply with all contact tracing procedures.
- Stay at least 2m apart from those not in your group.
- Wear a face covering when circulating, can be removed when seated.
- Children under 13 do not have to wear masks.
- No dancer wears mask when dancing.
- Sanitise your hands often, several stations will be available in the hall.
- **TIMES ARE ESTIMATED UNTIL ALL ENTERIES ARE RECEIVED.**
- Competitions will run with 8 dancers lined up on stage at a time and dance a pickup system, dancers will dance 2 at a time and will have an 8 bar intro before they start the music will run continuously. When each age and grade is completed competitors will leave hall for results room no re-entry to hall after results.

Other safety measures in place

- Online entry and payment reduce the need for cash handling on the day.
- All surfaces will be sanitised regularly.
- Toilets will be monitored and sanitised.
- Strictly only one accompanying adult per dancer – Covid Regulations.
- If there are falls or sickness on stage, only the accompanying adult will be permitted to assist.
- No contact in presentation of awards.
- Separate entry and exit points.
- Covid Officer present at all times.

IF YOU HAVE A TEMPERATURE, SORE THROAT, HEADACHE, LOSS OF TASTE, LOSS OF SMELL ETC YOU SHOULD NOT ATTEND THE FEIS. PLEASE NOTE ANYONE WHO REFUSES TO COMPLY WITH THE RULES OF THE FEIS WILL BE ASKED TO LEAVE, IN THE INTEREST OF ALL ATTENDEES OF THE FEIS

Covid Safety

This is a fully seated event. All adults in attendance must be fully vaccinated as per government guidelines. Certificates and photo ID must be presented to gain entry on the day. Accompanied minors under 18 do not need to be vaccinated. All government guidelines will be adhered to.

Coronavirus COVID-19

Coronavirus
COVID-19
Public Health
Advice

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on www.dfa.ie

All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit hse.ie OR phone HSE Live **1850 24 1850**

How to Prevent

- Stop** shaking hands or hugging when saying hello or greeting other people
- Distance** yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell
- Wash** your hands well and often to avoid contamination
- Cover** your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue
- Avoid** touching eyes, nose, or mouth with unwashed hands
- Clean** and disinfect frequently touched objects and surfaces

Symptoms

- > Fever (High Temperature)
- > A Cough
- > Shortness of Breath
- > Breathing Difficulties

For Daily Updates Visit

www.gov.ie/health-covid-19
www.hse.ie

Ireland is operating a delay strategy in line with WHO and ECDC advice

  **Riailtas na hÉireann**
Government of Ireland

FLOOR 1 9.00 am			FLOOR 2 9.00 am		
1	Reel (Cor)	Bun U6	1a	Reel (Cor)	Bun 6-8
2	Light Jig (Port)	Bun U6	2a	Light Jig (Port)	Bun 6-8
3	Trophy Dance Light	Bun U6	3a	Trophy Dance Light	Bun 6-8
FLOOR 1			FLOOR 2		
4	Reel (Cor)	Tus U7	4a	Reel (Cor)	Tus 7-9
5	Light Jig (Port)	Tus U7	5a	Light Jig (Port)	Tus 7-9
6	Trophy Dance Light	Tus U7	6a	Trophy Dance Light	Tus 7-9
FLOOR 1 10:30 pm			FLOOR 2 11.00 pm		
7	Reel (Cor)	Mean 6-8	7a	Reel (Cor)	Mean 8-10
8	Heavy Jig (Port Trom)	Mean 6-8	8a	Heavy Jig (Port Trom)	Mean 8-10
9	Trad Set (Rince Trad)Trophy	Mean 6-8	9a	Trad Set (Rince Trad) Trophy	Mean 8-10
10	Reel (Cor)	Ard U7	10a	Reel (Cor)	Ard 7-9
11	Heavy Jig (Port Trom)	Ard U7	11a	Heavy Jig (Port Trom)	Ard 7-9
12	Trad Set(Rince Trad) Trophy	Ard U7	12a	Trad Set (RinceTrad)Trophy	Ard 7-9
FLOOR 1 12.30 pm			FLOOR 2 12.30 pm		
13	Reel (Cor)	Bun 8-10	13a	Reel (Cor)	Bun 10-12
14	Light Jig (Port)	Bun 8-10	14a	Light Jig (Port)	Bun 10-12
15	Trophy Dance Light	Bun 8-10	15a	Trophy Dance Light	Bun 10-12
FLOOR 1			FLOOR 2		
16	Reel (Cor)	Tus 9-11	16a	Reel (Cor)	Tus 11-13
17	Heavy Jig (Port Trom)	Tus 9-11	17a	Heavy Jig (Port Trom)	Tus 11-13
18	Trophy Dance Light	Tus 9-11	18a	Trophy Dance Light	Tus 11-13
FLOOR 1 3:00 pm			FLOOR 2 2.30 pm		
19	Reel / Slip Jig	Mean 10-12	19a	Reel / Slip Jig	Mean 12-14
20	Heavy Jig / Hornpipe	Mean 10-12	20a	Heavy Jig / Hornpipe	Mean 12-14
21	Trad Set Trophy(Rince Trad)	Mean 10-12	21a	Trad Set Trophy (Rince Trad)	Mean 12-14
22	Reel / Slip Jig	Ard 9-11	22a	Reel / Slip Jig	Ard 11-13
23	Heavy Jig / Hornpipe	Ard 9-11	23a	Heavy Jig / Hornpipe	Ard 11-13

24	Set Dance (Trophy)	Ard 9-11	24a	Set Dance (Trophy)	Ard 11-13
FLOOR 1			FLOOR 2		
25	Reel (Cor)	Bun 12-14	25a	Reel (Cor)	Bun O14
26	Slip Jig (Port Luascadh)	Bun 12-14	26a	Slip Jig (Port Luascadh)	Bun O14
27	Trophy Light Dance	Bun 12-14	27a	Trophy Light Dance	Bun O14

FLOOR 1 5.30 pm			FLOOR 2 4.30 pm		
28	Reel (Cor)	Tus 13-15	28a	Reel (Cor)	Tus O 15
29	Heavy Jig (Port Trom)	Tus 13-15	29a	Heavy Jig (Port Trom)	Tus O 15
30	Trad Set (Rince Trad) Trophy	Tus 13-15	30a	Trad Set (Rince Trad) Trophy	Tus O 15
FLOOR 1			FLOOR 2		
31	Reel / Slip Jig	Mean 14-16	31a	Reel / Slip Jig	Mean O 16
32	Heavy Jig / Hornpipe	Mean 14-16	32a	Heavy Jig / Hornpipe	Mean O 16
33	Trad Set Trophy (Rince Trad)	Mean 14-16	33a	Trad Set Trophy (Rince Trad)	Mean O 16
34	Reel / Slip Jig	Ard 13-15	34a	Reel / Slip Jig	Ard O 15
35	Heavy Jig / Hornpipe	Ard 13-15	35a	Heavy Jig / Hornpipe	Ard O 15
36	Set Dance (Trophy)	Ard 13-15	36a	Set Dance (Trophy)	Ard O 15