

The 37th Annual Four Provinces Feis

In loving memory of Maureen McDade McGrory, T.C.R.G, John S. McGrory,
Kathleen Meehan and Phil & Marie Farrelly



April 24, 2022

Start time- 8:45AM

Cabrini University

610 King of Prussia Road

Radnor, PA

ALL ENTRIES WILL BE DONE ONLINE AT: WWW.FEISWEB.COM

COVID-19 PROTOCOLS WILL BE IN PLACE AND STRICTLY ENFORCED

<i>Adjudicators</i>		
James Early, NY	Maura Gray, CT	Kerry Broderick, NY
Patsy McLoughlin, NY	LuAnn O'Rourke-Boyd, NY	Linda Sanfilippo, NY
Isabella Fogarty, IRL	Sean Flynn, NY	

<i>Musicians</i>		
Kevin Ford	Karen Conway	Pattie Morrissey
Annmarie Acosta		

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN (WWW.CLRG.IE) and THE MID-ATLANTIC REGION (WWW.MID-ATLANTICREGION.COM)

PLEASE NOTE THE PHOTOGRAPHY RULE

THE FEIS COMMITTEE, MCDADE-CARA SCHOOL OF IRISH DANCE, THE HOSTING ORGANIZATION, CABRINI UNIVERSITY, or any other organizations affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.

Feis updates, adjudicator & musician additions will be posted on www.mcdadecara.com
Any questions regarding entries should be emailed to: fourprovincesfeis@gmail.com

FEE Schedule:	
- Please note there will be NO REFUNDS of any fees and NO Changes will be permitted after April 18, 2022	
Family Event Fee Mandatory	\$30.00
Special Needs Competition	\$15.00
Music Competition	\$15.00
All Solo Competition – Grade Level and Adult Competitions	\$15.00
Preliminary Championship	\$60.00
Traditional Set / Contemporary Set	\$20.00
Open & Adult Championships	\$70.00
Ceili Competition – Per dancer	\$10.00
Charity Treble Reel	\$10.00
Late Fee	\$30.00
Change Fee	\$20.00
Family Maximum (does not include event fee, FeiwWeb fee or late fee)	\$250.00

IMPORTANT VENUE/FEIS INFORMATION:

2022 Refund policy Exceptions –

If PA Department of Health guidelines change after registering for Four Provinces Feis, and your dancer is no longer able to participate due to this restriction, registration fees will be returned. Paypal fees will not be refunded for any entry.

-If Four Provinces Feis is cancelled after registration fees have been paid, all fees will be refunded EXCEPT PayPal

BEGINNER	A Beginner is a competitor who has not taken Irish dancing lessons from a registered teacher <u>prior</u> to September 1st of previous year. Dancer must move into Advanced Beginner the following year.								
BOYS & GIRLS	2 Steps - 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt & blouse or school costumes ONLY.								
	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	13 & Over
REEL <i>tempo 122</i>	1	5	9	13	17	21	25	29	33
LIGHT JIG <i>tempo 115</i>	2	6	10	14	18	22	26	30	34
SLIP JIG <i>tempo 122</i>	3	7	11	15	19	23	27	31	35
HOP JIG <i>tempo 124</i>	4	8	12	16	20	24	28	32	36
ADVANCED BEGINNER	An Advanced Beginner is a dancer who has taken lessons from a registered teacher for more than 1 year. An Advanced Beginner who wins a 1 st , 2 nd or 3 rd place will advance to the Novice category in that particular dance the next year.								
BOYS & GIRLS	2 Steps - 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt & blouse or school costumes ONLY.								
	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	12 & Over	
REEL <i>tempo 122</i>	101	107	113	119	125	131	137	143	
LIGHT JIG <i>tempo 115</i>	102	108	114	120	126	132	138	144	
SLIP JIG <i>tempo 122</i>	103	109	115	121	127	133	139	145	
HOP JIG <i>tempo 124</i>	104	110	116	122	128	134	140	146	
TREBLE JIG <i>tempo 92</i>	105	111	117	123	129	135	141	147	
HORNSPIPE <i>tempo 138</i>	106	112	118	124	130	136	142	148	
NOVICE	A Novice is a dancer who has previously won a 1 st , 2 nd or 3 rd in Advanced Beginner. A Novice who wins a 1 st place will advance to the Prizewinner category in that particular dance the next year.								
BOYS & GIRLS	2 Steps - 2 Dancers at a time								
	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	14 & Over
REEL <i>tempo 113</i>	201	206	211	216	221	226	231	236	241
LIGHT JIG <i>tempo 115</i>	202	207	212	217	222	227	232	237	242
SLIP JIG <i>tempo 113</i>	203	208	213	218	223	228	233	238	243
TREBLE JIG <i>tempo 92 OR 73</i>	204	209	214	219	224	229	234	239	244
HORNSPIPE <i>tempo 138 OR 113</i>	205	210	215	220	225	230	235	240	245
PRIZEWINNER	A Prizewinner is a dancer who has previously won a 1 st place in Novice in a particular dance.								
BOYS & GIRLS	2 Steps - 2 Dancers at a time								
	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	15 & Over
REEL <i>tempo 113</i>	301	305	309	313	317	321	325	329	333
SLIP JIG <i>tempo 113</i>	302	306	310	314	318	322	326	330	334
TREBLE JIG <i>tempo 92 OR 73</i>	303	307	311	315	319	323	327	331	335
HORNSPIPE <i>tempo 138 OR 113</i>	304	308	312	316	320	324	328	332	336

CHAMPIONSHIPS

Championship Tabulation will be done by FEISWEB

Hard shoe danced first

- **A DANCER WHO MISSES HIS/HER ROTATION WILL NOT BE PERMITTED TO DANCE**
- Rotations are pre-assigned by FEISWEB
- Solo Round Medals will be awarded in all Championship competitions
- There will be three rounds for Open Championships
- Marks for Champs will be available at time of results
- **Note: Preliminary and Open competitions may be moved later in the day as stages become available**

PRELIMINARY CHAMPIONSHIPS	Choice of Reel (48 Bars) or Slip Jig (40 bars) AND Jig (48 bars) or Hornpipe (40 bars). Open to competitors who have placed 1 st in Prizewinner solo light (reel/slip jig) AND heavy dance (jig/hornpipe) at any feis.	
BOYS & GIRLS	Dancers who win THREE 1 st place Prelim Championships in one calendar year must move onto Open on Jan. 1 st of the following year. <u>When a third 1st place win is achieved over several calendar years, the dancer must move to Open Championship the following weekend.</u> Girls and Boys Combined. Dancers will dance 2 at a time.	
		PERPETUAL
Under 8	400	The Donegal Association Trophy
Under 9	401	The Crossan Family Trophy
Under 10	402	The Hasenmayer Memorial Trophy
Under 11	403	The Travers Family Trophy
Under 12	404	The Lisa Young Memorial Trophy
Under 13	405	The Connell Family Trophy
Under 14	406	The Cara School Trophy
Under 15	407	The John P. Kennedy Trophy
Under 16	408	The Eugene McDonald Memorial Trophy
Under 17	409	The James J. Wallace Trophy
17 & Over	410	The Tyrone Society Trophy
OPEN CHAMPIONSHIPS GIRLS 3 ROUNDS	Dancers will perform three rounds: reel or slip jig, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 2 at a time Note: U8 and U9 Open Girls competitors must dance a traditional set piece.	
		PERPETUAL TROPHIES
Under 9	500	The Regina Trahey Memorial Trophy
Under 10	501	The Cavan Society Trophy
Under 11	502	The Denise Berry Memorial Trophy
Under 12	503	The Adele L. McHugh Memorial Trophy
Under 13	504	Carmel's Crew Perpetual Trophy
Under 14	505	The Alan Skehan Memorial Trophy
Under 15	506	The Marie Farrelly Memorial Trophy
Under 16	507	The Bill & Eileen Watson Trophy
Under 17	508	The Addison Kelly Memorial Trophy
Under 18	509	The Terry McEnroe Memorial Trophy
18 & Over	510	The Kenneally Family Trophy
OPEN CHAMPIONSHIPS BOYS 3 ROUNDS	Dancers will perform three rounds: reel, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 2 at a time Note: U8 and U9 Open Boys competitors must dance a traditional set piece.	
		PERPETUAL TROPHIES
Under 9	511	The Crossan/Deeney Memorial Trophy
Under 11	512	The Fullerton/O'Connell Trophy
Under 13	513	The Maureen McDade McGrory Trophy
Under 15	514	The John & Margaret Meenan Trophy
Under 17	515	The McKenna's Irish Shop Trophy
17 & Over	516	The Four Provinces Volunteer Trophy

TRADITIONAL SET	Advanced Beginner Novice and Prizewinner	Preliminary and Open Champion		PRELIMINARY CONTEMPORARY SET
Under 9	600	601	Under 11	602
Under 11	603	604	Under13	605
Under 13	606	607	Under 15	608
Under 15	609	610	Under 17	611
15 & Over	612	613	17 & Over	614

