MCGAHAN LEES TRISH DANCE ACADEMY

I9TH OPEN FEIS Saturday 28th and Sunday 29th March 2020 Welling School, Elsa Road, Welling, Kent DA161LB

ADJUDICATORS

Andrea Field North West UK Annie Kidd Midlands UK Darina Corrigan White Leinster Ireland

David Moore Ulster Ireland

+44(0)1245 451081 🔀 mccoiglees@aol.com

Isabella Fogarty Leinster Ireland Mairéad ní Bhriain Munster Ireland

Michelle Green Scotland UK Stephen McAteer Southern UK

MUSICIANS

Aiden O'Neill Southern Region Dean Crouch Southern Region

Majella Collins Brooks Southern Region

(@)McGahanLees

@McGahanLees.IrishDance

FEIS SECRETARY:

Frances McGahan A.D.C.R.G. Tel: 01245 451081 14 Kingsford Drive, Chelmer Village, Chelmsford, Essex. CM2 6YR, England

Entries received on or before Friday 13th March 2020 - Normal fees will apply

Entries recived between Saturday 14th March and Friday 27th March 2020 will incrur a £2 administration fee as per SERC rulings. Entries will be taken on the day of the Feis subject to a £5 administration fee as per SERC rulings.



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14 Kingsford Drive Chelmer Village Chelmsford, Essex CM2 6YR, UK

Dear Teacher,

We would like to welcome you to the 19th Open Feis held by the McGahan Lees Academy, to be held on Saturday 28th and Sunday 29th March 2020 at Welling Secondary School in South East London.

Welling School offers a clean modern feel to all of the spaces, including a large car park, spacious canteen adjacent to the main hall, two large purpose-built stages, and large sports hall.

As in previous years to aid the good running of our Feis we will continue to hold our Championship awards in the Studio as and when results become ready – avoiding any unnecessary delays.

This year our Open Championships (Under 10 and above) will be judged by a total of 6 adjudicators - 3 adjudicators for the first two rounds, and a separate panel of 3 for the set dance.

Given the close proximity of our Feis to Oireachtas Rince Na Cruinne all of these Championships will be <u>100% recall</u>. All other age groups and Preliminary Championships will be adjudicated by a panel of 3 adjudicators. All of the Open Championships on Saturday 28th March, along with the graded competitions for the Under 5,6, 7, 8 and 9s on the same day. All the remaining grades and Preliminary Championships will take place on Sunday 29th March.

As in previous years, awards in the Championships will be from 1st to 5th with cups and sashes, trophies from 1st to 3rd in all graded solos in addition to a sash for all trophy reel winners, <u>and as per last year we will again be giving</u> <u>each competitor a bespoke enameled medal in either their Championship or Trophy Reel.</u>

Each of our halls will also see the return of our social media areas where dancers can take their own photos at any time during the day.

As usual you will be able to purchase your feis supplies from Melaine Murphy, and shoes by Chris Skehill.

In addition to the bespoke enameled medal we are to continue to provide each dancer who competes in the graded trophy reel with an adjudicator's comment sticker that will be placed on the rear of the dancer's number at the time of awards.

For all other graded dances, we will adopt the 32 Bar System – further information on this system is detailed later within the syllabus.

We look forward to welcoming you to our Feis and thank you in advance for your support.

Frances McGahan A.D.C.R.G., Marion Flanagan A.D.C.R.G. Cecily Charlton A.D.C.R.G. Debbie McGahan T.C.R.G., Amy Kingham T.C.R.G. Isabel Yorke T.C.R.G. Siobhan Forrest T.C.R.G.

Niall Forrest Assistant Teacher

MORE INFORMATION:

You will find more information about our feis in due course on the Internet at: WWW.MCGAHANLEES.COM/OPENFEIS2020.PHP

Any updates and changes will also be posted there, so please check back from time to time. Copies of this syllabus can be also obtained online from our website.

