

Lough Championships

Claraithe leis An Comisiún Leis Rincí Gaelacha

Venue: GN Commons Inn Conference Centre,

New Mallow Road, Cork T23 PY53

Sat 7 & Sun 8 Sept '19

Moltóirí:

Mary Elwood ADCRG
Deirdre Farrell ADCRG
Yvonne Gibson ADCRG

Connaught Galway, Ire.
Leinster Dublin, Ire.
Leinster Kildare, Ire.

Ceoltóir:

Gerry Conlon

Glasgow, Scotland

Enquires

Christine Forde ADCRG...+353 (0) 87 6363550
Lily Dunicliffe TCRG.. +353 (0) 86 3059667
David Daly ADCRG +353 (0) 87 6894247

Email enquiries to

christinefordeadcrg@gmail.com or
davidpdaly@hotmail.com



Champion of Champions:
The Noel Forde Memorial Cup (Minor, Junior & Senior)

Syllabus approved by Feis Registrar:

David P Daly ADCRG (On behalf of Comhairle na Mumhan. 30th. June 2019)



Welcome

Welcome to the *L*ough *C*hampionships 2019.

All competitions are open to dancers from all regions, so a special welcome to all those travelling from over seas or long distances. We are looking forward to meeting & greeting old friends and new.

Christine, Lilly & David

Accommodation available at the GN Commons Inn Hotel

Family Room (2 Adults & 2 Children – Under 10, Incl. Breakfast) - €99

Directions to the GN Commons Hotel – Conference centre

Coming from Dublin or Waterford, come through the City and take the Limerick Road

Coming from Limerick, head for Mallow, then onto Cork – just another 20 minutes

Entry Fees

Saturday

| | |
|--|---------|
| Craobh Comórtas Céile | € 5.00 |
| Príomh Comórtas – U/6 (3 Results) | € 15.00 |
| Preliminary (3 Results) | € 20.00 |
| Craobh Comórtas (4 Results & Marks Pack) | € 30.00 |

Sunday

| | |
|-----------------------------------|---------|
| Figure Dance Competitions | € 3.00 |
| Solo Dance Competitions | € 4.00 |
| Solo Perp. Trophy/Cup | € 5.00 |
| Rince Trofaí Eadtrom | € 5.00 |
| Príomh Comórtas (3 Results) | € 15.00 |

Admission to Feis ... €5.00 (Adults only)

Family/Competitor entry Fee discounts

| | |
|--|--------|
| Craobh & Preliminary (to dance both comps) ... | €40.00 |
| Family Fee (Sunday Only -Excl Príomh)) | €65.00 |

All Entry Fees paid on the day

Championship stage by BH Staging

Medals will be award to all competitors in all Cor competitions. All times listed are approximate. No competition will start less than 15 minutes before its scheduled start time.



For the latest news & Updates

<http://fb.me/Loughchampionships>

Vendor : Dance City Dancewear

www.dancecity.ie

Facilities at the Centre ♦ Teas, Coffees & snacks will be available throughout the weekend ♦

Saturday 7th Sept.

| Comórtas | | Championship Stage |
|---|--|--------------------|
| 09:00 | 1 Craobh Comórtas (Cor / Port / Any Set Traid.) | Under 8 |
| | 2 Craobh Comórtas (Cor / Port / Any Seit Trad.) | 8 - 9 |
| <i>Competition 1 & 2 will alternate - All Competitors will dance all rounds</i> | | |
| 10:15 | 3 Craobh Comórtas (3 Rounds) | 9 - 10 |
| | 4 Craobh Comórtas (3 Rounds) | 10 - 11 |
| <i>Competition 3 & 4 will alternate</i> | | |
| 5 Preliminary Championship (2 Rounds) | | Under 11 |
| 13:00 | 6 Príomh Comórtas (Cor / Port Eatrom) | Under 6 |
| | 7 Craobh Comórtas (Cor / Port Singil / St. Patricks Day) | 6 - 7 |
| <i>Competition 6 & 7 will alternate - All Competitors will dance all rounds</i> | | |
| 14:15 | 8 Craobh Comórtas (3 Rounds) | 11 - 12 |
| | 9 Craobh Comórtas (3 Rounds) | 12 - 13 |
| <i>Competition 9 & 10 will alternate</i> | | |
| 10 Preliminary Championship (2 Rounds) | | Under 13 |
| 11 Craobh Comórtas Céile (Any Eight Hand - An Rince Foirme) | | Any age |
| 17:00 | 12 Craobh Comórtas (3 Rounds) | 13 - 14 |
| | 13 Craobh Comórtas (3 Rounds) | 14 - 15 |
| <i>Competition 13 & 14 will alternate</i> | | |
| 14 Preliminary Championship (2 Rounds) | | Under 15 |
| 15 Preliminary Championship (2 Rounds) | | Over 15 |
| 16 | Craobh Comórtas (3 Rounds) | 15 - 16 |
| 17 | Craobh Comórtas (3 Rounds) | 16 - 18 |
| 18 | Craobh Comórtas (3 Rounds) | Over 18 |
| <i>Competition 18, 19, 20 will alternate</i> | | |

