



Presented by:

Claddagh Irish Dance Association, 501(c)(3)

Member of An Coimisiun, Dublin, Ireland

Sunday, October 24, 2021, 8:00 am

LOCATION

Unity Braxton Middle School
10100 Lomond Drive
Manassas, VA 20109

ENTRY LIMITS

Total Cap - 240
First 125 PAID Grade Level Entries
First 50 PAID Open Champions
First 65 PAID Preliminary Champions
No limits on Tir Na Nog, First Feis, Art

REGISTRATION

Register at www.quickfeis.com ONLY

Entry deadline is Wednesday

October 13, 2021

ONLY credit card payments accepted.

Full online payment must be received for entry to be considered completed.

McGrath Morgan Academy of Irish Dance

Lauren McGrath Dutton, ADCRG
John Lawrence Morgan, TCRG

Contact Information

www.cida.news info@cida.news
www.facebook.com/CIDAMcGrath
Twitter @CIDA_McGrath
Instagram @CIDA_McGrath

NOTE

Single Jig - all grades levels
Tir Na Nog & First Feis - awards for all
Charity 50/50 Raffle
Special Child Competition

KEY FACTS

- ♣ Changes - Before Oct 13, ALL changes must be made at Quickfeis.com.♣
- ♣ No cash or checks accepted.♣
- ♣ Parents are entirely responsible for their children's safety. Neither the feis nor organizers, nor venue will be held liable for any injury that occurs at this event. By entering this feis you are agreeing to these terms.♣
- ♣ Adjudicating decisions made by the panel are final.♣
- ♣ All Non-Adjudicating decisions will be decided by the feis organizers and will be final.♣
- ♣ Competitions may be combined or split as deemed necessary by the Feis Committee.♣
- ♣ Doors open at 7:30am, Sunday, October 24, 2021.♣
- ♣ Camping will only be allowed in cafeteria and gym.♣
- ♣ **No Food or Drink in auditorium.**♣

ENTRY FEES

Grade Level Solo Dances	\$12 <i>per dance for each dancer</i>
Preliminary Championship	\$50
Open Championship	\$60
Irish Art	\$5 per entry
Family Admission Fee	\$27
Late Entry Fee <i>After Oct 13</i> <i>Only at Feis – Credit Card ONLY</i>	\$30 per dancer
Change Fee <i>After Oct 13</i> <i>Only at Feis – Credit Card ONLY</i>	\$15 per dancer
Family Maximum <i>Only up to Oct 13</i> <i>Excludes admission fee and any late fees</i>	\$170

ABSOLUTELY NO REFUNDS GIVEN

COVID GUIDELINES

The Feis will adhere to all federal, stage, local, and venue instructions regarding COVID precautions.

We will post updates on our website as we get closer to the feis date.

Should the feis be cancelled due to the pandemic, only the dance fees will be reimbursed. The administration and family fees will not be reimbursed as we need those to cover feis expenses that cannot be stopped.

We **REQUIRE** everyone to wear a mask and practice social distancing as best as possible.

We want our feis to be fun and safe for all.

Thank you in advance for your understanding!

ADJUDICATORS & MUSICIANS

Adjudicators:

Russell Beaton, SDCRG
P.J. McCafferty, ADCRG
Judy McCafferty, SDCRG
John Heinzman, ADCRG

Musicians:

Claire Shirey, Fiddle

MASS

All Saints Catholic Church

9300 Stonewall Road, Manassas, VA 20110
Sat. Vigil: 5:30pm Sunday: 7:30am, 9:30am, 11:30am, 5:30pm
(Spanish 1:30pm, 3:30pm, 7:00pm)



St. Andrew the Apostle Catholic Church

6720 Union Mill Road, Clifton, VA 20124
Sat. Vigil: 5:30pm Sunday: 7:30am, 9:00am, 10:30am, 12:30pm

HOTEL INFORMATION

Hampton Inn Manassas

7295 Williamson Blvd., Manassas, Virginia, 20109
(703) 369-1100

Tru by Hilton Manassas

10550 Gateway Blvd, Manassas, VA 20110
(703) 420-1500

Residence Inn Manassas Battlefield Park

7345 Williamson Blvd, Manassas, VA 20109
(703) 330-8808

CHARITY 50/50 Raffle

Due to the constraints of Covid-19, we will not be offering a charity treble reel this year

This year CIDA will sponsor a 50/50 raffle. The winner will receive 50% of the funds collected and the rest will go to the charity T*A*P*S – Tragedy Assistance Program for Survivors. T*A*P*S provides comfort, care and resources to all those grieving the death of a military loved one.



