

# SOUTH EAST GRADES FEIS

(Bun Grad, Tús Grad & Mean Grad)

SUNDAY 27<sup>TH</sup> MARCH 2022

The Arklow Bay Hotel  
Sea Road, Ferrybank,  
Arklow, Co.Wicklow  
Y14 DX02

## Adjudicators:

Linda Martyn A.D.C.R.G. (Galway)  
Michelle Lawrence A.D.C.R.G. (Tipperary)

## Musician:

Kevin Warren (Dublin)



## Enquiries:

Laura Kitt ADCRG - 086 353 1841  
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**PARENTS CAN ENTER DANCERS ON [WWW.ENTRYTABLE.IE](http://WWW.ENTRYTABLE.IE)**

Trophies will be awarded to prize winners from 1st to 5th place in all Trophy Competitions

Syllabus approved by: Phoebe O'Donoghue

Feis Registrar An Comhairle Laighean

		GRADE	STAGE 1	STAGE 2
<b>9am</b>	Gor (Reel)	Bun	U-6 U-7	U-5 U-8
	Port Eadtrom (Light Jig)	Bun	U-6 U-7	U-8
	Port Luascadh (Slip Jig)	Bun	U-6 U-7	U-8
TROPHY DANCE	Rince Eadtrom (Light Trophy Dance)	Bun	U-6 U-7	U-5 U-8
	Gor Beirte (Two Hand Reel)			Faoi 9
	<b>Results/Torthaí</b>			
<b>10.15am Approx</b>	Gor (Reel)	Tús	U-7	7-9
	Port (Light Jig/Heavy Jig)	Tús	U-7	7-9
	Port Singil (Single Jig)	Tús	U-7	7-9
TROPHY DANCE	Rince Eadtrom (Light Trophy Dance)	Tús	U-7	7-9
	Gor (Reel)	Mean	U-7	7-9
	Port Singil (Single Jig)	Mean	U-7	7-9
TROPHY DANCE	Port (Light Jig/Heavy Jig)	Mean	U-7	7-9
TROPHY DANCE	Rince Leath Trad (Trad Set Dance)	Mean	U-7	7-9
	<b>Results/Torthaí</b>			
<b>11.30am Approx</b>	Gor (Reel)	Bun	U-9	U-10
	Port (Light Jig/Heavy Jig)	Bun	U-9	U-10
	Port Luascadh (Slip Jig)	Bun	U-9	U-10
	Port Singil (Single Jig)	Bun	U-9	U-10
TROPHY DANCE	Rince Eadtrom (Light Trophy Dance)	Bun	U-9	U-10
	Gor Beirte (Two Hand Reel)		Faoi 11	
	Gor Triur (Three Hand Reel)			Faoi 11
	<b>LUNCH</b>			
<b>1pm Approx</b>	Gor (Reel)	Bun	U-11 O-12	U-12
	Port (Light Jig/Heavy Jig)	Bun	U-11 O-12	U-12
	Port Luascadh (Slip Jig)	Bun	U-11 O-12	U-12
	Port Singil (Single Jig)	Bun	U-11 O-12	U-12
TROPHY DANCE	Rince Eadtrom (Light Trophy Dance)	Bun	U-11 O-12	U-12
	Gor Beirte (Two Hand Reel)		Faoi 12	
<b>Results</b>	Gor Triur (Three Hand Reel)			Faoi 12

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		GRADE	STAGE 1	STAGE 2
	Cor (Reel)	Tús	9-11	11-13 O-13
	Port Luascadh (Slip Jig)	Tús	9-11	11-13 O-13
	Port (Light Jig/ Heavy Jig)	Tús	9-11	11-13 O-13
TROPHY DANCE	Rince Eadtrom (Light Trophy Dance)	Tús	9-11	11-13 O-13
	<b>Results/Torthaí</b>			
<b>3.30pm approx</b>	Cor (Reel)	Mean	9-11	11-13 O-13
	Port Luascadh (Slip Jig)	Mean	9-11	11-13 O-13
	Port (Light Jig/ Heavy Jig)	Mean	9-11	11-13 O-13
TROPHY DANCE	Rince Trom (Heavy Jig/Hornpipe)	Mean	9-11	11-13 O-13
TROPHY DANCE	Rince Leath Trad (Trad Set Dance)	Mean	9-11	11-13 O-13
	<b>Results/Torthaí</b>			

## ENTRY PROCESS

**PARENTS CAN ENTER DANCERS ON [www.entrytable.ie](http://www.entrytable.ie)**

Entries will only be accepted from parents or dancers whose teachers are registered with An Coimisiún le Rincí Gaelacha (CLRG)

**Entries OPEN: Tuesday 8th February 2022**

**Entries CLOSE: Tuesday 22nd March 2022**

	TAILLÍ /PRICES :
Solo Dance	€ 5
Trophy Dance	€ 8
Teams	€ 3 per competitor
Admission	€ 5 per adult

**Admission fee of € 5 per adult payable at the door. Spectators are welcome**



**ALL FEES ARE NON-REFUNDABLE EXCEPT IN THE EVENT THAT THE FEIS DOES NOT PROCEED**

**\* TOP 5 DANCERS IN TROPHY COMPETITIONS WILL RECEIVE A TROPHY**

**\* ALL SOLO AND FIGURE DANCE WINNERS WILL RECEIVE A TROPHY**

**\* ALL DANCERS WILL BE PLACED IN THE REEL AND TROPHY DANCES**

### ADDITIONAL INFORMATION

- This event will be subject to covid restrictions in place at the time of the event
- All times on the syllabus are approximate
- Please follow the [South East Grades Feis Facebook Page](#) for regular updates



## Rialacha na Féile

1. Age as on 1<sup>st</sup> January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rinci Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 *age group*.
4. Competitors in Bun Grád & Tus Grád, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. Bun Grád competitions confined to dancers who have never won 1<sup>st</sup> prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. Tús Grád competitions confined to dancers who have never won 1<sup>st</sup> prize for that particular dance in any age group in Lár, Méan or Árd.
10. Méan grad competitions confined to dancers who have never won 1<sup>st</sup> prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
11. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards.
14. Traditional set dance must be chosen from the following list:- St. Patrick's day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the Fair or Three Sea Captains.
15. Dances permitted in Rince Trom are : Heavy Jig or Hornpipe
16. Dances permitted in Rince Eadtrom are : Reel, Light Jig, Slip Jig, Single Jig
17. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1<sup>st</sup> January may perform en pointe from September of the previous year.
18. Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, l pads, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
19. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.
20. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. (or teacher)
21. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.
22. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.
23. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
24. Social Media Rule - Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.
25. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. [DLPLeinster@gmail.com](mailto:DLPLeinster@gmail.com) Please contact her if you have any concerns in regard to any child safety at the event.

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Feis Registrar An Comhairle Laighean