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AMENDED - LOCAL RULE FOR SOUTHERN ENGLAND FEISEANNA

COVID19 GUIDELINES – Please note that we will be monitoring the governments recommendations and guidelines to enable us to run a safe event. Updates will be displayed on <u>www.instepfm.com</u>

Dear Teachers,

#### WE ARE BACK!

We are pleased to announce that we will be returning to the same venue – <u>new name</u> – Queen Elizabeth School, Luton. It has excellent facilities and is only a five minute drive from Junction 10 of the M1 and only 3 minutes from Luton Airport. Please note the closing date for entries is Friday 18<sup>th</sup> March 2022. We would really appreciate if the closing date can be adhered to, so a realistic timetable can be produced. We will only be able to do this if the entries are received on time.

Novice (bun Ghrad), Primary (tus Ghrad) and Intermediate (mean Ghrad) are open to dancers from **ALL** regions worldwide.

We have 6 experienced adjudicators and 3 world class musicians.

In addition to our Under 5 Premier Trophy Competition that we have been running for some years now, we are delighted to introduce this year a Tiny Tots Competition. The dancers will line up and perform one at a time for 16 bars. They will ALL receive a special prize for their performance.

There will be sashes for top 5 in Premier trophies, Prelim Championships and Open Championships. The winner of the trophy reel in each grade in each age group will receive a sash in addition to the 1<sup>st</sup> place trophy. All dancers in the grades will be placed in the reel, then 50% in all other dances.

A computer service will be in operation and printed results will be available after the presentation of Championship awards.

Chris Skehill will be attending the feis where you can buy shoes, socks, CDs etc. Melaine Murphy will also be in attendance, selling wigs, tiaras and other accessories. Vicky Anderson will have some of her dresses on display and will be taking orders during the weekend.

There will be hot and cold refreshments available in our canteen all weekend.

### **Provisional days:**

Saturday 2nd April Championships – U9B, U9G, U10G, U11B, U11G, U12G, U13B, U13G, U14G, U15B, U15G, U16G, U17B, U17G, 17-19M, 17-19L, Senior Men, Senior Ladies. Grades U5, U6, U7, U9, plus Tiny Tots Competition, U5 Premier Trophy, U6 Premier Trophy, U7 Premier Trophy.

Sunday 3rd April Championships - U8G Prelims - U10P, U11P, U12P, U13P, U14P, U15P, U16P, Over 16P.Grades U8, U10, U11, U12 12-14, 14-16 and Over 16.

We look forward to receiving your entries and welcoming you again to our feis.

Many thanks in advance for your support.

Finbarr Conway - A.D.C.R.G/T.C.R.G. Luke Kitching – Assistant Teacher Declan Kitching – Assistant Teacher Eamon Kitching – Assistant Teacher The parents and pupils of Finbarr Conway Academy of Irish Dancing

#### FEIS RULES

1. Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.

2. Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.

3. New entries may be taken on the day of the Feis in line with SERC late entry rule.

4. Ages to be taken from 1st January 2022.

5. All competitors may be required to produce their birth certificate / passport as proof of age.

6. Competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.

7. All decisions of the Adjudicators are FINAL.

8. Only the committee members may approach the Adjudicators during competitions.

9. ALL Grade Competitions are OPEN to all Regions.

10. Competitors may only dance each dance in one grade.

11. Where there are five or less competitors in a competition, results will not affect their grading.

12. In all Heavy dances the lead around must be danced on both the right and left foot.

13. A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.

14. The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.

15. The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.

16. All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Makeup will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification.

17. The Intermediate Grade is for dancers who have not won a 1st place for that particular dance in a particular Age Group, or who has not won a Premier competition, Preliminary Championships or Open Championship.

18. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.

19. A panel of 3 adjudicators will judge all Open Championships from Under 6 and all Mixed Preliminary Championships from Under 10. Boys Championships may be combined to become mixed at the Feis Organisers discretion if only one competitor is entered.

20. An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.

21. The Feis Organiser must provide non-slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.

22. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.

23. In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.

24. Make-up Rule (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.

25. Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.

26. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.

27. Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.

28. Any competition can be moved to another hall at the discretion of the Feis Secretary.

29. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.

30. Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.

31. The Feis Organiser accepts no responsibility for any loss or damage to personal property.

32. No Smoking, eating or drinking in any of the halls, except in designated areas.

33. Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

34. Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.

35. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier not less than 70) must be worn from the age of 14 and above.

## Preliminary Championship Rule

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Due to COVID19 restrictions, and until further notice, please note the following:
- All Dancers \* who are included on the official confirmed list of qualifiers for Oireachtas Rince Na Cruinne 2022 are not eligible to compete in Preliminary Championships until further notice. \* This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st- 5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

Age Group	Novice (Bun)	Primary (Tus)	Intermediate (Mean)	Open (Ard)
Tiny Tots Competiton (16 bars, one at a time)				Description
Under 5				Premier Trophy
5 & Under 6	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig Premier Trophy
6 & Under 7	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig Trad Set Dance Open Set Dance Premier Trophy
7 & Under 8 8 & Under 9 9 & Under 10 10 & Under 11 11 & Under 12	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	
12 & Under 14 14 & Under 16		Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	
16 & Over			Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	

The Reel Trophy Winner in each grade will receive a sash in addition to the 1<sup>st</sup> place trophy.

Grades will be danced in the walk on/walk off system and NOT the 32 bar system.

Promier Trephies & Chempionships - Cirls (Pounds 1 & 2 will be sales for Under & unwards)				
Premier Trophies & Championships – Girls - (Rounds 1 & 2 will be solos for Under 8 upwards.) Reel & Heavy Jig – Minimum 40 bars. Slip Jig and Hornpipe – Minimum 32 bars.				
Age Group	Round 1	Round 2	Round 3 (Recall)	
U5 Mixed Premier Trophy (ungraded)	One Dance C	One Dance <b>Only</b> - Reel, Light Jig or Hop Jig		
Under 6 Mixed Premier Trophy**	Reel	No Recall	No Recall	
6 & Under 7 Mixed Premier Trophy""	Reel	Light/Heavy Jig	No Recall	
7 & Under 8 Championship	Heavy Jig	Traditional Set Dance	Reel (All Recalled)	
8 & Under 9 Championship	Heavy Jig	Traditional Set Dance	Reel (All Recalled)	
9 & Under 10 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Trad/Open Set Dance	
10 & Under 11 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
11 & Under 12 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
12 & Under 13 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
13 & Under 14 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
14 & Under 15 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
15 & Under 16 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
16 & Under 17 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
17 & Under 19 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
Over 19 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance	
**Solos separate in open grade – U6/U7 must dance two solos to enter the Premier Trophy				

Championships – Boys (Rounds 1 & 2 will be solos) Reel/Heavy Jig – Minimum 40 bars, Hornpipe – Minimum 32 bars

Age Group	Round 1	Round 2	Round 3 (Recall)
7 & Under 9 Championship	Heavy Jig	Traditional	Reel (All Recalled)
		Set Dance	
9 & Under 11 Championship	Heavy Jig/Hornpipe	Reel	Trad/Open Set
			Dance
11 & Under 13 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
13 & Under 15 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
15 & Under 17 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
17 & Under 19 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
Over 19 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance

Preliminary Champs – (Rounds 1,2 & 3 will be solos) Reel/Heavy Jig – 40 bars, Hornpipe – 32 bars			
Age Group	Round 1	Round 2	Round 3 (Recall)
Under 10 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Trad/Open Set
			Dance
Under 11 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 12 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 13 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 14 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 15 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 16 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Over 16 Preliminary Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance

Under 11	<u>U13</u>	<u>U16</u>	<u>U19</u>	Over 19
4 Hand Reel				
Fairy Reel				
8 Hand Dance				
Progressive Dance				
Ceili Championship				

### **ENQUIRIES & ENTRIES WILL ONLY BE ACCEPTED FROM REGISTERED TEACHERS**

Entry Fees – CLOSING DATE FOR ENTRIES – Friday 18<sup>th</sup> March 2022. Solo Trophy- (1st to 3rd places in solos will be awarded trophies) - £5.00 Tiny Tots Competition - £5.00 Premier Trophy (U5, U6 & U7)-(U6 & U7- 2 solo dances must be entered) £15.00 Championships and Prelim Champs – Panel of 3 adjudicators – 2 solo results - £35.00 Ceili / Figure - £3.00 per dancer Maximum for one child - £50.00 Family Fee - £65.00 for 2 children, £80.00 for 3 or more children Door entry fee (per adult – payable at the venue on the day) £5.00 (1 day), £8.00 (2 days) NO REFUNDS WILL BE MADE UNLESS FEIS IS CANCELLED DUE TO COVID19 Entries to – Finbarr Conway ADCRG, 91 Marsom Grove, Luton, Bedfordshire, LU3 4BQ – finbarrjconway@gmail.com

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LATE ENTRIES WILL BE CHARGED £2 ADMIN FEE PER DANCER FOR THE 2 WEEKS AFTER THE CLOSING DATE ENTRIES WILL BE ACCEPTED UP TO & INCLUDING THE DAY OF COMPETITION BUT WILL BE SUBJECT TO A £8 ADMIN FEE PER DANCER IF PAID ON THE DAY OF COMPETITION (applicable from 2<sup>nd</sup> April 2018)

### 2019 CHAMPIONS

U5 Mixed	Mola Brown, Nadine Martin Academy, Doncaster
U6 Mixed	Saoirse Reilly, Nadine Martin Academy, Doncaster
U7 Mixed	Emily Keaney-O'Meara, O'Connor School, Co.Sligo
U8 Girls	Lily Conroy, Morrisey-Keane Academy, Co.Tipperary
U9 Girls	Lauren Gallagher, O'Connor and Hennigan Academy, London
U10 Girls	Ava-Rose Folan, McGahan-Lees Academy, Essex
U11 Girls	Leah Staunton, Brooks Academy, London
U12 Girls	Laura Caroleo, Celtic Hearts, Herts
U13 Girls	Ellie-Kate McCarthy, McGahan-Less Academy, Essex
U14 Girls	Ella McCarthy, Blair McCarthy School, Hampshire
U15 Girls	Mary Conway, McGahan-Lees Academy, Essex
U16 Girls	Sophie Reilly, David Moore School, Co.Louth
U17 Girls	Holly Clarke, Smith Academy, Co.Meath
U19 Ladies	Mairead Trainor, Trainor School, London
Senior Ladies	Grace McCarthy, Aaron Crosbie & Co, London
U9 Boys	George Gallagher Francis, Tanya Dirrane School, London
U11 Boys	Kaylem Flynn, Manning School, Hampshire
U13 Boys	John O'Connor, Claddagh Academy, Essex
U15 Boys	Se O'Toole, Brooks Academy, London
U17 Boys	Liam Costello, McGahan-Lees Creer Academy, Australia
U19 Boys	Ciaran Coyle, Scanlon School, Birmingham
Senior Men	No Competitors
U10 Preliminary	Summer Mounsey, Celtic Hearts, Herts
U11 Preliminary	Ruby Rattigan, Walshe Academy, Luton
U12 Preliminary	Melissa Arden, Theresa O'Donoghue School, London
U13 Preliminary	Emma Goldman, Murchu-Duiginn, Herts
U14 Preliminary	Aoife Dann, Brooks Academy, London
U15 Preliminary	Amber Mooney, Smith Academy, Co.Meath
U16 Preliminary	Alisha Cairns, Reel Eire, London
O16 Preliminary	Megan Carroll, Carroll School, Co.Tyrone

## DIRECTIONS

Leave the M1 at junction 10, then at the roundabout take the 2nd exit onto the spur road, at KidneyWood Roundabout, take 2<sup>nd</sup> exit onto A1081. Keep in right hand lane then continue forward onto the A505, at Eaton Green roundabout take the 2<sup>nd</sup> exit onto the A505, at the roundabout take the 3<sup>rd</sup> exit onto Crawley Green Road, school is at the top of the hill on the left.

## TRAINS TO LUTON

The nearest train station to the feis is Luton Airport Parkway, which is 5 minutes in a taxi to the feis.

www.thameslinkrailway.com

Luton is on the main Thameslink line from London to Bedford

www.eastmidlandsrailway.co.uk

Trains from Sheffield, Leeds, Leicester, Derby, Liverpool and Manchester

# FLIGHTS INTO LUTON AIRPORT

## The feis is 3 minutes in a taxi

From Dublin, Cork, Kerry and Knock Airports - <u>www.ryanair.com</u> From Belfast International, Edinburgh and Glasgow Airports – <u>www.easyjet.com</u>