THOMAS VANDERWOUDE SPECIAL CHILD COMPETITION

Age	Reel
Any	101SC

Awards presented at stage.

Non Dance Competitions	
Age	Celtic Art <i>(Original artwork depicting Celtic theme or subject)</i>
Under 11	911Art
Under 16	916Art
16 & Over	917Art

Entries must be delivered by 11am Sunday, October 24, 2021.

Place entrant's name and cell number on the back of item.

You must collect your artwork by **5pm**.

Entries can be made the day of the feis at the registration table. (\$5 cash entry)

Tir Na Nog

101TNN

Any child who is six years old or younger and who has not taken part in a feis. This competition will take place in the cafeteria during lunch.

Dancers are welcome to dress as their favorite **Super hero**, but it is not mandatory.

Each dancer will be given the opportunity to perform to 16 bars of music. They can dance their reel, skips, sevens, or whatever they can manage.

A special award will be presented to each dancer on stage immediately following the competition.

FIRST FEIS

Age	Reel
Under 5	105RL
Under 6	106RL
Under 7	107RL
Under 8	108RL
Under 9	109RL
Over 10	110RL

Special award for each dancer presented at stage.

BEGINNER

Age	Reel	Light Jig	Single Jig	Slip Jig
Under 5	205RL	205LJ	205SN	205SJ
Under 6	206RL	206LJ	206SN	206SJ
Under 7	207RL	207LJ	207SN	207SJ
Under 8	208RL	208LJ	208SN	208SJ
Under 9	209RL	209LJ	209SN	209SJ
Under 10	210RL	210LJ	210SN	210SJ
Under 11	211RL	211LJ	211SN	211SJ
Under 12	212RL	212LJ	212SN	212SJ
Under 13	213RL	213LJ	213SN	213SJ
Under 14	214RL	214LJ	214SN	214SJ
Under 15	215RL	215LJ	215SN	215SJ
15 & Over	216RL	216LJ	216SN	216SJ

ADVANCED BEGINNER

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 5	305RL	305LJ	305SN	305SJ	305TJ	305HP	305TS
Under 6	306RL	306LJ	306SN	306SJ	306TJ	306HP	306TS
Under 7	307RL	307LJ	307SN	307SJ	307TJ	307HP	307TS
Under 8	308RL	308LJ	308SN	308SJ	308TJ	308HP	308TS
Under 9	309RL	309LJ	309SN	309SJ	309TJ	309HP	309TS
Under 10	310RL	310LJ	310SN	310SJ	310TJ	310HP	310TS
Under 11	311RL	311LJ	311SN	311SJ	311TJ	311HP	311TS
Under 12	312RL	312LJ	312SN	312SJ	312TJ	312HP	312TS
Under 13	313RL	313LJ	313SN	313SJ	313TJ	313HP	313TS
Under 14	314RL	314LJ	314SN	314SJ	314TJ	314HP	314TS
Under 15	315RL	315LJ	315SN	315SJ	315TJ	315HP	315TS
15&Over	316RL	316LJ	316SN	316SJ	316TJ	316HP	316TS

**Must be performed at Traditional Speed.*

NOVICE

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 6	406RL	406LJ	406SN	406SJ	406TJ	406HP	406TS
Under 7	407RL	407LJ	407SN	407SJ	407TJ	407HP	407TS
Under 8	408RL	408LJ	408SN	408SJ	408TJ	408HP	408TS
Under 9	409RL	409LJ	409SN	409SJ	409TJ	409HP	409TS
Under 10	410RL	410LJ	410SN	410SJ	410TJ	410HP	410TS
Under 11	411RL	411LJ	411SN	411SJ	411TJ	411HP	411TS
Under 12	412RL	412LJ	412SN	412SJ	412TJ	412HP	412TS
Under 13	413RL	413LJ	413SN	413SJ	413TJ	413HP	413TS
Under 14	414RL	414LJ	414SN	414SJ	414TJ	414HP	414TS
Under 15	415RL	415LJ	415SN	415SJ	415TJ	415HP	415TS
15&Over	416RL	416LJ	416SN	416SJ	416TJ	416HP	416TS

