

# hession

SCHOOL OF IRISH DANCING

presents



Cláraithe leis An Coimisiún le Rincí Gaelacha

## Rescheduled Dates

19<sup>th</sup> & 20<sup>th</sup> February 2022

Claregalway Community Centre,  
Claregalway, Co. Galway

**Moltóirí:** Cian Nolan - ADCRG, Munster  
Niamh Roddy-Murphy - ADCRG, Ulster  
Annette Doolan-Kane - ADCRG, Leinster

**Ceoltóirí:** Paul O'Donnell, Antrim

**\*Syllabus Approved by:** Derek Fahy

*Feis Registrar Comhairle Chonnacht*

\* The approval of this syllabus is simply to ensure that the dancers, numbers of competitions etc.. listed therein, adhere to the rules and regulations of Comhairle Chonnachta and An Coimisiun le Rince Gaelacha. It is important to highlight that during the Covid 19 pandemic, it is solely the responsibility of the organisers to ensure that all feiseanna abide by the relevant advice and directives of the government, HSE and public health authorities in force at the time of the event.

## Rialacha na Féile:

1. Entries will only be accepted from teachers currently registered with An Coimisiún le Rincí Gaelacha.
2. Age will be reckoned from the 1<sup>st</sup> of January 2022.
3. The use of camcorders is not permitted during dancing.
4. Objections must be lodged within one hour of the announcement of a competition result and accompanied by a fee of €15 from registered teachers only.
5. The feis committee will not accept any responsibility for personal injuries or damage to property on premises.
6. Competitors in Bungrád and Túsgrád may only wear a class costume, dress or skirt top.
7. Make-up, wigs and fake tan is not permissible.
8. Bungrád competitions are confined to those who have never won a first prize for that particular dance in any age group. Only basic steps may be performed. Tusgrád competitions are confined to dancers who have not won first prize in that particular dance in Tus, Mean or Árd Grád. Meangrád competitions are confined to dancers who have not won first prize in the particular dance in Mean or Árd.
9. No block, en pointe work, stationary or moving is allowed to be performed for all ages up to and including u/12.
10. PRELIM RULES RULES AND ELIGIBILITY To be eligible to compete in a Preliminary Championship:
  - Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
  - Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship.
  - Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2022) or previous year (2021).
  - Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year (2022) or previous year (2021).
  - Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year HOWEVER, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they won the Prelim Championship with).

## Enquiries:

Gemma Carney ADCRG 087 4170585  
Mary Greaney 085 8278021

## Directions:

The Claregalway Hall is located just off the Claregalway – Oranmore Rd (N18)

**Coming from Galway city/Tuam Rd (N17):** take turn at Claregalway church onto (N18) and first left.

**Coming from M6/Limerick/M18:** Take the exit for Oranmore/Baile Chláir exit

## Tailí:

Pre-entry at [www.entrytable.ie](http://www.entrytable.ie)

Open Championship €40

Preliminary Championship €30 – 2 rounds only

*(inclusive of 10 -11 to 14 -15)*

Preliminary + Open Championship €45

*(All of the above are inclusive of €5 admission)*

Grades Solo Dance €5

Príomh Comortas €15

A €5 door fee will be added to each dancers entry

Family Maximun Fee: €100

Closing Date for entries: Monday 11th February 2022

## GRADE COMPETITIONS

SATURDAY 19<sup>th</sup> February 2022

**Sashes awarded to top 5 dancers in all Príomh Chomórtais.**

9am Sharp		A	B	C
Bungrád P.C. {	Reel/Cor	U-7/9-10	7-8/0-12	8-9/10-12
	Light jig/Port Éadtrom	U-7/9-10	7-8/0-12	8-9/10-12
	Slip jig/Port Luasca	U-7/9-10	7-8/0-12	8-9/10-12
	Single jig/Port Singil	U-7/9-10	7-8/0-12	8-9/10-12
10.30am Approx				
Túsgrád	Reel/Cor	U-7/9-10	7-8/0-12	8-9/10-12
	Slip jig/Port Luasca	U-7/9-10	7-8/0-12	8-9/10-12
	Light jig/Port Éadtrom	U-7/9-10	7-8/0-12	8-9/10-12
	Single jig/Port Singil	U-7/9-10	7-8/0-12	8-9/10-12
	Heavy jig/Port Trom	U-7/9-10	7-8/0-12	8-9/10-12
	Hornpipe/Cornphíopa	U-7/9-10	7-8/0-12	8-9/10-12
	P.C. { Traditional Set/Seit Trad Any Light Dance	U-7/9-10	7-8/0-12	8-9/10-12
12pm Approx				
Meangrád	Reel/Cor (Trofaí)	U-7/9-10	7-8/12-14	8-9/10-12/O-14
	Slip jig/Port Luasca	U-7/9-10	7-8/12-14	8-9/10-12/O-14
	Light or Heavy jig/ Port Éadtrom nó Trom	U-7/9-10	7-8/12-14	8-9/10-12/O-14
	Hornpipe/Cornphíopa	U-7/9-10	7-8/12-14	8-9/10-12/O-14
	P.C. { Traditional Set/Seit Trad Any Light Dance	U-7/9-10	7-8/12-14	8-9/10-12/O-14

## OPEN COMPETITIONS

SATURDAY 19<sup>th</sup> FEBRUARY 2022

Árdgrád All competitions to run alternately

3pm (Approx)	Championship / Craobh Chomórtas	Mixed U-7*	Mixed U-8**	
3.45pm (Approx)	Championship / Craobh Chomórtas***	Girls 15-16	Girls 16-17	Boys 14-16
5.30pm (Approx)	Championship / Craobh Chomórtas***	Ladies 17-18	Ladies O/18	Men O/16

\* Reel, Single Jig & Jig/Cor, Port Singil, & Port

\*\* Reel, Heavy jig, Traditional Set/Cor, Port Trom, Seit Tradisiúnta

\*\*\* Reel or Slip jig, Heavy jig or Hornpipe, Recall Set/Cor nó Port Luasca, Port Trom nó Cornphíopa, Athglaoch Seit Nua

## OPEN COMPETITIONS

SUNDAY 20<sup>th</sup> FEBRUARY 2022

Árdgrád All competitions to run alternately

9am Sharp	Championship / Craobh Chomórtas ✓	Girls 8-9	Girls 9-10	Boys 8-10
10.30am (Approx)	Championship / Craobh Chomórtas***	Girls 10-11	Girls 11-12	
2.30pm (Approx)	Championship / Craobh Chomórtas***	Girls 12-13	Girls 13-14	
4.30pm (Approx)	Championship / Craobh Chomórtas***	Girls 14-15	Boys 10-12	Boys 12-14

✓ Reel, Heavy jig or Hornpipe, Traditional Set/Cor, Port Trom, nó Cornphíopa Seit Tradisiúnta

\*\*\* Reel or Slip jig, Heavy jig or Hornpipe, Recall Set/Cor nó Port Luasca, Port Trom nó Cornphíopa, Athglaoch Seit Nua

Inclusive of the 8-9 and 14-15 championships, all competitions will include a preliminary result based on the first two rounds



## ADDITIONAL INFORMATION

- Féile Rince Oisín is a fully vaccinated event – Proof of vaccination and ID will be required for admission
- One adult may accompany each dancer
- Dancers will be admitted to the venue at the allocated time
- Regular updates on Hession SD Facebook page throughout the day
- Face Masks required while moving throughout the hall
- U13+ will be required to wear a mask lining up side stage
- Government guidelines will be strictly adhered to
- Individual Parents (and not teachers) enter at [www.entrytable.ie](http://www.entrytable.ie)  
*Entries will only be accepted from parents/ dancers who's teachers are currently registered with An Coimisiún le Rincí Gaelacha*
- All Fees are non-refundable except in the event that the event does not proceed
- A final timetable and COVID Protocol will be issued once all entries have been received – all times are an approximate based on previous years syllabus.

## Coronavirus COVID-19



**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.dfa.ie](http://www.dfa.ie)

### How to Prevent



#### Wash

your hands well and often to avoid contamination



#### Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



#### Avoid

touching eyes, nose, or mouth with unwashed hands



#### Clean

and disinfect frequently touched objects and surfaces



#### Stop

shaking hands or hugging when saying hello or greeting other people



#### Distance

yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell

### All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](http://hse.ie) QR phone HSE Live **1850 24 1850**

### Symptoms

> Fever (High Temperature) > A Cough > Shortness of Breath > Breathing Difficulties

### For daily updates visit

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)