## McGahan Lees Irish Dance Academy 15th Open Feis

Saturday \& Sunday
12th \& 13th March, 2016
Welling School, Elsa Road, Welling, Kent DA16 1LB

## Adjudicators

Margaret Morgan
NW England
Sarah Manning
Southern Region
Breda Mulcahy
Munster

Aiden O'Neill London

Dearbhla Lennon
Leinster
Julie Loughlin
Southern Region

Ciara Lennon
Leinster
Mary Sweeney
Germany

Carmel Doyle
Australia

## Musicians

Dean Crouch
Southern Region

Majella Collins Brooks Southern Region

## Feis Secretary:

Frances McGahan A.D.C.R.G. Tel: 01245451081
14 Kingsford Drive, Chelmer Village, Chelmsford, Essex. CM2 6YR, England.
Entries received on or before Friday 26th February - Normal fees will apply
Entries received between Saturday 27th February and Friday 11th March - will incur a $£ 2$ administration fee as per SERC rulings.
Entries will be taken on the day of the Feis subject to a $£ 5$ administration fee as per SERC rulings.

Feis registered with An Coimisiún le Rincí Gaelacha
www.sercweb.com

## Celebrating 20 years 1996-2016

## Dear Teacher

We would like to welcome you to the 15 th Open Feis held by the McGahan Lees Academy, to be held on Saturday 12th and Sunday 13th March 2016 at Welling Secondary School in South East London.
Our venue has recently been refurbished and offers a clean modern feel to all of the spaces, including a large canteen adjacent to the main hall. As in previous years we will continue to hold our Championship awards in the Studio as and when results become ready - avoiding any unnecessary delays.
Following the success of last years feis we are continuing with a panel of 6 adjudicators for open championships (Under 10 and above) - 3 adjudicators for rounds 1 and 2, and a separate panel of 3 adjudicators for the recall set dance.For both our Open and Preliminary Championships we will build large stages with non-slip dance flooring. In light of how close the event is to Oireachtas Rince Na Cruinne we will endeavour to have a $100 \%$ recall in all the Open Championships.
In order to avoid clashes with other feiseanna running on the same weekend, we have decided to run all of the Open Championships on Saturday 12th March, along with the graded competitions for the Under 6, 7, 8 and 9s on the same day. All the remaining grades and Preliminary Championships will take place on Sunday 13th March.

As in previous years, awards in the championships will be from 1 st to 5 th with cups and sashes and we will be awarding trophies from 1 st to 3 rd in all graded solos. As the dance school will be celebrating its 20th year we will be delighted to present all Open and Preliminary dancers with a bespoke enamelled medal and all grades with a memorial certificate.
You will be able to purchase your feis supplies from Melaine Murphy and Feiswear by John and Rose Clark, with photos being taken by Feispix, throughout the weekend.
We look forward to welcoming you to our Feis and thank you in advance for your support.
Frances McGahan A.D.C.R.G., Marion Flanagan A.D.C.R.G.
Debbie McGahan T.C.R.G., Liz McCarthy T.C.R.G.
Cecily Charlton T.C.R.G., Leanne Gray T.C.R.G., Isabel Yorke T.C.R.G.,
Siobhan Forrest T.C.R.G., Amy Kingham, T.C.R.G.

## More Information

You will find more information about our feis in due course on the Internet at:

## http://www.mcgahanlees.com/openfeis2016.php

Any updates and changes will also be posted there, so please check back from time to time. Copies of this syllabus can be obtained online from our website

## Queries and Problems

Queries from registered teachers should be addressed to Frances McGahan, A.D.C.R.G. at

## McCOIGLEES@aol.com

All other queries, including those from parents and dancers, should be sent to:

## Feis Rules

1. Lodgment of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
2. Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.
3. New entries may be taken on the day of the Feis in line with SERC late entry rule and competitions may be combined at the Feis Organisers discretion if only one competitor is entered.
4. Ages to be taken from 1st January 2016.
5. All competitors may be required to produce their birth certificate / passport as proof of age.
6. Competitors must dance in their own age group for solo competitons except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.
7. All decisions of the Adjudicators are FINAL.
8. Committee members only may approach the Adjudicators.
9. ALL Grade Competitions are OPEN to all Regions.
10. Competitors may only dance each dance in one grade
11. Where there are five or less competitors in a competition, results will not affect their grading.
12. In all Heavy dances the lead around must be danced on both the right and left foot.
13. A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.
14. The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.
15. The Primary Grade is for dancers who have not won a 1 st or 2 nd place for that particular dance in any Age Group.
16. All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt \& top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification from the competition.
17. The Intermediate Grade is for dancers who have not won a 1 st place for that particular dance in a particular Age
Group, or who has not won a Premier competition, Preliminary Championships or Open Championship.
18. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
19. If a dancer wins ONE Preliminary Championship from 1st January, they are no longer eligible to enter a Preliminary Championship for the remainder of that year or the following calendar year.
20. A dancer is not eligible to enter a Preliminary Championship if they have been placed 1st, 2nd or 3rd in an Open Championship from 1st January in the previous year or within the current calendar year.
Once a dancer qualifies for Oireachtas Na Cruinne, they must not enter a Preliminary Championship. They may not compete in Preliminary Championships in the year that they are eligible to dance at Oireachtas Na Cruinne, and the following calendar year.
Dancers, who qualify for Oireachtas Na Cruinne, are an exception to the rule where they may have automatically qualified due to low entry levels at their Regional Oireachtas. These dancers may remain in the Preliminary grade, if they so wish, until such time they win out of the grade.
21. Competitors can only dance in either Preliminary or Open Championship; they may not compete in both.
22. If a dancer wins a Preliminary Championship where there were 5 or fewer dancers in the competition, the dancer will still be eligible to enter a Preliminary Championship.
23. The points above apply when a dancer competes from Under 10 \& upwards. A dancer, who has been placed 1st, 2nd or 3rd in an Open

Championship in the age groups below Under 10, will be eligible to compete in Preliminary Championships. (Teachers are advised / requested to use their own discretion)
24. A Panel of Three Adjudicators will judge the Under 6, U7, U8 and U9 Championships. Championships 10 years and above will be adjudicated by a panel of $6-3$ for Rounds 1 and 2 and 3 for the 3rd Round. All Preliminary Championships will be adjudicated by a panel of 3 . All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
25. An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
26. The Feis Organiser must provide Non-Slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.
27. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling
28. In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation will not be permitted to perform
29. Make-up Rules (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purposes of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended
30. Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.
31. Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in ALL competition.
32. Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
33. Any competition can be moved to another hall at the discretion of the Feis Secretary.
34. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
35. Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.
36. The Feis Organiser accepts no responsibility for any loss or damage to personal property.
37. No Smoking, eating or drinking in any of the halls, except in designated areas.
38. Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of $£ 25.00$, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

Trophies / Medals will be awarded in accordance with the minimum requirements as laid down by the Southern England Regional Council:

2 medals where there are 5 OR fewer competitors
4 medals where there are 6-10 competitors
7 medals where there are 11-20 competitors
10 medals where there are 21-30 competitors
14 medals where there are $31-40$ competitors
and 1 medal for each additional 5 or part of 5 competitors.

SOLO COMPETITIONS: 1st to 3rd places in all solos will be awarded trophies.

| Age Group | Novice/Bun Grad | Primary/Tus Grad | Intermediate/Mean Grad | Open/Ard Grad |
| :---: | :---: | :---: | :---: | :---: |
| Under 6 6 \& Under 7 | Reel <br> Light jig <br> Single jig <br> Slip jig | Reel <br> Light jig <br> Single jig <br> Slip jig | Reel <br> Light jig <br> Single jig <br> Slip jig | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Championship |
| 7 \& Under 8 8 \& Under 9 9 \& Under 10 10 \& Under 11 11 \& Under 12 12 \& Under 13 | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Heavy Jig <br> Hornpipe | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Heavy jig <br> Hornpipe | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Heavy jig <br> Hornpipe | Open championship incorporating 2 solos <br> Preliminary championships from Under 9 to Under 13 |
| 13 to 16 Over 16 |  | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Heavy jig <br> Hornpipe | Reel Light jig Single jig Slip jig Heavy jig Hornpipe |  |
| Over 13 | Reel <br> Light jig <br> Single jig <br> Slip jig <br> Heavy Jig <br> Hornpipe |  |  |  |
| 13 \& Under 14 14 \& Under 15 15 \& Under 16 16 \& Under 17 17 \& Under 18 18 \& Under 19 19 \& Under 20 20 \& Under 21 Over 21 |  |  |  | Open championship incorporating 2 solos. <br> Preliminary championship up to Under 16, 16-18, and Over 18 |

Traditional Set Dance Competition - Under 9 Open Set Dance Competition - Senior

## FIGURE COMPETITIONS

| Under 9 | \& Under 11 | 11 \& Under 13 | 13 \& Under 16 | Over 16 |
| :--- | :--- | :--- | :--- | :--- |
| 2 Hand Dance | 2 Hand Dance | 2 Hand Dance | 2 Hand Dance | 2 Hand Dance |
| 3 Hand Dance | 3 Hand Dance | 3 Hand Dance | 3 Hand Dance | 3 Hand Dance |
| 4 Hand Dance | 4 Hand Dance | 4 Hand Dance | 4 Hand Dance | 4 Hand Dance |
| Fairy Reel | Fairy Reel | Fairy Reel | Fairy Reel | Fairy Reel |
| 8 Hand Dance | 8 Hand Dance | 8 Hand Dance | 8 Hand Dance | 8 Hand Dance |
| Progressive | Progressive | Progressive | Progressive | Progressive |
| Ceili C/ship | Ceili C/ship | Ceili C/ship | Ceili C/ship | Ceili C/ship |

## Days of Competitions

## All Open Championships and the graded competitions for the <br> Under 6, 7, 8 and 9s will be held on Saturday 12th March.

All Preliminary Championships and the remaining grades will be held on Sunday 13th March.

CHAMPIONSHIPS - GIRLS (Rounds 1 and 2 will also be judged as solos)

| Competition | First Dance | Second Dance | Recall |
| :--- | :--- | :--- | :--- |
| Under 6 (Mixed) | Reel | Light Jig | No recall |
| 6 \& Under 7 (Mixed) | Reel | Light Jig | No recall |
| 7 \& Under 8 (Mixed) | Reel | Heavy Jig | Traditional Set |
| 8 \& Under 9 (Mixed) | Reel | Heavy Jig | Traditional Set |
| 9 \& Under 10 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 10 \& Under 11 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 11 \& Under 12 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 12 \& Under 13 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 13 \& Under 14 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 14 \& Under 15 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 15 \& Under 16 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 16 \& Under 17 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 18 \& Under 18 19 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| $19 \&$ Under 20 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| $20 \&$ Under 21 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| Senior | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |

CHAMPIONSHIPS - BOYS (Rounds 1 and 2 will also be judged as solos)

| Competition | First Dance | Second Dance | Recall |
| :--- | :--- | :--- | :--- |
| 9 \& Under 10 | Jig or Hornpipe | Reel | Open Set |
| 10 \& Under 11 | Jig or Hornpipe | Reel | Open Set |
| 11 \& Under 13 | Jig or Hornpipe | Reel | Open Set |
| $13 \&$ Under 15 | Jig or Hornpipe | Reel | Open Set |
| $15 \&$ Under 17 | Jig or Hornpipe | Reel | Open Set |
| $17 \&$ Under 19 | Jig or Hornpipe | Reel | Open Set |
| Senior | Jig or Hornpipe | Reel | Open Set |

Preliminary Championships - Mixed (Rounds 1 and 2 will also be judged as solos)

| Competition | First Dance | Second Dance | Recall |
| :--- | :--- | :--- | :--- |
| 9 \& Under 10 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 10 \& Under 11 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 11 \& Under 12 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 12 \& Under 13 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| $13 \&$ Under 14 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| 14 \& Under 15 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| $15 \&$ Under 16 | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| $16-18$ | Heavy Jig/Hornpipe | Reel/Slip Jig | Open Set |
| Over 18 | Reavy Jig/Hornpipe | Reel/Slip Jig | Open Set |

Champs Under10 and above Jig/Reel 48 bars, Slip Jig/Hornpipe 40 bars.
Champs Under 6, 7, 8 and 9 plus all Preliminary Championships 8 bars less.
All entries by Friday 26th February 2016 to the Secretary:
Frances McGahan ADCRG, 14 Kingsford Drive, Chelmer Village, Chelmsford, Essex, CM2 6YR.
Cheques only should be made payable to 'The Friends of McGahan Lees Irish Dance Academy'.

## ENTRY FEES

| Solo trophies (1st to 3rd places in all solos will be awarded trophies) | $£ 4$ |
| :--- | :---: |
| Championship (Under 6 and 6 \& Under 7) | $£ 8$ |
| Championship U8 and above, girls and boys (including two solos - solo medals will be presented |  |
| for the 1st and 2nd round of the Championship) | $£ 20$ |
| Preliminary Championship Mixed (including two solos - solo medals will be presented for the 1st |  |
| and 2nd round of the Championship) | $£ 20$ |
| Figure/Ceili (per dancer) | $£ 3$ |
| Family Fee | $£ 55$ |
| Single dancer maximum fee (excluding door entry fees) | $£ 35$ |
| Door entry fee (per adult - payable at the venue on the day) | $£ 5 / £ 82$ days |
| Door entry fee (OAP) | $£ 3$ |

## McGahan Lees Irish Dance Academy

Our Champions in 2015

| Under 6 Mixed | $\sim$ | Ava Folan, Tanya Dirrane |
| :---: | :---: | :---: |
| Under 7 Mixed | $\sim$ | Ciarra McCarthy, McGahan Lees |
| Under 8 Mixed | $\sim$ | Amy Bissett, Matthews |
| Under 9 Mixed | $\sim$ | Ellie Kate McCarthy, McGahan Lees |
| Under 10 Girls | $\sim$ | Ella McCarthy, Ceim Oir |
| Under 10 Boys | $\sim$ | Lewis Browne, Claddagh |
| Under 10 Prelim | $\sim$ | Louise Sanders, McGahan Lees |
| Under 11 Mixed | $\sim$ | Ella Owens, Ceim Oir |
| Under 11 Boys | $\sim$ | Conor Nealon, Claddagh |
| Under 11 Prelim | $\sim$ | Louise Fitzpatrick, Linda Fryday |
| Under 12 Girls | $\sim$ | Juliet Kose, Aaron Crosbie |
| Under 12 Prelim | $\sim$ | Betty McAdden, McGahan Lees |
| Under 13 Girls | $\sim$ | Mary Kate Nealon, Claddagh |
| Under 13 Boys | $\sim$ | Harrison Clarke, Reel Eire <br> Liam Costello, Scoil Rince Creer, NSW |
| Under 13 Prelim | $\sim$ | Orla Breslin, Adrian Kelly |
| Under 14 Girls | $\sim$ | Olivia Allen, Claddagh |
| Under 14 Prelim | $\sim$ | Kara Musson, Reel Eire |
| Under 15 Girls | $\sim$ | Mairead Trainor-Aitken, Trainor |
| Under 15 Boys | $\sim$ | Joe McGeown, Murchu Duiginn |
| Under 15 Prelim | $\sim$ | Vienna Flurry, John Carey |
| Under 16 Girls | $\sim$ | Abigail Monaghan, McGahan Lees |
| Under 16 Prelim | $\sim$ | Laura Dixie, Kent Academy |
| 16-18 Prelim | $\sim$ | Rowann Fellows, McGahan Lees |
| Under 17 Girls | $\sim$ | Rebecca Bell, Ardrialla O'Donoghue |
| Under 17 Boys | $\sim$ | Conor Norton, Aaron Crosbie |
| Under 18 Ladies | $\sim$ | Shannon Morrissey, Ceim Oir |
| Over 18 Prelim | $\sim$ | Lauren Cooke, Linda Fryday |
| Under 19 Ladies | $\sim$ | Lily Taylor, McGahan Lees |
| Under 19 Mens | $\sim$ | Niall Forrest, McGahan Lees |
| Under 20 Ladies | $\sim$ | Fiona Waites, Maguire O'Shea |
| Under 21 Ladies | $\sim$ | Gaby Nurse, McGahan Lees |
| Senior Ladies | $\sim$ | Emma Budge, McGahan Lees |
| Senior Mens | $\sim$ | Joshua Ruddock, Ceim Oir |

# McGahan Lees Irish Dance Academy 

## DIRECTIONS FROM THE M25 MOTORWAY

Welling Secondary School<br>Elsa Rd<br>Welling DA16 1LB

If travelling from the north, take the M25 across the Queen Elizabeth Bridge at the Dartford Crossing. [Note that there is a toll payable from 6 am to 10 pm . Cars are $£ 2.50$ at the time of writing.]

Whether travelling from the north or the south, exit at Junction 2 and take the A2 northwest towards Bexleyheath and London.

After 5 miles, take the A221/A210 exit towards Bexleyheath/Sidcup/Blackfen.
Merge onto Kestlake Rd/A221. At the roundabout, take the 2nd exit onto Blendon $\mathrm{Rd} / \mathrm{A} 210$. At the next roundabout, take the 3rd exit onto Danson Underpass/A221 and continue to follow the A221.

Go through 1 roundabout and after a mile, turn right onto Crook Log/A207. Take the 1st left onto Brampton Rd and at the roundabout, take the 1st exit onto Holmesdale Rd. Turn right onto Gipsy Rd and Take the 1st left onto Elsa Rd. The school will be on your right.

## Entry/Programme sales will be made on the gate to avoid unnecessary queuing inside the venue.

## ACCOMMODATION/TRANSPORT

[Please note that accommodation and travel information is given in good faith but you should verify it with the relevant parties before making your arrangements or committing yourself to any expenditure]

For accommodation and taxi Information, please refer to

## www.mcgahanlees.com

where we will post details in due course.
Rail Travel

Both Welling and Bexleyheath Railway Stations are a 30 minute journey from Central London (London Bridge Station), and a 5 minute taxi journey or 20 minute walk from the venue.

Gatwick and Stansted Airports are are both around 40 miles from the venue by car. Both airports have train stations on site. From Gatwick the train journey takes about 1.5 hours, with a simple change at London Bridge Station. The train journey from Stansted takes about 2 hours.