**Hard shoe, choice of speed*

PRIZEWINNER

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 6	506RL	506LJ	506SN	506SJ	506TJ	506HP	506TS
Under 7	507RL	507LJ	507SN	507SJ	507TJ	507HP	507TS
Under 8	508RL	508LJ	508SN	508SJ	508TJ	508HP	508TS
Under 9	509RL	509LJ	509SN	509SJ	509TJ	509HP	509TS
Under 10	510RL	510LJ	510SN	510SJ	510TJ	510HP	510TS
Under 11	511RL	511LJ	511SN	511SJ	511TJ	511HP	511TS
Under 12	512RL	512LJ	512SN	512SJ	512TJ	512HP	512TS
Under 13	513RL	513LJ	513SN	513SJ	513TJ	513HP	513TS
Under 14	514RL	514LJ	514SN	514SJ	514TJ	514HP	514TS
Under 15	515RL	515LJ	515SN	515SJ	515TJ	515HP	515TS
15&Over	516RL	516LJ	516SN	516SJ	516TJ	516HP	516TS

**Hard shoe, choice of speed*

ADULTS

Level	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Sets
Beg/Adv Beg	399RL	399LJ	399SN	399SJ	399TJ*	399HP*	399TS
Novice	499RL	499LJ	499SN	499SJ	499TJ	499HP	499TS
Prizewinner	599RL	599LJ	599SN	599SJ	599TJ	599HP	599TS

**Must be performed at Traditional Speed.*

Adult Championship
599AC
3 Rounds
<u>Round 1 - Hard Shoe - 2 1/2 steps</u> Hornpipe or 3 steps Treble Jig <u>Round 2 - Soft Shoe - 2 1/2 steps Slip</u> Jig or 3 steps Reel <u>Round 3 - Set of Choice</u>

Adult MASTER PRELIM Championship
699PC
2 Rounds
<u>Round 1 - Hard Shoe - 2 1/2 steps</u> Hornpipe or 3 steps Treble Jig <u>Round 2 - Soft Shoe - 2 1/2 steps Slip</u> Jig or 3 steps Reel

Adult MASTER OPEN Championship
799OC
3 Rounds
<u>Round 1 - Hard Shoe - 2 1/2 steps</u> Hornpipe or 3 steps Treble Jig <u>Round 2 - Soft Shoe - 2 1/2 steps Slip</u> Jig or 3 steps Reel <u>Round 3 - Set of Choice</u>

*Combined Male/Female competitions
(unless 5 or more male Preliminary or 3 male Open Championships)*

CHAMPIONSHIP		
Age	Preliminary Championship (2 Rounds)	Open Championship (3 Rounds)
Under 8	608PC	
Under 9	609PC	709OC
Under 10	610PC	710OC
Under 11	611PC	711OC
Under 12	612PC	712OC
Under 13	613PC	713OC
Under 14	614PC	714OC
Under 15	615PC	715OC
Under 16	616PC	716OC
Under 17	617PC	717OC
Under 18	618PC	718OC
Under 19	619PC	719OC
U20&Over	620PC	720OC

IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules-Effective
January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman;
 - b) Failure to report on time to compete (Penalty: disqualification from said event);
 - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
 - a) must compete in their own age group;
 - b) must be prepared to perform two steps in each event;
 - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis:
 - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.
 - d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
 - e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group

competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.

- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
 18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
 19. The status of a dancer does not change unless there are five or more dancers in a competition.
 20. Grade Category Definitions:
 - a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
 - b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
 - c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
 - d) **Open (Prizewinner):** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
 - e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
 21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
 22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
 23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
 24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
 25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
 26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
 27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice

and prizewinner grade levels, but this does not apply to contemporary set dances.

28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - a) away from the dancing stages and
 - b) requested by a consenting parent, guardian or dancer over the age of 18.
30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules