

L.A.D.C Studios Doherty Petri Munster  
presents the 49<sup>th</sup> annual

# Rock of Cashel Championships

**Golden GAA COMPLEX, Golden,  
Co. Tipperary  
5<sup>th</sup> & 6<sup>th</sup> March 2022**

## Moltóirí

Breeda Mulcahy ADCRG Munster  
Brian Corrigan ADCRG Leinster  
Gerard Carson ADCRG Ulster

## Ceoltóir

Sean Mortalo Leinster

## Tabulation

Mairead Hackett Hasty Munster

## **All enquiries to:**

**Michelle Lawrence ADCRG 0877827730**

**Carmel Lawrence TCRG 0878782978**

All grades open to all regions Worldwide

**Entries via [www.entrytable.ie](http://www.entrytable.ie)**

Admission Door Entry €5 Cash only per Adult per Day

Approved by:



On behalf of Comhairle Na Mumhan Feis registrar 27/01/2022

**Claraithe leis an Coimisiun le Rinci Gaelacha**

Dear Teachers & Parents,

Thank you for your continued support over the years and we look forward to welcoming you to our delayed 49<sup>th</sup> annual ROCK OF CASHEL CHAMPIONSHIPS. Our venue is the Golden Parish hall, which is just 4 miles from Cashel town center on the main Cashel/Limerick road N74. It is a large sports arena with male & female changing area, car park and refreshments will be available all day.

**CATERING & VENDORS:**

Vinnys Take Away Tea & Sweet Room open all day in venue.  
Dance City Dance Wear

**AWARDS:**

**Saturday – Championships & Preliminary**

- Sashes & Trophies for Top 5 in all Craobh Comórtas
- Trophy for Highest placed Boy in Craobh Comórtas where there is no Boy placed in Top 5
- Top 5 Preliminary Winners on Saturday during Craobh Comórtas will be awarded Rock of Cashel Trophies, Sash for 1<sup>st</sup> place.
- 50% Recall in all Craobh Comórtas where there are 21 or more competitors to a max of 20 recalls.
- Preliminary Championships available from 9 – 10 to 15 – 16

**Sunday – Grades**

- **Large Trophy 1<sup>st</sup> place in Reels**
- Trophies for 1<sup>st</sup> place in all grade solo competitions.
- Trophy for Highest placed Boy in Trophy Reel.

***Sheila Hayes Memorial & Eíbhlin Ní Riain Memorial Competitions***

***Sheila Hayes Memorial***

*Reel or Slipjig - Step down the line u12*

*One dancer will be awarded the overall winner as chosen by the adjudicator and will receive a perpetual cup and sash in honour and memory of our beautiful friend/ teacher and adjudicator taken far too soon.*

***Sheila Hayes RIP***

***Eíbhlin Ní Riain Memorial Competition***

*Heavy jig or Hornpipe - Step down the Line Competition over 12*

*One dancer will be awarded the overall winner as chosen by the adjudicator and will receive a perpetual cup and sash in honour and memory of the founder of this very Championships “Feile Rince Caiseal, now Rock of Cashel Championships” in 1971, former member of an Comhairle na Mumhan, loved & sadly missed by all our family. Eíbhlin a friend and mentor to so many.*

***Eíbhlin Ní Riain RIP***

***Bí ag Rince leis na haingil ar neamh***

**Accommodation:**

**Baileys Hotel Cashel:** 00353 62 61937  
**Rockhouse B&B Cashel:** 00353 62 61760  
**Horse & Jockey Hotel** 00353 504 44192

Nearby airports: Cork airport: 99km 1 hour via M8 / N73 / N20

Shannon Airport: 86km 1 hour 56mins Via N24

Dublin Airport: 170km 1 hour 40 mins via M8 / M7

We would like to wish all competitors and teachers the very best of luck in the upcoming Oireachtas Rince na Cruinne 2022.

Many thanks,

*Carmel, Michelle, Elaina & Kara\**

The Rock of Cashel Championships Organisers & associates or the Golden GAA Complex accept NO responsibility for loss or injury to persons or articles in or around the hall

**ONLINE ENTRY ONLY:** [www.entrytable.ie](http://www.entrytable.ie)

*Craomh Comórtas* €35 (4 Results 3 solo 1 Overall plus Results Pack)

*Craomh Comórtas (inc PreLim.)* €45 (5 Results 3 solo 2 Overall plus Results Pack)

*Príomh Comórtas Under 6* €20 (3 Results 2 Solo 1 Overall)

*Preliminary ONLY* €25 (3 Results 2 solo 1 Overall plus Results Pack)

