

# *The Friends of Sheila Hayes*

*Present the*

## *3rd Sheila Hayes Memorial Feis*

**Oriel House Hotel, Ballincollig, Cork  
Saturday 5th & Sunday 6th March 2016**

### **MOLTÓIRI-ADJUDICATORS**

Bertie Roddy	London
Colette McAllister	Dublin
Caroline Greene	Glasgow
Michael Donnellan	Ennis
Helen Greene (Grades on Sunday)	Clare

### **CEOLTÓIRI-MUSICIANS**

Gerry Conlon	Glasgow
Seamus O'Sullivan	Glasgow
Martin Daly	Glasgow

**Feis Organisers: Damian & Deirdre Keating**

**Telephone enquiries - Teachers ONLY: 0044 (0)7875 953453**

**Email enquiries: [desilke@instepfm.com](mailto:desilke@instepfm.com)**

All Entries taken on the day from 9am at the Admin desk

**Championship Hall with stage and non-slip flooring by Brian Hoban**

**Grade hall with stage for two days**

**Syllabus approved by: Conor Holmes**

**Feis Registrar Comhairle Na Mumhan:**



*Clárúithe Leis An Coimisiún Le Rinci Gaelacha*

**Nominated Charity is : Alzheimers society of Cork**

# *3rd Sheila Hayes Memorial Feis*

*Dear Teachers, Parents and Dancers,*

The Oriel House Hotel is once again our venue for the 3rd Sheila Hayes Memorial Feis with its excellent facilities for providing a quality Irish Dancing event.

This year we are changing the format of the event with Open Championships from Under 8, with a 100% recall and 3 Adjudicators, running in the Tobin Suite on Saturday and Sunday and Grade competitions, including Priomh Comortas competitions, with 1 Adjudicator (NEW FOR THIS YEAR), running in the Leslie Suite on both days.

As in previous years all Open Championships will be mixed with a perpetual cup for the winner and a perpetual shield for the highest boy.

The Sheila Hayes Memorial Perpetual Cup Girls Slip Jig and Boys Reel competitions for the Open competitors will be Under 10, Under 13, Under 16 and Over 16 and for the Grade competitors the age groups will be Under 9, Under 11, Under 13 and Over 13. All of these competitions are free entry. All competitors will be awarded a certificate of distinction.

Trophies will be awarded for 1st, 2nd & 3rd in all grade competitions, Sashes 1st to 5th in Open Championships and sashes 1st to 3rd in all Priomh Comortas competitions.

Brian Hoban will be providing the championship stage in the Tobin Suite and the Grade stage in the Leslie Suite and all dancing surfaces will be covered with non-slip dance flooring.

Our vendors for this year are Candy Cart and Paula Flanagan shoes and accessories.

For Munster Specific Feis Rules please click on the following link:  
<http://www.munsterdancing.com/index.php?pageID=52>

Gerrard Meehan, Linda Ball-Hoban, Des Silke, Chris Ryan, Michael Ryan, Jackie Scanlan, Marian Ryan & Breda Mulcahy will be your Stage Managers and Instep Feis Management will be providing the tabulation services for this year's event.

As always we would like to thank all of Sheila's friends, Parents, Teachers and competitors for your contined support and sponsorship of the Sheila Hayes Memorial Feis and we look forward to welcoming you all to Cork in March 2016.

*Damian & Deirdre Keating & the Friends of Sheila Hayes*

# Oriel Park Hotel & Leisure Club

Tel +353 (0)21 4208400 - Email: [info@orielhousehotel.ie](mailto:info@orielhousehotel.ie) - Website: [www.orielhousehotel.ie](http://www.orielhousehotel.ie)



A 15-minute drive from Cork Airport and city centre, Oriel House Hotel, Leisure Club and Spa has a pool, restaurant and bar. The rooms have flat-screen TVs and free Wi-Fi.

The Oriel House Hotel is a luxury business and leisure hotel in Ballincollig located on the west side of Cork city.

Oriel House is a unique mix of old and new, luxury and relaxation and the dedicated team at Oriel House ensure that our guests depart with nothing more than a desire to return.

Our spacious guestrooms are the epitome of comfort and style, all of deluxe standard including three suites, double and family rooms. Our stylish guestrooms are equipped to the highest standards for the modern traveller and have been designed to offer total accessibility to all our guests. The en suite rooms have luxurious marble bathrooms with a large bath and separate shower. The rooms are fully air conditioned and have stylish modern furnishings.