Duaiseanne (Adwards)

- Craobh Comórtas: **Four Results Awarded**
 - Overall Results & 3 Solo Rounds (Trophies for 1st. Place) / Results Pack for Each competitor
 - Overall: First place presented with Perpetual Cup, Replica & Sash
2nd. 3rd. 4th & 5th. presented with Cup & Sash
Round 1 Port Trom / *Cornphíopa* ♦ Round 2 Cor / Port Luascadh ♦ Round 3 Seit Nua (Athghloach)
(Recall: 100% on an entry of 20 competitors or less, 50% on entry of 21 or above)
- **Champion of Champions:** 1st, 2nd & 3rd of each Craobh Comórtas & Preliminary are invited to “STEP” down the line, Winner will be presented with the **Noel Forde Memorial Cup & Commemorative glass** which *Kindly sponsored by the FORDE Family. (Minor, Junior & Senior sections)*
- Preliminary Championship : **Three Results Awarded**
 - Overall Results & 2 Solo Rounds (Trophies for 1st. Place)
 - Overall: First place presented with Perpetual Cup, Replica & Sash
2nd. 3rd. 4th & 5th. presented with Cup & Sash
Round 1 Port Trom / *Cornphíopa* ♦ Round 2 Cor / Port Luascadh
- Craobh Comórtas: Céile – Any eight Hand Winning Team presented with Perpetual Cup.
- Príomh Comórtas – Under 6 : **Three Results Awarded**
 - 2 Solo Rounds (Trophies for 1st. Place) & the Overall Result
 - Overall: First place presented with Perpetual Cup, Replica & Sash
2nd. 3rd. 4th & 5th. presented with Cup & Sash

| | Grad | Comórtas | Stage A | Stage B | |
|---|-----------|---|---|---------|---------|
| 09:00 | 1 | Cor (<i>Perp. Cup</i>) - <i>Basic Reel</i> | Under 5 | | |
| | | Port Eadtrom | Under 5 | | |
| | 2 | Ban Grad | Cor | Under 6 | 6-8 |
| | | | Port Luascadh (<i>Perp. Trophy</i>) | Under 6 | 6-8 |
| | | | Port. Singil | Under 6 | 6-8 |
| | | | Port Eadtrom/Trom | Under 6 | 6-8 |
| | | | Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | Under 6 | 6-8 |
| | 3 | Tua Grad | Cor | Under 7 | 7-9 |
| Port Luascadh | | | Under 7 | 7-9 | |
| Port Eadtrom/Trom | | | Under 7 | 7-9 | |
| Seit (Trad) | | | Under 7 | 7-9 | |
| Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | | | Under 7 | 7-9 | |
| 13 | | Cor Beirte | U/9 | | |
| 14 | | Cor Truir | U/9 | | |
| 11:00 | Primary | Cor | Under 7 | 7-9 | |
| | | Port Eadtrom/Trom | Under 7 | 7-9 | |
| | | Trad. Cornphíopa | Under 7 | 7-9 | |
| | | Seit (Trad) | Under 7 | 7-9 | |
| | | Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | Under 7 | 7-9 | |
| 12:00 | Meán Grad | Cor | Under 7 | 7-8 | |
| | | Port Luascadh | Under 7 | 7-8 | |
| | | Port. Singil | Under 7 | 7-8 | |
| | | Port Eadtrom/Trom | Under 7 | 7-8 | |
| | | PRÍOMH Comórtas | Under 7 | 7-8 | |
| 25 | Meán Grad | Cor | 8-9 | 9-10 | |
| | | Port Luascadh | 8-9 | 9-10 | |
| | | Port. Singil | 8-9 | 9-10 | |
| | | Port Eadtrom/Trom | 8-9 | 9-10 | |
| | | Cornphíopa | 8-9 | 9-10 | |
| 30 | | PRÍOMH Comórtas | 8-9 | 9-10 | |
| 14:30 | Ban Grad | Cor | 8 - 10 | Over 10 | |
| | | P. Luascadh (<i>Perp. Trophy</i>) | 8 - 10 | Over 10 | |
| | | Port Single | 8 - 10 | Over 10 | |
| | | Port Eadtrom/Trom | 8 - 10 | Over 10 | |
| | | Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | 8 - 10 | Over 10 | |
| 15:30 | Tua Grad | Cor | 9 - 11 | Over 11 | |
| | | Port. Luascadh | 9 - 11 | Over 11 | |
| | | Port. Singil | 9 - 11 | Over 11 | |
| | | Port Eadtrom/Trom | 9 - 11 | Over 11 | |
| | | Seit (Trad) | 9 - 11 | Over 11 | |
| | 41 | | Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | 9 - 11 | Over 11 |
| | 42 | | Cor Beirte | Over 9 | |
| | 43 | | Cor Truir | Over 9 | |
| 16:30 | Primary | Cor | 9 - 11 | Over 11 | |
| | | Port. Luascadh | 9 - 11 | Over 11 | |
| | | Port Trom | 9 - 11 | Over 11 | |
| | | Seit (Trad) | 9 - 11 | Over 11 | |
| | | Rince Eadtrom Trofaí (<i>Any Light Dance - Perp. Cup</i>) | 9 - 11 | Over 11 | |
| 17:30 | Meán Grad | Cor | 10-11 | 11-12 | |
| | | Port Luascadh | 10-11 | 11-12 | |
| | | Port. Singil | 10-11 | 11-12 | |
| | | Port Eadtrom/Trom | 10-11 | 11-12 | |
| | | Cornphíopa | 10-11 | 11-12 | |
| | 54 | | PRÍOMH Comórtas | 10-11 | 11-12 |
| | 55 | Meán Grad | Cor | 12 - 14 | Over 14 |
| | | | Port Luascadh | 12 - 14 | Over 14 |
| | | | Port Eadtrom/Trom | 12 - 14 | Over 14 |
| | | | Cornphíopa | 12 - 14 | Over 14 |
| Seit (Trad) | | | 12 - 14 | Over 14 | |
| 60 | | PRÍOMH Comórtas | 12-14 | Over 14 | |

Príomh Comórtas: (Excl U/7 & 7-8): Two rounds **Round 1:** Any Light Dance **Round 2:** Port Trom / Cornphíopa / Seit Trad

Príomh Comórtas : Under 7 : Two rounds / Any TWO light Dances

Príomh Comórtas : 7 - 8: Two rounds / With an upper age of 8 years or less the compulsory dancers must consist of **A)** those stipulated for the older age groups or **B) Two Light Dances (Munster specific)**

Duaiseanne (Adwards)

- ◆ All dancers participating in the Under 5 - Cor, will be presented with a commemorative Trophy & Sash
- ◆ Rince Eadtrom Trofaí / Podium Presentation
 - 1st Presented with Perpetual Cup, Replica & Sash, 2nd - 5th. Presented with Trophy and sash
- ◆ Medals will be presented to all competitors in each Cor Comórtas
- ◆ Trophies will be presented to all 1st. Place Winners in all Competitions
- ◆ Príomh Comortas : **Three Results Awarded** (2 solo rounds-Trophys for 1st. Place & Overall Result)

Overall: Podium Presentation

1st Presented with Perpetual Cup, Replica & Sash, 2nd - 5th. Presented with Cup and sash

All times listed are approx. Competitors are requested to be available to dance at least 15 minutes before schedule start
No competition will start 15 minutes prior to listed time

All Competitors in Solo competitions will dance to 32 Bars of music following an 8 bar introduction, except in the **Príomh Comórtas**, Dancers of **Cor, Port Singil, Port Eadtrom / Trom** : 40 Bars of music following an 8 bar introduction, Dancers of **Port Luascadh or Cornphíopa** : 32 Bars of music following an 8 bar introduction.

Comhairle na Mumhan Feis and Conditions

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014.
(Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1st September.
- All Graded competitions are open to all regions
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1st 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

Bun Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

Tus Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Primary Grad (Munster specific criteria):

- Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade.
- Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
- Solo costumes can be worn by dancers in this grade
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

Mean Grad:

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

Ard Grad:

- Open to any dancer who :
 - is a pupil of a registered teacher
 - is qualified to compete as regards age and place of residence
 - is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
 - is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)
- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

Craobh Comortas (Championship):

- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
 - Is judged by at **least 3 Adjudicators**.
 - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
 - U6 Craobh Comórtas are not permitted (Munster specific – Sep 1st 2015).
 - All competitors will receive an award in the light round of any Craobh Comórtas competition.

Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by **one adjudicator**, where the following conditions apply:
 - **Two dances** to be performed by each competitor.
 - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
 - Those stipulated for the older age groups and set out above or
 - Two light dances (Munster Specific).
 - When a dancer wins First place in a Priomh Comortas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
 - U6 Championships must be Priomh Comórtas (Munster specific – Sep 1st 2015).

Preliminary Championship Ruling (Effective from Sept. 1st 2016)

- A Preliminary Championship is:
 - judged by at **least 3 Adjudicators**.
 - A Preliminary Championship must consist of 2 Rounds, 1 Light Round – Reel / Slip Jig & 1 heavy Round – Heavy Jig / Hornpipe.
- A dancer is not eligible to enter a Preliminary Championship if they have been placed First in an **Open Championship** from **1st January 2015** and the following year.
- Dancers may compete in an **Open or a Preliminary** Championship or both.
- Once a dancer qualifies for Oireachtas Rince na Cruinne, they must **not** enter a Preliminary Championship They may not compete in Preliminary Championships in the year that they qualified or the following calendar year.

Exceptions

- Dancers who qualify for Oireachtas Rince na Cruinne where there are **five dancers or less** in their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- If a dancer wins **two Preliminary Championships** from the 1st January, they are no longer eligible to enter a Preliminary Championships for the remainder of that year and the following year.
- If a dancer wins a Preliminary Championship where there are **five dancers or less** in the competition, the dancer will still be eligible to enter a Preliminary Championship.

Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g. iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

Feis admin

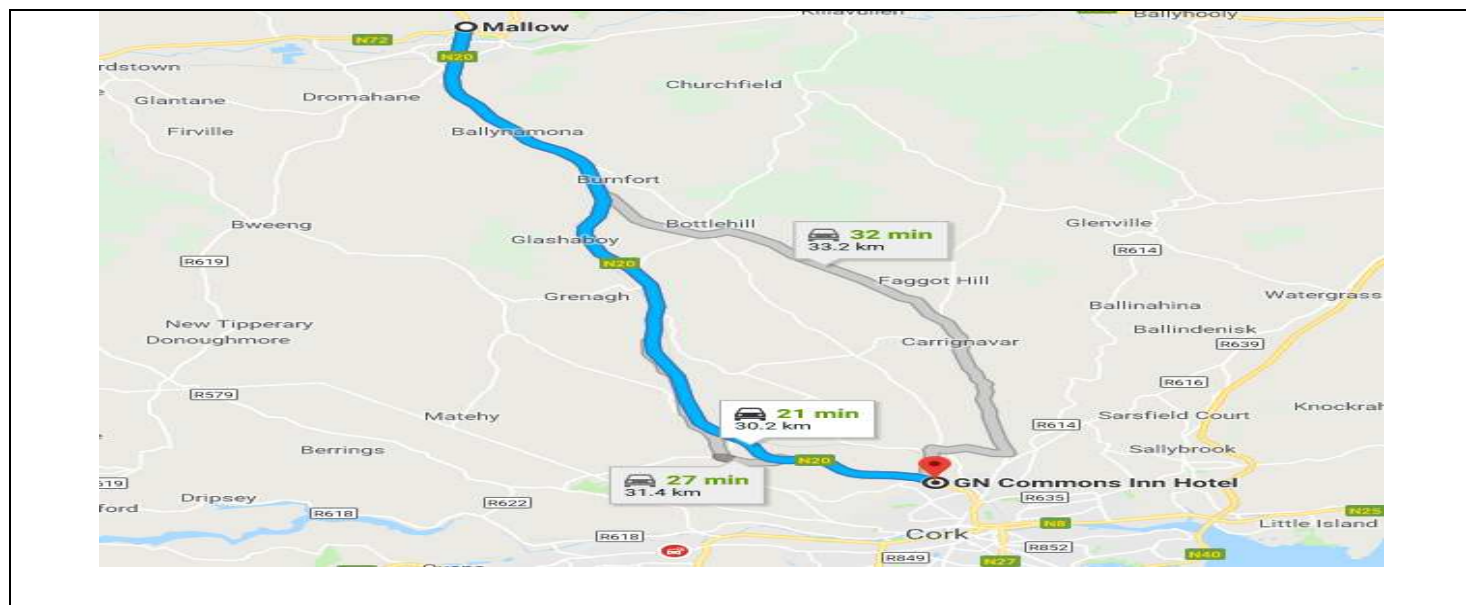
- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1st
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent/guardian/teacher.

Feis Rules also available at: <http://www.munsterdancing.com/index.php?pageID=52>

Directions to the GN Commons Hotel – Conference centre :

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Coming from Limerick, head for Mallow, then onto Cork – just another 20 minutes



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Pre-Entry:

Available for all Craobh & Preliminary Comórtas on Saturday

Just Text or email your entry

A marks Pack is presented to each competitor of a Craobh Comórtas. Packs will also be available to purchase by general public (€5).