Queries from registered teachers should be addressed to Frances McGahan, A.D.C.R.G. at mccoiglees@aol.com

All other queries, including those from parents and dancers, should be sent to: webmaster@mcgahanlees.com

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CGAHAN LEES TRISH DANCE ACADEMY

RULES FEIS

1. Lodgment of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.

2. Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.

3. New entries may be taken on the day of the Feis in line with SERC late entry rule and competitions may be combined at the Feis Organisers discretion if only one competitor is entered.

4. Ages to be taken from 1st January 2020.

5. All competitors may be required to produce their birth certificate / passport as proof of age.

6. Competitors must dance in their own age group for solo competition's except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.

7. All decisions of the Adjudicators are FINAL.

8. Committee members only may approach the Adjudicators. 9. ALL Grade Competitions are OPEN to all Regions.

10. Competitors may only dance each dance in one grade

11. Where there are five or less competitors in a competition, results will not affect their grading.

12. In all Heavy dances the lead around must be danced on both the right and left foot.

13. A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.

14. The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.

15. The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.

16. All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification from the competition.

17. The Intermediate Grade is for dancers who have not won a 1st place for that particular dance in a particular Age

Group, or who has not won a Premier competition, Preliminary

Championships or Open Championship.

18. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.

19. To compete in a preliminary championship dancers must not:-

1) Have placed in the top 3 in an Open Championship in the previous 12 months.

2) Have won more than 2 preliminary championships in the current year or previous calendar year.

3) Have qualified for Oireachtas Rince Na Cruinne at any event in the past calendar year

4) Dancers who qualify for Oireachtas Rince Na Cruinne, are an exception to the rule where they have automatically qualified due to low entry levels at their Regional Oireachtas. Theses dancers may remain in the Preliminary grade, in they so wish, until such time they win out of the grade.

20. The Feis organiser maintains the right to use any photographs taken by their own photographer or members of the Feis Committee for future use and publication. Should any parent wish for their dancer to be excluded from these images please do not hesitate to contact the photographer or committee at the appropriate time.

21. Competitors can only dance in either Preliminary or Open Championship; they may not compete in both.

22. If a dancer wins a Preliminary Championship where there were 5 or

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fewer dancers in the competition, the dancer will still be eligible to enter a Preliminary Championship.

23. Competitions may be combined at the Feis Organisers discretion if only one competitor is entered.

24. The points above apply when a dancer competes from Under 10 & upwards. A dancer, who has been placed 1st, 2nd or 3rd in an Open Championship in the age groups below Under 10, will be eligible to

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compete in Preliminary Championships. (Teachers are advised / requested to use their own discretion)

25. A panel of 3 Adjudicators will judge the U6 - U9 Championships and ALL Prelim Championships. Championships U10 and above will be adjudicated by a total of 6 adjudicators. 3 adjudicators for the first two rounds , and a separate panel of 3 for the set round. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return of the cups in plenty of time for the subsequent winners. 26. An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all

ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September. 27. The Feis Organiser will Non-Slip flooring for every dance surface,

however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.

28. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling

29. In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation will not be permitted to perform

, 30. Make-up Rules (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purposes of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended

31. Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.

32. Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in ALL competition.

33. Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.

34. Any competition can be moved to another hall at the discretion of the Feis Secretary.

35. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.

36. Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.

37. The Feis Organiser accepts no responsibility for any loss or damage to personal property.

38. No Smoking, eating or drinking in any of the halls, except in designated areas.

39. Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

Trophies / Medals will be awarded in accordance with the minimum requirements as laid down by the **Southern England Regional Council:**

2 medals where there are 5 OR fewer competitors 4 medals where there are 6-10 competitors 7 medals where there are 11-20 competitors 10 medals where there are 21-30 competitors 14 medals where there are 31-40 competitors and 1 medal for each additional 5 or part of 5 competitors.

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FEIS RULES

32 BAR FOR SYSTEM FOR GRADE SOLOS

We are going to use the system from the USA for ALL grade dances (with the exception of the Trophy Reel). This will be for all solos in Novice, Primary, Intermediate (All ages) and Open solo dances (Under 6 and 7). It is called the 32 bar system.

