

# MT. RAINIER FEIS 2022

HOSTED BY HALEY PRENDERGAST SCHOOL OF  
IRISH DANCE

## SUNDAY, JULY 31, 2022

*THIS IS A "BLACK-OUT" FEIS. DANCERS AT ALL LEVELS ARE ENCOURAGED TO WEAR A PLAIN BLACK OUTFIT RATHER THAN A SCHOOL OR SOLO COSTUME. PLEASE SEE THE GUIDELINES BELOW.*

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REGISTER FOR THE FEIS VIA [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

### REGISTRATION CLOSES JULY 8, 2022

LATE REGISTRATION WILL INCUR AN ADDITIONAL FEE  
SYLLABUS AND ADDITIONAL INFORMATION ALSO AVAILABLE AT  
[WWW.HPIRISHDANCE.COM](http://WWW.HPIRISHDANCE.COM)

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#### ADJUDICATORS:

FINNUALA IRWIN, ADCRG  
LAURA LEMESURIER, ADCRG  
CHRISTINE MAGUIRE DUIGNAN, ADCRG  
ZACK WARSHAW, ADCRG  
TBA

#### MUSICIANS:

FR. RYAN DUNS  
TBA

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### BLACK HILLS HIGH SCHOOL

### 7741 LITTLEROCK RD SW; OLYMPIA, WA 98512

HOTEL & VISITOR INFORMATION: FOR MORE INFORMATION ON HOTELS AND FUN ACTIVITIES  
IN THE AREA VISIT OUR WEBSITE AT [WWW.HPIRISHDANCE.COM](http://WWW.HPIRISHDANCE.COM)

REGISTERED WITH AN COIMISIÚN LE RINCÍ GAELACHA

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UPDATED 5/25/22

## TENTATIVE SCHEDULE

SUNDAY, JULY 31

COMPETITIONS WILL BEGIN AT 9:00 AT BLACK HILLS HIGH SCHOOL

- CEILI DANCES – ALL AGES INCLUDING ADULT. (NOTE: THIS IS THE ONLY DAY CEILI DANCES ARE OFFERED)
- OPEN CHAMPIONSHIPS – ALL AGES
- PRELIMINARY CHAMPIONSHIPS (2 ROUNDS) – ALL AGES
- SOLOS (GRADE LEVELS) – ALL AGES INCLUDING ADULTS

*THIS IS A TENTATIVE SCHEDULE AND IS SUBJECT TO CHANGE BASED ON ACTUAL REGISTRATION.*

ALSO JOIN US FOR THE 22ND ANNUAL DANCE FOR LIFE FEIS ON SATURDAY, JULY 30<sup>TH</sup>.

THIS IS A STANDALONE FEIS WITH COMPETITIONS FOR ALL AGE GROUPS AND LEVELS.

YOU MUST REGISTER FOR THE DANCE FOR LIFE FEIS SEPARATELY AT [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

### 2022 MT. RAINIER FEIS FEES

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OPEN CHAMPIONSHIP & ADULT CHAMPIONSHIP	\$55.00
PRELIMINARY CHAMPIONSHIP (2 ROUND COMPETITION: HARD SHOE, SOFT SHOE)	\$40.00
SOLOS, FLAT FEE LIGHT SHOE	\$25.00
SOLOS, FLAT FEE HARD SHOE	\$20.00
FIGURES, FLAT FEE BEGINNER AND OPEN	\$10.00
FAMILY REGISTRATION FEE	\$25.00
LATE FEE: <i>ENTRIES ACCEPTED BETWEEN 7/9 – 7/20</i>	\$20.00
<i>ENTRIES ACCEPTED AFTER JULY 20</i>	\$50.00

### PLEASE NOTE:

- THIS FEIS ACCEPTS ONLY US FUNDS DRAWN ON A US BANK. THERE IS NO EXCEPTION TO THIS POLICY. CHECKS SHOULD BE MADE PAYABLE TO: "HPID/DANCE FOR LIFE".
- THE FAMILY REGISTRATION FEE INCLUDES ACCESS TO ONLINE RESULTS; **NO PRINTED RESULTS WILL BE SOLD AT THE FEIS.**
- THE FAMILY MAXIMUM IS \$150. THIS EXCLUDES ANY SPECIALS, FAMILY REGISTRATION, PROGRAM AND LATE FEES.
- DANCERS WHO HAVE MOVED UP IN LEVEL AT THE DANCE FOR LIFE FEIS, AND WHO ARE REGISTERED TO COMPETE IN THE MT. RAINIER FEIS THE FOLLOWING DAY, HAVE THE OPTION TO CHANGE THEIR LEVEL FOR THE MT. RAINIER FEIS. **ALL CHANGES IN LEVEL FOR THE MT. RAINIER FEIS MUST BE DONE BY 5:00 ON SATURDAY, JULY 30. A \$10.00 PER DANCER FEE WILL BE CHARGED TO PROCESS LEVEL CHANGES.**

**SOLO COMPETITIONS**

<b>BEGINNER 1</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>12 &amp; O</b>						
REEL	101	108	115	122						
LIGHT JIG	102	109	116	123						
SLIP JIG	103	110	117	124						
SINGLE JIG	104	111	118	125						
TREBLE JIG	105	112	119	126						
HORNPIPE	106	113	120	127						
ST. PATRICK'S	107	114	121	128						

<b>BEGINNER 2</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>12 &amp; O</b>						
REEL	201	208	215	222						
LIGHT JIG	202	209	216	223						
SLIP JIG	203	210	217	224						
SINGLE JIG	204	211	218	225						
TREBLE JIG	205	212	219	226						
HORNPIPE	206	213	220	227						
ST. PATRICK'S	207	214	221	228						

<b>NOVICE</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>14 &amp; O</b>						
REEL	301	308	315	322						
LIGHT JIG	302	309	316	323						
SLIP JIG	303	310	317	324						
SINGLE JIG	304	311	318	325						
TREBLE JIG	305	312	319	326						
HORNPIPE	306	313	320	327						
TRAD SET	307	314	321	328						

<b>PRIZEWINNER</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>U16</b>	<b>16 &amp; O</b>					
REEL	401	408	415	422	429					
LIGHT JIG	402	409	416	423	430					
SLIP JIG	403	410	417	424	431					
SINGLE JIG	404	411	418	425	432					
TREBLE JIG	405	412	419	426	433					
HORNPIPE	406	413	420	427	434					
TRAD SET	407	414	421	428	435					

ADULT COMPETITIONS							
ADULT SOLOS	REEL	LIGHT JIG	SLIP JIG	SINGLE JIG	TREBLE JIG	HORNPIPE	TRAD SET
BEGINNER 1&2	600	601	602	603	604	605	606
NOVICE/PW	610	611	612	613	614	615	616
<p><i>ADULTS:</i></p> <p><i>BEGINNER/ADVANCE BEGINNER (COMBINED): ADULTS MUST DANCE THE TREBLE JIG AND HORNPIPE TO THE TRADITIONAL SPEED AND DANCE THE ST. PATRICK'S DAY SET DANCE FOR THEIR TRADITIONAL SET.</i></p> <p><i>NOVICE &amp; PW (COMBINED): ADULTS MAY CHOOSE TRADITIONAL OR SLOW SPEED FOR TREBLE JIG AND HORNPIPE AND ANY TRADITIONAL SET DANCE.</i></p> <p><i>ADULTS MAY COMPETE IN SOLOS OR CHAMPIONSHIPS, NOT BOTH</i></p>							

ADULT TEAMS	2 HAND	3 HAND	4 HAND*	6 HAND*	8 HAND*		
ALL LEVELS	855	856	857	858	859		

∅ FOUR HAND, 6 HAND & 8 HAND DANCES MUST BE FROM ÁR RINCÍ CÉILÍ.

TEAM COMPETITIONS					
BEGINNER TEAMS	U7	U9	U11	11&O	
2 HAND REEL	801	805	809	813	
3 HAND REEL	802	806	810	814	
* RULE – EACH DANCER ON THE TEAM MUST BE ENTERED IN AT LEAST ONE BEGINNER SOLO AT THE FEIS.					

OPEN TEAMS	U11	U13	U16	16&O
2 HAND REEL	835	840	845	850
3 HAND REEL	836	841	846	851
4 HAND BOOK	837	842	847	852
6 HAND BOOK	838	843	848	853
8 HAND BOOK	839	844	849	854

∅ FOUR, SIX AND EIGHT HAND DANCES MUST BE FROM ÁR RINCÍ CÉILÍ.

	U10	U12	U14	U16	16 & O	U18	18&O	ADULT
<b>PRELIMINARY CHAMPIONSHIPS (2 ROUND COMPETITION)</b>	701	702	703	704	705			
<b>OPEN &amp; ADULT CHAMPIONSHIPS</b>	712	713	714	715		716	717	929

- ⊘ PRELIMINARY CHAMPIONSHIPS WILL DANCE 2 ROUNDS: HARD SHOE & SOFT SHOE. EACH ROUND WILL BE AWARDED SEPARATELY.
- ⊘ OPEN CHAMPIONSHIP WILL DANCE 3 ROUNDS: HARD SHOE, SOFT SHOE & SET. EACH ROUND WILL BE AWARDED SEPARATELY.
- ⊘ THE COMBINED SCORES FOR ALL TWO ROUNDS (PRELIMINARY) OR THREE ROUNDS (OPEN) WILL AWARD OVERALL PLACEMENT TROPHY.
- ⊘ DANCERS WHO ARE UNDER 9 AND COMPETING IN THE U10 OPEN CHAMPIONSHIP HAVE THE OPTION OF COMPETING EITHER A TRADITIONAL OR NON-TRADITIONAL SET DANCE.
- ⊘ ADULTS MAY ENTER EITHER SOLO COMPETITIONS OR CHAMPIONSHIP COMPETITION, NOT BOTH.

## *BLACK-OUT COSTUME GUIDELINES*

WE ENCOURAGE DANCERS TO COMPETE IN BLACK-OUT ATTIRE. IT IS A GREAT WAY TO RELAX AT THIS SUMMER COMPETITION.

DANCERS PARTICIPATING THE BLACK-OUT COSTUME OPTION ARE ASKED TO FOLLOW THE COSTUME RULES OF THE CLRG ([CLRG COSTUME RULES](#)).

- ⌘ BLACK TOP: LEOTARD, T-SHIRT, BLOUSE MAY BE LONG OR SHORT SLEEVED.
- ⌘ NECKLINES MUST BE AT THE COLLARBONE OR ABOVE (NO LOW SCOOP OR V-NECKS BELOW THE COLLAR BONE). NO SLEEVELESS OR TANK TOPS PLEASE.
- ⌘ BLACK SKIRTS OR SKORTS MUST MEET THE CLRG LENGTH GUIDELINES WHICH STATE: "LENGTH OF COSTUMES MUST ADHERE TO PRINCIPLES OF MODESTY AND ENABLE DANCERS TO SAFELY EXECUTE THEIR MOVEMENTS AND STEPS. ADJUDICATORS WHO DETERMINE A COSTUME TO BE TOO SHORT OR TO LACK MODESTY MAY ASK A COMPETITOR TO CHANGE INTO BLACK TIGHTS (OF A DENIER NOT LESS THAN 70 PER CENT) FOR THE DANCER TO CONTINUE IN THE COMPETITION. WHEN WEARING BODY SUITS WITH SKIRTS (COMMONLY KNOWN AS BLACK-OUT ATTIRE) BLACK TIGHTS (OF A DENIER NO LESS THAN 70) MUST BE WORN FROM THE AGE OF 14 AND ABOVE.
- ⌘ WE ASK FOR PLAIN, BLACK ATTIRE ONLY PLEASE. WE DISCOURAGE SOLO COSTUMES, VESTS, JACKETS, TIES, WIGS, CROWNS, TIARAS, HAIRPIECES OR "BLING" OF ANY KIND ON CLOTHING OR HAIR. (SHOE BUCKLES ARE ALLOWED.)
- ⌘ NO SCHOOL BRANDED ATTIRE OR LARGE LOGOS/DESIGNS ON THE COSTUME. SMALL, DISCRETE CLOTHING BRAND LOGOS ARE ACCEPTABLE.
- ⌘ WHEN WEARING SKIRTS, BLACK TIGHTS, OR POODLE SOCKS SHOULD BE WORN (SEE NOTE ABOVE REGARDING DANCERS AGES 14 AND ABOVE.) DANCERS WEARING BLACK SLACKS SHOULD WEAR BLACK SOCKS.

## **DANCING COMPETITION RULES**

1. RULES OF THE WESTERN US REGIONAL COUNCIL ARE INCLUDED BY REFERENCE.
2. COMPETITOR'S AGE WILL BE DETERMINED AS OF JANUARY 1, 2022.
3. DANCERS MUST BE PUPILS OF A CERTIFIED TEACHER REGISTERED WITH CLRG, IDTANA AND THEIR REGIONAL COUNCIL.
4. COMPETITORS MUST BE IN THE HALL, PREPARED TO DANCE, ONE HOUR PRIOR TO THE SCHEDULED BEGINNING OF THEIR EVENT.
5. REFER TO THE [CLRG COSTUME RULES](#) FOR RULES ABOUT COSTUMES, MAKE-UP, SHOES, ETC.
6. DANCERS WHO APPEAR IN COMPETITIONS FOR WHICH THEY ARE NOT REGISTERED WILL NOT BE ELIGIBLE FOR PLACEMENT OR AWARDS.
7. WHEN AWARDS ARE ANNOUNCED FROM THE STAGE, COMPETITORS MUST BE IN COSTUME, INCLUDING DANCE SHOES, TO RECEIVE THEIR AWARDS.
8. HALEY PRENDERGAST SCHOOL OF IRISH DANCE, THE TUMWATER SCHOOL DISTRICT, THE FEIS COMMITTEE AND ANYONE ASSOCIATED WITH PUTTING ON THE FEIS, SHALL NOT BE HELD RESPONSIBLE OR LIABLE FOR ANY PERSONAL INJURY, PROPERTY LOSS, OR DAMAGE INCURRED BEFORE, DURING, OR AFTER THE FEIS, BY ANY PARTICIPANTS OR BY ANYONE ATTENDING THE EVENT.

### **LEVEL ADVANCEMENT & DEFINITIONS (AS SPECIFIED BY THE WESTERN US REGION):**

**FIRST FEIS:** THIS LEVEL OF COMPETITION IS FOR DANCERS PARTICIPATING IN THEIR FIRST FEIS EVER. DANCERS ARE ALLOWED TO ONLY DANCE AT THIS LEVEL ONCE IN THEIR DANCING CAREER, REGARDLESS OF HOW MANY DANCES THEY COMPETE IN AT THEIR FIRST FEIS.

**ADVANCEMENT BEGINNER 1, BEGINNER 2 & NOVICE:** DANCERS ADVANCE TO THE NEXT GRADE LEVEL IN EACH SPECIFIC DANCE AS FOLLOWS:

- 5 – 9 DANCERS IN THE COMPETITION: THE DANCER(S) PLACING FIRST MOVE ONTO THE NEXT LEVEL IN THAT DANCE ONLY.
- 10 OR MORE DANCERS IN THE COMPETITION: DANCERS PLACING FIRST AND SECOND MOVE ONTO THE NEXT LEVEL IN THAT DANCE ONLY.
- ADVANCEMENT ON THE SECOND DAY OF "BACK-TO-BACK" FEISEANNA IS OPTIONAL AND SUBJECT TO TEACHER DISCRETION.

**ADVANCEMENT FROM PRIZEWINNER TO PRELIMINARY CHAMPIONSHIP IS AT THE TEACHER'S DISCRETION.**

**ADVANCEMENT FROM PRELIMINARY CHAMPIONSHIP TO OPEN CHAMPIONSHIP:** DANCER MUST HAVE EARNED 3 OVERALL FIRST PLACES IN COMPETITIONS WITH 5 OR MORE DANCERS. UPON WINNING THE 3<sup>RD</sup> OVERALL FIRST PLACE IN PRELIMINARY CHAMPIONSHIP, A DANCER MUST IMMEDIATELY MOVE TO THE OPEN LEVEL, EVEN IN THE CASE OF BACK-TO-BACK FEISEANNA. (NOTE: THIS APPLIES TO BOTH 2 & 3 ROUND PRELIMINARY CHAMPIONSHIPS)

**ADULTS:** DANCERS WHO STARTED IRISH DANCE AFTER THE AGE OF 18 OR WHO ARE OVER THE AGE OF 18 AND HAVE BEEN OUT OF COMPETITION FOR 5 OR MORE YEARS.

**BEGINNER FIGURES:** FOR DANCERS WHO HAVE AT LEAST ONE SOLO DANCE IN BEGINNER 1 OR 2.

**OPEN FIGURES:** OPEN TO DANCERS AT ALL LEVELS (EXCEPT FOR DANCERS AT THE ADULT LEVEL).