

# THE NADINE MARTIN ACADEMY CHAMPIONSHIPS

Saturday 29th & Sunday 30th January  
2022

Hall Cross Academy Lower School,  
St Michael's Road, Doncaster, DN4 5LU

## Adjudicators

Gerard Carson - Ulster  
Catherine Collins - London  
Fiona Kidd - Birmingham  
Julie Loughlin - London  
Gerard McQuaid - Ulster  
Fiona Morley - Doncaster  
Kathleen Murray - London

## Musicians

Anthony Davis - Birmingham  
Brian O'Sullivan - Glasgow  
Liam O'Sullivan - Newcastle

ALL ENQUIRIES TO: TEL: 07428779430

EMAIL: [NADINEMARTINIRISHDANCE@GMAIL.COM](mailto:NADINEMARTINIRISHDANCE@GMAIL.COM)

FACEBOOK: [WWW.FACEBOOK.COM/NMACHAMPIONSHIPS](http://WWW.FACEBOOK.COM/NMACHAMPIONSHIPS)

34. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.

35. Dances performed in a Preliminary Championships do not count for grading in solo competitions.

Due to Covid-19 restrictions, and until further notice, please also note the following:

36. All dancers\*, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2022, are not eligible to compete in Preliminary Championships until further notice. \*This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.

36. Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month.

#### **OPEN GRADE**

38. In all age groups any dancer who has previously won an Open Championship before a panel of at least three adjudicators does NOT have to dance Open if they are eligible for a lower grade.

39. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.

40. The wording 'Championship' will only be used where there is a panel of at least 3 adjudicators.

#### **ALL GRADES**

41. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.

42. Dancers must dance in their own age group for solo competitions if that age group is provided for.

43. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this.

#### **FIGURE DANCING**

44. Figure teams may contain up to 50% from a lower age group.

#### **GENERAL FEIS RULES**

45. Make up (including false eyelashes and tanner on the face) will not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group, and any dancer in the first two grades (Novice and Primary) up to and including the Under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

46. Any protest against breach of rules must be made in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.

47. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC: 1 medal where there is 3 competitors

2 medals where there are 5 competitors

3 medals where there are 7 competitors

4 medals where there are 10 competitors and

1 medal for each additional 10 or part of 10 competitors.

48. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.

49. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.

50. In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.

51. Mobile phones and electronic games must be switched off in all of the dancing areas.

52. Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis.

53. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.

54. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

55. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition

56. Where Family Fees are applicable. These fees shall only include 1 Light Trophy and 1 Heavy Trophy per Child. Any additional Trophy Competitions (including Prelim and Open Championships) are not eligible for the Family Fee and need to be paid for separately.

Syllabus approved by Nicola King, Feis Registrar, North West Region





## STANDARD RULES FOR NORTH WEST FEISEANNA

(As of May 2021)

### **ENTRY REQUIREMENTS**

1. Ages to be taken from 1st January 2022
2. Entries will only be accepted from schools currently registered with An Coimisiun.
3. Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

### **ADJUDICATORS & MUSICIANS**

4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
5. Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
8. All musicians should be competent and abide by the prescribed An Coimisiun metronomic speeds below.

#### **Novice**

Reel 122-124      Light jig 116      Single jig 124      Slip Jig 124      Heavy Jig 96      Hornpipe 144

#### **Primary**

Reel 116-118      Light jig 116      Single jig 124      Slip Jig 120      Heavy Jig 76      Hornpipe 118

#### **Intermediate/Open**

Reel 113      Slip Jig 113      Heavy Jig 73      Hornpipe 113

#### **Traditional Set Dances**

Blackbird 144      St. Patrick's Day 94      Job of Journeywork 138      Garden of Daisies 138      King of Fairies 130  
Three Sea Captains 96      Jockey to the Fair 90

### **NOVICE AND PRIMARY GRADE**

9. There will be a minimum of 2 Novice Dances up to and including Under 11. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances.
10. All Novice, Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
11. If there are more than 20 competitors in any Novice competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or fewer competitors, then only the 1st placed dancer will be required to move up to the next grade.
12. Any competitions in Novice, Primary and Intermediate, in which there are 5 or fewer dancers shall not count for grading purposes. However a Dancer may only place in 3 such competitions and they then must move up to the next grade.
13. There will be no restriction on the step content performed in the Primary grade.
14. A Primary dancer is one who has never won a first in that particular dance, except in Novice Grade.
15. If there are more than 20 competitors in any Primary solo competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or fewer competitors, then only the 1st placed dancer will be required to move up to the next grade.
16. Novice/Primary Trophy Competitions are confined to dancers who have never won a Novice/Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice/Primary section on the day of the Feis.
17. A winner of a Novice/Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
18. Only skirts and tops or a simple current class costume may be worn in the Novice and Primary Grades.
19. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
20. At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

### **INTERMEDIATE GRADE**

21. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
22. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
23. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
24. At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy, in ONE GRADE only, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
25. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
26. Any competition in which there are 5 or fewer dancers shall not count for grading purposes. However, a Dancer may only win 3 such competitions and they then must move up to the next grade.

### **PRELIMINARY CHAMPIONSHIPS**

27. A minimum number of three Adjudicators must officiate.
28. The first age group for a Preliminary Championship is Under 10.
29. Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
30. Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
31. Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
32. Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
33. For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.

## ENTRIES

We have secured the services of Des Silke from Instep Feis Management and he will be providing Grade, Preliminary and Open championship results throughout the event as well as processing all entries for the Feis. The syllabus and entry pack will be displayed on [www.instepfm.com](http://www.instepfm.com) with full instructions on how to submit your entry.

Closing Date: Friday 14th January 2022

<u>Entry Fees:</u>	Solo grades	£5.00
	Trad Set Trophy (U6-9)	£5.00
	Blind Treble Reel	£5.00
	Diddy Dancers	£5.00
	Figure Competitions	£5.00 (per dancer)
	Open Championship U6/7*	£25.00
	Open Championships U8/9	£35.00
	Preliminary Championship	£35.00
	Open Championships	£40.00

\*Dancers in the U6 & U7 are required to dance their 'Championship' dances in their solo grades to be eligible to compete in their respective championships.

### Discounts

Dancer Maximum	£55.00
Family Maximum	£75.00

<u>Door Entry:</u>	Adult	£5.00
	Children	FREE
	Concession	£3.00

### Parking:

There is plenty of on site parking and there will be parking wardens to direct you on arrival to the venue.



## SOLO GRADES

(N - Novice, P- Primary, I-Intermediate, O-Open, U-Ungraded)

\*\*Trophies AND Sashes will be awarded in all grades to the Top 3 dancers\*\*

Age	Reel £5	Hop Jig £5	Light Jig £5	Slip Jig £5	Heavy Jig £5	Hornpipe £5	Trad Set £5
U6	N, P, I, O	N, P, I, O	N, P, I, O	N, P, I, O	P, I, O	P, I, O	U
U7	N, P, I, O	N, P, I, O	N, P, I, O	N, P, I, O	P, I, O	P, I, O	U
U8	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	U
U9	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	U
U10	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
U11	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
U12	I	I	I	I	I	I	
U13	P, I	P, I	P, I	P, I	P, I	P, I	
O13	P	P	P	P	P	P	
U15	I	I	I	I	I	I	
O15	I	I	I	I	I	I	

## PRELIMINARY CHAMPIONSHIPS

Age	Round 1	Round 2	Recall
U10 (£35)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Traditional OR Open Set
U11, U12, U13, U14, U16, O16 (£35)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Open Set Dance

## OPEN CHAMPIONSHIPS

Age	Round 1	Round 2	Recall
U6 (£25)	Reel	Hop OR Light Jig	-
U7 (£25)	Reel	Light OR Heavy Jig	-
U8 & U9 (£35)	Reel	Heavy Jig	Traditional Set Dance
U10 (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Traditional OR Open Set
U11 Upwards (£40)	Heavy Jig OR Hornpipe	Reel OR Slip Jig	Open Set Dance

## BLIND TREBLE REEL TROPHY SPECIAL COMPETITION

£5 per dancer - 16 bars of own choreography. Open to all ages and grades from each day of competitions.

## NMA DIDDY DANCERS

Aimed at dancers who love dancing but aren't quite ready for grade competitions. £5 per dancer - 16 bars to reel music, they will be counted in and Each dancer will receive a sash and special award.

## FIGURE COMPETITIONS

Age	Competitions
U11, U13, U16, U19, Senior (£5 per dancer)	2, 3, 4, 6, 8 Hand



# TRAVEL

## Venue Address

Hall Cross Academy Lower School,  
St Michael's Road,  
Doncaster,  
DN4 5LU

Nearest Airports: Doncaster Sheffield (4.3 Miles)  
Leeds Bradford (50 Miles)  
East Midlands (56 Miles)

Train Stations: Doncaster (3 Miles) which operates direct train services to many cities across the country.

