

# FÉILE RINCE UÍ DHUGÁIN

Hosted by Lorraine Duggan

8<sup>th</sup> Annual Feis

Cláraithe leis an Coimisiún Le Rincí Gaelacha



25<sup>th</sup> & 26<sup>th</sup> September, 2021

South Court Hotel, Limerick.

**Adjudicators: Championship Hall**

Charles Moore Limerick

Marcus Maloney Meath

Mairead Casey Cork

**Musician:** Paul O' Donnell Sligo

**Tabulation:** Mairead Hackett Clare

**Fees:**

Craobh Comórtas	€40.00 (3 solo & overall results / Results Pack)
C.C & PreLiminary	€45.00 (2 Overall Results – 3 solo results )
Preliminary Only	€25.00 (Overall Result / two Solo results within CC)
Príomh Comórtas - 1 Adj	€20.00 (2 solo & overall results)

**PRE-ENTRY:**

Registered CLRG Teachers enter for students please.  
Taking NO entries from parents.  
Entries will open September 8<sup>th</sup> 12pm.  
Closing date for entry is September 18<sup>th</sup> 5pm.

**All Enquiries to:**

Lorraine Duggan, ADCRG 0877541669 or  
[lorraineduggan21@gmail.com](mailto:lorraineduggan21@gmail.com)

**PLEASE TAKE NOTE REEL AND HEAVY JIG 40 BARS SLIP JIG AND HORNPIPE 32 BARS**

*Signed*

David P. Daly ADCRG Feis registrar 08 / 09 / 2021

On behalf of Comhairle Na Mumhan

Registered with  
An Coimisiún Le Rincí Gaelacha

The approval of this syllabus is to ensure that the competitions etc adhere to rules pertaining to Comhairle Na Mumhan and CLRG. It is important to highlight that, during the Covid 19 pandemic, it is solely the responsibility of the organisers to ensure that all Feiseanna abide by the relevant advice and directives of the Government and Public Health Authorities at the time of the Feis

Dear Teachers, Parents and dancers,

I hope you are all keeping safe and well in these strange times. It has been a very long and difficult time for all our dancers, parents and indeed ourselves. We are delighted to welcome you all to the South Court for F.R Ui Dhugain on September 25<sup>th</sup> & 26<sup>th</sup>,2021.

This year, please take note of the many changes in place due to covid 19 and government/venue regulations. Entries will be capped in line with these regulations. Entries will only be accepted from registered CLRG teachers, via email, on a first come first served basis.

We are delighted to be able to run this year, inlight of current circumstances. We want you to know, your safety is our number one priority.

We look forward to your support.

Thank You.

Lorraine Duggan

## PROVISIONAL DAYS TIMETABLE

### SATURDAY 25TH SEPTEMBER

10-11, 11-12, 12-13, 13-14, 14-15 & Ov 18 CHAMPIONSHIPS,

### SUNDAY 26TH SEPTEMBER

U6 (PC – 1 Adj), 6-7, 7-8, 8-9, 9-10, 15-16 & 16-18)

THESE DATES ARE PROVISIONAL, TIMETABLE WILL ONLY BE FINALISED WHEN ALL ENTRIES ARE IN AND PAYMENT RECEIVED. WE HAVE AN ENTRY CAP OVER THE ENTIRE WEEKEND WHICH WILL BE STRICTLY ADHERED TO.

Dancers required:

Príomh Comórtas: U/6    Round 1 Cor    Round 2 Port Eadrom

Craobh Comórtas: 6 -7    Round 1 Cor    Round 2 Port Eadrom    Round 3 La Le Pádraig

Craobh Comórtas: 7 – 8    Round 1 COR    Round 2 Port Trom    Round 3 SEIT TRAD

Craobh Comórtas: 8 – 9    Round 1 Cor    Round 2 Port Trom    Round 3 SEIT TRAD

All other Craobh Comórtas:

Round 1 Cor / Port Luascadh    Round 2 Port Trom / Cornphiopa    Round 3 Seit Nua (Athghloach)

## **ENTRIES & PAYMENT**

- 1. Payment on entry please. Entries will be accepted by registered CLRG Teachers. Teachers are responsible for ensuring the entry is correct. (preferably one joint school entry) Send email with entries to [lorraineduggan21@gmail.com](mailto:lorraineduggan21@gmail.com)**

**To be completed for each dancer:**

**Name of dancer:**

**School**

**Address of dancer:**

**Tel No:**

**Age Group**

**Names of dances e.g. reel, jig, st patricks day, planxty hugh o' donnell and speed.**

2. **Entries open September 8<sup>th</sup> @ 12pm and close September 18<sup>th</sup> @ 5pm.**
3. **Teachers please email entries and you will receive an email with directions for payment.**
4. **Entry will not be accepted if the accompanying fees are not paid before the closing date, Saturday 18th, 5pm. Paid entries are the first to be accepted.**
5. **Teachers will be sent a pack with their students numbers before the feis or they can collect it sidestage the day of the feis.**
6. **NO REFUNDS WILL BE GIVEN UNLESS THE EVENT IS CANCELLED.**
7. **Each competition is capped at 30, First come first served basis. If the entry cap has been reached, an email will be sent letting you know that your entries are on a waiting list and you will be notified should a space become available due to non payment. However, if there are a sufficient amount more than 30 competitors entered in a given age group the feis organiser reserves the right to split a competition into A and B.**
8. **If there are more than 5 boys in any C.C. There will be a separate competition.**
9. **Each championship from u10 to u16 will incorporate a prelim result taken over the first two rounds.**
10. **Entry for the feis indicates that dancers and their parent/guardian agree to adhere to the feis and venue guidelines.**

Due to government guidelines the following will apply on the days of the feis. Please note that I am working with 100/110 people being allowed indoors.

1. **One vaccinated adult (or recovered from COVID-19 within previous 6 months) per child, one teacher per school at the time they have a child dancing. This may change pending government guidelines. Vaccination certificate or Covid-19 Test result should be available for inspection to gain entry to venue / feis**
2. **Please No coaching from floor as we have to stay seated.**
3. **TIMES and DAYS ARE ESTIMATED UNTIL ALL ENTRIES ARE RECEIVED.**
4. **Please read the syllabus carefully so that all Teachers, Parents, and dancers will be aware of all safety measures in place so that everything can run smoothly. For Example, entering and exiting stage, number of bars performed etc. so that the dancers will feel comfortable on the day, knowing the procedures that are in place.**
5. **COVID SAFETY** – We will be following all government guidelines to ensure we run a safe event We will continue to monitor the ever-changing guidelines.

## DATA PROTECTION

As a feis organiser and a member of An Coimisiún le Rincí Gaelacha (CLRG), We aim to protect all user information in accordance with the EU General Data Protection Regulation 2018.

Please see link for more information: [General Data Protection Regulation \(GDPR\) Compliance Guidelines](#)

As a member of CLRG, we comply with the CLRG GDPR Regulations. Please see link for more information: [Privacy Policy \(clrg.ie\)](#) We are committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place suitable procedures to safeguard and secure the information we collect. Some personal data is required to be shared in order to gain information about who is taking part in our competition. This information may be shared with CLRG and members of the feis committee. If you have any concerns with the way your data is being collected, stored or used, please contact [Lorraineduggan21@gmail.com](mailto:Lorraineduggan21@gmail.com) All Information will be destroyed 14 days after **the feis**.

## BY ENTERING THE FEIS, YOU AGREE TO:

- Comply and adhere to all Public Health guidelines that are in place during this feis
- Comply with all contact tracing procedures
- **Accept the Waiver of liability agreement detailed below**
- Stay at least 2 metres apart from those not in your group • Wear a face covering when circulating around Feis & Hotel, can remove when sitting .
- Children under 13 don't have to wear masks .
- No dancer wears mask when dancing
- Sanitise your hands often, several stations will be available in the hall.
- Arrive at your assigned time and be prepared to dance at your assigned times.
- **Please note: There is no access to the venue before your time. Arrive 20 mins before your time.**
- Follow the one-way system which will be clearly marked.
- Follow hotels guidelines at all times
  
- **PLEASE COME TO THE FEIS READY TO DANCE, WIGS MAKE UP ETC SHOULD BE DONE BEFORE YOU ARRIVE TO THE VENUE.**

## **OTHER SAFETY MEASURES IN PLACE:**

- Online entry and payment eliminate the need for cash handling on the day.
- All surfaces will be sanitised by cleaners between each group entering the hotel
- Toilets will be sanitised regularly throughout the day by cleaners .
- Strictly only one accompanying vaccinated adult per dancer - no exceptions.
- Chairs will be set out to adhere to social distancing.
- If there are falls or sickness on stage, only the accompanying adult will be permitted to assist.
- No contact in presentations of awards.
- Separate entry and exit points.
- A Covid officer will be present at all times.

**IF YOU HAVE A TEMPERATURE, SORE THROAT, HEADACHE, LOSS OF TASTE, LOSS OF SMELL, ETC. YOU SHOULD NOT ATTEND THE FEIS. PLEASE NOTE THAT ANYONE WHO REFUSES TO COMPLY WITH THE RULES OF THE FEIS WILL BE ASKED TO LEAVE, IN THE INTEREST OF THE SAFETY OF ALL ATTENDEES OF THE FEIS.**

## **WHAT TO EXPECT ON THE DAY FOR THE DANCER**

- Dancers, when called, will line up side stage on the socially distanced x marks. Please be prepared to go straight up to dance. There will be no practise area as the hotel cannot allow due to distancing guidelines.
- **O13 competitors will be required to wear masks sidestage.**
- Dancers will dance two at a time, the music will continually play for each group of 8. When dancer has finished, you bow and walk off from where you finish your steps and the next two dancers are ready to dance **(This is all done in 8bars )**. There will be a break in music after each group of 8 .
- Light rounds will be performed first in all championships.
- For Craobh Comortas there will be 100% recall.

- Once each age /grade group is completed for that particular time slot, dancers and their parents will be ushered via a one way system to the results area .

## **AWARD CEREMONIES**

### **CC&PRELIM**

- Trophies and sashes will be awarded to the top 5 in Open & Prelim Championships.
- All competitors receive an award in the light round of the C.C. & PRELIM. 50% result in other rounds
- Prelim results are incorporated in C.C results except for overall result, this is separate to C.C result .
- There will be a 5 place podium (2m distance between boxes) for the top 5 dancers who will take their award and put on their own sash  
CC & Prelim Results will be posted on F.R Ui Dhugain facebook page throughout the day.

# Waiver of liability agreement

In advance of attending the feis we require you to carefully consider the following agreement as your/your child's entry to feis will be deemed your acceptance.

## ACKNOWLEDEMENT OF PANDEMIC

I am aware that the World Health Organisation and other governmental and health authorities have declared Covid-19 a pandemic. I am aware that social distancing is to be practiced and that any increased social contact during this pandemic poses an increased risk of transmissions which could cause injury, illness or death.

## CONFIRMATION OF HEALTH AND NON-TRAVEL

I confirm that I (or on behalf of the participant) am in good health and have not travelled internationally in the past 14 days and will inform my teachers, who will inform the feis organisers, should they plan to travel abroad.

ACKNOWLEDEGEGMNT AND VOLUNTARY ASSUMPTION OF RISK I am aware that other persons may attend the feis and may have been exposed to the Covid-19 virus. I am aware of the risks, dangers and hazards associated with attending the feis at this time and I (or on behalf of the participant) freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, illness or loss resulting there from. I am aware that I (or on behalf of the participant) may require first aid, which may require 'hands- on' care and social distancing may not be possible in this instance.

WAIVER OF CLAIMS I agree to waive any and all claims that I now or in the future may have against the feis organisers, any of their directors, employees, contractors, assigns, and/or successors (the "releases") and to release the releases from any and all liability for any injury, illness or loss may suffer as a result of attendance at the feis due to Covid-19. I agree the feis organisers have carried out a thorough risk assessment prior to the running of the feis and have put in place all measures to negate any risk of the virus being spread and/or contracted during same.

INDEMNIFICATION I agree to hold harmless and indemnify the releases from any and all liability for any injury, illness or loss to from attendance at the feis as the case may be, due to Covid-19. I confirm that I have read and understood this agreement and I am aware that, by signing this agreement, I am waiving certain legal rights which I may have against the releases.



# Coronavirus COVID-19



Coronavirus  
**COVID-19**  
Public Health  
Advice

## Stay safe. Protect each other.

Continue to:



### Wash

your hands well  
and often to avoid  
contamination.



### Cover

your mouth and nose  
with a tissue or sleeve  
when coughing or  
sneezing and discard  
used tissue safely



### Distance

yourself at least  
2 metres (6 feet) away  
from other people,  
especially those who  
might be unwell



### Avoid

crowds and  
crowded places



### Know

the symptoms. If you  
have them self isolate  
and contact your GP  
immediately

### COVID-19 symptoms include

- > high temperature
- > cough
- > breathing difficulty
- > sudden loss of sense of smell or taste
- > flu-like symptoms

If you have any symptoms, self-isolate to  
protect others and call your GP for a  
COVID-19 test.

#holdfirm

For more information  
[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Ireland's public health advice is guided by WHO and ECDC advice



Rialtas na hÉireann  
Government of Ireland

## Public health measures in place right now

Organised indoor events and mass gatherings\* can take place with capacity limits of 60% of venue capacity where all patrons are immune (**fully vaccinated or recovered from COVID-19 within previous 6 months**), or accompanied minors (under 18), in line with sectoral guidance.

For indoor live music, drama, live entertainment and sporting events, the audience/spectators should be fully seated.