

Syllabus approved by Noreen Redmond - Feis Registrar Comhairle Chonnacht



The Alan Murphy Academy of Irish Dance proudly presents the 2nd Annual

BALLINROBE FEIS

Claraithe leis An Coimisiun le Rince Gaelacha

JUNE 18TH & 19TH 2016

At the beautiful Ballinrobe Racecourse, Co. Mayo.

Adjudicators:

James McCutcheon SDCRG, Scotland

Frank Cunniffe ADCRG, USA

Ciara Lennon ADCRG, Ulster

Joanne Evans ADCRG, Ulster

Martina Miskelly ADCRG, Ulster

Musician:

Paul O'Donnell

Enquiries: Alan Murphy TCRG 087-2567115 TheBallinrobeFeis@gmail.com



Dear Teachers/Parents,

It is with great pride that I look forward to welcoming you all back for the 2nd Annual Ballinrobe Feis at the stunning Ballinrobe Racecourse in the heart of Co. Mayo on June 18th and 19th. A lot of work has gone in to ensuring it will be a thoroughly enjoyable and well run weekend of Irish dancing and even bigger and better than last year. I have assembled a highly experienced, international panel of adjudicators for the feis and as Ballinrobe is my hometown, I am absolutely delighted to be able to hold my feis at such a unique and picturesque venue in the town, especially in the middle of summer.

Here is some important info about the feis:

- Panel of 5 adjudicators for ALL Open and Preliminary Championships.
- Large championship stage.
- Everyone will dance their set in Open Championships if 15 or less dancers in competition.
- Very special prizes for all Open Championship winners, including perpetual cups.
- Separate single age Boys Open Championships from 7-8 up to 15-16.
- Top 5 dancers in Bun, Tus, Mean, Prelim and Open Championships receive sashes and trophies.
- New treble reel competitions with perpetual cups for the winners.
- Delighted to introduce adult competitions for the first time.
- Entries accepted on the day.
- Hot and cold food served throughout the 2 days.
- Live updates from the feis, including results and photos, will be available at:
www.facebook.com/TheAlanMurphyAcademy

If you have any questions or queries about the feis, accommodation, syllabus, etc., please don't hesitate to contact me, I'd be thrilled to help. The feis venue will be heavily signposted once you arrive in Ballinrobe.

See you in June!

Warmest regards,

Alan Murphy.

ALL GRADES, SATURDAY JUNE 18TH (3 STAGES FOR GRADES).

TIME	GRADE	AGE GROUP(S)	DANCES
9am	Bungrad	Under 6 6-7 7-8 8-9	Ril Port Eadrom Port Singil Port Luasca Priomh Chomortas (Ril + Port Eadrom, no re-dancing)
	Ungraded	Under 5 (Can also dance Under 6)	Priomh Chomortas (Ril plus any jig dance)
11am	Tusgrad	Under 6 6-7 7-8 8-9	Ril Port Eadrom Port Singil Port Luasca Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any 2 light dances Under 6 and 6-7. Any light dance and any traditional set 7-8 and 8-9)
1pm	Meangrad	Under 6 6-7 7-8 8-9	Ril Port Singil Port Luasca Port Eadrom or Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any 2 light dances Under 6 and 6-7. Any light dance and any heavy dance 7-8 and 8-9)
2.30pm	Bungrad	9-10 10-11 11-12 Over 12	Ril Port Eadrom Port Singil Port Luasca Priomh Chomortas (Ril + Port Eadrom, no re-dancing)
4pm	Tusgrad	9-10 10-11 11-12 Over 12	Ril Port Eadrom Port Singil Port Luasca Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any light dance and any traditional set dance)
5.30pm	Meangrad	9-10 10-11 11-12 12-14 Over 14	Ril Port Singil Port Luasca Port Eadrom or Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any light dance and any heavy dance)
7pm	Adult dancing	Under 35 Over 35	Ril Port Singil Port Luasca Port Eadrom St. Patrick's Day

ALL OPEN AND PRELIMINARY CHAMPIONSHIPS, SUNDAY JUNE 19TH.

