

*The Inis Cairde Parent Association
and
Inis Cairde School of Irish Dance*

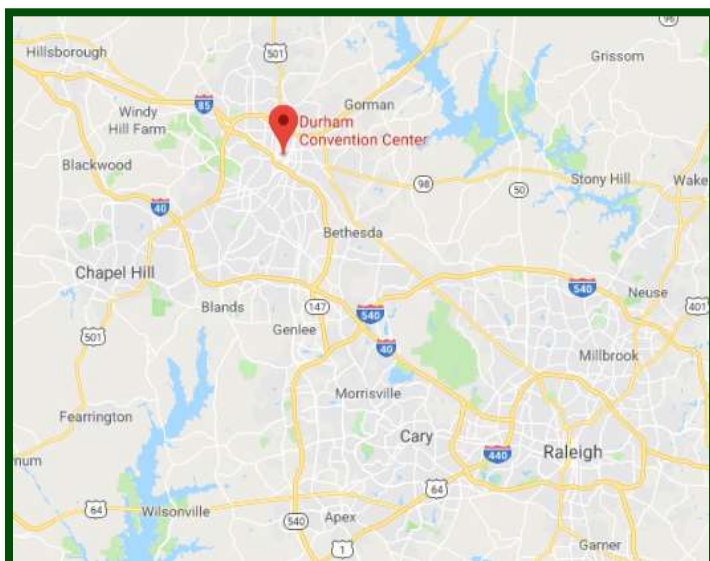
Meighan Carpenter, ADCRG, TCRG
Brita Kiser, TCRG
Cara Stackpoole, TCRG

Proudly presents



**Saturday & Sunday
February 9 & 10, 2019**

Durham Convention Center
301 West Morgan Street
Durham, North Carolina 27701



Syllabus approved on 04 Dec 2018

FEIS INFORMATION

Online registration open
up to **Wednesday Jan 30**

www.QuickFeis.com

Limited to 500 Grades - 250 Championship

SATURDAY

Grades, Championship, Figures, Specials, Adults, &
Non-Dancing Competitions
FULL COSTUME ATTIRE
8-Hand ceili 2 rounds!

SUNDAY

SECOND CHANCE!

Grade Level & Championship Competitions

ATTIRE:

Black T-Shirt (can include Raleigh Feis t-shirt or other
plain black t-shirt)

Boys: Black Pants

Girls: Black Shorts/Skirt; No Wigs

For more information go to:

<http://www.raleighfeis.org>

2019 NAFC CHAMPIONSHIPS

The Under 15 Edward Callaghan Music Scholarship
Championship will be held at the Golden Horseshoe
Feis on June 15, 2019.

The 15 and over James Brennan Music Scholarship
Championship will be held at the Peach State Feis
on May 4, 2019

NAFC COMMISSION

Member of the North American Feis Commission
President: Jim Graven
president@northamericanfeiscommission.org
Member of An Coimisiun, Dublin, Ireland



REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration
 Online registration will accept credit card payment only
Sorry - no checks will be accepted at any time.

REGULAR FEES to Jan 30

| | |
|--|---|
| Solo Dancing / Adult / Charity Reel / All sets / All non dancing | \$ 10.00 <i>per competitor per comp</i> |
|--|---|

| | |
|-----------------|---|
| Figures / Ceili | Team Fee <i>See details in Figure/ceili section</i> |
|-----------------|---|

| | |
|------------------------------------|--|
| Preliminary / Open Championship | \$ 40.00 <i>per competitor</i> |
|------------------------------------|--|

| | |
|-------------------|--|
| Open Championship | \$ 50.00 <i>per competitor</i> |
|-------------------|--|

| | |
|------------|--------------------------------------|
| Family Fee | \$ 25.00 <i>per family</i> |
|------------|--------------------------------------|

| | |
|---|---|
| Family Max <i>Does not include teams or specials</i> | \$ 200.00 <i>per family (up to Jan 30) **</i> |
|---|---|

| | |
|-------------|--|
| Feis Shirts | \$15 Sizes offered are Youth: XS, S, M, L, XL and Adult: S, M, L, XL, XXL |
|-------------|--|

LATE FEES

After Jan 30, all changes and new registrations must be done
AT THE FEIS and the following fees will be due in
IN ADDITION TO THE REGULAR FEES ABOVE.