## Hotel Info:

There a number of hotels within close proximity to the venue. The following hotels are within a few minutes drive from the venue

- Hilton Garden Inn Doncaster Racecourse (1.2 Miles away)
- Premier Inn Doncaster Central East (1.3 miles away)
- Premier Inn Doncaster Lakeside (2.5 miles away)
- Premier Inn Doncaster Central (3 miles away)
- Travelodge Doncaster Lakeside (2 Miles away)
- Holiday Inn Express Doncaster (2.8 Miles away)
- Earl of Doncaster (1.5 miles away)

The hotels and venue are also within 2 miles of a couple of retail parks where you can find the following food outlets; TGI Fridays, Nandos, Pizza Express, McDonalds, KFC, Pizza. Hut, Dunkin Donuts, Urban Burger, Estabulo, Taco Bell, Costa etc.

The nearby retail parks are also home to Vue cinema and Tenpin bowling.

## Local Attractions:

Doncaster Wildlife Park (3.5 miles away)

Doncaster Dome (1 mile from venue)



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# SUNDAY 30TH JANUARY PROVISIONAL TIMETABLE

## MAIN HALL

8.30AM	Diddy Dancer Competition
9AM	U10 Preliminary
11AM	U11 & U12 Preliminary (Alternating)
1.30PM	U6, U7, U8 & U9 Championship (Alternating)
	BREAK
3PM	U13 & 14 Preliminary (Alternating)
5PM	U16 & O16 Preliminary (Alternating)

## GYM - NON RECALL SETS

10AM	U10 Prelim
	U11 Prelim
	U12 Prelim
	U13 Prelim
	U14 Prelim
	U16 Prelim
	O16 Prelim

Results for all Prelim & Open Championships will be given as soon as they become available in a **separate results area.**

## GRADES HALL

	Floor A	Floor B	Floor C
9AM	U6/7 Intermediate & Open	U8 Intermediate	U9 Intermediate
10.30AM	U6/7 Novice & Primary	U8 Novice & Primary	U9 Novice & Primary
12.30PM	U13 Intermediate	U15 Intermediate	O15 Intermediate
	BREAK		
3PM	U10 Intermediate	U11 Intermediate	U12 Intermediate
3.15PM	U10 Novice & Primary	U11 Novice & Primary	U13 Novice, U13 & O13 Primary
5.30PM	All 4 Hands, Ceilis and Figures		
	Blind Treble Reel Special Competition*		
	PRELIM & MINOR PARADE OF CHAMPIONS*		

All grade results will be given in the Grades hall

\*The Parade of Champions & Blind Treble reel special will be danced on the purpose built stage at the end of the day

# SATURDAY 29TH JANUARY PROVISIONAL TIMETABLE

## CHAMPIONSHIP STAGE

8AM	U10 Girls, U11 Girls & U11 Boys Championships (Alternating Rounds 1&2)
10AM	U12 Girls, U13 Girls & U13 Boys Championships (Alternating Rounds 1&2)
12NOON	U14 Championship (Rounds 1&2)
1.30PM	U15 Girls & Boys Championship (Alternating Rounds 1&2)
3.30PM	U16 Girls, U17 Girls & U17 Boys Championships (Alternating Round 1 & 2)
5.30PM	U18 Girls, U19 Ladies & U19 Men Championship (Alternating Round 1 & 2)
6.30PM	U21 Ladies, O21 Ladies & O19 Men Championship (Alternating Round 1 & 2)
	Blind Treble Reel Special Competition
	JUNIOR & SENIOR CHAMPION OF CHAMPIONS

## MAIN HALL- SETS

9AM	U10 Girls Set Dance
	U11 Girls Set Dance
	U11 Boys Set Dance
	U12 Girls Set Dance
	U13 Girls Set Dance
	U13 Boys Set Dance
	U14 Girls Set Dance
	U15 Girls Set Dance
	U15 Boys Set Dance
	U16 Girls Set Dance
	U17 Girls Set Dance
	U17 Boys Set Dance
	U18 Girls Set Dance
	U19 Ladies Set Dance
	U19 Mens Set Dance
	U21 Ladies Set Dance
	O21 Ladies Set Dance
	O19 Mens Set Dance

## GYM

9AM	U10 Non-recall Set Dance
	U11 Non-recall Set Dance
	U12 Non-recall Set Dance
	U13 Non-recall Set Dance
	U14 Non-recall Set Dance
	U15 Non-recall Set Dance
	U16 Non-recall Set Dance
	U17 Non-recall Set Dance
	U18 Non-recall Set Dance
	U19 Non-recall Set Dance
	U21 Non-recall Set Dance
	O21 Non-recall Set Dance

Results for all Open Championships will be given as soon as they become available in a **separate results area.**



## COMPETITIONS, AWARDS & PARADES

**Open championships** - U10 to Senior will be judged by a panel of 6 adjudicators. 3 judges for the first 2 rounds, and a new panel of three for the recall round. There will be a 50% recall for competitions with 16 or more entrants. (Once the final entries are in we may be able to increase the number of recalls depending on the timetable - this will be at the discretion of the organisers).

