

Glendarragh

Irish Dance Academy



31st Feis Glendarragh

2nd - 3rd October 2021

The Becket School

The Becket Way, Wilford Lane
West Bridgford, Nottingham
NG2 7QY

Adjudicators

Aaron Crosbie	ADCRG	SE Region
Lauren Stapleton	ADCRG	SE Region
Eileen McLaughlin	ADCRG	Scotland
Eulalia Ayton	ADCRG	Scotland
Michelle McKernon	ADCRG	Ulster
Jim Smith	ADCRG	Wales

Musicians

Dean Crouch	London
Anthony Davis	Birmingham
Liam O'Sullivan	Newcastle



07970513523



GlendarraghAcademy



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glendarraghdance@gmail.com



Dear Teachers, Parents & Guardians,

We look forward to welcoming you to our 31st Feis Glendarragh, due to be held on 2nd - 3rd October 2021.. On behalf of the Glendarragh Dance Academy, we look forward to welcoming all those who have supported Feis Glendarragh in the past and hope to see new faces this year as well.

We are delighted to have acquired, the excellent facilities of Becket School. We will once again have access to the Large Championship Hall, Sports Hall, changing facilities and practice area. A full catering service will be available throughout the day, provided by our fantastic parents and helpers, along with our scrumptious, homemade cake stall! The Becket School is situated within easy reach of East Midlands Airport, East Midlands Parkway Railway Station, Nottingham Railway station, and is very accessible by road with ample parking.

We have six fantastic adjudicators and three excellent musicians, and all Open and Preliminary Championships will be judged by a panel of three adjudicators. Once again, we will be having a Champion of Champions competition at the end of each day and those who place in the top three, in any of the Championships, will be eligible to compete. We have cups for these competitions, in memory of Denis Holtham and Helen Stack, two of our most loyal and longstanding parents who passed away in 2013. We feel it is a fitting tribute for two people who had such a love of Irish Dancing.

****After the success of the last feis we will be offering the below****

**U5 *Ungraded* Special Reel
32 Bar System for all Grades
Separate Grades Results Area
All grades as Trophy Competitions**

We will upload photos and live feed videos over the course of the weekend on our Facebook and Instagram pages. So, feel free to give us a follow and we'll also keep you updated, leading up to the event and over the feis weekend.

We are very much looking forward to seeing you in October, please see further information below.

Kind Regards,

**Aidan Comerford ADCRG
Helen Comerford TCRG
Ciara Buckley ADCRG
Arnyah Paxton TCRG
Colleen Roberts TCRG**





Entries

Under 5 *Ungraded* Special Reel	£5.00
All Grade Dances are TROPHY DANCES (1st - 3rd Trophies)	£5.00
Under 6 & Under 7 Mixed Championships (including two solo results)	£25.00
Open Championships from U8 upward (includes two solo results)	£35.00
Preliminary Championships from U10 upward (includes two solo results)	£35.00
Maximum One Dancer Fee	£50.00
Family Fee (for two children or more)	£90.00
Door Admission (Adults only, children free)	£5.00

ALL ENTRIES MUST BE RECEIVED AND PAID FOR IN ADVANCE AND ON AN OFFICIAL ENTRY FORM.

All entries to the Des Silke by **Sunday 26th September 2021**

Payment via Bank Transfer, Des will supply details

Email: desilke@instemfm.com

Grade Competitions

All grade competitions are 'trophy dances' where 1st, 2nd and 3rd will receive trophies.
All grade results will be awarded in a separate Results area to ensure smooth running of the next competitions.

32 Bar System

ALL dancers in the competition will be lined up at the side of the stage at the start of the competition. The first two dancers will walk into starting positions and get ready to dance. After the 8 bar introduction the dancers will begin their dance for 32 bars. After 32 bars they bow and walk off the stage while the next 2 dancers walk into their starting position to get ready to commence their performance of 32 bars - this is repeated until all dances have completed their dance.

Please Note: There will be a gap of 8 bars in between each 2 dancers.

The content of the 32 bar performance is at the discretion of each teacher. There will be stage stewards on each stage counting the next 2 dancers in and dancers will not be penalised for starting late or continuing after 32 bars.

U5 *Ungraded* Special Reel

Here is where we celebrate the upcoming stars in Irish Dancing. It was a great atmosphere at the last feis and all the children, families, teachers and adjudicators enjoyed it. Same as before, this will be ran within the 32 bar system and each dancer entered will receive a special gift, trophy and a sash for taking part.

