Feis Cúchulainn



(postponed from September '21)

Hosted By

Scoil Rince Móna Ní Rodaigh January 15th & 16th 2022

Venue St Patrick's GFC Centre,

Lordship, Dundalk, Co Louth

A91 X8XF

Moltóirí : Deirdre Farrell ADCRG - Leinster

Damian O'Kane ADCRG - Munster

Bernadine Cresham- Ball ADCRG - Connacht

<u>Ceoltóir:</u> Stephen Walker, Munster

For the latest updates follow Feis Cúchuainn on Facebook

Contact:- info@monanirodaigh.com

Maria M'aul-Whan

Sat 15^h January

*denotes approximate times- please be ready to compete 30 mins prior to indicated times.

8.30am sharp

1. Craobh Comortas & Prelim faoi 10 (2 rounds)

2. Craobh Comortas & Prelim faoi 9 (Mixed)(3 rounds)

10:00am*

3. Craobh Comortas faoi 8 (Mixed)(3 rounds)

Recall faoi 10

Results of U9 championship

4. Craobh Rince Ceili faoi 10

5. Craobh Comortas faoi 6 (Mixed)(3 rounds)

6. Craobh Comortas faoi 7 (Mixed)(3 rounds)

Results of U6, U7 & U10 & Lunch Break

1:30pm*

7. Craobh Rince Ceili 10 – 12

1:45pm*

8. Craobh Comortas & Prelim faoi 11 (2 rounds)

9. Craobh Comortas & Prelim faoi 12 (2 rounds)

Recall faoi 11

12. Craobh Comortas & Prelim faoi 13 (2 rounds)

Recall faoi 12 & 13

Results

Syllabus approved by Feis Registrar of An Comhairle Uladh -

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Sunday 16th January

*denotes approximate times. Please be ready to compete 30 mins prior to indicated times.

8.30am sharp

15. Craobh Comortas & Prelim faoi 14 (2 rounds)

16. Craobh Comortas & Prelim faoi 15 (2 rounds)

Recall faoi 14 & 15

17. Craobh Rince Ceilí faoi 15

Results & Lunch break

1:00pm *

18. Craobh Comortas & Prelim faoi 16 (2 rounds)

Recall U16

19. Craobh Rince Ceilí os cionn 15

20. Craobh Comortas 16-18 (2 rounds)

21. Craobh Comortas os cionn 18 (2 rounds)

Recall idir 16-18 & os cionn 18

Results

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TÁILLÍ/FEES

Craobh Comortas (Championship) U8- Senior €35

Prelim only (u9- u16) €25

Craobh Comortas & Prelim €40

Craobh Comortas U6 & U7 €25

Foirne (Ceili competitions) €2

Táille isteach (Admission for 1 accompanying adult) €5

Sashes & and Cups/Trophies will be awarded to top 5 dancers in Open & Prelim Championships

How to Enter

- > Entries will only be accepted from CLRG registered teachers via email.
- Each school's entry should be sent in **ONE** email. **Please indicate if dancers are to be** entered for the Open/prelim championship or both.

ENTRIES OPEN: MONDAY NOVEMBER 29th 2021

ENTRIES CLOSE: SATURDAY JANUARY 1st 2022

EMAIL ADDRESS: info@monanirodaigh.com

- ➤ Upon receipt of entry, teachers will receive a return email requesting online payment which must be made within 48 hours. Once payment has been received, teachers will be notified that their dancers are fully registered.
- Entry for the feis indicates that dancers entered, and their parents/guardians agree to adhere to the feis and venue guidelines. Fees are non-refundable except in the case that the event does not go ahead as planned.
- U6, U7, U8 & U9 Mixed Championships will dance all 3 round

U6 Mixed	Reel, Single Jig, Light jig
U7 Mixed	Reel, Single Jig, Jlg
U8 Mixed	Reel, Jig, Trad Set
U9 Mixed	Reel, Jig, Trad Set
U10- O18	Reel/Slip Jig, Jig/Hornpipe, Any Set

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- From U10 upwards, If there are 5 or more boys there will be a separate Championship. This does **not** apply for Preliminary Championships.
- If there are less than 20 competitors in a championship, all dancers will be invited to dance their set round. If there are 21+ competitors a recall will take place.
- A preliminary championship will be incorporated into each Craobh Comortas from Under 9 up to and including under 16 years age groups where there is a minimum of 5 competitors eligible for the preliminary championship.
- Preliminary championship results will be based on 2 rounds and will be given before each Open Championship result.

It is imperative that Preliminary dancers are identified at time of entry.

RIALACHA

- Entries only accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
- Age taken as of 1st January 2021.
- The adjudicator's decision is final.
- An adjudicator who judges a feis in the Ulster region may not judge any other feis (including class feiseanna and graded examinations) in the Ulster region until 6 months has elapsed.
- Make-up (including false eyelashes and face-tan) is not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
- Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards.

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- In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
- A Preliminary Championship must be adjudicated by 3 or more Adjudicators and must consist of 2 Rounds, 1 Light Round – Reel/Slip Jig and 1 Heavy Round – Heavy Jig/Hornpipe. Preliminary Championships may run as a "stand-alone" competition or may be incorporated into the Open Championship. Dancers may compete in an Open or a Preliminary Championship or both. RULES AND ELIGIBILITY To be eligible to compete in a Prelim Championship: Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators. Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 are less in a prelim competition the dancer is still eligible to compete in Preliminary Championship. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year or previous year. Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year however, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they have won the Prelim Championship with). Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish. Boys who have qualified for Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Grade.
- Dancers must perform to the following speeds: Bun Grad: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144 Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130 Mean/Ard Grad: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113 Traditional Set Dances: St. Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90
- All competitors will be required a dance a MINIMUM number of 40 bars, except in Slip Jigs,
 Hornpipes & Bun Grad Reels where a MINIMUM number of 32 bars will be required.
- Any form of unauthorised photography which has the capability to capture a dancer's image
 whilst in motion, using electronic or manual means e.g. mobile phones, ipads, standard
 cameras, video camcorders, cine recorder, commercial film, with or without flash
 enhancement, is forbidden during competition.
- If you wish your child to be excluded from any photographs that maybe uploaded onto social media websites, please ensure that you inform the feis organiser in advance.

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- Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
- No block, en point, stationery or moving will be allowed for all ages up to and including Under 12. However dancers in will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
- The Child Protection Designated Liason Officer for the Ulster Region is Paula Bell. If you have any concerns for any child's safety at the event, please contact her: CPDLOUIster@gmail.com.
- All first place Cups, Belts, Shields, are perpetual awards. It is the responsibility of the winner from the relevant year, to ensure that they are returned to Mona Lennon no later than Jan 5th 2022. Any damage or loss will be the responsibility of the current holder.

OTHER RULES

- Any objections must be lodged in writing within one hour of result, accompanied by fee of
 €25.00.
- The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
- The feis committee reserves the right to transfer competitions/results to a different area or to alternate competitions if it becomes necessary to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
- The feis committee reserve the right to refuse feis entries or entrance into the feis.

DATA PROTECTION

As feis organisers and members of An Coimisiún le Rincí Gaelacha (CLRG), we aim to protect all user information in accordance with the EU General Data Protection Regulation 2018. Please see link for more information: http://www.eugdpr.org/eugdpr.org-1.html

As members of CLRG, we comply with the CLRG GDPR Regulations. Please see link for more information: http://www.clrg.ie/index.php/en/about-us/privacy-policy.html

We are committed to ensuring that your information is secure. To prevent unauthorised access or disclosure, we have put in place suitable procedures to safeguard and secure the information we collect. Some personal data is required to be shared to gain information about who is taking part in our competition. This information will be given to the feis organiser by registered teachers via email. This information may be shared with An Comhairle Uladh, CLRG and members of the feis committee. If you have any concerns with the way your data is being collected, stored, or used, please contact info@monanirodaigh.com

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COVID 19 SAFETY PRECAUTIONS

We are delighted that our chosen venue is exceptionally spacious and can facilitate our event safely.

By entering the Feis Cúchulainn you agree to:

- Strictly only ONE accompanying adult per dancer no exceptions.

 Sanitise/wash your hands often several stations will be available in the halls
- Stay at least 2 metres apart from those not in your group
- Wear a face covering if you are not competing. U13+ should wear a face covering when not dancing.
- Comply with all contact tracing procedures.

Other safety measures in place:

- Online entry and payment reduces the need for cash handling on the day
- All surfaces will be sanitised between each group entering the hall.
- Toilets will be sanitised regularly throughout the day by volunteers.
- If there are falls or sickness on stage, only the accompanying adult will be permitted to assist.
- Separate entry and exit points

If you have a temperature, sore throat, headache, loss of taste, loss of smell, etc. or ANY symptoms of Covid 19 you should **NOT** attend the feis. Please note that anyone who refuses to comply with the rules of the feis will be asked to leave, in the interest of all.



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