



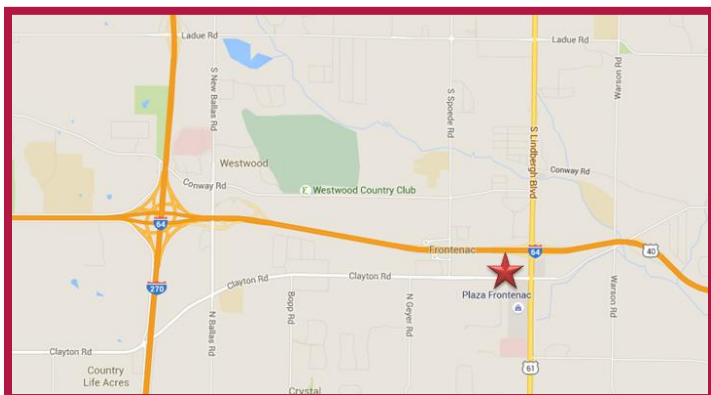
## ST. LOUIS AN SAMHRA FEIS

The Clarkson School of Irish Dance  
Proudly presents and sponsors the

# St. Louis An Samhra Feis

## Saturday July 23, 2016

St. Louis Hilton Frontenac  
1335 S. Lindbergh Blvd.  
St. Louis MO 63131



## AN SAMHRA FEIS INFORMATION

Online registration opens from Mar 01 to Jul 13.

[www.QuickFeis.com](http://www.QuickFeis.com)

600 Beginners-Open/Prizewinner  
150 Preliminary/Open Champions

Feis Registration

Friday Evening: 6:30 pm - 8:00 pm

Saturday Morning: 7:15 am

Feis Begins Promptly at 8:00 am  
Music, Art, and Craft Competitions:  
Friday 7:00-8:30 pm

**After July 13 all registration and changes  
must be done in person at the Feis.**

## 2016 GRADES EXAMS

St. Louis An Samhra Feis is offering grade exams on  
Friday July 22, 2016  
from 8:00 am to 6:00 pm.  
See the last two pages of this syllabus for details.

## 2016 NAFC CHAMPIONSHIPS

*JERRY CAMPBELL SENIOR BELT*

*ROBERT GABOR JUNIOR TROPHY*

*GEORGE SWEETNAM MINOR TROPHY*

*Arizona - Grand Resort - Phoenix, AZ – Jan 16*

*U15 - Edward Calahan Music Scholarship*

*Catskill Mountain Feis – Aug 6*

*15 and over - James Brennan Music Scholarship*

*Montreal Feis – May 26*

## NAFC COMMISSION

Member of the North American Feis Commission  
President: Lori Seeman  
[president@northamericanfeiscommission.org](mailto:president@northamericanfeiscommission.org)

Member of  
An Coimisiun, Dublin, Ireland

# An Samhra Feis – Saturday July 23, 2016

## REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration. Online registration will accept credit card payment only *Sorry - no checks will be accepted at any time.*

### REGULAR FEES Mar 01 to Jul 13

Solo Dancing  
Music / Adult \$ 9 per competitor per comp

Preliminary / Open  
Championship \$ 40 per competitor

Figures / Ceili **TEAM FEE**  
(see details in figure/ceili section)

Event Fee  
(per family) \$ 15 per family

Family Max \$ 100 per family (up to July 13) \*\*

Results FREE

## LATE FEES

After July 13, all changes and new registrations must be made **AT THE FEIS** and the following fees will be due in **IN ADDITION TO THE REGULAR FEES ABOVE.**

Credit card or cash only.

*Sorry - no checks will be accepted at any time.*

**\*\*NO FAMILY MAX AFTER JULY 13**

	QUICKFEIS Mar 01 to Jul 13	IN PERSON At the Feis
CHANGE Fee – per competitor	NONE	\$ 25
NEW Registration Fee per competitor	NONE	\$ 50

## REGISTRATION RULES

- Payment must be made at the time of registration.
- Entries are not valid until full payment is received.
- No personal checks will be accepted at any time.
- From Mar 01 to Jul 13 all registration must be done with QuickFeis. No mailed entries will be accepted.
- After July 13 – all registration changes and new registration can only be done AT THE FEIS.
- Please, do not email the feis committee with registration changes, they will not be processed.