ALL dancers in the competition will be lined up at the back of the stage at the start of the competition. The adjudicator will take down the numbers of all the competitors.

The first two dancers will walk into starting positions and get ready to dance. After the 8 bar introduction the dancers will begin their dance for 32 bars. After 32 bars they bow (quickly) and return to their original place in the line at the back of the stage whilst the next 2 dancers commence their performance of 32 bars.

NB. There will be no gap of 8 bars in between each 2 dancers.

The content of the 32 bar performance is at the discretion of each teacher.

There will be stage stewards on each stage counting the next 2 dancers in and dancers will not be penalised for starting late or continuing after 32 bars, as this system is new to SER Feiseanna.

We are using this system at our Feis for all graded dances (except Trophy Reel). The reasons for using this system are:

- 1. Time Saving. Time is not spent walking on, bowing and walking off.
- 2. All dancers will be on stage at the same time. This will capture the attention of the whole audience, ensuring a quieter atmosphere for our grade dancers.

Graded Trophy Reel

Dances will compete in a normal manner 2 at a time.

Dancers will walk on, have an 8 bar introduction and then perform for 32 bars. At the end of the performance the Adjudicator will score the dancer in their normal fashion.

Prior to the Adjudicator ringing the bell the Adjudicator will then transfer their comments onto a address label sized sticker which has the dancers number written in the corner of the sticker.

This sticker will be transferred to the dancer's number at the time of awards.

We anticipate the competition will take longer than normal with dancers remaining on stage slightly longer whilst the comments are written and with dancers being on stage only 2 at a time.

However we feel that with the advantages and time saving of the 32 Bar System the benefits of a dancer receiving their own personal critique is hugely positive.



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SOLO COMPETITIONS:

1st to 3rd places in all solos will be awarded trophies and a sash for all trophy reel winners.

Age Group	Under 5 Ungraded	Novice/ Bun Grad	Primary/ Tus Grad	Intermediate/ Mean Grad	Open/ Ard Grad
Under 6 6 & Under 7	Reel Light Jig Single Jig Slip Jig	Reel Light jig Single jig Slip jig	Reel Light jig Single jig Slip jig	Reel Light jig Single jig Slip jig Heavy Jig	Reel Light jig Single jig Slip jig Heavy Jig Championship
7 & Under 8 8 & Under 9 9 & Under 10 10 & Under 11 11 & Under 12 12 & Under 13		Reel Light jig Single jig Slip jig Heavy Jig Hornpipe	Reel Light jig Single jig Slip jig Heavy Jig Hornpipe	Reel Light jig Single jig Slip jig Heavy Jig Hornpipe	Open championship incorporating 2 solos. Preliminary champi- onships from Under 9 to Under 13
13 to 16 Over 16			Reel Light jig Single jig Slip jig Heavy Jig Hornpipe	Reel Light jig Single jig Slip jig Heavy Jig Hornpipe	
Over 13		Reel Light jig Single jig Slip jig Heavy Jig Hornpipe			
13 & Under 14 14 & Under 15 15 & Under 16 16 & Under 17 17 & Under 18 18 & Under 19 19 & Under 20 20 & Under 21 Under 23 Over 21					Open championship incorporating 2 solos. Preliminary championship up to Under 16, 16-18, and Over 18
Traditional Set Dance Competition – Under 9					

et Dance Competition Open Set Dance Competition – Senior

FIGURE COMPETITIONS:

Under 9	9 & Under 11	11 & Under 13	13 & Under 16	Over 16
2 Hand Dance	2 Hand Dance	2 Hand Dance	2 Hand Dance	2 Hand Dance
3 Hand Dance	3 Hand Dance	3 Hand Dance	3 Hand Dance	3 Hand Dance
4 Hand Dance	4 Hand Dance	4 Hand Dance	4 Hand Dance	4 Hand Dance
Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel
8 Hand Dance	8 Hand Dance	8 Hand Dance	8 Hand Dance	8 Hand Dance
Progressive	Progressive	Progressive	Progressive	Progressive
Ceili C/ship	Ceili C/ship	Ceili C/ship	Ceili C/ship	Ceili C/ship

DAYS OF COMPETITIONS

All Open Championships and the graded competitions for the Under 6, 7, 8 and 9s will be held on Saturday 28th March. All Preliminary Championships and the remaining grades will be held on Sunday 29th March.



