



The 5th Annual 'Kelly Hendry Feis'

August 14th & 15th 2021

'The Lancastrian Suite'
Lancaster Road
Gateshead
NE11 9JR

Adjudicators

Aidan Comerford
Michelle Haughey
Debbie Trainor
Nicola King
Chris McPartland
James McCutcheon
Hilary Joyce Owens

Midlands Region
Scottish Region
Southern Region
North West Region
Southern Region
Scottish Region
Southern Region

Musicians

Liam O'Sullivan
Anthony Davis
Brian O'Sullivan
William Paterson

North East Region
Midlands Region
Scottish Region
Scottish Region

Entries

To: <https://www.instepfm.com>

Closing Date: July 16th, 2021

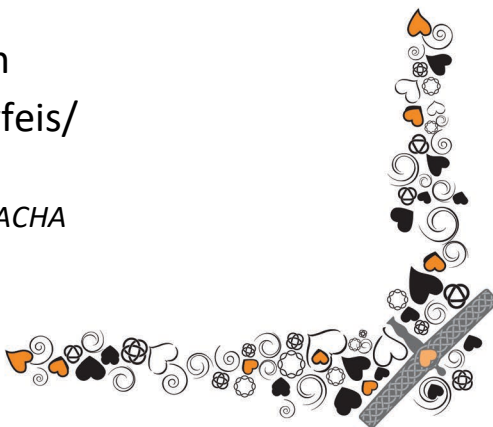
All enquiries to:

T: +44 7460 706706

E: info@kellyhendryschool.com

F: www.facebook.com/kellyhendryfeis/

CLARAITHE LEIS AN COIMISIUN LE RINCI GAELACHA



Dear Teachers, Parents & Guardians,

We are beyond excited to welcome you to our 5th Annual 'Kelly Hendry Feis'. We would like to take this opportunity to thank those who've supported our previous Feiseanna and look forward to welcoming you back in August along with some new faces. With the Feis taking place the week before the prestigious 'Three Nations Championships', we anticipate the standard of dancing (and the craic) to be amazing!

We are delighted to announce we have secured the wonderful 'Lancastrian Suite' again to host our Feis. The venue boasts 3 large halls along with separate results rooms, changing facilities, practice areas, amazing catering facilities provided by the venue and plenty of free parking. The venue is only a few miles from Newcastle train station and Newcastle airport and is conveniently located just off the A1 for those driving. There are plenty of deals online for flights and hotels in Newcastle and Gateshead and we've listed a few of these in our syllabus to help with your planning.

We will be running the Open Championships from U10-Senior on Saturday 14th and all Grade Competitions, Prelim Championships and the U5-U9 Championships on Sunday 15th.

All dancers in the Preliminary & Open Championships will have an opportunity to dance their Set Dance as there will be a separate 'Set Dance Competition' for those not in the recall. All solo grade competitions are 'Trophy Competitions' where the top 3 dancers in every grade will receive a trophy AND a sash.

Our 'Howay the Lads and Lasses' freestyle competitions this year proudly support 'The Marie Duffy Foundation', donating all funds raised from these Competitions to this wonderful Foundation. These Competitions were the highlight of the Feis in 2020 and we look forward to seeing what ideas you all have in store for us this year. We will also welcome all our Champions to the stage at the end of each day to take part in our Champions Parade and the judges will then crown the winner of the Minor, Junior and Senior 'Champion of Champions'.

We will upload photos and live feed videos over the course of the weekend on our Facebook page so feel free to give us a follow and we'll also keep you updated leading up to the event.

COVID SAFETY – We will be following all government guidelines to ensure we run a safe event for all participants. We will continue to monitor the ever-changing guidelines very closely and will provide an update nearer the time.

Until then, we are very much looking forward to welcoming you soon and to celebrating our wonderful culture after such a difficult year.

Kindest Regards,

Kelly Hendry ADCRG
Kaylie Wallace TCRG



Open Championships, Prelims, Trophies, Awards & Parades

Open Championships - U10 to Senior Championships will be judged by a panel of 6 adjudicators - 3 judges for the first 2 rounds and a new panel of 3 judges for the recall round. There will be a 50% recall for Competitions with 16 or more entrants (once final entries are in; we may be able to increase the number of recalls depending on timetable - this will be at the discretion of the Feis organisers). There will also be a separate 'Set Dance Trophy Competition' judged by 1 adjudicator for non-recall dancers, so that all competitors get to perform their Set Dance. Solo Results will also be given for the first 2 Rounds.

