

*Celebrating our
30th Anniversary*

SATURDAY 21st & SUNDAY 22nd JANUARY 2023

**NORTH EAST OF ENGLAND
IRISH DANCE CHAMPIONSHIPS**

**PARKS LEISURE CENTRE
HOWDON ROAD, NORTH SHIELDS
TYNE & WEAR. NE29 6TL**

ADJUDICATORS

Melissa Convery-Masterson	Co. Down
Kathleen Murray	Hertfordshire
Julie Showalter-Marshall	North East
Stephen McAteer	London
Michael Donnellan	Co. Clare
Des Silke	Surrey

MUSICIANS

Martin Daly	Glasgow
Liam O'Sullivan	Newcastle

FEIS RESULT BY MAIRE TREACY - DIXON ADCRG

"Claraithe Leis An Coimisiun Le Rinci Gaelacha"

Email Entries to:
nechampionships@gmail.com
Closing date: 9TH JANUARY 2023
All enquiries to: Barbara Slater ADCRG
Mobile: +44 777 1711 273



Welcome to The 2023 North East of England Irish Dance Championships

*The Championships are dedicated to the loving memory of our
Beautiful mam Muriel Slater*

Dear Teachers, Parent / Guardians and Dancers,

On behalf of the Championship organisers we would like to extend a very warm welcome to this year's annual North East of England Championships.

We will once again host our event at The Parks Leisure Centre, which has two full size championship stage's, a dance studio for practise, ample changing facilities and plenty of parking in front and to the rear of the venue. As always superb hot and cold food will be available throughout the weekend.

From under 10yrs upwards all Open and Prelim Championships will run on Saturday 21st January 2023. All Grades, plus Open solo & Championships from U5 to U9yrs will run on Sunday 22nd January 2023.

There will be a 100% recall in all Open & Preliminary Championships, to give dancers the opportunity to dance their set dances in readiness for forthcoming major championships.

The top five dancers in all Trophy Reel competitions will receive trophy awards. The first placed winner in each grade competition will receive a trophy award. There will also be 3 overall teachers awards for each grade section - Beginner, Primary and Intermediate.

We have an impressive line up of adjudicators and musicians and look forward to the very high standard of dancing our event always attracts.

To complete our Championship & Prelim day of competitions on Saturday we will run The Liam Harper Boys Trophy Competition, followed by the Junior & Senior Champion of Champions competition. There will also be a Minor Champion of Champions competition on Sunday. Followed by The Parade of Champions on both days.

Looking forward to welcoming you all to the North East Region and thank you for your continued support.

Kindest Regards

Barbara Slater ADCRG and Team Clann na nGael

Approved by North East Regional Council Signed - Lisa Williamson Feis Registrar

RULES GOVERNING FEIS

1. Entries by email to: nechampionships@gmail.com CLOSING DATE 9TH JANUARY 2023

2. Age to be taken from 1st January 2023. Entries may only be accepted from teachers registered with An Coimisiun Le Rinci Gaelacha.

3. All entries must be paid. There will be no refunds unless a competition is cancelled.

4. The Adjudicators decision is final. Prizes will be awarded in accordance with CLRG rules.

5. Beginner competitions are open to dancers who have never won a first place in that particular dance in any age group. Only basic steps may be performed. **No clicks or rocks.**

The Beginners Trophy Reel is confined to dancers who have danced in the Beginners Reel and have not previously won a Beginners Trophy Reel in any age group.

6. Primary competitions are open to dancers who have never won a first place in that particular dance in any age group. Excluding 1st placings won in the Beginner grades.

The Primary Trophy Reel is confined to dancers who have danced in the Primary Reel and have not previously won a Primary Trophy Reel in any age group.

7. Intermediate competitions are open to dancers who have not won a first place in that particular dance in their present age group.

The Intermediate Trophy Reel is confined to dancers who have danced in the Intermediate Reel competition and have not won an Intermediate Trophy Reel in their present age group.

8. If there are 5 or less competitors in any grade competition results will not effect a dancers grading status. However should a dancer win 3 such competitions they will move up to the next grade.

