

2021 Cara Dances On Feis

Black Out/Feis T-shirt Feis
Ft Lauderdale/Dania Beach, Florida
Sunday, June 26, 2022

COVID mitigation efforts may be required by all participants and spectators

Back to Back with
Orange State Feis
Saturday June 25th, 2022

*Syllabus approved by IDTANA, Southern Region Liason,
Maureen Armstrong, ADCRG, approved 4/25/2022.*

Le Meridien Dania Beach at Fort Lauderdale Airport,
1825 Griffin Road, Dania Beach, Florida 33004

Reservations - Limited quantity - book early!
Special Group Rate of \$179.00 per night
(rate available only while supplies last or until June 1, 2022)
“Drake Irish Dance Orange Feis Competition”

Link: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1647287861990&key=GRP&app=resvlink>

REGISTER VIA www.iFeis.net

Regular Registration closes June 1, 2022 Registrations after June 1, 2022 with additional \$30.00 fee.

Syllabus and entry form also available at www.OrangeStateFeis.com

Feis T-shirts available by pre-order by June 1st, only via www.ifeis.net or
www.orangestatefeis.com

Invited Adjudicators: TBD-All domestic

Invited Musician: Sean Warren, FL

General Inquiries should be addressed to Sarah at Sarah@Shanleygroup.com
Registration inquiries to Registrar, Tricia at FeisingFun@gmail.com
IFeis account creation Support@iFeis.net

CARA DANCE ON Feis 2022

Entries must be paid to be accepted. under the cap. Strict no refund policy.

Fees (includes scores):

Solo, Treble Reels, Specials, Non-Traditional Set, Traditional Set (each)	\$10
Preliminary Championships (2 rounds)	\$40
Open Championships (3 rounds)	\$50
Cultural Art Competition	\$10
Figure dancing (per person)	\$10
Facility fee	\$30
Feis t-shirt (pre-order only)	\$20 (XXL \$22)
Late fee after June 1, 2022 (per person)	\$30
Late registration closes June 8.	

NO REFUNDS. Mail entries will be charged a \$10.00 processing fee. Mail payment by check or money order is no charge. Mailed payments should be directed to Orange State Feis, 10022 NW 19th St, Coral Springs, FL 33071. A NSF/return check fee of \$35.00 will be applied and the total will be due in cash.

BEGINNER							
	Under 5	Under 7	Under 9	Under 11	Under 13	13 & Over	Adult
Reel	105R	107R	109R	111R	113R	114R	901R
Light Jig	105L	107L	109L	111L	113L	114L	901L
Slip Jig	x	107S	109S	111S	113S	114S	901S
Single Jig	x	107N	109N	111N	113N	114N	901N

ADVANCED BEGINNER							
	Under 5	Under 7	Under 9	Under 11	Under 13	13 & Over	Adult
Reel	205R	207R	209R	211R	213R	214R	902R
Light Jig	205L	207L	209L	211L	213L	214L	902L
Slip Jig	205S	207S	209S	211S	213S	214S	902S
Single Jig	205N	207N	209N	211N	213N	214N	902N
Treble Jig	205T	207T	209T	211T	213T	214T	902T
Hornpipe	205H	207H	209H	211H	213H	214H	902H
Hard shoe: fast speed only (traditional)							

NOVICE						
	Under 7	Under 9	Under 11	Under 13	13 & Over	Adult
Reel	307R	309R	311R	313R	314R	903R
Light Jig	307L	309L	311L	313L	314L	903L
Slip Jig	307S	309S	311S	313S	314S	903S
Single Jig	307N	309N	311N	313N	314N	903N
Treble Jig	307T	309T	311T	313T	314T	903T
Hornpipe	307H	309H	311H	313H	314H	903H
Hard shoe: choice of speed						

PRIZEWINNER						
	Under 7	Under 9	Under 11	Under 13	13 & Over	Adult
Reel	407R	409R	411R	413R	414R	904R
Slip Jig	407S	409S	411S	413S	414S	904S
Treble Jig	407T	409T	411T	413T	414T	904T
Hornpipe	407H	409H	411H	413H	414H	904H
Hard shoe: choice of speed						

Traditional Sets		
Age	Novice & Prizewinner	Prelim & Open Champions
U10	510TS	x
U12	512TS	522TS
U14	514TS	524TS
14&0	515TS	525TS

Non Traditional Sets		
Age	PZW Non Trad Competition	Prelim Non Trad Competition
Under 12	512NT	522NT
Under 14	514NT	524NT
14 & Over	515NT	525NT

Cara Dances On Charity Treble Reels Donations made to the Cara Dances On Foundation			
Grades – Beg thru Prizewinner		Preliminary & Open Champions	
U10	510TR	U12	522CTR
U12	512TR	U14	524CTR
12&0	513TR	14&0	525CTR

FIGURES					
	U11	U13	U16	16&0	Adult
2-Hand	921	922	923	924	925
4-Hand	941	942	943	944	945
8-Hand	981	982	983	984	985

Masters Preliminary Comp	Masters Open Comp
Open to any dancer over the age of 25 Who has previously placed in the top three of a youth Preliminary competition of 5 or more competitors. 2 rounds - choice of soft shoe and choice of hard shoe	Open to any dancer over the age of 25 who has not competed in a youth Open Championship 3 rounds – Choice of Soft shoe, choice of Hard shoe and Non-Traditional Set
725	825