The hotel is located within walking distance to the all new "Ballincollig Shopping Centre". Extensive amenities include; a large variety of retail stores, bars, restaurants and a multiplex cinema. Ballincollig is the ideal location for the Business person to access Cork City's western Business districts and is also an excellent base to explore the beautiful Scenic region of West Cork, Blarney, Killarney and the scenic Ring of Kerry.

**The Oriel Restaurant** - enjoy the best of modern Irish cuisine in a contemporary and relaxed setting. For a romantic meal, a business or family celebration, you will find the Oriel Restaurant provides excellent food and friendly service.

**The Powder Keg Bar** - provides our locals and visitors a vibrant atmosphere for meeting friends old and new. This lively bar serves an extensive bar food menu from noon to late evening. Al Fresco dining in our courtyard area is also available. Live entertainment every Saturday night from 9.30pm

**The Oriel Leisure Club** has a swimming pool, an infinity resistance pool and gym. The Oriel Spa offers beauty treatments, grooming and massage.

## How to book:

Please call us on (00353) 021 4208400 and quote Sheila Hayes Memorial Feis to ensure you get the pre arranged rates or email us [info@orielhousehotel.ie](mailto:info@orielhousehotel.ie)

**Where to find us: GPS co-ordinates: N +51 53' 16.72" W -8 36' 5.08"**

**From Cork International Airport** follow the signs for the Western Road. When on the Western Road turn right onto Carrigrohane Road - N22. At the Poulavone Roundabout take the 3rd exit onto the R608 (signposted Ballincollig). Continue forward onto the R608 entering into Ballincollig town. Continue straight through Ballincollig town and the Oriel House Hotel is located on the right hand side. Just 10 minutes drive from Cork city.

Directions from Cork City and the Kinsale Roundabout to the hotel can be found on our website.

**Tel +353 (0)21 4208400 - Email: [info@orielhousehotel.ie](mailto:info@orielhousehotel.ie) - Website: [www.orielhousehotel.ie](http://www.orielhousehotel.ie)**

## TOBIN SUITE - SATURDAY 5th MARCH 2016

Three Adjudicators for all three rounds WITH A 100% Recall & 3 solo results plus a set of marks

TIME	GRADE	ROUND 1	ROUND 2	ROUND 3
<b>9:30 AM</b>	Under 8 Mixed Croabh Comortas (Born 2008 or earlier)	Choice of Heavy	Choice of Light	Trad Set Dance
	8 Under 9 Mixed Croabh Comortas (Born 2007)	Choice of Heavy	Choice of Light	Trad Set Dance
	9 Under 10 Mixed Croabh Comortas (Born 2006)	Choice of Heavy	Choice of Light	Choice of Set Dance
	(Alternating)			

### Sheila Hayes Memorial Cup - Girls Open Slip Jig and Boys Open Reel - Under 10

2:00 PM

LUNCH HOUR

TIME	GRADE	ROUND 1	ROUND 2	ROUND 3
<b>3:00 PM</b>	10 Under 11 Mixed Croabh Comortas (Born 2005)	Choice of Heavy	Choice of Light	Choice of Set Dance
	11 Under 12 Mixed Croabh Comortas (Born 2004)	Choice of Heavy	Choice of Light	Choice of Set Dance
	12 Under 13 Mixed Croabh Comortas (Born 2003)	Choice of Heavy	Choice of Light	Choice of Set Dance
	(Alternating)			

### Sheila Hayes Memorial Cup - Girls Open Slip Jig and Boys Open Reel - Under 13

## TOBIN SUITE - SUNDAY 6th MARCH 2016

Three Adjudicators for all three rounds WITH A 100% Recall & 3 solo results plus a set of marks

TIME	GRADE	ROUND 1	ROUND 2	ROUND 3
<b>9:30 AM</b>	13 Under 14 Mixed Croabh Comortas (Born 2002)	Choice of Heavy	Choice of Light	Choice of Set Dance
	14 Under 15 Mixed Croabh Comortas (Born 2001)	Choice of Heavy	Choice of Light	Choice of Set Dance
	15 Under 16 Mixed Croabh Comortas (Born 2000)	Choice of Heavy	Choice of Light	Choice of Set Dance
	(Alternating)			

### Sheila Hayes Memorial Cup - Girls Open Slip Jig and Boys Open Reel - Under 16

2:00 PM

LUNCH HOUR

TIME	GRADE	ROUND 1	ROUND 2	ROUND 3
<b>3:00 PM</b>	16 Under 18 Mixed Croabh Comortas (Born 1999/1998)	Choice of Heavy	Choice of Light	Choice of Set Dance
	18 Under 20 Mixed Croabh Comortas (Born 1997/1996)	Choice of Heavy	Choice of Light	Choice of Set Dance
	Senior Over 20 Mixed Croabh Comortas (Born 1995 or Earlier)	Choice of Heavy	Choice of Light	Choice of Set Dance
	(Alternating)			