CREDIT CARD OR CASH ONLY

Sorry - no checks will be accepted at any time

**** NO FAMILY MAX AFTER JAN 30 ****

| | QUICKFEIS to Jan 30 | IN PERSON At the Feis |
|---|------------------------|--------------------------|
| CHANGE Fee – <i>per competitor</i> | NONE | \$ 25.00 |
| NEW Registration Fee <i>per competitor</i> | NONE | \$ 50.00 |

FEIS RULES

1. Payment must be made at the time of registration.
2. Entries are not valid until full payment is received.
3. No personal checks will be accepted at any time.
4. To Jan 30 all registration must be done with **QUICKFEIS** at www.quickfeis.com.
5. No mailed entries will be accepted.
6. **NEW REGISTRATIONS** after Jan 30, provided the feis has not capped, can only be made **AT THE FEIS** and will incur a \$50 late fee in addition to all the regular fees.
7. **Registration CHANGES** can only be made:
 - a. To Jan 30 - **ONLINE** with **QUICKFEIS** – return to your account and up to Jan 30 you can make all changes for **FREE**.
 - b. After Jan 30, all changes must be made **AT THE FEIS** and will incur a change fee of \$25 (this does not include adding any new competitions which will be charged the regular fees).
8. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area, champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.
9. The Feis Committee has the right to cancel the Feis, reject entries, or, having received entry, cancel it for any just cause at any time prior to competition start.
10. The Feis Committee has the right, as needed, to combine any competitions, or to split any competitions
11. Parents are responsible for their child/children's safety
12. In all matters, except those pertaining to adjudicating, the decisions of the Feis Committee will be final
13. Raleigh Feis T-shirts will be available for pre-sale only and can be worn for competitions on Sunday. Sizes offered are Youth: XS, S, M, L, XL and Adult: S, M, L, XL, XXL.
14. All grades up to and including U14 will dance three at a time. All champs up to and including U14 will dance hard shoe three at a time and soft shoe two at a time. All champs will dance hard shoe first.
15. For Beginner, Advanced Beginner, Novice and Prizewinner competitions, boys and girls will be separated if there are 5 or more boys entered. The Feis Committee reserves the right to combine competitions based upon number of entries, in accordance with the North American Feis Commission rules.
16. Camping is permitted in designated areas only

**ABSOLUTELY NO REFUNDS
OF ANY KIND AT ANY TIME**



NUMBERING SYSTEM

The following numbering system complies with the NAFC Mid America Standardized Syllabus

| | |
|--|--|
| 1 st Digit | Level Category: FIRST FEIS Dances all begin with 1, BEGINNER 1 with 2, and so forth |
| 2 nd and 3 rd Digits | Age Group - Girls begin at 01 and Boys begin at 51. (see age group details below) |
| 4 th and 5 th Digits (Letters) | Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET SD = SET DANCE ... |
| IF the last digit is 2 | “ <i>Second Chance</i> ” competitions – this is a second chance for you to compete in that competition. |

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

| | | | | | | | | | | | | | | |
|-----------------|-----------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| For 2019 | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U16 | U17 | U18 |
| Born in: | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 | 2006 | 2005 | 2004 | 2003 | 2002 | 2001 |

PLEASE NOTE: Age groupings beginning with “O” mean THAT age AND over (example O11 means 11 and older)

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES

(only school costumes are allowed)

| | SATURDAY | | | | | | | | SUNDAY | | | | | | | |
|------------------|----------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|
| | U5 | U6 | U7 | U8 | U9 | U10 | U11 | O11 | U5 | U6 | U7 | U8 | U9 | U10 | U11 | O11 |
| REEL | 105RL | 106RL | 107RL | 108RL | 109RL | 110RL | 111RL | 112RL | 105RL2 | 106RL2 | 107RL2 | 108RL2 | 109RL2 | 110RL2 | 111RL2 | 112RL2 |
| LIGHT JIG | 105LJ | 106LJ | 107LJ | 108LJ | 109LJ | 110LJ | 111LJ | 112LJ | 105LJ2 | 106LJ2 | 107LJ2 | 108LJ2 | 109LJ2 | 110LJ2 | 111LJ2 | 112LJ2 |
| SLIP JIG | 105SJ | 106SJ | 107SJ | 108SJ | 109SJ | 110SJ | 111SJ | 112SJ | 105SJ2 | 106SJ2 | 107SJ2 | 108SJ2 | 109SJ2 | 110SJ2 | 111SJ2 | 112SJ2 |

BEGINNER (BEGINNER 1)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

Beginner 1 dancer is anyone who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer’s second year of instruction, or may move to Beginner 2 earlier with teacher’s permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES

(only school costumes are allowed).

| | SATURDAY | | | | | | | | | | | SUNDAY | | | | | | | | | | |
|------------------|----------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|
| | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | O12 | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | O12 | | | | |
| REEL | 205RL | 206RL | 207RL | 208RL | 209RL | 210RL | 211RL | 212RL | 213RL | 205RL2 | 206RL2 | 207RL2 | 208RL2 | 209RL2 | 210RL2 | 211RL2 | 212RL2 | 213RL2 | | | | |
| LIGHT JIG | 205LJ | 206LJ | 207LJ | 208LJ | 209LJ | 210LJ | 211LJ | 212LJ | 213LJ | 205LJ2 | 206LJ2 | 207LJ2 | 208LJ2 | 209LJ2 | 210LJ2 | 211LJ2 | 212LJ2 | 213LJ2 | | | | |
| SLIP JIG | 205SJ | 206SJ | 207SJ | 208SJ | 209SJ | 210SJ | 211SJ | 212SJ | 213SJ | 205SJ2 | 206SJ2 | 207SJ2 | 208SJ2 | 209SJ2 | 210SJ2 | 211SJ2 | 212SJ2 | 213SJ2 | | | | |



ADVANCED BEGINNER (BEGINNER 2) ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

| | SATURDAY | | | | | | | | | | SUNDAY | | | | | | | | | |
|-------------------|----------|-------|-------|-------|-------|-------|-------|-------|-------|--|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | |
| REEL | 306RL | 307RL | 308RL | 309RL | 310RL | 311RL | 312RL | 313RL | 314RL | | 306RL2 | 307RL2 | 308RL2 | 309RL2 | 310RL2 | 311RL2 | 312RL2 | 313RL2 | 314RL2 | |
| LIGHT JIG | 306LJ | 307LJ | 308LJ | 309LJ | 310LJ | 311LJ | 312LJ | 313LJ | 314LJ | | 306LJ2 | 307LJ2 | 308LJ2 | 309LJ2 | 310LJ2 | 311LJ2 | 312LJ2 | 313LJ2 | 314LJ2 | |
| SLIP JIG | 306SJ | 307SJ | 308SJ | 309SJ | 310SJ | 311SJ | 312SJ | 313SJ | 314SJ | | 306SJ2 | 307SJ2 | 308SJ2 | 309SJ2 | 310SJ2 | 311SJ2 | 312SJ2 | 313SJ2 | 314SJ2 | |
| SINGLE JIG | 306SN | 307SN | 308SN | 309SN | 310SN | 311SN | 312SN | 313SN | 314SN | | 306SN2 | 307SN2 | 308SN2 | 309SN2 | 310SN2 | 311SN2 | 312SN2 | 313SN2 | 314SN2 | |
| TREBLE JIG | 306TJ | 307TJ | 308TJ | 309TJ | 310TJ | 311TJ | 312TJ | 313TJ | 314TJ | | 306TJ2 | 307TJ2 | 308TJ2 | 309TJ2 | 310TJ2 | 311TJ2 | 312TJ2 | 313TJ2 | 314TJ2 | |
| HORNSPIPE | 306HP | 307HP | 308HP | 309HP | 310HP | 311HP | 312HP | 313HP | 314HP | | 306HP2 | 307HP2 | 308HP2 | 309HP2 | 310HP2 | 311HP2 | 312HP2 | 313HP2 | 314HP2 | |

