



**PADDI and the Irwin Academy**  
**Proudly present the**

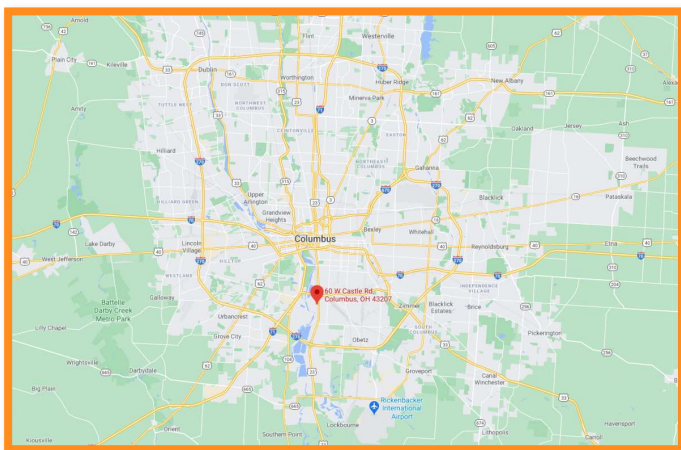
# Summer Feis

**SATURDAY**  
**July 10, 2021**

**1 day event!**  
**ALL INDOOR**  
**GRADES ONLY**

## The Shamrock Club of Columbus

60 West Castle Road  
Columbus OH 43207



## FEIS CHAIRS

Katie Henry Chairperson & Beth Gray Secretary  
[irwinsummerfeis@gmail.com](mailto:irwinsummerfeis@gmail.com)  
[summerfeis.com](http://summerfeis.com)

## GENERAL INFORMATION

Registration open at:

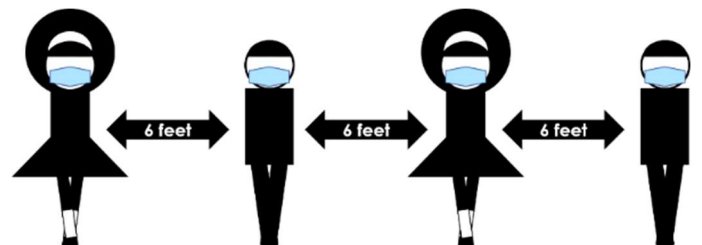
[www.QuickFeis.com](http://www.QuickFeis.com)

Entries limited to **first PAID:**  
200 Grades  
(not including First Feis or Adult dancers)

Registration will be closed once the cap has been reached or on Sunday June 20

## PANDEMIC RULES

- Everyone will be required to properly wear a mask and to social distance.
- Dancers will be grouped together and each group will be asked to arrive at a specific time. This schedule will be posted shortly after online registration closes.



**MASKS and 6 FEET APART**  
**AT ALL TIMES!**

# Summer Feis

## REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration  
 Online registration will accept credit card payment  
 only - Sorry - no checks will be accepted at any time.

### FEES

**Competition Fee** **\$ 10**  
*per competition  
 per competitor*

**Event Fee** **\$ 25**  
*per family*

## FEIS RULES

1. Payment must be made at the time of registration.
2. Entries are not valid until full payment is received.
3. No personal checks will be accepted at any time.
4. Up to June 20 all registration must be done with **QUICKFEIS** at [www.quickfeis.com](http://www.quickfeis.com).
5. No mailed entries will be accepted.
6. After June 20, all unpaid entries will be dropped
7. Registrations may not be "switched" to another competitor nor another feis.
8. Every effort will be made to combine competitions where there are less than 5 competitors entered
9. Tir Na nOg is a fun way to get your youngest dancers involved. This is a competition for children who have not yet done their first feis and are ready with skips, sevens, a jig or reel. Each participant will receive an award!

**ABSOLUTELY NO REFUNDS  
 OF ANY KIND AT ANY TIME**

## LATE FEES

After June 20, all changes and new registrations must be done **AT THE FEIS** and the following fees will be due in **IN ADDITION TO THE REGULAR FEES ABOVE.**

**DUE TO THE**

*Sorry - no checks will be accepted at any time*

**\*\* NO LATE FEES UNTIL JUNE 20 \*\***

**NO LATE**

**IN PERSON  
 At the Feis**

**CHANGE Fee** **\$ 25.00**  
*per change*

**NEW Registration** **\$ 50.00**  
*per competitor*

**REGISTRATIONS OR  
 CHANGES ALLOWED**

**AT THE FEIS**



# Summer Feis

## NUMBERING SYSTEM

1 <sup>st</sup> Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>TJ</b> = TREBLE JIG <b>HP</b> = HORNPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2021</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U18</b>
<b>Born in:</b>	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## ADULT COMPETITIONS ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

	<b>Beginner 1 and 2</b>	<b>Novice / Prizewinner</b>
<b>REEL</b>	<b>399RL</b>	<b>599RL</b>
<b>LIGHT JIG</b>	<b>399LJ</b>	<b>599LJ</b>
<b>SLIP JIG</b>	<b>399SJ</b>	<b>599SJ</b>
<b>TREBLE JIG</b>	<b>399TJ</b>	<b>599TJ</b>
<b>HORNPIPE</b>	<b>399HP</b>	<b>599HP</b>
<b>TRADITIONAL SET</b>	<b>399TS</b>	<b>599TS</b>

## TIR NA NOG (FREE)

- A dancer aged 3-5 that has not participated in first feis or beginner I feis
- Children will be given the opportunity to dance their skips or sevens; jig or reel
- Children will dance 1 at time
- There is NO family fee or preregistration necessary for this competition
- Competition begins at noon
- ALL competitors will receive a special prize!
- 

## FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	<b>GIRLS</b>									<b>BOYS</b>							
	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>O11</b>		<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>O11</b>
<b>REEL</b>	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL		155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
<b>LIGHT JIG</b>	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ		155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ



# Summer Feis

## BEGINNER 1 (BEGINNER)

### ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

Beginner 1 dancer is anyone who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1<sup>st</sup> of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS							
	U5	U6	U7	U8	U9	U10	U11	U12	O12	U5	U6	U7	U8	U9	U10	U11	U12	O12
<b>REEL</b>	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
<b>LIGHT JIG</b>	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ
<b>SLIP JIG</b>	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ									

## BEGINNER 2 (ADVANCED BEGINNER)

### ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS							
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13
<b>REEL</b>	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
<b>LIGHT JIG</b>	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
<b>SLIP JIG</b>	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ									
<b>TREBLE JIG</b>	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
<b>HORNPIPE</b>	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP

## NOVICE

### \*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
<b>REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
<b>LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
<b>SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
<b>*TREBLE JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
<b>*HORNPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
<b>TRADITIONAL SET</b>	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS



# Summer Feis

## PRIZE WINNER (OPEN)

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
<b>REEL</b>	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
<b>LIGHT JIG</b>	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ	557LJ	558LJ	559LJ	560LJ	561LJ	562LJ	563LJ	564LJ	565LJ	566LJ
<b>SLIP JIG</b>	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
<b>*TREBLE JIG</b>	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
<b>*HORPIPE</b>	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
<b>TRADITIONAL SET</b>	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

## CHARITY TREBLE REEL SPECIAL

*ALL proceeds will go to the  
Ann Richens  
Dance Scholarship!*



<i>Boys and Girls</i>	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
<b>TREBLE REEL</b>	507TR	508TR	509TR	510TR	511TR	512TR	513TR	514TR	515TR	516TR





# Summer Feis

## MID-AMERICA REGIONAL DANCING COMPETITION RULES

- In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
- A competitor may be disqualified for any of the following reasons:
  - Conduct unbecoming a lady or gentleman.
  - Failure to report on time to compete. (Penalty: disqualification from said event)
  - Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
- Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
- Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired.
- First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
- Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
- Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
- The status of the dancer does not change unless there are five or more dancers in a competition.
- With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
- No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

## GRADE LEVEL RULES

- Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - Must compete in their own age group.
  - Must be prepared to perform two steps in each event.
  - Cannot change competition on the day of the Feis.With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- Combining Competitions:
  - Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
  - Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
  - 100 & 200 level competitions,
    - age under 8 and below, cannot be combined with other age groups.
    - Boys and girls may be combined in the same age groups.
    - 100 & 200 level competitions under 9 & above may be combined a max of 3 age groups at the discretion of the feis.
    - If the combination of 2 age groups makes a legal competition of 5 dancers, then only 2 age groups will be combined.(Jan 2020)



# Summer Feis

3. Boys and Girls CANNOT be combined EXCEPT according to the following:
- all boys' competitions below Preliminary Championships shall be initially entered in single year age groups;
  - If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
    - Into double age groups, all boy or all Girl; and
    - If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year Girls' age group; and
    - Any competitions so combined shall be run as a single competition.

The Mid-America syllabus is to contain all grade categories. A Feis Committee may combine **two or three consecutive age categories in the highest of the age categories within that grade when less than five (5) competitors are entered.** (IDTAMA, 1/1/17)

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
5. Grade Levels

**Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.

**Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

**Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

**Prizewinner (Open) Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.

**Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

6. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
7. All regions in North America will follow this common set of speeds for all grade competitions at feiseanna in North America (IDTANA, 1/1/17).

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92

Hornpipe			138	113/138	113/138
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Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

8. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)
9. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

## CHAMPIONSHIP LEVEL RULES

- First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
  - Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
  - Dancers must compete in the preliminary championship competition in order to qualify for open championship
  - The regional syllabus where the Feis is being held may have different qualifications for entry.
- Preliminary Championships are open to those who, at any NAFC recognized Feis:
  - A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA).
  - Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
  - The regional syllabus where the Feis is being held may have different qualifications for entry.



# Summer Feis

4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.

One of the following statements MUST be in the feis syllabus:

- a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.
- OR
- b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined..
5. The boys' open championship age categories will match the Girls' open championship age categories. (IDTAMA, 1/1/17)
  6. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA, 1/1/17)

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. There are no restrictions on figure age groups. (Effective 12/2014)
  - a. Figure age groups will be determined by the oldest dancer.(Effective 12/2014).
  - b. 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the IDTANA and regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

## ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

## COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February, 2020

## MODESTY RULE

### FROM AN COIMISIUN

**Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed**

**The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules**

**From CLRG:** Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