U5, U6, U7, U8 & U9 Championships will be judged by a panel of 3 adjudicators. There will be a 100% recall in these competitions. All Championships will be mixed unless there are 7 or more boys in any given age group.

Preliminary Championships - These will be judged by a panel of 3 adjudicators and are open to all regions **(PLEASE PAY CLOSE ATTENTION TO THE REVISED PRELIM RULES ON PAGE 9 TO CHECK ELIGIBILITY)**. Dancers will dance a choice of Reel/Slip Jig for the first round, Heavy Jig/Hornpipe for the second round and Open Set for the recall. **There will be a 50% recall for Competitions with 16 or more entrants (once final entries are in; we may be able to increase the number of recalls depending on timetable - this will be at the discretion of the Feis organisers). There will also be a separate 'Set Dance Trophy Competition' judged by 1 adjudicator for non-recall dancers, so that all competitors get to perform their Set Dance. Solo Results will also be given for the first 2 Rounds.**

Awards – Our beautiful cups have been custom made for our Championship winners and our Prelim winners. There will also be top 5 sashes/pennants and trophies in both of these competitions as well as beautiful medals for the remaining competitors. We are also presenting awards for the 'Top Girl' or 'Top Boy' in each Open Championship as well as awarding the top local dancer with our 'Northern Star Award' (see below). Any dancer who does not recall in an Open Championship will be eligible to take part in a separate 'Set Dance Trophy' judged by 1 Adjudicator. The winner will be presented with a sash and trophy, with the remaining dancers being presented with set dance medals. This allows every Open Championship dancer to dance their set dance on the day.

Trophies – Instead of running separate 'Trophy Competitions', we are offering top 3 trophies and sashes in ALL grade competitions. This will allow more children the opportunity of winning lots of trophies and sashes. There will also be an additional 'Traditional Set Dance Trophy Competition' for U6, 7, 8, 9 & 10's where again, the top 3 dancers will be awarded trophies and sashes.

Northern Star Award – Our 'Northern Star Award' will be presented to the highest placed North East Dancer in every Championship. We are proud to recognise the talent in our region and look forward to presenting our 2021 'Northern Stars'.

Howay the Lads and Lasses – Always the highlight of the Feis and this year donating all funds raised to the Marie Duffy Foundation. We want to allow the dancers to have some fun at our feis, so we are once again including a fun 16-Bar Reel Choreography Trophy Competition. Dancers can compete as a soloist, in pairs or groups and we encourage you all to come up with some fun ideas for this competition. Dancers can dance in soft or heavy shoes and costumes to match your routine are welcomed, however, please ensure they cover the collarbone and they are of suitable length to comply with An Coimisiun rules. This will provide great entertainment for the end of each day and we can't wait to see what routines you put together!

Parades – We would like to invite the top 3 dancers in all Open Championships, the winner of the Preliminary Championships & the 'Northern Star' winner in each age group to join us for our 'PARADE OF CHAMPIONS' at the end of each day. We will host our Junior & Senior Parade on Saturday and our Minor Parade on Sunday. We will then crown our 'Champion of Champions' from our Open Championship winners and present them with a special award!

Teacher Refreshments

The teachers' hospitality suite will be located upstairs in the venue serving hot and cold drinks and refreshments. Please ensure you have your teacher ID to gain access.

Results

We have Des Silke from 'Instep Feis Management' doing our results this year. Full marks for Prelim and Open Championships will be available to purchase after the relevant competition.

Vendor & Catering Info

The food at the feis was incredible last year and we are delighted to announce that the venue will once again be providing catering for the feis in 2021. You also have the Metro Centre Shopping Mall (2-minute drive), which has a number of restaurants to choose from. The following Vendors are confirmed, and we will keep you posted with any updates:

Camelia Rose	–	Wigs & Supplies
Kathleen Hannon	–	Shoes & Supplies



Helpful websites

Facebook page	www.facebook.com/kellyhendryfeis/
Venue	www.thelancastriansuite.com
Hotel	www.booking.com
Train	www.thetrainline.com
Flight	www.skyscanner.net
Bus	www.nationalexpress.com & www.megabus.com
Tourism	www.newcastlegateshead.com

Directions to Venue

Venue Information

The Lancastrian Suite
Lancaster Road
Dunston
Gateshead, Tyne & Wear
NE11 9JR

By Rail/Metro: From Newcastle Central Station take the Metro to "the Metro Centre Station". Head east on Scotswood View. At the roundabout, take the 1st exit and stay on Scotswood View. Turn left towards Cross Lane. At the roundabout, take the 2nd exit onto Cross Lane. Continue straight onto Wellington Road. Turn right onto Lancaster Road. Turn left onto Halifax Road. Turn right then arrive: Lancaster Road, Gateshead NE11 9JR, UK

From the North: From the A1 take the exit to the Metro Centre. Merge onto St Michael's Way. Keep right to continue to Cross Lane. Turn right towards Cross Lane. At the roundabout take the second exit onto Cross Lane. Cross lane will become Wellington Road. Turn right onto Lancaster Road. Turn left onto Halifax Road. Turn right then arrive: Lancaster Road, Gateshead NE11 9JR, UK

From the South: After Washington Services keep left and stay on the A1(M). Take the Dunston Exit. Turn right onto Dunston Road. Continue onto Wellington Road. Turn left onto Lancaster Road. Turn left onto Halifax Road. Turn right on to Lancaster Road and arrive at the Venue.

Travel

Local Airport:	Newcastle International
Local Train Station:	Newcastle Central
Local Bus Station:	National Express, St James Boulevard, Newcastle
Local Taxis:	Blueline, 0191 2626666 *Newcastle also operates an 'UBER' service if you have the app.

Flight info (*Indirect flight):	Dublin	Ryan air, Aer Lingus, British Airways
	Cork	Aer Lingus
	Belfast	Easy Jet
	London (Heathrow)	British Airways
	Bristol	Easy Jet
	Cardiff	Eastern Airways
	Southampton	Flybe
	*London (Stansted)	Ryan Air
	*London (Gatwick)	Ryan Air

Hotel info

There are a number of hotels within close proximity to the venue. The feis venue is in 'Gateshead', however 'Newcastle' is only a couple of miles away and has lots of hotels to offer also (See 'Booking.com' for some great deals).

The following hotels are within a couple of minutes drive from the feis venue. They're also located beside the 'Metro Centre' Shopping Mall and you also have a KFC, Frankie and Benny's and a TGI Friday's within walking distance:

• <u>Marriott</u>	<u>Gateshead, Metro Centre (NE11 9XF)</u>	<u>+ 44 191 493 2233</u>
• <u>Holiday Inn Express</u>	<u>Gateshead, Metro Centre (NE16 3BE)</u>	<u>+ 44 871 902 1548</u>
• <u>Travel lodge</u>	<u>Gateshead, Metro Centre (NE16 3BE)</u>	<u>+ 44 871 984 8484</u>
• <u>Premier inn</u>	<u>Gateshead, Metro Centre (NE16 3BL)</u>	<u>+ 44 871 527 8792</u>



Solo Grades (B=Beginner, P=Primary, I=Intermediate, O=Open)

TROPHIES & SASHES WILL BE AWARDED IN ALL GRADES TO THE TOP 3 DANCERS

<u>Age</u>	<u>Reel</u> <u>(£4.50)</u>	<u>Slip Jig</u> <u>(£4.50)</u>	<u>Single Jig</u> <u>(£4.50)</u>	<u>Light Jig</u> <u>(£4.50)</u>	<u>Heavy Jig</u> <u>(£4.50)</u>	<u>Hornpipe</u> <u>(£4.50)</u>	<u>Trad Set</u> <u>(£4.50)</u>
U5	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	
U6	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	O
U7	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	O
U8	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	O
U9	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	B, P, I, O	O
U10	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	O
U11	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	
U12	I	I	I	I	I	I	
U13	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	B, P, I	
O13	P	P	P	P	P	P	
U15	I	I	I	I	I	I	
O15	I	I	I	I	I	I	

Howay the Lads & Lasses Trophy Competitions

<u>Age</u> <u>(£4.00 Per Dancer)</u>	<u>Trophy Reel</u> <u>(16 Bars of own choreography)</u>
Saturday & Sunday Competitions	All ages and grades from each day of Competitions

Mixed Preliminary Championships (Open to all regions)

<u>Age</u> <u>(£30)</u>	<u>1st Round</u>	<u>2nd Round</u>	<u>3rd Round</u>
Under 10, 11, 12, 13, 14, 15 & Over 15	Reel OR Slip Jig	Heavy Jig OR Hornpipe	Open Set Dance (Traditional OR Open Set for U10)

Mixed Open Championships

<u>Age</u>	<u>1st Round</u>	<u>2nd Round</u>	<u>Recall</u>
U5 (£10)	Reel		
U6 (£15)	Reel	Single Jig	
U7 (£15)	Reel	Single Jig	
U8 (£22.50)	Reel	Heavy Jig	Traditional Set Dance
U9 (£22.50)	Reel	Heavy Jig	Traditional Set Dance
U10 (£30)	Reel OR Slip Jig	Heavy Jig OR Hornpipe	Traditional OR Open Set Dance
Under 11 to Senior (£30)	Reel OR Slip Jig	Heavy Jig OR Hornpipe	Open Set Dance

*There will be a separate Boys Championship held if there are more than 7 Boys in any given age group. There will also be prizes for Top Girl or Boy in each Championship as well as a local 'Northern Star Award' in each group.

*Dancers in the U5, U6, U7, U8 & U9 are required to dance their 'Championship' dances in their solo grades to be eligible to compete in their respective Championships (see rules).



Entries & Payment

Entries due by July 16th 2021.

1. You can enter by visiting <https://www.instepfm.com> where you will be able to download your entry pack and find instructions on how to enter. All entries must be completed via the website and full payment made by the 16th July 2021 to avoid paying late fees.
2. Once you've completed your entry via the website, you will receive a confirmation email along with the amount due.
3. Postal entries to: Des Silke, 133 Hatfeild Mead, Morden, Surrey, SM4 5PG
4. All entries MUST be paid via Bank Transfer. Please contact Des Silke to request bank details to complete this payment: desilke@instepfm.com or desilke648@icloud.com.
5. Entries will not be accepted if the accompanying fees are not paid before the closing date.
6. Teachers are responsible for ensuring the entry is correct. Upon receipt of the confirmation email, please check all information is correct. Details submitted by the teacher will be what appears in the official programme.
7. No refunds will be given unless the event is cancelled.
8. ALL entries to be paid in Sterling.

Entry Fees

Solo Grades	£4.50	(Trophies & Sashes for top 3)
Traditional Set Dance Trophy	£4.50	(Trophies & Sashes for top 3)
Howay the Lads and Lasses	£4.00	Per dancer
Open Champ: U5	£10.00	
Open Champs: U6 & U7	£15.00	
Open Champs: U8 & U9	£22.50	
Preliminary Champs: U10-O15	£30.00	(Includes 2 solo results)
Open Champs: U10-Senior	£30.00	(Includes 2 solo results)

Discounts

Dancer Maximum	£45.00
Family Maximum	£70.00

Should an individual dancer's fees exceed £45, we would like to offer you our 'Dancer Maximum' rate of £45 per dancer. Should any family fee exceed £70, we would like to offer you our 'Family Maximum' rate of £70 per family.

We would also like to offer a Championship and Prelim discount for children entering 5 grades or more. These children can enter the Championship or Prelim at a discounted rate of £15 each.

Any dancer who is entered in a Prelim, who would also like to enter an Open Championship, may do so at an additional cost of £10.

Late Entries

Late entries received after July 17th 2021 will be subject to a £5 late fee per dancer.

Door Entry

Adult	£5.00
Children	FREE
Concession	£3.00
2-Day pass (Second day half price)	£7.50
Programme	£5.00

Parking

There will be plenty of parking wardens to direct you all on arrival and there is ample parking at the venue.