SPECIAL NEEDS BOYS AND GIRLS		Open to all ages, boys and girls Dancer's choice of dance
BEGINNER	700	
ADVANCED BEGINNER	701	

CEILI COMPETITIONS	UNDER 9	UNDER 11	UNDER 13	UNDER 15	15 & OVER
2 HANDE REEL	800	803	806	809	812
3 HAND REEL	801	804	807	810	813
4 HAND REEL	802	805	808	811	814

Adult Competitions

Adult dancers must meet one of the following criteria

- 1) Dancers must not have taken Irish Dancing lessons as a juvenile and must be at least 18 years of age
- 2) Dancers may have taken Irish dance lessons as a juvenile but have not competed in any competition, solo or team, feiseanna or Oireachtais, except competitions specifically designated for adults within the past 5 years and must be at least 18 years of age

All female Adult competitors must wear black tights.

ADULT COMPETITIONS	REEL SPEED 122	SLIP JIG SPEED 122	LIGHT JIG SPEED 115	TREBLE JIG SPEED 92	HORNPIPE SPEED 138	TRADITIONAL SET
BEGINNER	910	911	912	913	914	915
ADVANCED BEGINNER	916	917	918	919	920	921
	REEL SPEED 113	SLIP JIG SPEED 113	LIGHT JIG SPEED 115	TREBLE JIG SPEED 73 & 92	HORNPIPE SPEED 113 & 138	TRADITIONAL SET
NOVICE	922	923	924	925	926	927
PRIZEWINNER	928	929	930	931	932	933
ADULT CHAMPIONSHIP	Choice of Reel (40 bars), Slip Jig (32 bars) or Hornpipe (32 bars). Traditional Set of Choice. Reel, Slip Jig & Hornpipe speed = 113, Treble Jig speed = 73					
	950					

FAMILY DANCE COMPETITION	1000	Entry is open to any group of family members who compete in an Irish dance of their choice
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IRISH MUSIC COMPETITION	Competitors will play one choice of an Irish Traditional Air/Tune on their choice of instrument. Times to be determined	
UNDER 12	2000	
12 & OVER	2001	

CHARITY TREBLE REEL IN LOVING MEMORY OF JOHN S McGRORY Registration fees for the Treble Reel will be donated to Nelson County Pantry https://nelsoncountypantry.org		Located in Shipman, VA, the Nelson County Pantry was a place near and dear to John McGrory. On a monthly basis the Pantry provides supplemental food to an average of 250 households, representing approximately 700 individuals. Please consider participating in the Charity Treble Reel Competition. <i>Dance attire for this competition is your choice. Dancers can dress in theme, black shirt/top, solo or school dress. This competition may be entered side stage the day of the Feis</i>
Under 12	3000	
Under 16	3001	
16 & Over	3002	

COVID-19 Protocols

By attending, you agree to follow all COVID – 19 safety protocols and voluntarily assume all risks related to exposure of COVID-19
Non-compliance to any of the guidelines set forth will result in ejection from the feis and no refund will be provided.

COSTUMES

Please come completely ready for the feis – hair, make-up, costume etc (can be solo, school, or skirt/pants and top). Please have your child warm- up prior to entering the feis venue. There is absolutely no getting ready or congregating in the bathrooms.

FACE MASKS

All attendees must wear a face mask when indoors. Face shields are not permitted in place of masks. Please make sure the mask covers your MOUTH and NOSE. If you have a medical condition that precludes you from wearing a face mask, please do not attend our feis as you will not be permitted to enter. Dancers must wear their mask on to the stage however, they may remove their mask to dance. Face masks must be worn at awards and while using the restrooms and at all other times. Please remember, wearing a face mask does not mean you do not have to social distance. All must remain 6 feet apart AND wear a mask. Dancers’ masks cannot have the school’s name or logo on them.

WATER STATIONS AND BATHROOMS

There will be no water stations so please bring all the water your child will need for the day. Please do not refill water bottles at the sink in the bathrooms. Bathrooms will be accessible, but we ask that no one gets ready in the bathroom. We will have someone monitoring the number of people entering/leaving the bathrooms to maintain adequate social distancing. There will be no access to water fountains. Since the nature of COVID-19 and the safety guidelines in relation to it are fluid, our protocols are subject to change. We will publish and/or distribute changes to our protocols as they are updated.