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CHAMPIONSHIPS - GIRLS

(Rounds 1 and 2 will also be judged as solos)

Competition	First Round	Second Round	100% Recall
Competition Under 6 (Mixed) 6 & Under 7 (Mixed) 7 & Under 8 8 & Under 9 9 & Under 10 10 & Under 11 11 & Under 12 12 & Under 13 13 & Under 14 14 & Under 15 15 & Under 16 16 & Under 17 17 & Under 18 18 & Under 19 19 & Under 20 20 & Under 21	Reel Reel Reel Heavy Jig Heavy Jig/Hornpipe Heavy Jig/Hornpipe	Second Round Light Jig Light Jig/Heavy Jig Reel Reel/Slip Jig Reel/Slip Jig	No recall No recall Traditional Set Traditional Set Trad/Open Set Open Set
Under 23 Senior	Heavy Jig/Hornpipe Heavy Jig/Hornpipe	Reel/Slip Jig Reel/Slip Jig	Open Set Open Set

CHAMPIONSHIPS - BOYS

(Rounds 1 and 2 will also be judged as solos)

Competition	First Round	Second Round	100% Recall
Under 9 & Below 10 & Under 11 11 & Under 13 13 & Under 15 15 & Under 17 17 & Under 19 Senior	Jig or Hornpipe Jig or Hornpipe Jig or Hornpipe Jig or Hornpipe Jig or Hornpipe Jig or Hornpipe Jig or Hornpipe	Reel Reel Reel Reel Reel Reel	Traditional Set Open Set Open Set Open Set Open Set Open Set Open Set

PRELIMINARY CHAMPIONSHIPS - MIXED

(Rounds 1 and 2 will also be judged as solos)

Competition	First Round	Second Round	Recall
9 & Under 10 10 & Under 11 11 & Under 12 12 & Under 13 13 & Under 14 14 & Under 15 15 & Under 16 16-18 Over 18	Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe Heavy Jig/Hornpipe	Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig Reel/Slip Jig	Trad/Open Set Open Set Open Set Open Set Open Set Open Set Open Set Open Set Open Set

Championships Under 10 and above Jig/Reel 48 bars, Slip Jig/Hornpipe 40 bars. Championships Under 6, 7, 8 and 9 plus all Preliminary Championships 8 bars less.

All entries by Friday 13th March 2020 (for normal fees to apply) to the secretary: Frances McGahan ADCRG, 14 Kingsford Drive, Chelmer Village, Chelmsford, Essex, CM2 6YR. Cheques only should be made payable to 'The Friends of McGahan Lees Irish Dance Academy'.

ENTRY FEES

Solo trophies (1st to 3rd in all solos will be awarded trophies)	£4
Under 6 and 7 Championship (If entering 3 or more solos)	£15
Under 6 and 7 Championship (If not entering solos)	£25
Under 8 Championships and Above (Includes 2 solos)	£30
All Preliminary Championships (Includes 2 solos)	£30
Figure/Ceili (per Dancer)	£4
Family Fee (2 Dancers)	£60
Family Fee (3 or More Dancers)	£80
Single Dancer Maximum Fee (Excluding door entry fee)	£40
Door Entry (Per Adult - payable at the venue on the day)	£5/£8 (2 Days)
Door Entry (Concessions)	£3