Results

Des Silke will be doing our results this year and as usual, marks packs will be available to purchase at the office.
We aim to ensure all Prelim and Open Championships are presented in the main Championship Hall.
All Grade results will be presented in the separate Grades results area.





Grade Competitions

Age Group	Novice	Primary	Intermediate	Open
Under 5	*Ungraded* Special Reel			
Under 6	Trophy Reel	Trophy Reel	Trophy Reel	Trophy Reel
Under 7	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig
	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig
Ungraded	Trophy Heavy Jig, Trophy Hornpipe, Trophy Trad Set			
Under 8	Trophy Reel	Trophy Reel	Trophy Reel	Trophy Reel
Under 9	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig
	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig
	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe
	Trophy Trad Set	Trophy Trad Set	Trophy Trad Set	Trophy Trad Set
Under 10	Trophy Reel	Trophy Reel	Trophy Reel	
Under 11	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	
Under 12	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	
	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe	
Ungraded	Trophy Trad Set			
Over 12		Trophy Reel		
		Trophy Hop Jig		
		Trophy Light Jig		
		Trophy Slip Jig		
		Trophy Heavy Jig		
		Trophy Hornpipe		
Ungraded	Trophy Trad Set			
Under 14			Trophy Reel	
Over 14			Trophy Hop Jig	
			Trophy Light Jig	
			Trophy Slip Jig	
			Trophy Heavy Jig	
			Trophy Hornpipe	
Ungraded	Trophy Trad Set			





Open Championships

Under 6	Mixed	Reel	Light Jig	
Under 7	Mixed	Reel	Light Jig	
Under 8	Girls	Reel	Heavy Jig	Trad Set
Under 9	Girls	Reel	Heavy Jig	Trad Set
Under 10	Girls			
Under 11	Girls			
Under 12	Girls			
Under 13	Girls			
Under 14	Girls	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
Under 15	Girls			
Under 16	Girls			
Under 17	Girls			
Senior O/17*	Ladies			
7 to 9	Boys	Reel	Heavy Jig	Trad Set
9 to 11	Boys			
11 to 13	Boys			
13 to 15	Boys	Heavy Jig or Hornpipe	Reel	Open Set Dance
15 to 17	Boys			
Senior O/17*	Men			

Seniors O/17 will be split into under 19 and over 19 depending on entries received

U6, 7, 8 & 9 will be 100% Recall and will start with the REEL

U10 upwards - 100% Recall if 20 or less - 50% Recall if 21 or more and will start with the HEAVY ROUND

Preliminary Championships

Under 10	Mixed			
Under 11	Mixed			
Under 12	Mixed			
Under 13	Mixed	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
Under 14	Mixed			
Under 15	Mixed			
Over 15	Mixed			

U10 upwards - 100% Recall if 15 or less - 50% Recall if 16 or more and will start with the HEAVY ROUND



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2019 Feis Glendarragh - Winners

Under 6 Mixed	Orla Baranowska	Duffy Travis Academy	NW REGION
Under 7 Mixed	Hannah Mahon	Claddagh School	SE REGION
Under 8 Girls	Lily Murphy	Glendarragh Academy	MIDLANDS
Under 9 Boys	Cian Tyrrell	Devaney-Togher Academy	MIDLANDS
Under 9 Girls	Evie Roberts	Carey Academy	MIDLANDS
Under 9 Prelim	Ella-Rose Hursit	McGahan-Lees Academy	SE REGION
Under 10 Girls	Niamh Rogers	Sharon Taylor Academy	SCOTLAND
Under 10 Prelim	Lily Bolger	Matthews Academy	MIDLANDS
Under 11 Boys	Adain Ward	Marie Connell School	MIDLANDS
Under 11 Girls	Ciarra McCarthy	McGahan-Lees Academy	SE REGION
Under 11 Prelim	Violet Clark	McGahan-Lees Academy	SE REGION
Under 12 Girls	Fern Farrell	Claddagh School	SE REGION
Under 12 Prelim	Niamh McCaffery	Keegan Academy	NW REGION

SATURDAY CHAMPION OF CHAMPIONS AIDAN WARD - MARIE CONNELL SCHOOL MIDLANDS

Under 13 Girls	Ellie-Kate McCarthy	McGahan-Lees Academy	SE REGION
Under 13 Boys	John O'Connor	Claddagh Academy	SE REGION
Under 13 Prelim	Orla Conyard	Keegan Academy	NW REGION
Under 14 Girls	Maria Lebetlis	Nadine Martin Academy	NW REGION
Under 14 Prelim	Aislinn McMahon	Claddagh School	SE REGION
Under 15 Girls	Ella Owens	Scoil Rince Ceim Oir	SE REGION
Under 15 Boys	Callum McAleer	Scanlon School	MIDLANDS
Under 15 Prelim	Catherine Ainley	Loughran School	NW REGION
Under 16 Girls	Erin McPolin	Carey Academy	MIDLANDS
Over 15 Prelim	Elizabeth Penston	Keegan Academy	NW REGION
Under 17 Boys	Joseph Howarth	Glendarragh Academy	MIDLANDS
Under 17 Girls	Caragh Elliott	Feely Bates School	LEINSTER
Under 19 Ladies	Erin-Grace Cooke	O'Connor & Hennigan IDA	SE REGION
Senior Men	Ciaran Coyle	Scanlon School	MIDLANDS
Senior Ladies	Ellie Arthurs	McGahan-Lees Academy	SE REGION

SUNDAY CHAMPION OF CHAMPIONS ERIN MCPOLIN - CAREY ACADEMY MIDLANDS

Can we please ask ALL winners from 2019 feis to ensure their perpetual cups are returned in ample time.



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Directions

FROM THE M1 SOUTH - NORTH

Leave the M1 at Junction 24 and take the 4th exit (if coming from the South) or 1st exit (if coming from the North) onto the A453 signposted Nottingham South. Keep following the A453 until you come to a roundabout signposted Grantham, Melton, Newark and take the 1st exit onto the A52. At mini roundabout continue forward onto Clifton Lane - B679 signposted West Bridgford. At mini-roundabout bear right onto Wilford Lane B679 signposted through traffic. Turn left into The Becket Way which is the entrance to school.

Transport

EAST MIDLANDS AIRPORT - FLIGHT INFORMATION

Flights from Belfast, Knock, Munich, Berlin into East Midlands Airport. There is a regular Shuttle Bus from East Midlands Airport to Nottingham City Centre.

BIRMINGHAM AIRPORT - FLIGHT INFORMATION

Flights from Glasgow, Edinburgh & Dublin into Birmingham Airport.

Accommodation

Base Hotel - St James Hotel, Nottingham

www.stjames-hotel.com

t: +44(0)115 941 11 14

We have agreed a discount for twin, double and family rooms at the St James Hotel, however this discount is limited therefore we advise you book early to avoid missing the agreed rate.

Twin/Double - £86.00 including breakfast

Family - £106.00 including breakfast

Reference - GA001276

St James Hotel is located in Nottingham City Centre, a short walk away from the train station. There is a car park above the hotel and separate charges will apply.





Rules

RULES AS OF JULY 2021

These rules should be read in conjunction with rules laid out by An Coimisiun Le Rinci Galeacha.

1. GENERAL

- 1.1 Adjudicator's decision is final.
- 1.2 Committee members may only approach adjudicators.
- 1.3 Any protest against breach of rules must be made in writing to the feis organiser within one hour on conclusion of a competition, with a fee of £10.00. Should the objection be upheld the fee will be refunded.
- 1.4 Entries will only be accepted from schools registered with An Coimisiun.
- 1.5 Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirety as laid down by the An Coimisiun le Rinci Gaelacha & Midland Regional Council.

2. AGE GROUPS

- 2.1 Age to be taken from 1st January of the current year. Where a competitor's birthday falls on 1st January he/she shall be regarded as under the age attained on that day.
- 2.2 Competitors must dance in their own age group for solo competitions, except where there is no provision for that dance, in that age group.

3. GRADES

- 3.1 At any one Feis, a Novice and Primary Dancer may only dance each Solo Dance in ONE grade.
*** Exception - Dancers ARE permitted to dance in both Novice and Primary Reel competitions (NEW MAY 2019).**
- 3.2 **Novice** - Confined to competitors who have not progressed out of Novice grade (including Trophy Competitions) for that particular dance in any age group.
Primary - Confined to competitors who have not progressed out of Primary grade (including Trophy Competitions) for that particular dance in any age group.
Intermediate - Confined to competitors who have not progressed out of Intermediate grade (including Trophy Competitions) for that particular dance in their present age group.
Open - Open to all dancers.
- 3.3 All grade competitions are open to all regions.
- 3.4 In a trophy competition, a dancer must have performed their choice of dance in the solo competition.
- 3.4 Grade Progression is as follows:

Grade	No. of Entries	No. of dancers to progress
Novice & Primary	5 or less	0
	6-10	1 Dancer
	11-20	2 Dancers
	21+	3 Dancers
Intermediate	5 or less	0
	More than 5	1st place only

4. PRELIMINARY/OPEN CHAMPIONSHIPS AND PREMIER COMPETITIONS:

- 4.1 Championship/Premier Competitions - Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 - see below).
- 4.2 Under 6s & under 7s Championships/Premier must dance Reed & Light Jig. A recall is at the discretion of the feis organisers. All grades are allowed to compete.





- 4.3 Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers.
 * Dancers no longer have to dance in the open grade competition to be eligible to compete in the U6,7,8 & 9 Championships but ALL DANCES MUST BE OFFERED IN THE OPEN GRADES FOR THESE AGE GROUPS
- 4.4 Under 10 and up. All dancers must be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall set dance. This must be offered for both Open and Preliminary Championships.
- 4.5 Subsidiary solos may be run at the discretion of the feis organisers.
- 4.6 IF a minimum number is stated for ANY championship to be held, then this must be consistent for ALL championship competitions. E.g. If you decide on a minimum number of 5, in order to run a separate boys or prelim championship, this must be consistent with the number required to run any championship. This may well be prevalent in the younger age groups where numbers can be low. For example, if you have this rule on your syllabus and you only have four entries for Under 6 - you should not run in the championship.
- 4.7 PRELIMINARY CHAMPIONSHIP RULES
- A minimum number of three Adjudicators must officiate.
 - The first age group for a Preliminary Championship is Under 10.
 - Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
 - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
 - Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
 - Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
 - For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - Where there are less than 6* in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 - Dances performed in a Preliminary Championships do not count for grading in solo competitions.
 - Due to Covid-19 restrictions, and until further notice, please note the following:
 - All dancers*, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2022, are not eligible to compete in Preliminary Championships until further notice. *This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
 - Dancers placing 1st-3rd in an Open Championship with up to 20* competitors or 1st-5th in an Open Championship with more than 20* Competitors cannot compete in a Preliminary Championship for a period of 12 months.
 - Implementation date 1st January 2021.
- 4.8 The Midland region allows dancers to participate in any 1 round of preliminary champs as a separate solo round - these dancers should not be included in the numbers indicated above.

5. DANCE MOVEMENTS / SPEEDS

- 5.1 Rules appertaining to Dance movements such as toe movements, metronomic speeds, as laid out by An Coimisiun, apply.

Metronomic Speeds - Please note new speeds red and highlighted are to be implemented from Jan 2022. Feis organisers may consider offering the new speeds (in addition to existing speeds) before Jan 2022.

Novice Grade	Primary Grade	Intermediate Open Grade
Reel 122-124	Reel 116 (116-118)	Reel 113
Hop Jig 124	Hop Jig 124	Hop Jig 124
Light Jig 116	Light Jig 116	Light Jig 116
Slip Jig 124	Slip Jig 120	Slip Jig 113
Trad Jig 96	Heavy Jig 82 (76)	Heavy Jig 73
Trad Hornpipe 144	Hornpipe 130 (118)	Hornpipe 113

- 5.2 In Novice Grades, only basic steps should be performed. I.E. no intricate movements.





6. COSTUME AND MAKE-UP

- 6.1 All costume and make-up rules as set out in CLRG rules must be adhered to EXCEPT see *in 6.2.
- 6.2 All competitors in all age groups in Novice may only wear traditional class costumes or long/short-sleeved blouses/ polo tops and skirts/tunics that conform to the regular costume length rules as above. Low-cut tops and short, tight skirts are not permitted. ***NB - Primary competitors in the Midlands Regional are allowed to wear solo costumes.**
- 6.3 Adjudicators who determine a costume to be too short or to lack modesty, may use the Costume Infraction (Tick Box) Program in order to flag the dancer and ensure the teacher is notified. As the Costume Infraction Program is used for ALL costume violations, adjudicators wishing to specify length as the infraction, can write the letter 'L' in the Tick Box column.
- 6.4 Under no circumstances should dancers walk around dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, it at all possible. At all times, dancers should be properly attired.
- 6.5 Make-up, including false eyelashes and tan on face, is not permitted for any dancer in solo or team competition, up to and including the Under 10 age group. Nor in the first two grades up to and including the Under 12 age group. Leg tan is NOT part of this rule.

7. FIGURE AND CEILI

- 7.1 In Figure and Ceili competitions - rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 7.2 Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more.
- 7.3 Ceili 8 Hand competitions and 8 Hand may be performed in accordance with Ar Rince Foirne.
- 7.4 Mixed Ceili - A mixed team must consist of at least 2 boys or 2 girls.

8. MEDIA POLICY

Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden during competitions.

9. CARRIAGE AIDS

- 9.1 Any competitor found to be using artificial carriage aids and subsequently refuses to remove the same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 9.2 Any competitor wearing their shoes on the wrong feet will be treated in the same manner as if using carriage aids, and be subject to disqualification from that particular competition.
- 9.3 In order to comply with health and safety measures, all dancers lining up side stage, prior to any round of a competition, will be required to perform the simple exercise of raising arms to shoulder level, unhindered. If unable to do this due to costume stitching or arm attachments by the time of their rotation, these dancers will not be permitted to perform.

10. ORDER OF DANCING, CONDUCT, MISHAPS ETC

- 10.1 Should a dancer lose a heel or a complete shoe or have an open lace, he/she may stand back allowing the other dancer(s), where applicable to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to re-dance as soon as it is deemed practicable, by the stage steward.
- 10.2 Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then, at the discretion of each individual adjudicator. If a dancer falls during the last 8 bars of any performance, then /he/she would only be required to dance the last 16 bars of that dance.
- 10.3 Should a dancer slip, bump into another dancer or have a costume malfunction, whether in solos or in teams, the bell will be rung at the discretion of the adjudicators, to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then, at the discretion of each individual adjudicator.
- 10.4 Where a dancer fails to complete his / her performance, in any given round, will automatically receive ZERO marks from all adjudicators, for that round.
- 10.5 Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive ZERO marks from all adjudicators, for that round.
- 10.6 A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themselves from the stage, without the permission of an adjudicator, will not be marked for that particular dance.





2021 Feis Glendarragh Provisional Timetable

Saturday 2nd October Championship Hall

9:00 am	U10 Preliminary
10:00 am	U11 Preliminary
11:00 am	U12 Preliminary
12:00 pm	U8 & U9 Girls 7 to 9 Boys
2:30 pm	U10 & U11 Girls 9 to 11 Boys
4:30 pm	U12 Girls U12 Preliminary
6:00 pm	CHAMPION OF CHAMPIONS

Sunday 3rd October Championship Hall

9:00 am	U13 & U14 Girls 11 to 13 & 13 to 15 Boys
11:30 am	U5 Ungraded Special Reel U7 Mixed & U6 Mixed
1:30 pm	U15 & U16 Girls
3:00 pm	U17 Girls 15 to 17 Boys
4:30 pm	Senior ladies Over 17 ** Senior Men Over 17
6:00 pm	CHAMPION OF CHAMPIONS

*Seniors will be split into under 19 and over 19 depending on entries received

U6, 7, 8 & 9 will be 100% Recall and start with the REEL

CHAMP - U10 upwards - 100% Recall if 20 or less - 50% Recall if 21 or more and will start with the HEAVY ROUND

PRELIM - U10 upwards - 100% Recall if 15 or less - 50% Recall if 16 or more and will start with the HEAVY ROUND

Sports Hall

	STAGE 1	STAGE 2	STAGE 3
9:00 am	U8 Nov/Pri	U8 Int	U8 Open
10:00 am	U9 Nov/Pri	U9 Int	U9 Open
11:00 am	U10 Nov	U10 Pri	U10 Int
12:00 pm	U11 Nov	U11 Pri	U11 Int
2:30 pm	U12 Nov	U12 Pri	U12 Int

Sports Hall

	STAGE 1	STAGE 2	STAGE 3
9:00 am	U7 Nov/Pri U7 Ungraded Heavy	U7 Int	U7 Open Dances
10:30 am	U6 Nov/Pri U6 Ungraded Heavy	U6 Int	U6 Open Dances
12:00 pm	O12 Pri	12&U14 Int	O14 Int
2:00 pm	U13 & U14 Preliminary		
3:30 pm	U15 & O15 Preliminary		

*The Ungraded Traditional Set Dance competitions for U10 upward will take place after the Heavy dances for each age group



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