## AN SAMHRA FEIS RULES

1. Registration changes can only be made:
  - a. Mar 01 – July 13 - ONLINE ONLY with QuickFeis – return to your account and up to July 13 you can make your own changes for FREE.
  - b. After July 13, all changes must be made AT THE FEIS and will incur a change fee of \$25 (this does not include adding any new competitions which will be charged the regular fees).
2. Absolutely NO REFUNDS will be made.
3. No CHECKS or mailed entries will be accepted – all registrations will be with QuickFeis up to July 13. After July 13, if the Feis has not capped, new registrations will be taken AT THE FEIS ONLY with an additional late fee of \$50 per dancer.
4. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area; champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.

**ABSOLUTELY NO REFUNDS  
OF ANY KIND AT ANY TIME**

## HOTEL INFORMATION:

### St. Louis Hilton Frontenac

(Feis uses this hotel's conference facilities)

1335 South Lindbergh Blvd

St. Louis, MO 63131

(314) 993-1100

(800) 325-7800

\$112/Night

- Complimentary hotel shuttle service to/from Lambert Airport is available (7am-11pm).
- Free Parking
- Outdoor Pool - Fitness Center - Sauna
- Reservations can be made by calling hotel directly at (314) 993-1100.
- Ask for the St Louis An Samhra Feis room block.
- Feis rate available until July 10, 2016.

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## NUMBERING SYSTEM

The following numbering system complies with the NAFC Mid America Standardized Syllabus for 2011.

1 <sup>st</sup> Digit	Level Category: FIRST FEIS Dances all begin with 1, BEGINNER 1 with 2, and so forth
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SN</b> = SINGLE JIG <b>SJ</b> = SLIP JIG <b>TJ</b> = TREBLE JIG <b>HP</b> = HORNPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET <b>SD</b> = SET DANCE ...

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and over).

## FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS								BOYS							
	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>O11</u>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>O11</u>
<b>REEL</b>	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
<b>LIGHT JIG</b>	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
<b>SINGLE JIG</b>	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN	155SN	156SN	157SN	158SN	159SN	160SN	161SN	162SN
<b>SLIP JIG</b>	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

## BEGINNER 1 (BEGINNER)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

Beginner 1 is defined as a dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1<sup>st</sup> of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the feis has not closed to changes. Note: A Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS									
	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>		
<b>REEL</b>	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL		
<b>LIGHT JIG</b>	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ		
<b>SINGLE JIG</b>	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN	255SN	256SN	257SN	258SN	259SN	260SN	261SN	262SN	263SN		
<b>SLIP JIG</b>	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ											
<b>TREBLE JIG</b>	205TJ	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ	255TJ	256TJ	257TJ	258TJ	259TJ	260TJ	261TJ	262TJ	263TJ		
<b>HORN PIPE</b>	205HP	206HP	207HP	208HP	209HP	210HP	211HP	212HP	213HP	255HP	256HP	257HP	258HP	259HP	260HP	261HP	262HP	263HP		

# An Samhra Feis – Saturday July 23, 2016

## BEGINNER 2 (ADVANCED BEGINNER)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is defined as anyone who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS									
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13		
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL		
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ		
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	356SN	357SN	358SN	359SN	360SN	361SN	362SN	363SN	364SN		
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ											
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ		
HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP		
ST. PATRICK'S DAY	306SP	307SP	308SP	309SP	310SP	311SP	312SP	313SP	314SP	356SP	357SP	358SP	359SP	360SP	361SP	362SP	363SP	364SP		

## NOVICE

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
*HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

## PRIZE WINNER (OPEN)

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
*HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

# An Samhra Feis – Saturday July 23, 2016

## PRELIMINARY CHAMPIONSHIP

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition

Dancers will perform 48 bars of the reel or 40 bars of the slip jig and 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	BOYS/MEN & GIRLS/LADIES*									
	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round.

