



B&W FEIS INFORMATION

Online registration opens from Aug to Oct 20

www.QuickFeis.com

800 Beginners-Open/Prizewinner
400 Preliminary/Open Champions

NO LIMIT ON FIRST FEIS, BEGINNER 1, ADULT
AND NON-DANCE COMPETITIONS

No costumes, no wigs, no long pants
All dancers must wear black shorts or skirts,
White or black t-shirt,
White socks, dance shoes

REGISTRATION OPEN AT 7:30 AM
COMPETITION 8:30 AM PROMPTLY

2017 NAFC CHAMPIONSHIPS

2017 NAFC Music Scholarship Competitions
15 and Over James Brennan Music
Championship

Detroit International Feis on June 3, 2017

Under 15 Edward Callaghan Music
Championship

Irish American Assn.

NW Jersey Feis on September 10, 2017

NAFC COMMISSION

Member of the North American Feis Commission
President: Lori Seeman
president@northamericanfeiscommission.org

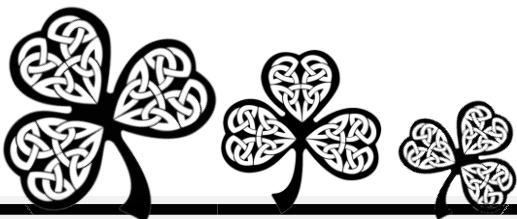
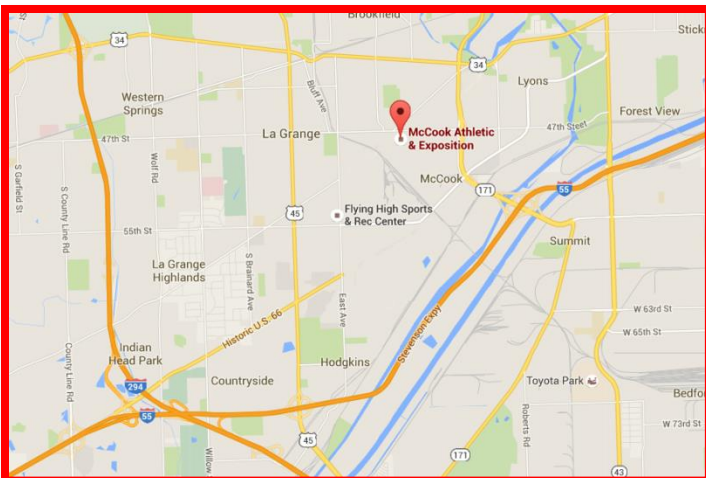
Member of
An Coimisiun, Dublin, Ireland

FEIS ORGANIZERS

Questions: email mayerdancers@aol.com

THE MAYER SCHOOL OF IRISH DANCE
PRESENTS THE SECOND ANNUAL
Dubh agus Ban Feis
(Black and White Feis)
Sunday Oct 29, 2017

The MAX-McCook Athletic and
Exposition Center
4750 South Vernon Avenue,
McCook, IL 60525





Dubh agus Ban Feis

REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration
 Online registration will accept credit card payment only
Sorry - no checks will be accepted at any time.

| REGULAR FEES Aug - Oct 20 | |
|---------------------------------------|---|
| Solo Dancing / Adult / Baking / TR | \$ 9.25 <i>per competitor per comp</i> |
| Figures / Ceili | Team Fee <i>See details in Figure/ceili section</i> |
| Preliminary / Open Championship | \$ 50.00 <i>per competitor</i> |
| Event Fee | \$ 20.00 <i>per family</i> |
| Family Max | \$ 140.00 <i>per family (up to Oct 20) **</i> |
| Results | FREE |

FEIS RULES

1. Payment must be made at the time of registration.
2. Entries are not valid until full payment is received.
3. No personal checks will be accepted at any time.
4. From Aug 15 - Oct 20 all registration must be done with **QUICKFEIS** at www.quickfeis.com.
5. No mailed entries will be accepted.
6. **NEW REGISTRATIONS** after Oct 20, provided the feis has not capped, can only be made AT THE FEIS and will incur a \$50 late fee in addition to all the regular fees.
 NO LIMIT ON FIRST FEIS, BEGINNER 1, ADULT AND NON-DANCE COMPETITIONS
7. **Registration CHANGES** can only be made:
 - a. Aug 15 – Oct 20 - ONLINE with **QUICKFEIS** – return to your account and up to Oct 20 you can make all changes for FREE.
 - b. After Oct 20, all changes must be made AT THE FEIS and will incur a change fee of \$25 (this does not include adding any new competitions which will be charged the regular fees in addition to the change fee).
8. Registrations may not be “switched” to another competitor nor another feis.
9. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area, champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.

LATE FEES

After Oct 20, all changes and new registrations must be done **AT THE FEIS** and the following fees will be due in **IN ADDITION TO THE REGULAR FEES ABOVE.**

NEW REGISTRATIONS

will only be accepted if the feis has NOT capped.

Credit card or cash only

Sorry - no checks will be accepted at any time

**** NO FAMILY MAX AFTER OCT 20 ****

| | QUICKFEIS Aug 15 - Oct 20 | IN PERSON At the Feis |
|--|-------------------------------------|---------------------------------|
| CHANGE Fee – <i>per competitor</i> | NONE | \$ 25.00 |
| NEW Registration Fee <i>per competitor</i> | NONE | \$ 50.00 |

**ABSOLUTELY NO REFUNDS
 OF ANY KIND AT ANY TIME**





Dub agus Ban Feis

BEGINNER 2 (ADVANCED BEGINNER)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|
| | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | | |
| REEL | 306RL | 307RL | 308RL | 309RL | 310RL | 311RL | 312RL | 313RL | 314RL | 356RL | 357RL | 358RL | 359RL | 360RL | 361RL | 362RL | 363RL | 364RL | | |
| LIGHT JIG | 306LJ | 307LJ | 308LJ | 309LJ | 310LJ | 311LJ | 312LJ | 313LJ | 314LJ | 356LJ | 357LJ | 358LJ | 359LJ | 360LJ | 361LJ | 362LJ | 363LJ | 364LJ | | |
| SLIP JIG | 306SJ | 307SJ | 308SJ | 309SJ | 310SJ | 311SJ | 312SJ | 313SJ | 314SJ | | | | | | | | | | | |
| TREBLE JIG | 306TJ | 307TJ | 308TJ | 309TJ | 310TJ | 311TJ | 312TJ | 313TJ | 314TJ | 356TJ | 357TJ | 358TJ | 359TJ | 360TJ | 361TJ | 362TJ | 363TJ | 364TJ | | |
| HORNPIPE | 306HP | 307HP | 308HP | 309HP | 310HP | 311HP | 312HP | 313HP | 314HP | 356HP | 357HP | 358HP | 359HP | 360HP | 361HP | 362HP | 363HP | 364HP | | |
| ST. PATRICK'S DAY | 306SP | 307SP | 308SP | 309SP | 310SP | 311SP | 312SP | 313SP | 314SP | 356SP | 357SP | 358SP | 359SP | 360SP | 361SP | 362SP | 363SP | 364SP | | |

NOVICE

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL | 416RL | 457RL | 458RL | 459RL | 460RL | 461RL | 462RL | 463RL | 464RL | 465RL | 466RL |
| LIGHT JIG | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ | 416LJ | 457LJ | 458LJ | 459LJ | 460LJ | 461LJ | 462LJ | 463LJ | 464LJ | 465LJ | 466LJ |
| SLIP JIG | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ | 416SJ | | | | | | | | | | |
| *TREBLE JIG | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ | 416TJ | 457TJ | 458TJ | 459TJ | 460TJ | 461TJ | 462TJ | 463TJ | 464TJ | 465TJ | 466TJ |
| *HORNPIPE | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP | 416HP | 457HP | 458HP | 459HP | 460HP | 461HP | 462HP | 463HP | 464HP | 465HP | 466HP |
| TRADITIONAL SET | 407TS | 408TS | 409TS | 410TS | 411TS | 412TS | 413TS | 414TS | 415TS | 416TS | 457TS | 458TS | 459TS | 460TS | 461TS | 462TS | 463TS | 464TS | 465TS | 466TS |

PRIZE WINNER (OPEN)

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL | 516RL | 557RL | 558RL | 559RL | 560RL | 561RL | 562RL | 563RL | 564RL | 565RL | 566RL |
| LIGHT JIG | 507LJ | 508LJ | 509LJ | 510LJ | 511LJ | 512LJ | 513LJ | 514LJ | 515LJ | 516LJ | 557LJ | 558LJ | 559LJ | 560LJ | 561LJ | 562LJ | 563LJ | 564LJ | 565LJ | 566LJ |
| SLIP JIG | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ | 516SJ | | | | | | | | | | |
| *TREBLE JIG | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ | 516TJ | 557TJ | 558TJ | 559TJ | 560TJ | 561TJ | 562TJ | 563TJ | 564TJ | 565TJ | 566TJ |
| *HORNPIPE | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP | 516HP | 557HP | 558HP | 559HP | 560HP | 561HP | 562HP | 563HP | 564HP | 565HP | 566HP |
| TRADITIONAL SET | 507TS | 508TS | 509TS | 510TS | 511TS | 512TS | 513TS | 514TS | 515TS | 516TS | 557TS | 558TS | 559TS | 560TS | 561TS | 562TS | 563TS | 564TS | 565TS | 566TS |
| OPEN SET DANCE | | | | 510SD | 511SD | 512SD | 513SD | 514SD | 515SD | 516SD | | | | 560SD | 561SD | 562SD | 563SD | 564SD | 565SD | 566SD |



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ALL CHAMPIONSHIP COMPETITIONS WILL BE ADJUDICATED BY A ROTATING PANEL OF 3 DIFFERENT JUDGES FOR EACH ROUND (TOTAL OF 9 JUDGES)
OPEN CHAMP AND PRELIM CHAMPS ARE REQUIRED TO DANCE ALL 3 ROUNDS
PC and OC competitions will be combined if less than 5 dancers registered

PRELIMINARY CHAMPIONSHIP – 3 ROUNDS

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher’s permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by 9 judges. In addition, awards will also be posted for each solo round (light, heavy, and set round) based on the scores of one judge (different judges scores for light and heavy).

BOYS/MEN & GIRLS/LADIES*

| | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>O17</u> |
|---------------------------------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Preliminary Championship | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC |

OPEN CHAMPIONSHIP – 3 ROUNDS

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer’s status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by rotating panel of 9 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

| OPEN CHAMPIONSHIP | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>U18</u> | <u>U19</u> | <u>O20</u> |
|--------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| GIRLS / LADIES | 710OC | 711OC | 712OC | 713OC | 714OC | 715OC | 716OC | 717OC | 718OC | 719OC | 720OC |
| BOYS / MEN | 760OC | 761OC | 762OC | 763OC | 764OC | 765OC | 766OC | 767OC | 768OC | 769OC | 770OC |

Competitions will be combined as best as possible, including combining boys with girls and/or two adjacent age groups to make groups of 5 or more. Competitions will NOT be split.

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.



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ADULT COMPETITIONS ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years. Dancers in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

| | <u>Beginner 1 and 2</u> | <u>Novice / Prizewinner</u> |
|-----------------|-------------------------|-----------------------------|
| REEL | 835RL | 855RL |
| LIGHT JIG | 835LJ | 855LJ |
| SLIP JIG | 835SJ | 855SJ |
| TREBLE JIG | 835TJ | 855TJ |
| HORNSPIPE | 835HP | 855HP |
| TRADITIONAL SET | 835TS | 855TS |

FIGURES AND CEILI

- There are no restrictions on figure age groups. (Effective December 2014).
- Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- Ceili teams (8 hands) are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules
- **NEW REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the TEAM fee for the entire team. The team MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

FIGURE DANCING

| | <u>2 HAND Reel</u> | <u>3 HAND Reel</u> | <u>4 HAND Reel/Jig</u> |
|-------------------------|------------------------|------------------------|----------------------------|
| Regular Team Fee | \$ 18.50 | \$ 27.75 | \$ 37.00 |
| Under 7 | 921FD | 931FD | 941FD |
| Under 9 | 922FD | 932FD | 942FD |
| Under 11 | 923FD | 933FD | 943FD |
| Under 13 | 924FD | 934FD | 944FD |
| Under 15 | 925FD | 935FD | 945FD |
| Over 15 | 926FD | 936FD | 946FD |

CEILI DANCING

| | <u>8 Hand Ceili</u> |
|-------------------------|-------------------------|
| Regular Team Fee | \$ 74.00 |
| Under 8 | 981C |
| Under 10 | 982C |
| Under 12 | 983C |
| Under 15 | 984C |
| Over 15 | 985C |
| Adult | 986C |



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TREBLE REEL

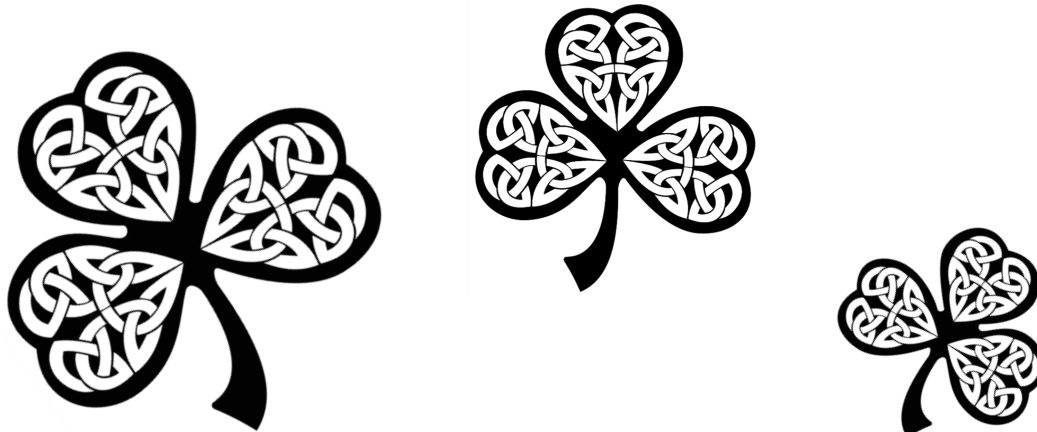
Treble Reels will be charged \$9.25 per dancer:

| | <u>U11</u> | <u>U15</u> | <u>O15</u> |
|-----------------|------------|------------|------------|
| Grades Level TR | 511TR | 515TR | 516TR |
| Champ PC/OC TR | 711TR | 715TR | 716TR |

BAKING

- All entries become property of the feis and will not be returned
- Products entered under any of the Irish Soda Bread competitions that contain a yeast product will be disqualified.
- Must be identified as one of the following:
 - **TRADITIONAL WHITE IRISH SODA BREAD:** Buttermilk (or soured milk), Baking Soda, Flour and salt are the normal ingredients used. Baking Powder, sugar, eggs, etc., may NOT be used.
 - **TRADITIONAL BROWN IRISH SODA BREAD:** Buttermilk (or soured milk), Baking Soda, Whole Wheat Flour, and salt are the normal ingredients used. Baking Powder, sugar, eggs, etc., may NOT be used.
 - **FANCY IRISH BREAD:** The entry must be basic Soda Bread, but additional ingredients may be used with the exception of any type of yeast product. Cakes are not acceptable because they are not Soda Bread.

| | <u>U12</u> | <u>U18</u> | <u>O18</u> |
|--------|------------|------------|------------|
| Baking | 912BK | 918BK | 919BK |





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MID-AMERICA REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
6. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
7. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
8. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
9. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
10. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
11. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
13. The status of the dancer does not change unless there are five or more dancers in a competition.
14. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
15. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
16. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

GRADE LEVEL RULES

17. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - (a) Must compete in their own age group.
 - (b) Must be prepared to perform two steps in each event.
 - (c) Cannot change competition on the day of the Feis.With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
18. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
19. Boys and girls CANNOT be combined EXCEPT according to the following:
 - (a) All boys' competitions below Preliminary Championships shall be initially entered in single year age groups;
 - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - 1) Into double age groups, all boy or all girl; and
 - 2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
 - 3) Any competitions so combined shall be run as a single competition.

The Mid-America syllabus is to contain all grade categories. A Feis Committee may combine **two or three consecutive age categories in the highest of the age categories within that grade when less than five (5) competitors are entered. (IDTAMA, 1/1/17)**



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20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
21. Grade Levels
- Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.
- Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Prizewinner (Open) Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
22. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
23. All regions in North America will follow this common set of speeds for all grade competitions at feiseanna in North America (IDTANA, 1/1/17).

| | First Feis | Beg 1 | Beg 2 | Novice | Prizewinner |
|------------|------------|-------|-------|---------|-------------|
| Reel | 122 | 122 | 122 | 113 | 113 |
| Light Jig | 115 | 115 | 115 | 115 | 115 |
| Slip Jig | 122 | 122 | 122 | 113 | 113 |
| Single Jig | 124 | 124 | 124 | 124 | 124 |
| Treble Jig | | | 92 | 73/92 | 73/92 |
| Hornpipe | | | 138 | 113/138 | 113/138 |

| Traditional Sets | Traditional Speed |
|------------------------|-------------------|
| St. Patrick's Day | 94 |
| Blackbird | 144 |
| Job of the Journeywork | 138 |
| Three Sea Captains | 96 |
| Garden of Daisies | 138 |
| Jockey to the Fair | 90 |
| King of the Fairies | 130 |

24. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)
25. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

26. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
27. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
- (a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
- (b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
- (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
28. Preliminary Championships are open to those who, at any NAFC recognized Feis:
- (a) A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA).
- (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
- (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
29. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. (IDTAMA, 1/1/17)
30. One of the following statements MUST be in the feis syllabus:
- a) When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.
or
- b) When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.
31. The boys' open championship age categories will match the girls' open championship age categories. (IDTAMA, 1/1/17)
32. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA, 1/1/17)



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FIGURE/CEILI TEAM RULES

33. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups. (Effective 12/2014)
 - b. Figure age groups will be determined by the oldest dancer.(Effective 12/2014).
 - c. 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the world and regional Oireachtas rules.
 - d. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

ADJUDICATORS & MUSICIANS

34. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
35. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
36. In matters pertaining to adjudication, the decision of the adjudicators is final.
37. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
38. Championships and Preliminary Championships require at least three adjudicators.
39. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

40. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
41. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
42. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
43. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. This will go into effect January 2015.
44. Effective January 2015, at all Mid-America region feiseanna, boys and girls competing in age groups up to and including

UNDER 9 MUST FOLLOW THE COSTUME RULE AS STATED:

MID-AMERICA REGION COSTUME RULE

- a. Dresses may be one piece or two pieces.
- b. No animal prints.
- c. No low cut necklines.
- d. No decorations including rhinestones or sequins of any kind.
- e. No reflective fabric (this does not include satin).
- f. No embellishments.
- g. Base material & appliqué materials must be solid colors - no plaids, stripes, patterns, flowers or reflective materials, etc.
- h. Any embroidery and appliqué used on the dress must be of a traditional nature.
- i. Length must comply with An Coimisiun.
- j. No jewelry.
- k. Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.
- l. Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- m. Buckles are allowed on shoes that do not include rhinestones.
- n. All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- o. The costume rule applies to class costumes worn for solo competitions.
- p. All of the above applies to headpieces, socks and shoes.
- q. This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- r. The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).
- s. The consequence for not following the Mid-America Region costume rule is as follows:
- t. The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules