



feis comhairle  
uladh ar líne  
*ulster online feis*  
2021

SAT FEB 27 – MON MAR 01

Online Feis hosted by

**VideoFeis**



[www.videofeis.com](http://www.videofeis.com)

Online registration and tabulation with



**QuickFeis**

[www.QUICKFEIS.com](http://www.QUICKFEIS.com)

*Online registration  
will end on Feb 25*

*This is a REGIONAL Feis open  
only to dancers from the  
Ulster Irish Dance Region*

## how does this work?

- Register and pay online at [www.quickFeis.com](http://www.quickFeis.com) for the feis up to end of day FEB 25
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Practice and film your video
  - Use your **smartphone** for the video
  - You must wear your **dancer number**
  - Must be in **landscape** mode
  - Dancer must be **alone** in video
  - **Music** must be clear
  - Create a separate video for each dance
  - No editing allowed
  - See additional guidelines below
- Starting FEB 27 go to **VIDEO FEIS**, log in with your QuickFeis account - and upload all your videos
  - You may begin to upload your video no sooner than FEB 27
  - **ALL videos must be uploaded by 8:00 pm MAR 01**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive
  - custom made sash or pennant
  - a certificate of participation for the first ever Ulster online feis
  - All competitors will also receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

## ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- EURO Funds ONLY will be accepted
  - Online registration will accept credit card payment only.
  - Sorry - no cheques or cash will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on Feb 25 Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

### Feis Fees:

**Grades** € 5  
(Bun, Tús, Mean Grád) *per competition & per competitor*

**PC Set Dance** € 5  
*per competition & per competitor*

**Preliminary  
Championship** € 20  
(2 rounds) *per dancer*

**Open  
Championship** € 30  
(3 rounds) *per dancer*

**Family Max** – *The maximum  
each family can be charged for this event* € 100  
*per family*

## important dates

- Feb 25 .....Online registration CLOSED  
Feb 27 .....Video upload open at [videofeis.com](http://videofeis.com)  
Mar 01 .....Video upload CLOSED  
Mar 06-07 .....Adjudication

An email will be sent to all dancers when results are posted on their QuickFeis account

## feis rules:

- You must register for each competition you wish to submit a video for. You will not be permitted to add more dances after the registration deadline.
- COSTUMES
  - You are encouraged to wear your dance costume – however, you are also permitted to wear all black (black shirt and bottom)
  - You must wear proper Irish dance shoes
  - You must wear your dancer number at all times during your video – failing to wear your number may disqualify your video!
- **ALL COMPETITIONS ARE 32 BARS ONLY**

## ADJUDICATORS

International panel of judges!

- ☞ Jenny Wilson - Flower ADCRG ..... (Coventry, England)
- ☞ Joseph Manning ADCRG .....(Kansas, USA)
- ☞ Melissa Keane - McCarthy ADCRG .. (Limerick, Ireland)

*More adjudicators may be added as needed.*



## numbering system

The following numbering system is used in this syllabus

1 <sup>st</sup> Digit	Level Category: "2" = Bun Grád, "4" = Tús Grád, "5" = Meán Grád, ...
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>HP</b> = HORNPIPE <b>TJ</b> = TREBLE JIG (Heavy Jig) <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2021</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U18</b>
Born in:	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## bun grád

- ALL COMPETITIONS ARE 32 BARS ONLY

	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>O12</b>
<b>COR/REEL</b>	207RL	208RL	209RL	210RL	211RL	212RL	213RL
<b>PORT EADROM/LIGHT JIG</b>	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
<b>PORT LUASCADH/SLIP JIG</b>	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
<b>PORT SINGIL/SINGLE JIG</b>	207SN	208SN	209SN	210SN	211SN	212SN	213SN

## tús grád

- ALL COMPETITIONS ARE 32 BARS ONLY

	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>12-14 U13-U14</b>	<b>O14</b>
<b>COR/REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	414RL	415RL
<b>PORT EADROM/LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	414LJ	415LJ
<b>PORT LUASCADH/SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	414SJ	415SJ
<b>PORT TROM/HEAVY JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	414TJ	415TJ
<b>CORNPHIOPA/HORNPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	414HP	415HP



## meÁN GRÁD

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>14-16</u> <u>U15-U16</u>	<u>O16</u>
COR/REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	516RL	517RL
PORT EADTROM / LIGHT JIG	507LJ	508LJ	509LJ	510LJ						
PORT LUASCADH/SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	516SJ	517SJ
PORT SINGIL/SINGLE JIG	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	516SN	517SN
PORT TROM/HEAVY JIG		508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	516TJ	517TJ
CORNPHIOPA/HORNPIPE			509HP	510HP	511HP	512HP	513HP	514HP	516HP	517HP
RINCE TRADISIÚNTA/ TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	516TS	517TS

## preliminary championship (2 ROUNDS)

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>O16</u>
Preliminary Championship 2 rounds	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC
Preliminary * Set Dance - € 5	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD

\* The PC Set Dance will be charged € 5 just like the grades competitions.

The PC set dance is NOT included in your PC fee. PC set dances will be adjudicated by a single judge.

Prelim Set Dance is confined to dancers that have competed in the Preliminary Championship

## craobh comortasai (3 ROUNDS)

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>18-20</u> <u>U19-U20</u>	<u>O20</u>
Girls/Ladies Championship 3 rounds	708OC	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	720OC	721OC
Boys/Men Championship 3 rounds	758OC	759OC	760OC	761OC	762OC	763OC	764OC	765OC	766OC	767OC	768OC	770OC	771OC

U8 Reel, Light or Heavy Jig and any traditional set

U9 Reel, Heavy Jig and any traditional set



## video rules

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
  - Grades will submit one video per dance competition
  - Prelim champs will submit two videos (one soft shoe + one hard shoe)
  - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social medial.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
  - Use the standard camera app for your device when recording.
  - Use the standard settings for recording the video. Please avoid any embellishment.
  - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
  - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
  - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
  - webm video format will not be accepted
  - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
  - Camera should be about 4 feet (125 cm) from the ground
  - Camera should be in front centre of the dance floor (avoid being on the side)
  - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image below)

Portrait



Landscape



- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
  - Any spliced videos will automatically be disqualified
  - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.

## competition rules

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

## dancing rules

- **DANCER MUST WEAR THEIR DANCER NUMBER**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
  - Any visible or audible coaching will disqualify the video
  - The only exceptions will be for beginner dancers who may need to be counted in
    - Beginners are allowed to have 8 bars counted before the start of the dance
    - When the dancer starts their steps, no more counting is allowed.
    - Only counting is allowed – no other form of coaching is allowed

## dance area

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them to a max stage size of 8ft x 16ft.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

## music / sound

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music must be pre-recorded music
  - Traditional instrumental music only
  - No singing / no vocal music
- No live music allowed (no musicians playing)
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
  - No speed variations is allowed
  - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
  - **No talking**
  - **No singing along**
  - **No coaching**

## results

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- School/Class feis results are limited to be viewed only by their school. Outsiders will not be able to view these results.
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers





## adjudication

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- Adjudicators must award zero marks where a video is loaded with no sound or the incorrect dance is performed, or bars danced is incorrect
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

## privacy

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
  - Feis Adjudicator(s)
  - Feis Organizer(s)
  - School dance teacher(s) (of that dancer)
  - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

## permissions

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
  - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
  - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
  - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
  - Winner's or showcase video compilation to be posted online
  - Testing for VideoFeis development and improvements
  - Videos with additional permission granted will be deleted within two months after the completion of the feis.

## release of liability

By registering and paying for this feis, parents and dancers agree to release the dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.



## GENERAL RULES FOR ONLINE FEISEANNA REGISTERED IN ULSTER REGION

These rules may or may not be particular to the Ulster region. Therefore any other directives from An Coimisiun regarding regulations for shoes, costumes, carriage aids etc. must be followed.

- Age as at 1st January, 2021
- In Bun Grád and Tús Grád, make-up will not be permitted up to and including the Under 12 age group. Dancers in all age groups must wear either class costumes or 'day clothes'
- Make-up (including false eyelashes and face-tan) is not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.
- Bun Grád competitions are confined to competitors who at the time of entry have never won 1st place (or being re graded as per below) in that particular dance in any age group or grade. Basic Steps only are permitted in Bun Grad.
- Tus Grad confined to dancers who have never won 1st prize (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipe must be similar to those used in St.Patrick's Day and Blackbird.
- In Bun Grád & Tus Grad competitions, one dancer moves up to next grade if there are less than 30 competitors, two dancers move up to next grade if there between 31 and 50 competitors and three dancers move up to next grade if there are over 50 competitors.
- Mean Grád competitions are confined to dancers who at the time of entry have never won 1st place for that particular dance in Mean Grad or Ard Grád in that age group or a higher age group.
- To be eligible to compete in a Preliminary Championship, dancers must
  - never previously won an Open Championship judged by 3 or more adjudicators,
  - never previously won more than three preliminary championships judged by 3 or more adjudicators
  - not have qualified for Oireachtas Rince na Cruinne in either current or previous year.
- Dancers must perform to the following speeds:

	Bun Grad	Tus Grad	Mean/Ard Grad / Preliminary Championship /Craobh Comortasai
REEL	122-124	116-118	113
LIGHT JIG	116	116	116
SINGLE JIG	124	124	124
SLIP JIG	124	120	113
HEAVY JIG	96	82	73
HORNSPIPE	144	130	113

TRADITIONAL SETS	TRADITIONAL SPEED
Blackbird	144
Garden of Daisies	138
Job of the Journeywork	138
Jockey to the Fair	90
King of the Fairies	130
St. Patrick's Day	94
Three Sea Captains	96

- No block, en point, stationery or moving will be allowed for all ages up to and including Under 12.
- The Child Protection Designated Liason Officer for the Ulster Region is John McEntegart. If you have any concerns for any child's safety at the event, please contact him CPDLouster@gmail.com.