No set dance competitions are offered for Preliminary Championship competitors.

**Championship competition order will be from YOUNGEST to OLDEST**

## OPEN CHAMPIONSHIP

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

	GIRLS / LADIES						BOYS / MEN				
	<u>U10</u>	<u>U12</u>	<u>U14</u>	<u>U16</u>	<u>U18</u>	<u>O18</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>O17</u>
Open Championship	710OC	712OC	714OC	716OC	718OC	719OC	761OC	763OC	765OC	767OC	768OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round.

ALL Open Championship dancers will be required to dance their set dance following the soft shoe round.

**Championship competition order will be from YOUNGEST to OLDEST**

# An Samhra Feis – Saturday July 23, 2016

## ADULT COMPETITIONS

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers in the Adult categories cannot enter any competition other than Adult specified competitions.

A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

	<u>Beginner 1 and 2</u>	<u>Novice / Prizewinner</u>
REEL	835RL	855RL
LIGHT JIG	835LJ	855LJ
SINGLE JIG	835SN	855SN
SLIP JIG	835SJ	855SJ
TREBLE JIG	835TJ	855TJ
HORNSPIPE	835HP	855HP

## FIGURES AND CEILI (\$6 PER DANCER)

- There are no restrictions on figure age groups. (Effective December 2014).
- Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- Ceili teams (8 hands) are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules
- **NEW REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the **TEAM FEE** for the entire team. The team **MUST** wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

### FIGURE DANCING

	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>	<u>4 HAND Reel/Jig</u>
<b>Regular Team Fee</b>	<b>\$ 12</b>	<b>\$ 18</b>	<b>\$ 24</b>
Under 7		931FD	941FD
Under 9		932FD	942FD
Under 11		933FD	943FD
Under 13		934FD	944FD
Under 15		935FD	945FD
Over 15	926FD	936FD	946FD

### CEILI DANCING

<u>8 Hand Ceili Dance</u>	
<b>Regular Team Fee</b>	<b>\$ 48</b>
Under 8	981C
Under 10	982C
Under 12	983C
Under 15	984C
Over 15	985C
Adult	986C

# An Samhra Feis – Saturday July 23, 2016

## TREBLE REELS

### BOYS/MEN & GIRLS/LADIES

	<u>U14</u>	<u>O14</u>
GRADE Treble Reel	514TR	515TR
CHAMPIONSHIP Treble Reel	714TR	715TR

## MUSIC

- Only traditional music will be accepted.
- Music classifications are reels, jigs (double, slip, and single), hornpipe, airs, marches, and polkas-set dance.
- Electronic or amplified instruments will not be permitted.
- A tin whistle must have a metal body, a plastic tip, and only 6 holes.
- A beginner is anyone who started playing after Jan 1, 2016.
- Beginners will play one piece from the above classifications.
- Advanced competitors will play two pieces of contrasting tempo.
- Entrants may compete in only one category for each instrument.
- Miscellaneous instruments may include any other acoustic instrument.

	<u>Beginner Level</u>					<u>Advanced Level</u>				
	<u>U8</u>	<u>U12</u>	<u>U15</u>	<u>U18</u>	<u>O18</u>	<u>U8</u>	<u>U12</u>	<u>U15</u>	<u>U18</u>	<u>O18</u>
<b>Tin Whistle</b>	908BTW	912BTW	915BTW	918BTW	919BTW	908ATW	912ATW	915ATW	918ATW	919ATW
<b>Fiddle</b>	908BFD	912BFD	915BFD	918BFD	919BFD	908AFD	912AFD	915AFD	918AFD	919AFD
<b>Flute</b>	908BFL	912BFL	915BFL	918BFL	919BFL	908AFL	912AFL	915AFL	918AFL	919AFL
<b>Accordion</b>	908BAC	912BAC	915BAC	918BAC	919BAC	908AAC	912AAC	915AAC	918AAC	919AAC
<b>Harp</b>	908BHP	912BHP	915BHP	918BHP	919BHP	908AHP	912AHP	915AHP	918AHP	919AHP
<b>Miscellaneous</b>	908BM	912BM	915BM	918BM	919BM	908AM	912AM	915AM	918AM	919AM