### Sheila Hayes Memorial Cup - Girls Open Slip Jig and Boys Open Reel - Over 16

# LESLIE SUITE - SATURDAY 5th MARCH 2016

TIME	GRADE	STAGE	DANCE	speed	
10:00 AM	Bun Grad	9-11	COR TROPHY - REEL	122-124	
			PORT LUASCA - SLIP JIG	124	
			PORT EADROM - LIGHT JIG	116	
			PORT SINGIL - SINGLE JIG	124	
10:45 AM	Tus Grad	9-11	COR TROPHY - REEL	116-118	
			PORT LUASCA - SLIP JIG	120	
			PORT EADROM - LIGHT JIG	116	
			PORT SINGIL - SINGLE JIG	124	
			PORT TROM - HEAVY JIG	82	
12:30 PM	Mean Grad	9-11	TRAD SET		
			COR TROPHY - REEL	113	
			PORT LUASCA - SLIP JIG	113	
			PORT EADROM - LIGHT JIG	116	
			PORT SINGIL - SINGLE JIG	124	
			PORT TROM - HEAVY JIG	73	
			CORNPHIOPA - HORNPIPE	113	
TRAD HORNPIPE					
TRAD SET					
2:00 PM	LUNCH HOUR		2:00 PM	LUNCH HOUR	
3:00 PM	9 & U10 Priomh Comortas		10 & U11 Priomh Comortas		
	Reel & choice of heavy		Reel & choice of heavy		
	Cor Beirte & Cor Truir		9-11		
<b>Sheila Hayes Memorial Girls Slip Jig and Boys Reel 9 &amp; Under 11</b>					
5:00 PM	Adult	Adult	COR TROPHY - REEL		
			PORT LUASCA - SLIP JIG		
			PORT EADROM - LIGHT JIG		
			PORT SINGIL - SINGLE JIG		
		Adult	CEILI COMPETITION		

## Entry Fees

Grade Solo Dances - Trophies 1st to 3rd	€ 5
Ceili / Figure Dance	€ 3
Preliminary (Priomh Comortas) U6 Upwards One Adjudicator with two solo results	€ 20
Open (Craobh Comortas) - U8 Upwards Three Adjudicators with 3 solo results & 100% Recall and includes a set of championship marks	€ 28
Sheila Hayes Memorial Boys Reel & Girls Slip Jig	Free
Admission to the Feis (ADULTS)	€ 5
<b>Maximum entry fee payable for one child</b>	<b>€ 60</b>
<b>Maximum entry fee payable for two children</b>	<b>€ 90</b>
<b>Maximum entry fee payable for three or more children</b>	<b>€ 120</b>

# LESLIE SUITE - SUNDAY 6th MARCH 2016

TIME	GRADE	STAGE 1	DANCE	STAGE 2	
10:00 AM	<b>Bun Grad</b>	<b>U7</b>	COR TROPHY - REEL	<b>7-9</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
10:45 AM	<b>Tus Grad</b>	<b>U7</b>	COR TROPHY - REEL	<b>7-9</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
			PORT TROM - HEAVY JIG		2
			TRAD SET		2
12:00 PM	<b>Mean Grad</b>	<b>U7</b>	COR TROPHY - REEL	<b>7-9</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
			PORT TROM - HEAVY JIG		2
			CORNPHIOPA - HORNPIPE		2
			TRAD HORNPIPE		2
			TRAD SET		2
2:00 PM	LUNCH HOUR	2:00 PM	LUNCH HOUR		
3:00 PM	<b>U6 Priomh Comortas</b>	<b>U7</b>	<b>6 &amp; U7 Priomh Comortas</b>	<b>7-9</b>	
	Reel & Light Jig		Reel & Light Jig		
	<b>7 &amp; U8 Priomh Comortas</b>		<b>8 &amp; U9 Priomh Comortas</b>		
	Reel & choice of heavy		Reel & choice of heavy		
	Cor Beirte & Cor Truir		Cor Beirte & Cor Truir		
<b>Sheila Hayes Memorial Girls Slip Jig and Boys Reel Under 9</b>					
4:00 PM	<b>Bun Grad</b>	<b>11-13</b>	COR TROPHY - REEL	<b>0/13</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
5:00 PM	<b>Tus Grad</b>	<b>11-13</b>	COR TROPHY - REEL	<b>0/13</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
			PORT TROM - HEAVY JIG		2
			TRAD SET		2
6:30 PM	<b>Mean Grad</b>	<b>11-13</b>	COR TROPHY - REEL	<b>0/13</b>	2
			PORT LUASCA - SLIP JIG		2
			PORT EADROM - LIGHT JIG		2
			PORT SINGIL - SINGLE JIG		2
			PORT TROM - HEAVY JIG		2
			CORNPHIOPA - HORNPIPE		2
			TRAD HORNPIPE		2
			TRAD SET		2
7:30 PM	<b>11 &amp; U12 Priomh Comortas</b>	<b>11-13</b>	<b>12 &amp; U13 Priomh Comortas</b>	<b>0/13</b>	
	Reel & choice of heavy		Reel & choice of heavy		
	<b>13 &amp; U15 Priomh Comortas</b>		<b>Over 15 Priomh Comortas</b>		
	Reel & choice of heavy		Reel & choice of heavy		
	Cor Beirte & Cor Truir		Cor Beirte & Cor Truir		
<b>Sheila Hayes Memorial Girls Slip Jig and Boys Reel 11 &amp; Under 13</b>					
<b>Sheila Hayes Memorial Girls Slip Jig and Boys Reel Over 13</b>					



## 2nd Sheila Hayes Memorial Feis Winners 2015

Sheila Hayes Memorial Boys Open Reel U13	<b>DAVID PYKE</b>	<b>MICHAEL RYAN</b>
Sheila Hayes Memorial Boys Reel O11 Grades	<b>ALAN WHELAN</b>	<b>CALLAN-LEE</b>
Sheila Hayes Memorial Girls Open Slip Jig O13	<b>AOIFE NEWE</b>	<b>FLEMING-BALL</b>
Sheila Hayes Memorial Girls Open Slip Jig U13	<b>AVA MURPHY</b>	<b>COWHIE-RYAN</b>
Sheila Hayes Memorial Girls Slip Jig O11 Grades	<b>ALYSON KELLY</b>	<b>BRIGID WHELAN</b>
Sheila Hayes Memorial Girls Slip Jig U11 Grades	<b>ZOE KELLETT</b>	<b>FLEMING-BALL</b>
<b>U6 PREMIER</b>	<b>AMY LANE</b>	<b>HYNAN SCHOOL</b>
<b>U7 CHAMP</b>	<b>CHLOE HYNES</b>	<b>FLYNN-O'KANE</b>
<b>U8 CHAMP</b>	<b>SCARLETT O'KEEFFE</b>	<b>SCOIL UI BHRIAIN</b>
<b>U9 CHAMP</b>	<b>MOLLY McGRORY</b>	<b>TURLEY-DUGGAN</b>
	<b>COLM O'GUAIRIM</b>	<b>SCOIL UI BHRIAIN</b>
<b>U10 CHAMP</b>	<b>FIONN O'SULLIVAN-McCARTHY</b>	<b>SCOIL UI BHRIAIN</b>
<b>U11 CHAMP</b>	<b>ELLA OWENS</b>	<b>SCOIL RINCE CEIM OIR</b>
	<b>EVIN HYLAND</b>	<b>MICHAEL RYAN</b>
<b>U12 CHAMP</b>	<b>DAVID PYKE</b>	<b>MICHAEL RYAN</b>
<b>U13 CHAMP</b>	<b>SEAN SLEMON</b>	<b>RINCEOIRI NA RIOCHTA</b>
<b>U14 CHAMP</b>	<b>AIMEE KEANE</b>	<b>CROGHAN-GREENE</b>
	<b>RAY SHANAHAN</b>	<b>KIELY-WALSH</b>
<b>U15 CHAMP</b>	<b>LUCY CUMMINS</b>	<b>CHRISTINE FORDE</b>
<b>U16 CHAMP</b>	<b>MATTHEW GARDINER</b>	<b>HESSION SCHOOL</b>
<b>16 &amp; U18 CHAMP</b>	<b>LAUREN O'KEEFFE FOY</b>	<b>KIELY-WALSH</b>
	<b>MICHAEL FOGARTY</b>	<b>MICHAEL RYAN</b>
<b>SENIOR O18 CHAMP</b>	<b>MICHAEL GARDINER</b>	<b>HESSION SCHOOL</b>

Please ensure that all Memorial Cups and Shields are returned  
in time for the presentation to our 2016 winners  
**Thanking you in advance for your co-operation**