NOVICE *ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

| | SATURDAY | | | | | | | | | | SUNDAY | | | | | | | | | |
|--------------------|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL | 416RL | 407RL2 | 408RL2 | 409RL2 | 410RL2 | 411RL2 | 412RL2 | 413RL2 | 414RL2 | 415RL2 | 416RL2 |
| LIGHT JIG | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ | 416LJ | 407LJ2 | 408LJ2 | 409LJ2 | 410LJ2 | 411LJ2 | 412LJ2 | 413LJ2 | 414LJ2 | 415LJ2 | 416LJ2 |
| SLIP JIG | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ | 416SJ | 407SJ2 | 408SJ2 | 409SJ2 | 410SJ2 | 411SJ2 | 412SJ2 | 413SJ2 | 414SJ2 | 415SJ2 | 416SJ2 |
| SINGLE JIG | 407SN | 408SN | 409SN | 410SN | 411SN | 412SN | 413SN | 414SN | 415SN | 416SN | 407SN2 | 408SN2 | 409SN2 | 410SN2 | 411SN2 | 412SN2 | 413SN2 | 414SN2 | 415SN2 | 416SN2 |
| *TREBLE JIG | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ | 416TJ | 407TJ2 | 408TJ2 | 409TJ2 | 410TJ2 | 411TJ2 | 412TJ2 | 413TJ2 | 414TJ2 | 415TJ2 | 416TJ2 |
| *HORNSPIPE | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP | 416HP | 407HP2 | 408HP2 | 409HP2 | 410HP2 | 411HP2 | 412HP2 | 413HP2 | 414HP2 | 415HP2 | 416HP2 |

PRIZE WINNER (OPEN) *ALL HARD SHOES DANCES CAN BE DONE AT EITHER AT TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

| | SATURDAY | | | | | | | | | | SUNDAY | | | | | | | | | |
|--------------------|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL | 516RL | 507RL2 | 508RL2 | 509RL2 | 510RL2 | 511RL2 | 512RL2 | 513RL2 | 514RL2 | 515RL2 | 516RL2 |
| SLIP JIG | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ | 516SJ | 507SJ2 | 508SJ2 | 509SJ2 | 510SJ2 | 511SJ2 | 512SJ2 | 513SJ2 | 514SJ2 | 515SJ2 | 516SJ2 |
| *TREBLE JIG | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ | 516TJ | 507TJ2 | 508TJ2 | 509TJ2 | 510TJ2 | 511TJ2 | 512TJ2 | 513TJ2 | 514TJ2 | 515TJ2 | 516TJ2 |
| *HORNSPIPE | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP | 516HP | 507HP2 | 508HP2 | 509HP2 | 510HP2 | 511HP2 | 512HP2 | 513HP2 | 514HP2 | 515HP2 | 516HP2 |



NOVICE/PRIZEWINNER SPECIAL COMPETITIONS - SATURDAY

| SATURDAY ONLY | <u>U12</u> | <u>U15</u> | <u>O15</u> |
|-----------------|------------|------------|------------|
| TRADITIONAL SET | 512TS | 515TS | 516TS |
| TREBLE REEL | 512TR | 515TR | 516TR |

ADULT COMPETITIONS

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers in the Adult categories cannot enter any competition other than Adult specified competitions.

A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

| SATURDAY | <u>Beginner</u> | <u>Advanced Beginner</u> | <u>Novice</u> | <u>Prizewinner</u> | <u>Novice and Prizewinner Combined</u> |
|-----------------|-----------------|--------------------------|---------------|--------------------|--|
| REEL | 820RL | 830RL | 840RL | 850RL | |
| LIGHT JIG | 820LJ | 830LJ | | | 855LJ |
| SLIP JIG | 820SJ | 830SJ | 840SJ | 850SJ | |
| SINGLE JIG | 820SN | 830SN | | | 855SN |
| TREBLE JIG | 820TJ | 830TJ | 840TJ | 850TJ | |
| HORNPIPE | 820HP | 830HP | 840HP | 850HP | |
| Traditional SET | | | | | 855TS |
| TREBLE REEL | | | | | 855TR |
| CHAMPIONSHIP | | | | | 799OC |

MAUREEN HARLING CHARITY REEL SPECIAL - SATURDAY

A competition featuring one, two, or three dancers choreographing their own 16 bars of soft shoe (one step right and left).

Costumes are welcomed & encouraged, but not required!

