



WE PROUDLY PRESENT



FÉIS RÚTAÍ



Thír Chonaill



MOLTÓIRÍ:

ANNE MARIE BLAIR ADCRG, DONEGAL

ALAN SCARIFF ADCRG, GALWAY

MAEVE RANKIN ADCRG, COUNTY DOWN

OWEN MCAULEY ADCRG, GLASGOW

KIERAN ROGERS ADCRG, CHESHIRE

SALLY FLOOD ADCRG, GLASGOW



28TH - 29TH AUGUST 2021



SCOTLAND'S

NATIONAL STADIUM

HAMPDEN PARK

GLASGOW



Welcome..

Dear Teachers, Parents, Dancers and Friends
We are beyond excited to welcome you to the Inaugural



*We are delighted to have secured Scotland's National Stadium,
Hampden Park and can't wait to meet our distinguished panel of
judges, merry musicians and most of all, our talented dancers!*
*We look forward to seeing you all in August and thank you in
advance for your support.*

Lead Mile Failte

Kind regards,

Sally Marie Boyle A.D.C.R.S.

Jane McGuire J.C.R.S.

Donnamarie Boyle A.D.C.R.S.

Andrea McQuade J.C.R.S.



Feis Date:

Saturday 28th August – Sunday 29th August, 2021

Feis Secretary:

Mrs Sally Marie Boyle ADCRG

9 Hillcrest, Carmunnock, Glasgow, G76 9DP

07855427228

feisrtc@hotmail.com

Moltóirí:

Anne Marie Blair ADCRG, Donegal

Alan Scariff ADCRG, Galway

Maeve Rankin ADCRG, Belfast

Sally Flood ADCRG, Glasgow

Kieran Rogers ADCRG, Cheshire

Owen McAuley ADCRG, Glasgow

Ceoltóirí

Kevin Murphy, Glasgow

William Paterson, Glasgow

Liam O'Sullivan, Newcastle

Anthony Davis, Birmingham



Entry Fees:

Solo Championships (U5-U6)	£25.00
Solo Championships (U7-U9 including 2 solos)	£35.00
Solo Preliminary/Championships (U10 up including 2 solos)	£40.00
Solo Grade Dances	£5.50
Light Trophy/Heavy Trophy Dances	£6.50
Dancer Maximum	£55.00
Family Maximum	£85.00

**Please note, entry fee includes 1 adult door entry fee,
solo medals and a copy of Championship results.**

Closing Date for Receipt of Entries

Official entry form and fees must reach the Secretary by

Friday, 18th June 2021

Cheques (Sterling) payable to: Sally Boyle

Due to Covid regulations

No Entries

will be accepted after this date.

Comórtas Rince Aonaireach Mescatha

MIXED SOLO DANCING CHAMPIONSHIPS

Age Group	1 st Round	2 nd Round	Recall
Under 5	Reel		
Under 6	Reel	Single Jig	
Under 7	Reel	Single Jig	Light/Heavy Jig
Under 8	Reel	Heavy Jig	Hornpipe
Under 9	Heavy Jig	Reel	Trad Set Dance
Under 10	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 11	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 12	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 13	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 14	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 15	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 16	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 17	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 18	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 19	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 20	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Senior	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance

- If there are 5 or more boys in an age group there will be a separate championship.
- Preliminary result will be based on the result of the first 2 rounds.
- A minimum of 50% recall in championships. Dependent on entry and Covid restrictions this may be increased.
- 1st-5th place Trophies and sashes awarded in Open and Prelim Championships



Solo Grades

Age Groups	Beginner	Primary	Intermediate
Under 6	Reel	Reel	Reel
Under 7	Single Jig	Single Jig	Single Jig
Under 8	Light jig	Light jig	Light jig
Under 9	Slip Jig	Slip Jig	Slip Jig
Under 10	Heavy Jig	Heavy Jig	Heavy Jig
Under 11	Hornpipe	Hornpipe	Hornpipe
Under 12	Light Trophy	Light Trophy	Light Trophy
Under 13	Heavy trophy	Heavy trophy	Heavy trophy
Over 13			



Please Note

Light and Heavy Trophy Dances

must be a dance that has been performed in that specific grade.

Dependent on grade entries, age groups may be amalgamated.





Traditional Set Dances

Traditional Set Dances may be selected from:

St Patrick's Day (Speed 94)
Job of Journeywork (Speed 138)
Garden of Daisies (Speed 138)
The Blackbird (Speed 144)
Jockey to the Fair (Speed 90)
King of the Fairies (Speed 130)
Three Sea Captains (Speed 96)



Number of Bars

Competitors in U9 - Senior age categories will be expected to dance 40 bars in Reels and Jigs and 32 bars in the Slip Jig and Hornpipe.

U6 – U8 will dance 32 bars in the Reel and 40 bars will be required in Single Jig and Light Jigs.



Speed of Music

In all competitions the speeds of the musical accompaniment will be as follows:



	Beginner	Primary	Intermediate	Open
Reel	122	120	113	113
Single Jig	124	124	124	124
Light Jig	116	116	116	116
Slip Jig	122	118	113	113
Heavy Jig	*76/96	76	73	73
Hornpipe	*128/144	118/120	113	113



* Due to the new standardised Heavy Dance grade speeds effective January 2022, we are offering **both current and new speeds** to accommodate this transition period. Teachers **must** state the required speed on entry sheet.





FEIS RULES



1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
3. All entries must be made on the enclosed official entry form, which must be completed and signed by the teacher. Entries will only be accepted from teachers en-bloc and not on an individual basis. **One cheque per school.**
4. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
5. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
6. Adjudicators' decisions are final.
7. Complaints can only be accepted if in writing, within 1 hour of the incident and accompanied with a £30 fee to the Feis Secretary. This should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
8. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete
9. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
10. All first place championship trophies are perpetual trophies and must be returned engraved and in good condition at the request of the Feis Committee. First place Prelim championship trophies do not need to be returned.
11. Beginner and Primary competitions are open to competitors from all regions.
12. Beginners are only permitted to dance steps equivalent to the basic Reel/Single Jig/Light Jig/Heavy Jig and Hornpipe. Any competitor performing steps of a harder degree of difficulty in the Beginner's grade may be disqualified from that particular competition.
13. A dancer winning **1st or 2nd in Beginner grade**, when there are 6 or more competitors, must dance that particular dance in **Primary grade** (or above) **for a period of 12 months**.
14. A dancer winning **1st in the Primary grade**, when there are 6 or more competitors, must dance that particular dance in **Intermediate grade** (or above) **for a period of 12 months**.
15. A dancer winning **1st in the Intermediate grade**, when there are 6 or more competitors, must dance that particular dance in Open grade **for a period of 12 months**.
16. A dancer winning **1st, 2nd or 3rd in the Open grade** must dance that particular dance in the Open grade **for at least 12 months**.
17. Open championship – a dancer winning **1st, 2nd or 3rd in an Open championship** must remain Open for the dances performed in that championship **for a period of at least 12 months**.
18. Dancers in Beginner and Primary competitions up to and including the under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
19. Effective from 1st February 2020, length of costumes must adhere to principals of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in to black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.



20. The normal rotation of dances for the U7 – U9 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.

21. **All** competitors will dance two at a time in the first two rounds.

22. Tempos for Solo Championships & Preliminary Championships will be the same as those stipulated for the World Championships.

23. Toe blocks or any other footwork danced “en-point” whether stationary or moving is not permitted for those dancers **up to and including the Under 12 age group**. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).

****For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)***

24. All competitors must be in full costume and appropriate **black** dance footwear when receiving awards, otherwise such awards may be forfeited.

25. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book – 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Make Up will not be permitted for any dancer in the first 2 grades (Beginner and Primary) up to and including the Under 12 age group worldwide. For the purposes of this rule, the term “make-up” includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2014.

26. **THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY OBSERVED.** i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.

27. All mobile phones and electronic devices must be placed on silent in the competition areas.

28. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.

“Any form of unauthorised photography which has the capability to capture a dancer’s image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.

29. The organisers will take photographs of competitors, competitions and presentations.

30. Such photographs may be subsequently used for marketing and promotional purposes of the event. **Should you wish your child/children to be excluded from being photographed at the event this must be advised in advance to the Feis organisers.**

31. Other than the photographs taken by the Feis organisers, all photographs of competitions, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians dancers included therein.

32. First aiders will be present should anyone need their assistance at the Feis.

33. For the purposes of Preliminary competitions-

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is combined with an Open Championship, then the result will be taken from eligible dancers’ ranking after the first two rounds.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.



- For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions. Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month.
- Implementation date 1st January 2021.



34. **IMPORTANT** All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when registering. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship.

PLEASE ENSURE THAT DANCERS ARE FULLY AWARE AS TO WHETHER OR NOT THEY ARE ENTITLED TO COMPETE IN THE PRELIMINARY CHAMPIONSHIP.



35. No coaching whilst dancers are on stage during any competition, no matter what grade. This rule has specifically been laid down by the SRC. Failure to comply with this could result in disqualification of the dancer or dancers.
36. Only competitors dancing in the Championship and feis officials will be allowed back stage at any time.
37. In line with Scottish Regional Council rules, the consumption of alcohol in the competition areas is strictly prohibited.
38. Smoking is not permitted anywhere within the venue.
39. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
40. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas will be held personally liable for any necessary repairs and associated costs.
41. The Feis Committee is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner.



Waiver of liability agreement

(to be signed on the day)

In advance of attending the feis we require you to carefully consider the following agreement as you/your child's entry will be determined on the **signing** of same.

ACKNOWLEDEMENT OF PANDEMIC

I am aware that the World Health Organisation and other governmental and health authorities have declared Covid-19 a pandemic. I am aware that social distancing is to be practiced and that any increased social contact during this pandemic poses an increased risk of transmissions which could cause injury, illness, or death.

CONFIRMATION OF HEALTH AND NON-TRAVEL

I confirm that I (or on behalf of the participant) am in good health and have not travelled internationally in the past 14 days and will inform my teachers, who will inform the feis organisers, should they plan to travel abroad.

ACKNOWLEDEGEMENT AND VOLUNTARY ASSUMPTION OF RISK

I am aware that other persons may attend the feis and may have been exposed to the Covid-19 virus. I am aware of the risks, dangers and hazards associated with attending the feis at this time and I (or on behalf of the participant) freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, illness or loss resulting there from. I am aware that I (or on behalf of the participant) may require first aid, which may require 'hands-on' care and social distancing may not be possible in this instance.

WAIVER OF CLAIMS

I agree to waive any and all claims that I now or in the future may have against the feis organisers, any of their directors, employees, contractors, assigns, and/or successors (the "releasees") and to release the releasees from any and all liability for any injury, illness or loss may suffer as a result of attendance at the feis due to Covid-19. I agree the feis organisers have carried out a thorough risk assessment prior to the running of the feis and have put in place all measures to negate any risk of the virus being spread and/or contracted during same.

INDEMNIFICATION

I agree to hold harmless and indemnify the releasees from any and all liability for any injury, illness, or loss to from attendance at the feis as the case may be, due to Covid-19. I confirm that I have read and understood this agreement and I am aware that, by signing this agreement, I am waiving certain legal rights which I may have against the releasees.

I CONFIRM THAT I AM VOLUNTARILY SIGNING THIS AGREEMENT.

Name of participant (Dancer): - - - - -

Participant signature (Dancer to sign if over 18): - - - - -

Date signed: - - - - - Contact Number: - - - - -

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF THE FEIS)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against Covid-19. Furthermore, my child understands and accepts these risks and responsibilities particularly in relation to Covid-19.

Name of participant (Dancer): - - - - -

Parent/Guardian signature (Parent/Guardian): - - - - -

Date signed: - - - - - Contact Number: - - - - -



Covid Guidance



At the time of writing this syllabus we have looked at the government guidance carefully and we have detailed below what measures we will be putting in place in order to keep you all as safe as possible and to comply with the guidance around Covid 19. Please be aware that this may change, so we will be amending this page as and when the guidance changes. The impact of COVID-19 means that we will be running our event within the Government Guidelines in place on the date of our event to ensure the safety of everyone.



The venue offers huge halls and spaces to ensure a Covid safe environment both on and off the stage.



- Risk Assessments will be carried out prior to the event taking place in all areas of the event.
- Although we are hopeful that restriction will have been relaxed further by the time of our Feis, there is a possibility entries will be capped at a number that complies with the capacity allowance in the venue.
- Only one adult per dancer will be permitted into the venue
- Only those who are symptom free and are not completing any periods of self-isolation will be admitted into the venue.
- A face covering must be worn by all over 12s around the venue.
- Everyone will be required to sanitise their hands on entry into the venue and there will be various sanitation stations throughout the venue for you to use as required.
- All visitors must agree to comply with the Test and Trace/QR Code requirements and details will be confirmed at the registration desk.
- At registration, competitors will be assigned an **Entry Pack**. This will include competitor number, sanitised pin, 1 championship medal, 2 solo championship medals and colour coded adult wrist band.
- To manage the numbers around the venue, we would ask you to observe signage and the one-way systems that will be in place in the venue, as well as, following the guidance given by on site staff.
- Additional cleaning will be taking place in between each age group and breaks will be factored into the timetable to accommodate this.
- There will be First Aiders at the event and in the event of any incidents where first aid is required our First Aiders will follow the guidance in place to comply with the Covid 19 requirements.
- If a case of Covid 19 is confirmed in the 48-hour period after the event, you will be notified by Test and Trace to self-isolate for 10 days as per government guidelines.
- Dancers will dance 2 at a time and will be lined up side stage on socially distanced markers.
- Dancers 12 and over will be asked to remove their face coverings and wrap them around their wrist to keep them safe and secure while dancing.
- Once dancers have left the stage, they will put on mask and return to their seat in the audience.
- There will be no Ceili/Figure competitions at this event due to the social distancing guidelines currently in place.
- Awards for the Championship/Prelim competitions will take place in the designated presentation areas.
- Awards for the grade competitions will take place on the designated grade stage.
- Once the competition is complete, we ask that you leave the venue because we are limited to specific numbers in and around the venue.





Accommodation

Base Hotel
Parklands Country Club Hotel
Newton Mearns
G77 6DT

15 minutes' drive from Feis

Booking Code - FEISRTC

info@parklandscountryclub.co.uk

0141 639 9222

Premier Inn Glasgow South
G5 OTW

7 minutes' drive from Feis

www.premierinn.com

Number 10 Hotel
G42 8BS

10 minutes' walk from Feis

www.10hotel.co.uk

Premier Inn Argyle St
G2 8LL

12 minutes' drive from Feis

www.premierinn.com

Holiday Inn East Kilbride
G74 5LA

11 minutes' drive from Feis

www.ihg.com