**GRADES:** Cor Trophy €6 – Solos €5 – Teams €5 each dancer

**Family Fee. Siblings only.** €65 to a max of 15 competitions excl Príomh Comórtas

**Entries opening on Monday 7<sup>th</sup> Feb 10am**  
**Closing Sunday 20<sup>th</sup> February 6pm**

**Covid-19 Guidelines**

ALL GOVERNMENT GUIDELINES WILL BE ADHERED

(At the time of Printing and subject to change)

Rock Of Cashel Championships reserves the right to amend this syllabus to facilitate Covid19 restrictions. It is only by working together with a flexible, understanding, and a co-operative outlook, that Feiseanna can take place.

Wearing a face covering / mask helps to prevent the spread of COVID-19. It is strongly recommended to wear a face covering / mask in situations where physical distancing is difficult. Face coverings / masks are always in addition to, and never a substitute for, other Public Health measures including physical distancing, hand hygiene and practising appropriate respiratory etiquette.

Mask wearing will remain a requirement at the feis. All dancers aged 13+ will be asked to wear masks until they are ready to step onto the stage, at which point we would ask that they put their mask on their wrist before performing

**IF YOU HAVE A TEMPERATURE, SORE THROAT, HEADACHE, LOSS OF TASTE, LOSS OF SMELL, ETC. YOU SHOULD NOT ATTEND THE FEIS.**

As the restrictions on capacity has been removed, spectators are welcome and can pay their admission fee at the door

## Rock of Cashel Championships 'Saturday 5<sup>th</sup> March 2022'

TIME	CHAMPIONSHIP	DANCES
<b>9am Sharp</b>	9-10	P.Trom/Cornphiopa , Cor, Seit Nua
	10-11	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
<b>11.00 am</b>	11-12	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	12-13	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
<b>1.00 pm</b>	5-6	Cor, Port Eadrom no Port Singil 2 Rounds
	6-7	Cor, Port Eadrom & Port Singil
	7-8	Cor, Port Trom & Seit Tradisiunta
	8-9	Cor, Port Trom & Seit Tradisiunta
	Sheila Hayes Memorial Competition (1 Adjudicator)	Under 13 Step down the Line Cor nó Port Luasca
<b>2.30 pm</b>	Lunch	
<b>3.00 pm</b>	13-14	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	14-15	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
<b>4.30 pm</b>	15-16	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	16-17	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	Eíbhlin Ni Riain Memorial Competiton (1 Adjudicator)	Over 13 Step down the Line P.Trom/Cornphiopa
<b>6.00 pm</b>	17-19	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	19-21	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua
	Over 21	P.Trom/Cornphiopa , Cor,P/ Luasca, Seit Nua

**Please note that all times are approximate & competitions  
CAN START up to 30 minutes before scheduled time.**

CHAMPIONSHIPS WILL ALTERNATE AS ABOVE

**ATTENTION: Please review the new  
PRELIMINARY CHAMPIONSHIP RULE FOR IRELAND**

*(EFFECTIVE FROM 1<sup>st</sup> JANUARY 2022)*

### **DATA PROTECTION**

As a feis organiser and a member of An Coimisiún le Rincí Gaelacha (CLRG), We aim to protect all user information in accordance with the EU General Data Protection Regulation 2018. Please see link for more information:

[General Data Protection Regulation \(GDPR\) Compliance Guidelines](#)

Compliance Guidelines : As a member of CLRG, we comply with the CLRG GDPR Regulations. Please see link for more information: Privacy Policy (clrg.ie) We are committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place suitable procedures to safeguard and secure the information we collect. Some personal data is required to be shared in order to gain information about who is taking part in our competition. This information may be shared with CLRG and members of the feis committee. If you have any concerns with the way your data is being collected, stored or used, please contact [carmellawrence@gmail.com](mailto:carmellawrence@gmail.com) All Information will be destroyed 14 days after the feis.

## *Rock of Cashel Championships 'Sunday 6<sup>th</sup> March 2022'*

<b>TIME</b>	<b>COMPETITION</b>	<b>GRADE</b>	<b>STAGE A</b>	<b>STAGE B</b>
9 am	Cor (Trófaí)	Ungraded	Under 5	
	Port Éadrom	Ungraded	Under 5	
9 am	Cor (Trófaí)	Bun		5-6
	Port Éadrom	Bun		5 6
9.30 am	Cor (Trófaí)	Tus	5-6	6-7
	Port Éadrom	Tus	5-6	6-7
	Port Singil	Tus	5-6	6-7
10.30 am	Cor (Trófaí)	Mean	5-6	6-7
	Port Singil	Mean	5-6	6-7
	Port Luasca	Mean	5-6	6-7
	Port Éadrom nó Trom	Mean	5-6	6-7
11.30 am	Cor (Trófaí)	Bun	7-8	8-9
	Port Éadrom	Bun	7-8	8-9
	Cor (Trófaí)	Tús	7-8	8-9
	Port Singil	Tús	7-8	8-9
	Port Éadrom no Trom	Tús	7-8	8-9
12.30 am	Cor (Trófaí)	Mean	7-8	8-9
	Port Singil	Mean	7-8	8-9
	Port Éadrom no Trom	Mean	7-8	8-9
	Seit Traidisiúnta	Mean	7-8	8-9
2.00 pm	Sos lóin	Lunch Break		
2.30 pm	Cor (Trófaí)	Bun	9-10	10-11
	Port Éadrom	Bun	9-10	10-11
	Cor (Trófaí)	Tus	9-10	10-11
	Port Singil	Tus	9-10	10-11
	Port Éadrom no Trom	Tus	9-10	10-11
3.30 pm	2/ 3/ 4 & 8 Hands		Under 11	Over 11
4.00 pm	Cor (Trófaí)	Mean	9-10	10-11
	Port Singil	Mean	9-10	10-11
	Port Éadrom no Trom	Mean	9-10	10-11
	Seit Traidisiúnta	Mean	9-10	10-11
	Cornphiopa Traidisiúnta	Mean	9-10	10-11
5.00 pm	Cor (Trófaí)	Bun	11-12	Over 12
	Port Éadrom	Bun	11-12	Over 12
	Cor (Trófaí)	Tus	11-12	Over 12
	Port Singil	Tus	11-12	Over 12
	Port Éadrom no Trom	Tus	11-12	Over 12
6.00 pm	Cor (Trófaí)	Mean	11-12	Over 12
	Port Singil	Mean	11-12	Over 12
	Port Éadrom no Trom	Mean	11-12	Over 12
	Seit Traidisiúnta	Mean	11-12	Over 12

**Please note that all times are approximate & competitions  
CAN START up to 30 minutes before scheduled time.**



## Feis Rules

### FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1<sup>st</sup> March 2014.  
(Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1<sup>st</sup> September.
- All Graded competitions are open to all regions
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1<sup>st</sup> 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

#### **Bun Grad:**

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

#### **Tus Grad:**

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

#### **Primary Grad (Munster specific criteria):**

- Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade.
- Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
- Solo costumes can be worn by dancers in this grade
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

#### **Mean Grad:**

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

#### **Ard Grad:**

- Open to any dancer who :
  - is a pupil of a registered teacher
  - is qualified to compete as regards age and place of residence
  - is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
  - is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)



- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

## Craobh Comortas (Championship):

- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
  - Is judged by at **least 3 Adjudicators**.
  - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
  - U6 Craobh Comórtas are not permitted (Munster specific – Sep 1<sup>st</sup> 2015).
  - All competitors will receive an award in the light round of any Craobh Comórtas competition.

## Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by **one adjudicator**, where the following conditions apply:
  - **Two dances** to be performed by each competitor.
  - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
    - Those stipulated for the older age groups and set out above or
    - Two light dances (Munster Specific).
  - When a dancer wins First place in a Priomh Comortas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
  - U6 Championships must be Priomh Comórtas (Munster specific – Sep 1<sup>st</sup> 2015).

## Preliminary Championship Ruling (Effective from Jan 1<sup>st</sup> 2022 – All of Ireland )

A Preliminary Championship must be adjudicated by 3 or more Adjudicators and must consist of 2 Rounds, 1 Light Round – Reel/Slip Jig, and 1 Heavy Round – Heavy Jig/Hornpipe. Preliminary Championships may run as a "stand alone" competition or may be incorporated into the Open Championship. Dancers may compete in an Open or a Preliminary Championship or both.

## RULES AND ELIGIBILITY

To be eligible to compete in a Preliminary Championship:

- Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
- Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship.
- Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2022) or previous year (2021).
- Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year (2022) or previous year (2021).
- Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year HOWEVER, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances with which they won the Preliminary Championship).

## EXCEPTIONS PERTAINING TO OIREACHTAS IN INDIVIDUAL REGIONS

- Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- Boys who have qualified for Oireachtas Rince na Cruinne but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Preliminary criteria, may continue to compete in Preliminary Championships.

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## Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g., mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g., iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

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## Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1<sup>st</sup>
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent/guardian/teacher.