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OUR CHAMPIONS 2019

- Under 6 Mixed ~ Sophie Gillespie, McDaid, Ulster Under 7 Mixed ~ Aoibhe Skehan-Baillie, Lynn O'Grady, USA
- Under 8 Mixed ~ Ellen Leavens, McGahan Lees, SER
- Under 9 Mixed ~ Eilis Gaughan, McGahan Lees, SER
- Under 10 Girls ~ Ava Rose Folan, McGahan Lees, SER
- Under 10 Boys ~ Felix Andel, Tanya Cunnigham, Austria
- Under 11 Girls ~ Molly Lahiffe, Ui Ruirc, Munster
- Under 11 Boys ~ Aiden Ward, Marie Connell, Midlands
- Und 12 Girls ~ Niamh McNamara, Ui Ruirc, Munster
- Under 13 Girls ~ Ellie-Kate McCarthy, McGahan Lees, SER
- Under 13 Boys ~ John O'Connor, Claddagh, SER
- Under 14 Girls ~ Scarlett Skehill, Celtic Hearts, SER
- Under 15 Girls ~ Ella Owens, Crim Oir, SER
- Under 15 Boys ~ Daniel Lynn Callanan, Lynn O'Grady, USA
- Under 16 Girls ~ Alliyah O'Hare, Scanlon, Midlands
- Under 17 Girls ~ Shannon Donovan, Claddagh, SER Under 17 Boys ~ Liam Costello, McGahan Lees Creer, Austrailia Under 18 Ladies ~ Erin Grace Cooke, O'Connor &
- Hennigan, SER
- Over 18 prelim ~ Rebecca Curran, McGahan Lees, SER
- Under 19 Ladies ~ Annalise Carter, Reel Eire, SER
- Under 19 Mens ~ Ciaran Coyle, Scanlon, Midlands
- Under 20 Ladies ~ Lauren Wales, Kelly Hendry, North East
- Under 21 Ladies ~ Ellie Arthurs, McGahan Lees, SER Under 23 Ladies ~ Olivia Ni Baolain, Ward Mallinson, North West
- Senior Ladies ~ Jess Hindley, Carey, Midlands
- Senior Men ~ Declan McLaughlin, Sharon Taylor, Scotland

Under 10 Prelim ~ Evie McGinn, McGahan Lees, SER

- Under 11 Prelim ~ Toby McGuinness, Claddagh, SER
- Under 12 Prelim ~ Leah Shrimpton, Claddagh, SER Under 13 Prelim ~ Grace Goodenough, Griffin Lynch, SER
- Under 14 Prelim ~ Laoise Keegan, Murchu-Duiginn, SER
- Under 15 Prelim ~ Ciara Twomey, Ceim Oir, SER
- Under 16 Prelim ~ Eleanor Brady, Blair McCarthy, SER
- 16-18 Prelim ~ Grace Carleen, Reel Eire, SER



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DIRECTIONS

DIRECTIONS FROM THE M25 MOTORWAY

Welling Secondary School Elsa Rd, Welling DA16 1LB

If travelling from the north, take the M25 across the Queen Elizabeth Bridge at the Dartford Crossing. [Note that there is a toll payable from 6am to 10pm. Cars are £2.50 at the time of writing.]

Whether travelling from the north or the south, exit at Junction 2 and take the A2 northwest towards Bexleyheath and London.

After 5 miles, take the A221/A210 exit towards Bexleyheath/Sidcup/Blackfen.

Merge onto Kestlake Rd/A221. At the roundabout, take the 2nd exit onto Blendon Rd/A210. At the next roundabout, take the 3rd exit onto Danson Underpass/ A221 and continue to follow the A221.

Go through 1 roundabout and after a mile, turn right onto Crook Log/A207. Take the 1st left onto Brampton Rd and at the roundabout, take the 1st exit onto Holmesdale Rd. Turn right onto Gipsy Rd and Take the 1st left onto Elsa Rd. The school will be on your right.



ACCOMMODATION/TRANSPORT

For accommodation and taxi Information, please refer to

WWW.MCGAHANLEES.COM

where we will post details in due course.

RAIL TRAVEL

Both Welling and Bexleyheath Railway Stations are a 30 minute journey from Central London (London Bridge Station), and a 5 minute taxi journey or 20 minute walk from the venue.

Gatwick and Stansted Airports are each around 40 miles from the venue by car. Both airports have train stations on site. From Gatwick the train journey takes about 1.5 hours, with a simple change at London Bridge Station. The train journey from Stansted takes about 2 hours.



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