PRELIMINARY CHAMPIONSHIP – 2 Rounds		OPEN CHAMPIONSHIP – 3 Rounds	
U9	709P	U9	809C
U10	710P	U10	810C
U11	711P	U11	811C
U12	712P	U12	812C
U13	713P	U13	813C
U14	714P	U14	814C
U15	715P	U15	815C
U16	716P	U16	816C
16 & O	717P	U17	817C
Adult 3 round Special *SS, HS & Trad Set	905P*	U18	818C
		18&O	819C
If there are 5 Gents in any 2 consecutive years, Gents will dance separately.		3 Gents in any 2 consecutive years, Gents will dance separately	

1. NO REFUNDS
2. Adult competitors and parents of children competitors are entirely responsible for their own safety. Neither Orange State Feis, Cara Dances On, Drake School of Irish Dance, or the venue will be liable for any injury that occurs at this event. By entering this feis you are agreeing to these terms and waive any rights to bring legal claim for personal injury.
3. Any COVID mitigation efforts must be fully adhered to by all participants and spectators.
4. Entries are not valid until payment is received. Any unpaid entries will be dropped without notice at registration closing.

Cara Dances On Feis 2022 Entry Form

NAME _____ DOB _____ M or F

ADDRESS _____

EMAIL _____

PHONE _____

SCHOOL _____

TEACHER _____

EVENT	COMPETITION #	QTY	PRICE	TOTAL
Event #'s _____		_____	\$10.00	_____
Specials: Traditional Sets _____ Treble Reel, Non-Trad Set,		_____	\$10.00	_____
Preliminary Champ _____		_____	\$40.00	_____
Open Champ _____		_____	\$50.00	_____
Other _____		_____	\$10.00	_____
Subtotal of all Competition Fees			_____	
Feis Facility Fee			\$30.00	<u>\$30.00</u>
Late Fee postmarked after 6/1			\$30.00	_____
Mailed entry Fee			\$10.00	<u>\$30.00</u>

TOTAL AMOUNT DUE _____

Make Check Payable to Orange State Feis
Mail to: Orange State Feis
C/O Sarah Shanley
10022 NW 19th Street
Coral Springs, FL 33071

IDTANA Southern Region-Dancing Competition Rules

EFFECTIVE JANUARY 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiún, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 1. a) Conduct unbecoming a lady or gentleman.
 2. b) Failure to report on time to compete. (Penalty: disqualification from said event)
 3. c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.
4. Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
5. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
6. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult, and Master level competitions:
 1. a) Must compete in their proper age group.
 2. b) Must be prepared to perform two steps in each event.
 3. c) Cannot change competition on the day of the Feis.
7. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
8. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
9. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
10. Complaints regarding the running or rules of a Feis must be in writing, stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
11. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
12. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
13. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
14. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of _____ (Determined by the Feis).

15. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
1. a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 2. b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
 3. c) The regional syllabus where the Feis is being held may have different qualifications for entry.
16. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
17. Preliminary Championships are open to those who, at any recognized Feis:
1. a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
 2. b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 3. c) The regional syllabus where the Feis is being held may have different qualifications for entry.
18. Championships and Preliminary Championships require at least three adjudicators.
19. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
20. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
21. **Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
- Advanced Beginner Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade (Prizewinner):** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

Adult Dancers and Adult Competition in the Southern Region

All items in this section relating to Adult dancers and Adult competitions were passed by the membership at the December 13, 2020 online Zoom meeting.

*Southern Region feiseanna may offer a Masters level after January 1, 2021.

*A Masters Preliminary dancer is defined as any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.

*A Masters Open level dancer is defined as any dancer over the age of 25 who has ever competed in a youth Open Championship competition.

*Dancers over the age of 25 currently competing in either youth championship level may move at any time into the corresponding Masters level, but will then no longer be eligible to compete in a youth solo championship.

*An adult dancer beyond Beginner is defined as any dancer who started Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a Youth Preliminary competition of more than five competitors. (Background: The last line ensures that former competitive championship dancers enter the Mater level instead of the adult category)

*All Southern Region feiseanna must offer Adult competitions, including Adult championships, starting May 1, 2021.

*All Southern Region feiseanna must offer Master level competitions starting May 1, 2021.

*All Masters levels consist of one light round (reel or slip jig) and one heavy round (treble jig or hornpipe) to facilitate the possibility of merging at Southern Region feiseanna. Feiseanna may offer additional Masters level competitions including traditional set, non-traditional set etc.

*All Southern Region feiseanna may combine the Masters levels into one competition in the event that fewer than five Masters Preliminary level dancers are entered.

*Dancers competing at the Adult Championship level may move to the Masters Prelim level per teacher's discretion.

*For Masters level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Masters competition of five or more competitors would count towards that progression.

*The Southern Region is to offer separate solo championship competitions for Adults and Masters at our Regional Oireachtas starting in 2021, with traditional set as the third round for Adults, and non-traditional set as the third round for Masters.

*Only dancers who meet the definition of "Adult dancer" may compete in Adult Ceili competitions. Masters level solo dancers competing in a Ceili must compete in the Youth Ceili categories.

22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)

25. In matters pertaining to adjudication, the decision of the adjudicators is final.

26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

27. First Feis (if offered), Beginner, and Advanced Beginner dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels. Refer to Master Category rules in regard to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
30. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
31. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
32. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
33. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
34. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
35. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.
36. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
37. Absolutely no refunds.