There will be a non-recall separate set dance competition judged by one adjudicator for dancers not in the overall recall, so that all competitors have the opportunity to dance their set dance. Solo results will be given for the first 2 rounds

**U6, U7, U8 & U9 Championships** will be judged by a panel of 3 and will be 100% recall.

**Boys Championships** - we are offering separate double age group boys championships, U11, U13, U15, U17, U19, O19.

**Preliminary Championships** - These will be adjudicated by a panel of 3 adjudicators.

(Please check the prelim rules to check eligibility) There will be a 50% recall for competitions with 16 or more entrants.

There will be a non-recall separate set dance competition judged by one adjudicator for dancers not in the overall recall, so that all competitors have the opportunity to dance their set dance. Solo results will be given for the first 2 rounds.

**Open/Prelim Awards** - Perpetual cups will be awarded to all winners of open and prelim championships. There will also be top 5 trophies, sashes, boys belts as well as beautiful medals for all competitors. The winner of the solos rounds in all prelim and open championships aged U10 upwards will also receive a trophy.

**Grades** - We are running the 32 bar system for all grade competitions. All dancers will be lined up at the back of the stage at the start of the competition. The adjudicator will take down the numbers of all dancers. The first two dancers will walk to the starting point, and get ready to dance. After the 8 bar introduction, the dancers will begin their dance for 32 bars. After 32 bars, they bow (quickly), and return to their original place in the line at the back of the stage whilst the next two dancers commence their performance of 32 bars.

**Grades Awards** - Instead of running separate 'Trophy competitions', we are offering top 3 trophies and sashes in ALL grades competitions.

**Parades** - We would like to invite the top 3 dancers in all Open Championships, and the winner of the prelim championships to join us for our Parade of Champions at the end of each day. We will host the Junior & Senior parade on Saturday and the Minor Parade on the Sunday. We will then crown our champion of champions from our open championship winners and present them with a special perpetual award.

**NMA Diddy Dancers** - Ungraded reel competition for children who aren't quite ready for a full 32 bar dance. Each dancer will have the opportunity to perform to 16 bars of music on stage and will be clapped in time. Each Diddy dancer will receive a sash and special award.

**Blind Treble Reel** - Each day we will be offering a 'blind' treble reel competition. Dancers will complete a 16 bars treble reel step. The judge will be facing away from the stage and will judge purely on the sound, rhythm and timing.

*Dear Teachers, Parents and Guardians,*

We are delighted to finally welcome you to the first Nadine Martin Academy Championships to be held 29th & 30th January at Hall Cross Academy, Doncaster.

Hall Cross Academy offers a clean and modern feel, two purpose built stages, large sports hall, spacious canteen and plenty of on site parking. The venue is only a few miles from Doncaster train station and Doncaster-Sheffield Airport. For those driving, the venue is conveniently located just off the M18. There are plenty of hotels around the venue which we have listed within the Syllabus to help with your planning.

All Open Championships from the age of U10 upwards will be judged by a total of 6 adjudicators - 3 adjudicators for the first two rounds, and a separate panel of 3 for the recall set dance. All dancers in Open & Prelim championships will have an opportunity to dance their set dance as there will be a separate 'Set Dance Competition' for those dancers who are not in the recall.

U6, 7, 8 and 9 Championships and all prelim championships will be adjudicated by a panel of 3.

Preliminary and Open championship results will be given in a separate results area as soon as the result is ready to avoid unnecessary delays.

We are awarding the top 5 in all championships and prelims sashes, belts and trophies, with beautiful perpetual trophies for the winners of these competitions. All grade competitions are 'trophy competitions' with the top 3 in each dance receiving a trophy with an additional sash for the winner.

**\*\*New Competitions\*\***

**Diddy Dancers** - ungraded reel competition celebrating the future stars of Irish dancing.

**Blind Treble Reel** - At the end of each day we are running a 'blind treble reel competition' where the adjudicator will judge a step down the line with their back turned, purely on sound, rhythm & timing.

We will upload updates, photos and live results videos to 'Nadine Martin Academy Championships' Facebook page throughout the weekend, so feel free to give us a follow as updates will also be posted here leading up to the event.

We look forward to welcoming you to our Feis and thank you in advance for your support.

*Nadine Martin - T.C.R.G and the  
Parents Association of Nadine Martin Academy*