All proceeds will be donated to the South Florida Chapter of the ALS Association.

| SATURDAY ONLY | <u>U12</u> | <u>O12</u> |
|---------------|------------|------------|
| GRADES | 512CTR | 513CTR |
| CHAMPIONSHIP | 712CTR | 713CTR |



Competitions will be combined if less than 5 dancers registered

PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

Preliminary Championship competition dancers will perform 2 rounds: (will start with light shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig

If there are five or more boys in PC (not set), then boys will be entered into a separate competition

| | | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>U18</u> | <u>O18</u> |
|-----|---|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| SAT | Preliminary Championship | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC | 619PC |
| | Prelim Set Dance * additional \$10 fee | 609SD | 610SD | 611SD | 612SD | 613SD | 614SD | 615SD | 616SD | 617SD | 618SD | 619SD |
| SUN | Preliminary Championship | 609PC2 | 610PC2 | 611PC2 | 612PC2 | 613PC2 | 614PC2 | 615PC2 | 616PC2 | 617PC2 | 618PC2 | 619PC2 |
| | Prelim Set Dance * additional \$10 fee | 609SD2 | 610SD2 | 611SD2 | 612SD2 | 613SD2 | 614SD2 | 615SD2 | 616SD2 | 617SD2 | 618SD2 | 619SD2 |

OPEN CHAMPIONSHIP – 3 ROUNDS

Open Championship dancers will perform three rounds: (will start with light shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig
3. Set Dance of their choice

If there are three or more boys in OC, then the boys will be entered into a separate competition

| | | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>U18</u> | <u>O18</u> | <u>Adult</u> |
|-----|-------------------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|
| SAT | Open Championship | 709OC | 710OC | 711OC | 712OC | 713OC | 714OC | 715OC | 716OC | 717OC | 718OC | 719OC | 799OC |
| SUN | Open Championship | 709OC2 | 710OC2 | 711OC2 | 712OC2 | 713OC2 | 714OC2 | 715OC2 | 716OC2 | 717OC2 | 718OC2 | 719OC2 | --- |



FIGURES AND CEILI - SATURDAY

- **NEW REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the TEAM fee for the entire team. The team MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

| SATURDAY ONLY | 2 HAND | 3 HAND | 4 HAND | 6 HAND | 8 HAND* | Parent-Child |
|-------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|--------------|
| Regular Team Fee | \$ 20.00 | \$ 30.00 | \$ 40.00 | \$ 60.00 | \$ 80.00 | \$20 |
| Under 10 | 9210FD | 9310FD | 9410FD | 9610FD | 9810FD | |
| Under 13 | 9213FD | 9313FD | 9413FD | 9613FD | 9813FD | |
| Under 16 | 9216FD | 9316FD | 9416FD | 9616FD | 9816FD | 9999PC |
| 16 and Over | 9217FD | 9317FD | 9417FD | 9617FD | 9817FD | |
| Adults | 9299FD | 9399FD | 9499FD | 9699FD | 9899FD | |

**Special two-round ceili competition Saturday night!!*

NON-DANCING COMPETITIONS - SATURDAY

| SATURDAY ONLY | U10 | U13 | U18 | O18 |
|--------------------------------|---------|---------|---------|---------|
| INSTRUMENTAL (any instrument) | 910NDI | 913NDI | 918NDI | 999NDI |
| IRISH SONG | 910NDS | 913NDS | 918NDS | 999NDS |
| IRISH ART | 910NDA | 913NDA | 918NDA | 999NDA |
| IRISH BAKING – Sweets | 910NDBS | 913NDBS | 918NDBS | 999NDBS |
| IRISH BAKING – Breads / Savory | 910NDBB | 913NDBB | 918NDBB | 999NDBB |



IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules
Effective January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman;
 - b) Failure to report on time to compete (Penalty: disqualification from said event);
 - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
 - a) must compete in their own age group;
 - b) must be prepared to perform two steps in each event;
 - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis:
 - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.



- d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
- e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
19. The status of a dancer does not change unless there are five or more dancers in a competition.
20. Grade Category Definitions:
- a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
- b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
- c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
- d) **Open (Prizewinner):** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
- e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
- a) away from the dancing stages and
- b) requested by a consenting parent, guardian or dancer over the age of 18.
30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules