

# Feis for Flame 2016



SYLLABUS APPROVED BY *Nicola King* – FEIS SECRETARY NWRC



# Cead Mile Failte Feis for Flame 2016



**To be held:**

Sunday 31<sup>st</sup> January 2016

**At:**

St. Anthony's Catholic College, Bradfield Road,  
Urmston, Manchester, M41 9PD

**Adjudicators:**

Marie McCaul - ADCRG – Ulster  
Bernadette Curley- ADCRG – Connacht  
Stephen Brunning- ADCRG – Midlands  
Mary Kelly- ADCRG – North East  
Caroline Devaney- ADCRG - Midlands

**Musicians:**

Martin Daly - Glasgow  
Gerry Conlon – Glasgow

**All Enquiries:**

John Morgan, ADCRG  
John Lawrence Morgan, TCRG [07900182646/morgan4school@hotmail.com](mailto:07900182646/morgan4school@hotmail.com)

**Entry Fees:**

SOLO DANCE - £3:50 FIGURE DANCE £1 (per dancer)  
TROPHY-£5- CHAMPIONSHIP – £25 Prelim - £20  
PREMIER - £8 (UNDER 6 & 7)  
FAMILY MAXIMUM - £45 INDIVIDUAL MAXIMUM - £35  
DOOR TARRIF: £5.00 Cons: £3.00

## **FEES PAYABLE ON THE DAY OF THE FEIS**

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### NOVICE COMPETITIONS

(Up to UNDER 11 inclusive)

REEL, HOP JIG, LIGHT TROPHY

### PRIMARY COMPETITIONS

U6, 7, 8, 9, 10, 11, 12, AND 12 AND OVER

REEL, LIGHT JIG, HOP JIG, SLIP JIG, LIGHT TROPHY (ANY LIGHT DANCE)

HEAVY JIG, HORNPIPE, HEAVY TROPHY (JIG OR HORNPIPE)

### INTERMEDIATE COMPETITIONS

U6, 7, 8, 9, 10, 11, 12, 13, 14, and 14 & OVER

REEL, LIGHT JIG, HOP JIG, SLIP JIG, LIGHT TROPHY (ANY LIGHT DANCE)

HEAVY JIG, HORNPIPE, HEAVY TROPHY (JIG OR HORNPIPE)

### PRELIMINARY COMPETITIONS

U10 – U15 & U17

REEL OR SLIP JIG & HEAVY JIG OR HORNPIPE (FOR WHICH SOLO RESULTS WILL BE GIVEN)

OPEN UNDER 6/7 – REEL, LIGHT JIG, SINGLE JIG, SLIP JIG, HEAVY JIG & HORNPIPE

PREMIER: REEL AND LIGHT JIG

UNDER 6 SUBSIDIARY SOLOS: TRADITIONAL SET DANCE, OPEN SET DANCE

OPEN CHAMPIONSHIPS - UNDER 8 YEARS – SENIOR – (INCORPORATING 2 SOLOS)

REEL OR SLIP JIG & HEAVY JIG OR HORNPIPE (FOR WHICH SOLO RESULTS WILL BE GIVEN)

RECALLS: U8 AND U9: TRADITIONAL SET

U10 – SENIOR: OPEN SET

REEL/JIG = 40 BARS SLIP JIG/HORNPIPE = 32 BARS

### FIGURE DANCING

SENIOR: 2 HAND DANCE, 3 HAND DANCE, 4 HAND DANCE, FAIRY REEL, 8 HAND DANCE

(Trad.)

PROGRESSIVE DANCE; FIGURE CHAMPIONSHIPS (6 OR MORE DANCERS).

# Feis for Flame 2016



## OFFICIAL TIMETABLE Sunday 31<sup>st</sup> January 2016

### Main Hall:

Time:	Main Stage:
9am	U8 and U9 Championship (alternate)
10.00am	U12 and U13 Championship & Prelim (alternate)
12NOON	U10 and U11 Championship & Prelim (alternate)
2.30pm	U14 and U15 Championship & Prelim (alternate)
4.30pm	U16 and U17 Championship & U17 Prelim (alternate)
6.00pm	U19 and Senior Championship

### Gymnasium:

Time:	Stage One:	Stage Two:
9.00am	U8 Novice and Primary	U9 Novice and Primary
10.00am	U8 Intermediate	U9 Intermediate
11.15am	U6 Novice and Primary	U7 Novice and Primary
12.30pm	U6 Intermediate / U6 Open	U7 Intermediate / U7 Open
1.30pm	U10 Novice and Primary	U11 Novice and Primary
2.30pm	U10 Intermediate	U11 Intermediate
4.00pm	U12 Primary	12 & Over Primary
5.00pm	U12 Intermediate	U13 Intermediate
6.00pm	U14 Intermediate	14 & Over Intermediate

### Required Dances:

SOLO CHAMPIONSHIPS - U8 – Senior; Round One: 40 bars of Reel OR 32 bars of Slip Jig

Round Two: 40 bars of Heavy Jig OR 32 bars Hornpipe

Recall Round: Set Dance (Trad. Set U8 and U9) (Solo results given for Round 1 & 2)

Preliminary Championships – Under 10 – Under 15 & Under 17 – Round 1 - Reel – Round 2

Choice of Heavy Jig / Hornpipe.