If there are 15 or more competitors in any Beginner competition, 1st 2nd & 3rd placed dancers will move up to the next grade. If less than 15 competitors only the 1st placed dancer will regrade.

9. Grade competitions are open to All Regions. Competitors upto and including U12 age in the **Beginner & Primary** grades may only wear a traditional class costume or a simple long/short sleeved top, polo shirt, body suit with skirt, tunic/trousers that conform to the regular costume length rule. Low cut tops & short tight skirts are not permitted.

10. Costume length: Length of costumes must adhere to principle of modesty & enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty, may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators must agree to ask the dancer to wear tights. **(Effective from 1st March 2022)**

11. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not fully cover the areas of the body will be asked to wear black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one, all adjudicators on the panel must agree to ask the dancer to wear tights. (Effective from 1st of March 2022).

12. With the exception of the Under 5, U6 & U7 age groups, a dancer who has won an Open championship, must dance in open competitions in the calendar year in which the championship was won

13. Respect for fellow competitors on stage is a requirement at all times. Lack of respect of courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

14. Make-up will not be permitted for any dancer in the first two grades (Beginners & Primary) up to & including the Under 12 age group worldwide. For the purpose of this rule, the term 'make-up' includes tinted moisturizer and any artificial tanning products. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the under 10 age group.

15. All Open, Prelim and Local challenge cups, are perpetual trophies and must be returned to the feis organisers when requested. The recipient/guardian is responsible for any loss or damage to the award whilst in their possession.

16. Teams may contain up to 75% from a younger age group. A dancer may only compete in one team in the same age group, i.e., 1 x 2 hand, 1 x 3 hand etc. - the only exception to this would be where a dancer could dance in a mixed and unmixed 8 hand ceili team in the same age group.

17. No block, en Pointe, stationary or moving, is allowed to be performed for all ages up to and including the Under 12 Age Group.

18. Any competitor found to be using artificial carriage aids, and subsequently refuses to remove the same, will be subject to disqualification from that particular competition. Medically-prescribed apparatus (proof of which may be required) will be exempt from this ruling.

19. Dancers must be suitably dressed at all times. Changing facilities will be provided, therefore there should be no changing in public areas.

20. Any objections to these rules should be made in writing and handed to the Feis secretary with a fee of £20.00. The objection must be lodged within one hour after the completion of the competition. Where the objection is sustained the fee will be returned.

21. No video or digital cameras, or phone cameras or flash photography to be used during competitions. Mobile telephones and electronic games must be switched off in dancing areas.

22. No consumption of Alcohol is allowed in the building.

23. Competitors are required to be ready to dance 30 minutes before their competitions are scheduled. They may lose their right to compete if not side stage when required.

24. The Feis organisers will as far as reasonably practical provide suitable surfaces for dancing. However they cannot be held responsible, or accept any liability for any injuries sustained whilst dancing. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.

RULES CONTINUED.

25. Subject to the approval of the Regional Council, the Feis organisers may cancel or amend any competitions in this syllabus. All teachers would be informed of any changes made.

26. North East teachers are required to forward a copy of their entry to the Regional Records clerk: Jo Place Email: jo_place1@yahoo.co.uk on or before the 9th January 2023 Feis closing date. A £20 fine will be imposed by the Council for non-receipt of copy entries.

Metronome Speeds (effective from 1st January 2022)

DANCE	BEGINNER	PRIMARY	INTERMEDIATE
REEL	122 - 124	116 -118	113
SINGLE JIG	124	124	124
LIGHT JIG	116	116	116
SLIP JIG	124	120	113
HEAVY JIG	96	76	73
HORNPIPE	144	118	113

TRADITIONAL SET DANCE SPEEDS

ST PATRICKS DAY	94
BLACKBIRD	144
GARDEN OF DAISIES	138
JOB OF JOURNEY WORK	138
KING OF THE FAIRIES	130
THREE SEA CAPTAINS	96
JOCKEY TO THE FAIR	90

27. PRELIMINARY CHAMPIONSHIPS

A. A minimum of three adjudicators must officiate. **B.** The first age group for prelim champions is under 10yrs.
C. Where a Preliminary Championship is held separate from an Open Championship three rounds should be included; ie Reel or Slip jig, Jig or Hornpipe and any Set Dance. **D.** Where a Preliminary Championship is combined with an Open Championship, the result for the Preliminary Championship should be taken from eligible dancers ranking after the first two rounds.
E. Where there are separate Open and Preliminary Championships, dancers may compete in both championships at the discretion of the feis organiser. **F.** Where a competitor wins two Prelim Championships, they must dance in Open Championship for a period of 12 months thereafter. **G.** For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary Championship within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancers start afresh.
H. Where there are less than 6 competitors in a Prelim Championship, that will not normally be considered for grading purposes. However where a dancer wins three Prelim Championships, regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter. **I.** Dances performed in a Preliminary Championship do not count for grading solo competitions. **J.** Dancers placing 1st - 3rd in an Open Championship with up to 20 competitors, or 1st - 5th in an Open Championship with more than 20 competitors, cannot compete in a Preliminary Championship for a period of 12 months. **K.** A solo World Qualifier (in the previous 12 months) will not be eligible to compete in a Preliminary Championship, the exception to this would be any dancer who may have automatically qualified due to low numbers in his/her respective Regional Oireachtas.

OPEN CHAMPIONSHIPS

Under 10 to Senior Championships will be adjudicated by a panel of six adjudicators. One panel of 3 for rounds 1 & 2, further panel of 3 for 3rd round.
All Championships are mixed unless there are 5 or more boys in any age group.
We continue to recognise our local dancers, the highest placed N.East dancer in every Open Championship from Under 8 upwards will be presented with the local award.
A Parade of Champions will take place at the end of both competition days, which will include the top 3 placed dancers in all Open Championships, the Prelim Champion and local champion. This will be Followed by the adjudicators selecting our Minor, Junior and Senior Champion of Champions, who will be awarded our beautiful Memorial Trophies.

COMPETITION INFORMATION, AGE GROUPS & FEES.

SOLO COMPETITIONS.

Reel (Cor) Single Jig (Port Single) Slip Jig (Port Luascach) Light Jig (Port Eadtrom)

Trophy Reel (Cor Trofai) Heavy Jig (Port) Hornpipe (Cornphiopa) **Traditional set Open U8 & U9**

Ungraded Reel: Tiny Tots Reel - Open to Dancers who are not yet ready to compete in grades.

Under 6yrs and under. Required to dance 16bars in Reel. Teachers may accompany dancers on stage.

Beginners: (bun-grad) Under 5 6 7 8 9 10 11 13

Primary: (tus-ghrad) Under 5 6 7 8 9 10 11 13 Over 13

Intermediate: (mean-grad) Under 5 6 7 8 9 10 11 12 13 14 15 Over 15

Open: (ard-ghrad) Under 5 6 7 8 9

PRELIMINARY CHAMPIONSHIPS:- OPEN TO DANCERS FROM ALL REGIONS.

Age groups: Under 10 11 12 13 14 15 Over 15

1st ROUND: Reel or Slip jig 2nd ROUND: Heavy jig or Hornpipe

3rd ROUND: Open Set Dance. **Traditional or Open Set Dance for Under 10yrs only**

PREMIER - Under 5 - Reel

OPEN CHAMPIONSHIPS - Age groups: Under 6 7 8 9 10 11 12 13 14 15 16 17 18 19 U21 O21

Under 6 & Under 7 1st Round: Reel. 2nd Round: Single Jig or light Jig

Under 8 yrs 1st Round: Reel. 2nd Round: Heavy Jig. 3rd Round: Hornpipe or Traditional S/D

Under 9 yrs 1st Round: Reel. 2nd Round: Heavy Jig/Hornpipe. 3rd Round Traditional S/Dance

To compete in Under 5 to Under 9 Open Premiers and Open Championships dancers are required to compete in the solo competitions of their relevant age groups.

Under 10 yrs to Senior: Reel (cor) or Slip Jig (port luascach) & Heavy Jig (port) or Hornpipe (cornphiopa) Recall:- Open Set Dance.

Solo Medals will be awarded to all dancers in the first 2 rounds of Prelim & Open Championships from under 10 upwards **Marks will be available for sale after each championship.**

Figure Dancing: 2 & 3hand Teachers own composition. 4, 6 & 8 hand taken from Ar Rinci Foirne

Entry Fees: Solo: £5.00 / Trophy Competition: £6.00

Open Premier: Under 5 - £10.00

Open Championship: U6 & U7 £15.00 / U8 & U9 £20.00

Open Championships: U10 - Senior - £40.00

Preliminary Championships: U10 - Over 15- £40.00

Figure Dancing £2.00 per dancer.

Dancer Maximum £55.00 / Family Maximum £80.00

Discounts: (Where an individual dancer's fees exceed £55.00

(A 'Dancers Maximum' fee of £55.00 would be payable

(Where family fee's exceeds £80.00

(A 'Family Maximum' fee of £80.00 would be payable

Championship & Prelim charged @ £20.00 when entering 5+ solo grades

Door Entry: Adult £6.00. Child FREE. Concession £3.00. 2 Day pass £8.00 Programme £5.00

Closing Date for receipt of Entries & Fees: MONDAY 9TH JANUARY 2023 Fees to be paid in Sterling

1. Please email all entries to:- nechampionships@gmail.com on or before 9th January 2023

2. Postal entries to: Feis Secretary 10 Lytham Close, Hadrian Park, Wallsend. NE28 9TJ

3. Entries will not be accepted if payment is not received by 9th January 2023.

4. BANK DETAILS WILL BE PROVIDED ON RECEIPT OF ENTRY

5. Teachers are responsible for ensuring all entries submitted are correct.

6. Details as submitted by teachers will appear in the official championship programme

7. All entries to be paid by Bank Transfer. No refunds will be given unless a competition is cancelled.

DIRECTIONS TO:- PARKS LEISURE CENTRE HOWDON RD, NORTH SHIELDS. NE29 6TL.

By Rail

From Central Station take Metro to Meadow Well Metro station. Alight from Metro station onto Bridge Street South. Head East .3 miles to 1st Round about turn right onto Howdon Road. Parks Leisure Centre on left hand side.

By Car: Approaching from the North A1

Leave A1 at junction for A19 Tyne Tunnel. Stay on A19. Take 1st slip road signed A193 North Shields. At R/Abt take 1st exit onto A193. At R/Abt take 3rd exit onto A187 Howdon. Continue on A187 crossing over 3 R/Abts. At 4th R/Abt take 1st exit which takes you into Parks Leisure Centre Howdon Road. North Shields NE29 6TL **(Due to changes in Road layout, it is no longer necessary to leave A19 at Silverlink R/A).**

By Car Approaching from the South A1 (M).

After passing Washington Services (A1M) keep right at the fork to continue on A194(M), follow signs for South Shields. At R/Abt take 2nd exit onto Leam Lane/A194. Continue on A194 at next R/Abt take 2nd exit onto A19 signed Morpeth/Tyne Tunnel. Continue on A19 and go through Tyne Tunnel. at R/Abt take exit onto signed A187 Howdon Road. Continue on A187 crossing over 3 R/Abts. At fourth R/Abt take 1st exit which takes you into Parks Leisure Centre Howdon Road. North Shields NE29 6TL

By Car Approaching from the West A69

From A69 cross over A1 to A186. At next R/Abt turn left onto A191. Follow signs for A167 to A167(M) City Bypass. Take exit onto A1085 signed Tynemouth proceed straight ahead going through several sets of Traffic lights. Take slip road signed Tyne Tunnel and stay in right hand lane. At R/Abt take 4th exit signed Tyne Tunnel A19. Take next slip road signed A193 North Shields and turn left. Move over to Rt hand lane at R/Abt take 3rd exit onto A187 Howdon Road. Continue on A187 crossing 3 further R/Abts. At fourth R/Abt take 1st exit which leads you into Parks Leisure Centre Howdon North Shields. NE29 6TL

ACCOMMODATION

<p><u>Feis Hotel:- Village Hotel</u></p> <p>Village Hotel Cobalt Business Park, West Allotment, Newcastle Upon Tyne. Central reservations: 0871 222 4600 NE27 0BY</p>	<p><u>Nearest Accommodation to Feis Venue.</u></p> <p>Premier Inn - North Shields Ferry Terminal Coble Dene Road, North Shields. NE29 6DL Tel: 0871 527 8820</p>
<p><u>Premier Inn</u></p> <p>Edmund Road, Holystone, Tyne & Wear. NE27 0UN Tel: 0871 527 8790</p>	<p><u>Helpful websites</u></p> <p>www.instepfeismanagement www.village-hotels.co.uk www.trainline.com www.skyscanner.net</p>

AIRLINES FLYING TO NEWCASTLE

Ryanair: Dublin & Cork (Cork flights available from 30.10.2022)	British Airways: London Heathrow
Easy Jet: Bristol & Belfast International	Aerlingus: Dublin
Eastern Airways: Aberdeen	Loganair: Southampton & Exeter

PROVISIONAL TIMETABLE - 2023 NORTH EAST OF ENGLAND CHAMPIONSHIPS - SATURDAY 21ST JANUARY 2023.

<u>HALL A</u>	<u>HALL A: STAGE ONE</u>	<u>HALL B: STAGE ONE</u>	<u>HALL C - PINE STUDIO</u>
08.30	U12 PRELIM & OPEN CHAMPIONSHIP	08.30 U10 PRELIM & OPEN CHAMPIONSHIP	<u>PRELIM & OPEN SET DANCE</u>
10.15	U12 PRELIM & OPEN SET DANCE	NO COMPETITIONS	<u>10.15</u> UNDER 10 SET DANCE
11.00	U13 PRELIM & OPEN CHAMPIONSHIP	11.00 U11 PRELIM & OPEN CHAMPIONSHIP	
12.45	U13 PRELIM & OPEN SET DANCE	NO COMPETITIONS	<u>12.45</u> UNDER 11 SET DANCE
13.30	LUNCH	13.30 LUNCH	
14.00	UNDER 16 OPEN CHAMPIONSHIP	14.00 U14 PRELIM & OPEN CHAMPIONSHIP	
15.45	UNDER 16 SET DANCE	NO COMPETITIONS	<u>15.45</u> UNDER 14 SET DANCE
16.30	O15 PRELIM & U17 O CHAMPIONSHIP	16.30 U15 PRELIM & OPEN CHAMPIONSHIP	
17.30	O15 PRELIM & UNDER 17 SET DANCE	NO COMPETITIONS	<u>17.30</u> UNDER 15 SET DANCE
18.00	U21 & OVER 21 OPEN CHAMPIONSHIP	18.00 UNDER 18 & U 19 OPEN CHAMPIONSHIP	
19.00	U21 & OVER 21 SET DANCE	NO COMPETITIONS	<u>19.00</u> U18 & U19 SET DANCE

RESULTS OF THE PRELIMINARY & OPEN CHAMPIONSHIPS WILL BE GIVEN IN THE PRESENTATION AREA.

LIAM HARPER MEMORIAL TROPHY - OPEN TO ALL MALE COMPETITORS-TO DANCE 16bars IN REEL TIME.

CHAMPION OF CHAMPIONS (U10-U14 & U15-SNR) ALL OPEN CHAMPIONSHIPS WINNERS

PARADE OF CHAMPIONS - TOP 3 PLACED OPEN CHAMPIONSHIP DANCERS, PRELIMINARY & LOCAL CHAMPIONS TO BE INCLUDED.

PROVISIONAL TIMETABLE - 2023 NORTH EAST OF ENGLAND GRADES & CHAMPIONSHIPS - SUNDAY 22ND JANUARY 2023.

<u>HALL A</u>	<u>STAGE ONE - FLOOR</u>	<u>STAGE TWO - STAGE</u>	<u>STAGE THREE - FLOOR</u>
08.30	UNDER 11 BEGINNERS	UNDER 13 BEGINNERS	NO COMPETITIONS
10.00	UNDER 11 PRIMARY	UNDER 13 PRIMARY	OVER 13 PRIMARY
11.15	UNDER 11 INTERMEDIATE	UNDER 13 & U14 INTER ALT	U15 & OVER 15 INT ALTERNATING
12.30	<u>UNDER 5 TINY TOTS FIRST STEPS - UNGRADED - TEACHERS ALLOWED TO ACCOMPANY CHILDREN ON STAGE.</u>		
13.30	UNDER 6 OPEN CHAMPIONSHIP	UNDER 9 OPEN CHAMPIONSHIP	

PARADE OF CHAMPIONS & 1ST PLACED TROPHY WINNERS - ALL DANCERS WILL BE ASKED TO DANCE A STEP IN THE REEL

<u>HALL B</u>	<u>STAGE ONE - FLOOR</u>	<u>STAGE TWO - STAGE</u>	<u>STAGE THREE - FLOOR</u>	<u>HALL C PINE STUDIO</u>
08.30	UNDER 10 BEGINNERS	UNDER 9 BEGINNERS	UNDER 8 BEGINNERS	<u>11.00:</u> UNDER 5 & U6
10.00	UNDER 10 PRIMARY	UNDER 9 PRIMARY	UNDER 8 PRIMARY	GRADES & OPEN ALT
11.15	UNDER 10 & U12 INTER ALT	U9 INTER & OPEN ALT	U8 INTER & OPEN ALT	<u>12.00:</u> UNDER 7
13.30	UNDER 7 OPEN CHAMPIONSHIP	UNDER 8 OPEN CHAMPIONSHIP		GRADES & OPEN

ALL DANCERS ARE REQUIRED TO BE READY TO DANCE 30 MINUTES PRIOR TO TIME SHOWN ON TIMETABLE

2023 NORTH EAST OF ENGLAND GRADE ENTRY SHEET & UNDER 5, 6, 7, 8 & 9 OPEN SOLO & CHAMPIONSHIP

SCHOOL NAME & REGION: _____

TEACHERS SIGNATURE: _____

DANCERS FULL NAME	AGE GROUP	REEL	SINGLE	SLIP	LIGHT	TROPHY	HEAVY	HORN-PIPE	PREMIER	CHAMPIONSHIP	TOTAL FEES
		£5.00	JIG £5.00	JIG £5.00	JIG £5.00	REEL £6.00	JIG £5.00	£5.00	UNDER 5 YRS £10.00	UNDER 6 & 7 £15.00 U8 & U9 £20.00	

**CLOSING DATE 9TH JANUARY 2023. PLEASE EMAIL ENTRIES TO: nechampionships@gmail.com
 PAYMENT BY BANK TRANSFER. BANK DETAILS WILL BE FORWARDED TO YOU ON SUBMISSION OF ENTRY.
 POSTAL ENTRIES TO: BARBARA SLATER 10 LYTHAM CLOSE, HADRIAN PARK, WALLSEND. NE28 9TJ**

TOTAL FEES

2023 NORTH EAST OF ENGLAND PRELIMINARY CHAMPIONSHIP ENTRY FORM

SCHOOL NAME & REGION:

TEACHERS SIGNATURE:

PRELIMINARY CHAMPIONSHIP FEE £40.00

DANCERS FULL NAME	AGE GROUP	<u>1ST ROUND</u> REEL OR SLIP JIG	2ND ROUND HEAVY JIG OR HORNSPIPE	3RD ROUND OPEN SET DANCE - OPTIONAL TRAD SET DANCE FOR UNDER 10 ONLY	TOTAL FEES

CLOSING DATE MONDAY 9TH JANUARY 2023. PLEASE EMAIL ENTRIES TO: nechampionships@gmail.com
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2023 NORTH EAST OF ENGLAND OPEN CHAMPIONSHIP ENTRY FORM

SCHOOL NAME & REGION:

TEACHERS SIGNATURE:

OPEN CHAMPIONSHIP FEE £40.00

DANCERS FULL NAME	AGE GROUP	1st ROUND	2ND ROUND	3rd ROUND	SET DANCE SPEED	TOTAL FEES
		REEL OR SLIP JIG	JIG OR HORNPIPE	OPEN SET DANCE		
		PLEASE INDICATE YOUR CHOICE	PLEASE INDICATE YOUR CHOICE	PLEASE INDICATE YOUR CHOICE OF SET DANCE		

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