9am	Mixed	Under 6 Craobh Comortas	Ril, Port Singil, Port Eadrom
	Mixed	6-7 Craobh Comortas	Ril, Port Singil, Port Eadrom
	Girls	7-8 Craobh Comortas	Ril, Port Trom, Any traditional set
	Boys	7-8 Craobh Comortas	Ril, Port Trom, Any traditional set
10.15am	Girls	8-9 Craobh Comortas	Ril, Port Trom, Any traditional set + Prelim
	Boys	8-9 Craobh Comortas	Ril, Port Trom, Any traditional set + Prelim
11.15am	Girls	9-10 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	9-10 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	10-11 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	10-11 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
1.15pm	Mixed	Under 11	Treble Reel step down the line (16 bars per dancer)
2pm	Girls	11-12 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	11-12 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	12-13 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	12-13 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
4pm	Girls	13-14 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	13-14 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	14-15 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	14-15 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
5.45pm	Mixed	Over 11	Treble Reel step down the line (16 bars per dancer)
6pm	Girls	15-16 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	15-16 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Mixed	16-18 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Mixed	Over 18 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
		PARADE OF CHAMPIONS	PARADE OF CHAMPIONS

PLEASE NOTE: ALL TIMES ARE APPROXIMATE

Dance translations:

Ril - Reel
 Port Luasca - Slip Jig
 Port Eadrom - Light Jig
 Port Singil - Single Jig
 Port Trom - Heavy Jig
 Cornphiopa - Hornpipe

Entry fees:

- Ardgrad Championship €25 (Under 5 Championship €20)
- Ardgrad Championship including Preliminary Championship €30
- Treble Reel Competition €5
- Bungrad, Tusgrad and Meangrad competitions €4 per dance
- Bungrad, Tusgrad and Meangrad Príomh Comortas €20 (includes 3 results)

Admission: €5**Vendor: Buckles and Bling****Accommodation - B&Bs within a 1 minute drive to the feis venue:**

- **Friars Quarter House, Ballinrobe.**

Phone : +353 (0) 94 95 41154 Email : breege@friarshouse.com

www.friarshouse.com

- **Costello's B&B, Ballinrobe.**

Phone: +353 (0) 94 95 41405

- **Woodview House B&B, Ballinrobe.**

Phone – +353 (0) 94 95 21901 Email: woodview_house@eircom.net

There is also a range of other accommodation choices in Ballinrobe as well as hotels and B&Bs in Cong, just 10 minutes from the venue and in towns such as Castlebar, Claremorris and Headford, all within 20 minutes driving distance. Don't hesitate to email or call me for help with accommodation.

Flight information: Ireland West Airport Knock is just a 40 minute drive to Ballinrobe Racecourse.

Flights to Knock are available from the following destinations:

Ryanair: East Midlands, Dublin, Liverpool, Bristol, London Stansted, London Luton, Leeds Bradford

Flybe: Edinburgh, Leeds Bradford, Manchester, Birmingham.

Aer Lingus: London Gatwick

Directions to Ballinrobe Racecourse:

The racecourse is situated seconds from Ballinrobe town on the main Castlebar road.

Rules

- Age will be reckoned from 1st January 2016.
- Entries accepted only from teachers registered with An Coimisiun le Rinci Gaelacha.
- The Adjudicator's decision is final. Adjudicators are only to be approached by Committee members.
- Any objections must be made in writing to feis organisers within one hour, signed and accompanied by a fee of €20 which will be returned if objection is sustained.
- The feis committee will not be responsible for any personal injury or articles lost at the feis. The committee, as far as practical, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be acceptance of these rules by a dancer and his/her parents/guardian.
- Bungrád competitions are confined to those who have never won a first prize in that particular dance in any age group. Only basic steps may be performed.
- Túsgrád competitions are confined to dancers who have not won a first prize in that particular dance in Túsgrád, Meángrád or Árdgrád.
- Competitors in Bungrád and Túsgrád may only wear class costume, dress or skirt and top and the use of make-up, fake tan and wigs is not permissible.
- Meángrád competitions are confined to dancers who have not won a first prize in that particular dance in Meángrád or Árdgrád. No block, en-pointe work, stationary or moving, is allowed to be performed in all ages up to and including Under 12.
- Preliminary championships eligibility: a dancer must not have placed top five in any open championship judged by three or more adjudicators a dancer must not have won three or more preliminary championships a dancer must not have qualified for Oireachtas Rince na Cruinne 2015 or 2016.
- Any form of unauthorised photography which has the ability to capture a dancer's image whilst in motion is strictly forbidden. The use of camcorders is also forbidden during dancing.