OPEN/PRELIM RESULTS: To be given within 30mins of the completion of the relevant age group in the Presentation Area.

## Standard Rules for North West Feiseanna (As of January 2016)

### ENTRY REQUIREMENTS

1. Ages to be taken from 1st January 2016.
2. Entries will only be accepted from schools currently registered with An Coimisiun.
3. Lodgment of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

### ADJUDICATORS & MUSICIANS

4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
5. Pupils of an Adjudicator employed at a particular Feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
8. All musicians used should be competent and willing to abide by the prescribed metronomic speeds of An Coimisiun.

**Novice** Reel 128-130 Light jig 116 Single jig 124 Slip Jig 124 Heavy Jig 96 Hornpipe 144

**Primary** Reel 116-118 Light jig 116 Single jig 124 Slip Jig 120 Heavy Jig 82 Hornpipe 130

**Intermediate/Open** Reel 113 Slip Jig 113 Heavy Jig 73 Hornpipe 113

**Traditional Set Dance** Blackbird 144 St. Patrick's Day 94 Job of Journeywork 138 Garden of Daisies 138 King of Fairies 130 Three Sea Captains 96 Jockey to the Fair 90

### NOVICE AND PRIMARY GRADE

9. There will be a minimum of 2 Novice Dances up to and including the Under 11 age group. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances,
10. All Novice Competitions are open to ALL regions. All Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
11. Any dancer who wins 1st, 2nd or 3rd in Novice must move up to Primary providing there are 6 or more dancers in the competition.
12. Any competitions in Novice, Primary and Intermediate, in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only place in 3 such competitions and they then must move up to the next grade.
13. There will be no restriction on the step content performed in the Primary grade.
14. A Primary dancer is one who has never won a first in that particular dance.
15. If there are more than 20 competitors in any Primary solo competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or less competitors, then only the 1st placed dancer will be required to move up to the next grade. **Please note this applies to solo Primary competitions only.**
16. Primary Trophy Competitions are confined to dancers who have never won a Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice or Primary section on the day of the Feis.
17. A winner of a Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
18. Only skirts and tops or a simple class costume may be worn in the Novice and Primary Grades.

19. Make up will not be permitted for any dancer in the first two grades (Novice and Primary up to and including the under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.
20. At any one Feis, a Primary dancer may only dance each solo dance once.
21. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
22. Any competition in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade.
23. At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

#### **INTERMEDIATE GRADE**

24. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
25. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their pre-sent age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
26. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
27. At any one Feis, an Intermediate dancer may only dance each solo dance once, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
28. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
29. Any competition in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade.
30. At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

#### **PRELIMINARY CHAMPIONSHIP/PREMIER**

31. A preliminary dancer is one who has not been placed in the top 5 in a mixed open championship in any region in the current calendar year.
32. A preliminary dancer is one who has not won a Preliminary Championship/ Premier in any region in the current calendar year.
33. An intermediate dancer may also compete in a preliminary Championship/ Premier. Places in preliminary competitions will not count for grading purposes.
34. A preliminary Championship/ Premier must have a minimum of 5 competitors.
35. A dancer may enter a preliminary Championship/ Premier and an open championship if they are eligible.

#### **OPEN GRADE**

36. With the exception of the Under 6 and 7 age groups, any dancer who has won an Open Championship before a panel of three adjudicators must dance Open (This does not include Boys Championships).
37. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.
38. The wording 'Championship' will only be used where there is a panel of 3 adjudicators.

## **ALL GRADES**

39. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.
40. Dancers must dance in their own age group for solo competitions if that age group is provided for.
41. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this.

## **FIGURE DANCING**

42. Figure teams may contain up to 50% from a lower age group.

## **GENERAL FEIS RULES**

43. Any protest against breach of rules must be made in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.
44. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC: 1 medal where there is 3 competitors 2 medals where there are 5 competitors 3 medals where there are 7 competitors 4 medals where there are 10 competitors and 1 medal for each additional 10 or part of 10 competitors.
45. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.
46. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.
47. In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.
48. Mobile phones and electronic games must be switched off in all of the dancing areas.
49. Abusive language and offensive behavior will not be tolerated. Any person acting in such a way will be asked to leave the Feis.
50. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgment of an entry will be deemed to be an acceptance of this provision by a dancer.
51. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
52. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition
53. Where Family Fees are applicable. These fees shall only include 1 Light Trophy and 1 Heavy Trophy per Child. Any additional Trophy Competitions are not eligible for the Family Fee and need to be paid for separately.
54. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

# Costume Rules

4.4 That costumes or costuming be defined as any element of performance / presentation clothing worn by a dancer in the course of a competition, including, but not limited to, dress, waistcoat, trousers, shoes, head wear, capes, shawls, socks, underwear and make-up.

4.4.1 Skirt length: All costumes, both for solo and team dancers, must be no shorter than mid-thigh in the back of the leg. 4.4.2 Necklines must be at collarbone level or above. This does not preclude the use of alternative fabrics, e.g. lace, as an inset.

4.4.3 Costumes must consist of full front, side and back sections. Cut-away styles, without a full skirt backing, are not acceptable.

4.4.4 In order to protect dancers from hazardous objects on stage while competing, costumes may not be decorated with feathers.

4.4.5. Dance Drama costumes must be in keeping with the theme of the story portrayed.

4.4.6. Competitors in all age groups, up to but excluding Mean grad (Intermediate), may only wear traditional class costumes or long / short-sleeved blouses / polo tops and skirts / tunics that conform to the regular costume length rules as above. Low-cut tops and short, tight skirts are not permitted.

4.4.7. Where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff. 4.4.8. Costumes for both boys and girls should not include representations such as globes, medals or any other item symbolic of an award having been achieved

4.4.9. All forms of dance school identification, be it by sign, shape, colour-piece, logo or symbol be banned from all solo costumes worn by any competitor in any competition. NEW: Initials and name are added to this rule, effective January 1st 2015.

4.4.10 Appropriate underwear, covering the midriff, must be worn. Where tights are worn, they must be of a denier of not less than 70.

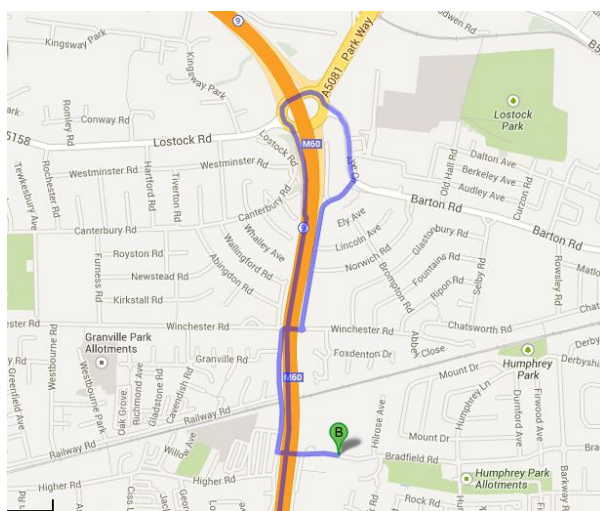
4.4.11 Body suits should be of premium fabric and not showing the body contour in detail. Recommended fabrics include: velvet and lycra. See the attached illustrations for details.

4.4.12 Skirts worn over bodysuits should be the same length as full costumes and sit at the dancer's mid-thigh at the back, with sufficient material to allow for movement when raising the leg. Tight sport skirts or gym skirts are not suitable. Wrap-around skirts should be secured with a pin.

4.4.13. That all personal initials and any other name form which leads to personal identification be banned from solo costumes. Failure to comply may result in a dancer being denied the opportunity to compete at any event. Effective 1st January 2015.

4.4.14. Costumes should have traditional themes and cartoon characters should not be permitted. Effective 1st January 2015. General suggestions on choosing the style of your costume: Particularly if you are not familiar with the region you are teaching in, it is suggested that you attend a few Feiseanna to get a sense of the colours and styles already used in your region. New teachers are encouraged to select colour schemes that do not closely resemble those of established dance schools. It is also suggested to lean toward a more traditional style of costume (and colours) for your class and to steer away from the latest trend in solo costumes. Keep in mind that trends fade and you may want your class costume's design to stand the test of time. The use of stones / gems and glittery fabric is discouraged on class costumes.

## DIRECTIONS:



St Antony's College can be found just a few minutes after exiting the M60 Ring Road (W and N) at Junction 9. Urmston/Trafford Park/A5081

**FROM THE SOUTH:** Take a right signposted A5081 Trafford Park. At the roundabout immediately after leaving the motorway take the fourth exit on to Barton Road. \*\*

**FROM THE NORTH:** Keep right at the fork following signs for B5158/Urmston/Stretford. At the roundabout take the second exit onto Barton Road. \*\*

\*\*Then take the next right onto Moss Vale Crescent, which continues onto Moss Vale Road.

At the mini roundabout take the second exit onto Winchester Road.

Driving under the motorway take the first exit at the mini roundabout onto Moss Vale Road. Finally, take the following left onto Bradfield Road, and the destination will be on your left