PROVISIONAL TIMETABLE

Saturday 14th August 2021

U10 – Senior Open Championships

Howay the Lads & Lasses Competition

Parade of Champions

Sunday 15th August 2021

U5 – U9 Open Championships

All Prelim Championships

All Grade Competitions

Howay the Lads & Lasses Competition

Parade of Champions



Rules Governing Feis

General

- 1 Entries to be logged via the following website: <https://www.instepfm.com>. The website details how to complete your entry online. Please ensure all entries and monies are received by July 16th 2021 to avoid paying late fees. Postal entries to: Des Silke, 133 Hatfeild Mead, Morden, Surrey, SM4 5PG
- 2 Entries must be paid via bank transfer. Please contact Des Silke to request payment details: desilke@instepfm.com
- 3 Age to be taken from 1 January 2021.
- 4 Entries will only be accepted from teachers registered with An Comisiun Le Rinci Gaelacha.
- 5 There will be no refunds issued unless the competition is cancelled.
- 6 The adjudicator's decision is final.
- 7 Any objections to be made in writing and handed to Feis Secretary with a fee of £20.00. If objection is sustained, the fee will be returned. Objection must be lodged within one hour after completion of the competition.
- 8 Dancers must be suitably dressed at all times. Changing facilities will be provided; therefore, there should be no changing in public areas.
- 9 No video, digital cameras or flash photography to be used during competitions. We ask that mobile telephones and electronic games be switched to silent whilst in the dancing halls.
- 10 No smoking allowed anywhere in the building.
- 11 The feis organisers will, as far as reasonably practical, provide suitable surfaces for dancing. However, they cannot accept any liability for injuries sustained whilst dancing. The lodgment of an entry will be deemed to be an acceptance of this provision by a dancer.
- 12 Any competitor found to be using artificial carriage aids, and subsequently refuses to remove the same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 13 Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. No hairspray/aerosols to be used in dancing halls.
- 14 No block, en Pointe, stationary or moving, is allowed to be performed for all ages up to and including the Under 12 Age Group.
- 15 Subject to the approval of the NERC, the 'Kelly Hendry Feis' reserves the right to amend or cancel any competition. All teachers would be notified before the event of any changes.
- 16 Competitors must be ready to dance 30 minutes before their scheduled start time. They may lose their right to compete if they are not side stage when required.
- 17 North East teachers must send a copy of their entries via email to the Records Clerk, Jo Place: jo_place1@yahoo.co.uk Please ensure entries are sent by the closing date or a £20 fine will be imposed by the North East Regional Council.
- 18 The Feis organisers have the right to refuse admission to the venue.
- 19 Costume length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators, who determine a costume to be too short or to lack modesty, may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as 'black-out attire'), black tights (or a denier of not less than 70%) must be worn from the age of 14 and above.
- 20 **Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.**

Grades

- 1 Beginner competitions are open to dancers who have never won a 1st place in that particular dance in any age group. Basic steps must be performed (no clicks or rocks).
- 2 Primary competitions are open to dancers who have never won a 1st place in that particular dance in any age group (excluding Beginners).
- 3 If there are 15 or more competitors in any Beginner Competition, the 1st, 2nd and 3rd place dancers will move up to the next grade. If there are less than 15 dancers, only the 1st placed dancer will move up.
- 4 Competitors in Beginners and Primary, up to and including the Under 12 age group, may only wear traditional class costumes or long/short sleeved blouses/shirts and skirts/trousers, polo tops and skirts/ trousers, body suits and skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
- 5 Make up will not be permitted for any dancer in the first two grades (Beginners and Primary) up to and including the Under 12 age group worldwide. For the purpose of this rule the term "make up" includes tinted moisturizer and any artificial tanning products.
- 6 Intermediate Competitions are open to dancers who have never won a 1st place in that particular dance in their present age group.
- 7 Where there are 5 or less competitors in any Beginners, Primary or Intermediate Competition, grades will not be affected. However, a dancer may only win 3 such competitions and then they will have to move up to the next grade.
- 8 With exception of the Under 5, 6 and 7 age groups, a competitor, who has won an Open Championship, must dance in the Open grade in the calendar year in which the Open Championship was won.
- 9 Any dancer in the Under 5, 6 and 7 age groups, who has won an Open Championship, must dance Open for the dances performed in the Championship. They are eligible to dance their other dances in the appropriate grade.

Championship Rules

- 1 In order to compete in their Open Championship, the Under 5, 6, 7, 8 and 9 dancers are required to dance their Championship dances in their Solo Grades to be eligible to dance in their Championship.
- 2 All Open, Prelim & Local Championship Awards must be returned when requested and in plenty time for the following feis in February 2022.
- 3 The recipient/guardian is responsible for any loss or damage to these awards whilst in their possession.



Prelim Rules

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- All Open, Prelim & Local Championship Awards must be returned when requested and in plenty time for the following feis in February 2022.
- The recipient/guardian is responsible for any loss or damage to these awards whilst in their possession.

Due to COVID19 restrictions, and until further notice, please note the following:

- All Dancers * who are included on the official confirmed list of qualifiers for Oireachtas Rince Na Cruinne 2022 are not eligible to compete in Preliminary Championships until further notice. * This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