## TRADITIONAL SONG

	<u>U13</u>	<u>O13</u>
Beginner - Traditional Song	913BV	914BV
Advance – Traditional Song	913AV	914AV

## ART AND BAKING

	<u>U18</u>	<u>O18</u>
Arts & Crafts	918AC	919AC
Baking	918B	919B



# An Samhra Feis – Saturday July 23, 2016

## MID-AMERICA REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
  - a) Conduct unbecoming a lady or gentleman.
  - b) Failure to report on time to compete. (Penalty: disqualification from said event)
  - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.  
Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - (a) Must compete in their own age group.
  - (b) Must be prepared to perform two steps in each event.
  - (c) Cannot change competition on the day of the Feis.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
  - (a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
  - (b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
  - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
15. Boys and girls CANNOT be combined EXCEPT according to the following:
  - (a) All boys competitions below Preliminary Championships shall be initially entered in single year age groups;
  - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
    - (1) Into double age groups, all boy or all girl; and
    - (2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
    - (3) Any competitions so combined shall be run as a single competition.
16. Preliminary Championships are open to those who, at any NAFC recognized Feis:
  - (a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
  - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
  - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
17. Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
19. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered. (See Rule 14, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category. [except as outlined in Rule 18, above].



# An Samhra Feis – Saturday July 23, 2016

21. Grade Levels:
- Beginner 1** (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.
- Beginner 2** (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade** (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
- a) There are no restrictions on figure age groups. (Effective December 2014)
- b) Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- c) 8 hand teams are allowed to repeat dancers at all Mid-West Feiseanna in accordance with the World and regional Oireachtas rules.
25. In matters pertaining to adjudication, the decision of the adjudicators is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
29. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
30. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.
34. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
35. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
36. In order to compete in Mid-America Feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules.

## COSTUME RULE

Effective January 2015, at all Mid-America region Feiseanna, boys and girls competing in age groups up to and including Under 9 must follow the costume rule as stated:

### MID-AMERICA REGION COSTUME RULE

- a) Dresses may be one piece or two pieces.
- b) No animal prints.
- c) No low cut necklines.
- d) No decorations including rhinestones or sequins of any kind.
- e) No reflective fabric (this does not include satin).
- f) No embellishments.
- g) Base material and appliqué materials must be solid colors. (No plaids, stripes, patterns, flowers or reflective materials, etc).
- h) Any embroidery and appliqué used on the dress must be of a traditional nature.
- i) Length must comply with An Coimisiun.
- j) No jewelry.
- k) Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.
- l) Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- m) Buckles are allowed on shoes that do not include rhinestones.
- n) All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- o) The costume rule applies to class costumes worn for solo competitions.
- p) All of the above applies to headpieces, socks and shoes.
- q) This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- r) The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).

The consequence for not following the Mid-America Region costume rule is as follows:

**The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.**

**The An Samhra Feis will not give any refunds for any rule violations – including these new costume rules**

This will go into effect January 2015

# An Samhra Feis – Saturday July 23, 2016

## GRADE EXAMINATIONS

St. Louis An Samhra Feis is offering grade exams on Friday July 22, 2016. Grade exams are one way to show your dance proficiency outside of a competitive environment. They aim to ensure that dancers at all levels learn the basics of each dance and that each dancer is given guidance on ways to improve his/her dancing. The exams are different from competitions, as the focus is more on the individual. Feedback is given to each dancer, highlighting their good points as well as the things they need to improve. Credits from the grade exams can be applied toward the solo dance portion of the TCRG and ADCRG examination. Dancers do not need to be regular feis competitors in order to participate in grade exams.

In all there are 12 grades plus a Preliminary Grade. This year we are offering Grade 1-12. Different dances are specified for each grade. Each grade must be passed before a dancer may attempt the next grade. Up to three grade examinations may be taken at one time. A certificate is awarded for each grade passed. A dancer who passes all twelve grades receives "The Diploma of the Irish Dancing Commission."

Talk to your TCRG/ADCRG if you have questions about the grade examinations. Further information can also be found on the An Coimisiun site here: [http://www.clrg.ie/documents/Grade Syllabus 2013.pdf](http://www.clrg.ie/documents/Grade%20Syllabus%202013.pdf)

Please complete the entry form (see last page) and mail to address with payment. Mailed registration is the ONLY way to register for these Grade exams. QuickFeis is only for the dance and art competitions. Space is limited.

Examiner: TBD

Fees:	Grades 1- 3 fees	\$31 each grade per person
	Grades 4 - 6 fees	\$40 each grade per person
	Grades 7 - 10 fees	\$52 each grade per person
	Grades 11 - 12 fees	\$100 each grade per person

Checks payable to: St. Louis An Samhra Feis  
C/O Clarkson School of Irish Dance  
PO Box 1772  
St. Louis, MO 63011

Location: Clarkson School of Irish Dance 14353 Manchester Road St. Louis, MO 63011

Time: ANY time between 8:00 am to 6:00 pm – Friday July 22, 2016

### **General Examination Rules:**

- a) Exams are limited to THREE taken at the same time. Any number up to 3 may be taken. A 3-month period must elapse before the next grade is attempted.
- b) Examinees must be examined by at least FOUR different examiners up through Grade 10 (and at least 2 up through Grade 6). It is up to you to ensure that you have the requisite number.
- c) Exams must be taken and passed in order. If you pass an exam out of order, An Coimisiun will discard the results.
- d) Grades 5-9 include ceili dances from D. An Rinci Foirne Ceili. If there are not enough dancers to dance the ceili dances, the examiner will question the candidate on the dance to assess their knowledge of the dance.
- e) Retest policy: If passed, may retake only if approved by CLRG in writing.
- f) No fee refunds will be provided. If you do not pass one exam, you cannot take the next. Please do not register for more than one unless you are confident that you are prepared for all.
- g) 2016 Date & Start Time: Friday July 22, 2016, 8:00 a.m. Details regarding arrival time and schedule will be sent to registered examinees closer to the exam date.
- h) Examinations are CLOSED to spectators. Feis staff will enforce this rule. Please do not attempt to watch these competitions.

# An Samhra Feis – Saturday July 23, 2016

## GRADE EXAMINATIONS – REGISTRATION FORM

St. Louis An Samhra Feis Grade Exam Registration  
Friday July 22, 2016 at the Clarkson Studio 8:00 am – 6:00 pm  
14353 Manchester Rd., Manchester, MO 63011

### Competitor Information:

Competitor Name:		DOB:	
Street Address:			
City:			
State:		Zip Code:	
Dance School:			
Email address:			
Cell Phone number:			

*(where you can be reached the day of the exam if needed)*

### Examination Registration:

Please check the grade examination you wish to enter. A maximum of 3 exams may be attempted at one time.

If you have taken previous exams, please include all of your passed exam certificates, and mark the dates of the exams you passed on this form. This is needed to register for the more advanced grades.

Please write a check out for the total amount due to:

**St. Louis An Samhra Feis**

Mail this entry form along with your payment to:

**Clarkson School of Irish Dance  
PO Box 1772  
Manchester, MO 63011**

Email questions to:

[Mary\\_g\\_clarkson@hotmail.com](mailto:Mary_g_clarkson@hotmail.com)

If this is your FIRST time taking a grade exam, fill out this form and return with payment.

If you have taken previous exams, please include all of your passed exam certificates.

Complete rules are on page above and on our website [www.ansamhrafais.org](http://www.ansamhrafais.org).

Grade	Date Passed	Entry Fee	Subtotal
1		\$ 31.00	
2		\$ 31.00	
3		\$ 31.00	
4		\$ 41.00	
5		\$ 41.00	
6		\$ 41.00	
7		\$ 52.00	
8		\$ 52.00	
9		\$ 52.00	
10		\$ 52.00	
11		\$ 100.00	
12		\$ 100.00	
<b>TOTAL DUE:</b>			\$

**NO REFUND**