

*The Inis Cairde Parent Association  
and  
Inis Cairde School of Irish Dance*

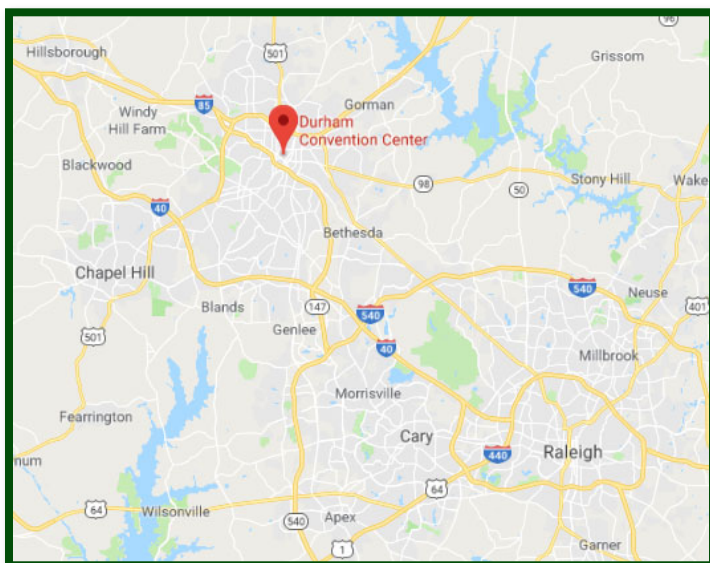
Meighan Carpenter, ADCRG, TCRG  
Brita Kiser, TCRG  
Cara Stackpoole, TCRG

*Proudly presents*



**Saturday & Sunday  
February 8 & 9, 2020**

Durham Convention Center  
301 West Morgan Street  
Durham, North Carolina 27701



Syllabus approved on xxxx

## FEIS INFORMATION

Online registration open  
up to **Wednesday Jan 29**

[www.QuickFeis.com](http://www.QuickFeis.com)

Limited to 500 Grades - 250 Championship

### SATURDAY

Grades, Championship, Figures, Specials, Adults, & Non-Dancing  
Competitions

FULL COSTUME ATTIRE

### SUNDAY

SECOND CHANCE!

Grade Level & Championship Competitions  
Charity Treble Reel

Special events for Fathers, Grandfathers, and/or Father-Figures!

ATTIRE:

Black T-Shirt (can include Raleigh Feis t-shirt or other plain black  
t-shirt)

Boys: Black Pants

Girls: Black Shorts/Skirt; No Wigs

For more information go to:

<http://www.raleighfeis.org>

## 2020 NAFC CHAMPIONSHIPS

### **2020 NAFC Belt Championships**

Will be at the **2020 Lavin-Cassidy Feis**  
Grand Geneva Resort and Spa  
7036 Grand Geneva Way  
Lake Geneva, WI, USA 53147

Feis..... Fri & Sat – Feb 28-29,2020  
Ceili..... Saturday February 29, 2020  
Belt..... Sun March 1, 2020

### **Edward Callaghan Music Scholarship Championship**

*Under 15 - will be held at the  
East Durham Feis on August 22, 2020*

### **James Brennan Music Scholarship Championship**

*Under 21 - will be held at the  
Buffalo Feis on June 6, 2020*

## NAFC COMMISSION

Member of the North American Feis Commission

President: Jim Graven

[president@northamericanfeiscommission.org](mailto:president@northamericanfeiscommission.org)

Member of An Coimisiun, Dublin, Ireland



## REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration  
 Online registration will accept credit card payment only  
*Sorry - no checks will be accepted at any time.*

### REGULAR FEES to Jan 29

Solo Dancing / Adult / Charity Reel / All sets / All non dancing	<b>\$ 10.00</b> <i>per competitor per comp</i>
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Figures / Ceili	<b>Team Fee</b> <i>See details in Figure/ceili section</i>
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Preliminary Championship	<b>\$ 40.00</b> <i>per competitor</i>
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Open Championship	<b>\$ 50.00</b> <i>per competitor</i>
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Family Fee	<b>\$ 30.00</b> <i>per family</i>
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Family Max <i>Does not include teams or specials</i>	<b>\$ 200.00</b> <i>per family (up to Jan 29) **</i>
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Feis Shirts	<b>\$15</b> Sizes offered are Youth: XS, S, M, L, XL and Adult: S, M, L, XL, XXL
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## LATE FEES

After Jan 29, all changes and new registrations must be done  
**AT THE FEIS** and the following fees will be due in  
**IN ADDITION TO THE REGULAR FEES ABOVE.**

### CREDIT CARD OR CASH ONLY

*Sorry - no checks will be accepted at any time*

**\*\* NO FAMILY MAX AFTER JAN 29 \*\***

	<b>QUICKFEIS to Jan 29</b>	<b>IN PERSON At the Feis</b>
CHANGE Fee – <i>per competitor</i>	NONE	<b>\$ 25.00</b>
NEW Registration Fee <i>per competitor</i>	NONE	<b>\$ 50.00</b>

## FEIS RULES

1. Payment must be made at the time of registration.
2. Entries are not valid until full payment is received.
3. No personal checks will be accepted at any time.
4. To Jan 29 all registration must be done with **QUICKFEIS** at [www.quickfeis.com](http://www.quickfeis.com).
5. No mailed entries will be accepted.
6. **NEW REGISTRATIONS** after Jan 29, provided the feis has not capped, can only be made **AT THE FEIS** and will incur a \$50 late fee in addition to all the regular fees.
7. **Registration CHANGES** can only be made:
  - a. To Jan 29 - **ONLINE** with **QUICKFEIS** – return to your account and up to Jan 29 you can make all changes for **FREE**.
  - b. After Jan 29, all changes must be made **AT THE FEIS** and will incur a change fee of \$25 (this does not include adding any new competitions which will be charged the regular fees).
8. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area, champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.
9. The Feis Committee has the right to cancel the Feis, reject entries, or, having received entry, cancel it for any just cause at any time prior to competition start.
10. The Feis Committee has the right, as needed, to combine any competitions, or to split any competitions
11. Parents are responsible for their child/children's safety
12. In all matters, except those pertaining to adjudicating, the decisions of the Feis Committee will be final
13. Raleigh Feis T-shirts will be available for pre-sale only and can be worn for competitions on Sunday. Sizes offered are Youth: XS, S, M, L, XL and Adult: S, M, L, XL, XXL.
14. All grades up to and including U14 will dance three at a time. All champs up to and including U14 will dance hard shoe three at a time and soft shoe two at a time. All champs will dance hard shoe first.
15. For Beginner, Advanced Beginner, Novice and Prizewinner competitions, boys and girls will be separated if there are 5 or more boys entered. The Feis Committee reserves the right to combine competitions based upon number of entries, in accordance with the North American Feis Commission rules.
16. Camping is permitted in designated areas only

**ABSOLUTELY NO REFUNDS  
OF ANY KIND AT ANY TIME**



## NUMBERING SYSTEM

The following numbering system complies with the NAFC Mid America Standardized Syllabus

1 <sup>st</sup> Digit	Level Category: FIRST FEIS Dances all begin with 1, BEGINNER 1 with 2, and so forth
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group - Girls begin at 01 and Boys begin at 51. (see age group details below)
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>TJ</b> = TREBLE JIG <b>HP</b> = HORNSPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET <b>SD</b> = SET DANCE ...
IF the last digit is 2	“ <i>Second Chance</i> ” competitions – this is a second chance for you to compete in that competition.

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2020</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U18</b>
<b>Born in:</b>	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002

PLEASE NOTE: Age groupings beginning with “O” mean THAT age AND over (example O11 means 11 and older)

## FIRST FEIS – SATURDAY ONLY

The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2. AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed) -

<b>SATURDAY ONLY</b>	<b>SATURDAY ONLY</b>							
	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>O11</b>
<b>REEL</b>	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL
<b>LIGHT JIG</b>	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ
<b>SLIP JIG</b>	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ

## BEGINNER (BEGINNER 1)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

Beginner 1 dancer is anyone who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1<sup>st</sup> of the dancer’s second year of instruction, or may move to Beginner 2 earlier with teacher’s permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2. AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	<b>SATURDAY</b>										<b>SUNDAY</b>									
	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>O12</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>O12</b>		
<b>REEL</b>	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	205RL.2	206RL.2	207RL.2	208RL.2	209RL.2	210RL.2	211RL.2	212RL.2	213RL.2		
<b>LIGHT JIG</b>	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	205LJ.2	206LJ.2	207LJ.2	208LJ.2	209LJ.2	210LJ.2	211LJ.2	212LJ.2	213LJ.2		
<b>SLIP JIG</b>	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ	205SJ.2	206SJ.2	207SJ.2	208SJ.2	209SJ.2	210SJ.2	211SJ.2	212SJ.2	213SJ.2		



## ADVANCED BEGINNER (BEGINNER 2) ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	SATURDAY										SUNDAY									
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13		
<b>REEL</b>	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	306RL2	307RL2	308RL2	309RL2	310RL2	311RL2	312RL2	313RL2	314RL2		
<b>LIGHT JIG</b>	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	306LJ2	307LJ2	308LJ2	309LJ2	310LJ2	311LJ2	312LJ2	313LJ2	314LJ2		
<b>SLIP JIG</b>	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ	306SJ2	307SJ2	308SJ2	309SJ2	310SJ2	311SJ2	312SJ2	313SJ2	314SJ2		
<b>SINGLE JIG</b>	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	306SN2	307SN2	308SN2	309SN2	310SN2	311SN2	312SN2	313SN2	314SN2		
<b>TREBLE JIG</b>	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	306TJ2	307TJ2	308TJ2	309TJ2	310TJ2	311TJ2	312TJ2	313TJ2	314TJ2		
<b>HORNPIPE</b>	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	306HP2	307HP2	308HP2	309HP2	310HP2	311HP2	312HP2	313HP2	314HP2		

## NOVICE \*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	SATURDAY										SUNDAY									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
<b>REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	407RL2	408RL2	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2	415RL2	416RL2
<b>LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	407LJ2	408LJ2	409LJ2	410LJ2	411LJ2	412LJ2	413LJ2	414LJ2	415LJ2	416LJ2
<b>SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ	407SJ2	408SJ2	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2	415SJ2	416SJ2
<b>SINGLE JIG</b>	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN	407SN2	408SN2	409SN2	410SN2	411SN2	412SN2	413SN2	414SN2	415SN2	416SN2
<b>*TREBLE JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2	415TJ2	416TJ2
<b>*HORNPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	407HP2	408HP2	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2	415HP2	416HP2

## PRIZE WINNER (OPEN) \*ALL HARD SHOES DANCES CAN BE DONE AT EITHER AT TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

	SATURDAY										SUNDAY									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
<b>REEL</b>	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	507RL2	508RL2	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2	515RL2	516RL2
<b>SLIP JIG</b>	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ	507SJ2	508SJ2	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2	515SJ2	516SJ2
<b>*TREBLE JIG</b>	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	507TJ2	508TJ2	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2	515TJ2	516TJ2
<b>*HORNPIPE</b>	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	507HP2	508HP2	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2	515HP2	516HP2



## NOVICE/PRIZEWINNER SPECIAL COMPETITIONS - SATURDAY

SATURDAY ONLY	<u>U12</u>	<u>U15</u>	<u>O15</u>
TRADITIONAL SET	512TS	515TS	516TS
TREBLE REEL	512TR	515TR	516TR

## ADULT COMPETITIONS

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED*

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers in the Adult categories cannot enter any competition other than Adult specified competitions.

A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

SATURDAY	<u>Beginner</u>	<u>Advanced Beginner</u>	<u>Novice</u>	<u>Prizewinner</u>	<u>Novice and Prizewinner Combined</u>
REEL	820RL	830RL	840RL	850RL	
LIGHT JIG	820LJ	830LJ			855LJ
SLIP JIG	820SJ	830SJ	840SJ	850SJ	
SINGLE JIG	820SN	830SN			855SN
TREBLE JIG	820TJ	830TJ	840TJ	850TJ	
HORNPIPE	820HP	830HP	840HP	850HP	
Traditional SET					855TS
TREBLE REEL					855TR
CHAMPIONSHIP					799OC

## MAUREEN HARLING CHARITY REEL SPECIAL - SUNDAY

A competition featuring one, two, or three dancers choreographing their own 16 bars of soft shoe (one step right and left).

Costumes are welcomed & encouraged, but not required!

All proceeds will be donated to the South Florida Chapter of the ALS Association.

SUNDAY ONLY	<u>U12</u>	<u>O12</u>
GRADES	512CTR	513CTR
CHAMPIONSHIP	712CTR	713CTR





*Competitions will be combined if less than 5 dancers registered*

## PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

Preliminary Championship competition dancers will perform 2 rounds: (will start with light shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig

If there are five or more boys in PC (not set), then boys will be entered into a separate competition

		<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>O18</u>
SAT	Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC	619PC
	Prelim Set Dance * additional \$10 fee	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD	619SD
SUN	Preliminary Championship	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	616PC2	617PC2	618PC2	619PC2
	Prelim Set Dance * additional \$10 fee	609SD2	610SD2	611SD2	612SD2	613SD2	614SD2	615SD2	616SD2	617SD2	618SD2	619SD2

## OPEN CHAMPIONSHIP – 3 ROUNDS

Open Championship dancers will perform three rounds: (will start with light shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig
3. Set Dance of their choice

If there are three or more boys in OC, then the boys will be entered into a separate competition

		<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>O18</u>	<u>Adult</u>
SAT	Open Championship	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	799OC
SUN	Open Championship	709OC2	710OC2	711OC2	712OC2	713OC2	714OC2	715OC2	716OC2	717OC2	718OC2	719OC2	---



## FIGURES AND CEILI - SATURDAY

- NEW REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the TEAM fee for the entire team. The team MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

SATURDAY ONLY	2 HAND	3 HAND	4 HAND	6 HAND	8 HAND	Parent-Child
<b>Regular Team Fee</b>	<b>\$ 20.00</b>	<b>\$ 30.00</b>	<b>\$ 40.00</b>	<b>\$ 60.00</b>	<b>\$ 80.00</b>	<b>\$20</b>
Under 10	9210FD	9310FD	9410FD	9610FD	9810FD	
Under 13	9213FD	9313FD	9413FD	9613FD	9813FD	
Under 16	9216FD	9316FD	9416FD	9616FD	9816FD	9999PC
16 and Over	9217FD	9317FD	9417FD	9617FD	9817FD	
Adults	9299FD	9399FD	9499FD	9699FD	9899FD	

## NON-DANCING COMPETITIONS - SATURDAY

SATURDAY ONLY	U10	U13	U18	O18
<b>INSTRUMENTAL</b> (any instrument)	910NDI	913NDI	918NDI	999NDI
<b>IRISH SONG</b>	910NDS	913NDS	918NDS	999NDS
<b>IRISH ART</b>	910NDA	913NDA	918NDA	999NDA
<b>IRISH BAKING – Sweets</b>	910NDBS	913NDBS	918NDBS	999NDBS
<b>IRISH BAKING – Breads / Savory</b>	910NDBB	913NDBB	918NDBB	999NDBB

## FATHER FIGURES - SUNDAY

“Calling all Fathers, Grandfathers, and Father-figures – Sunday only”

Two events:

- a) Irish Jig competition – one step only!

Dancers: teach your dad, stepdad, grandad, or other father figure in your life an Irish Jig!

Prepare him to compete with other men on Sunday afternoon. You can dance with him (no extra cost for a child to dance WITH their father!) or he can dance solo!

- b) Irish Dance Dads’ Obstacle Course!

A non-dancing event to test the skills of Irish dance dads. A short course that may include lacing ghillie, gluing socks, securing a wig, and more! Come on, dads! Show us your skills that support your younger Irish dancer(s)!

SUNDAY ONLY	Irish JIG	Irish Dad Obstacle Course
Open to all	999DIJ	999DOC



## IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules  
Effective January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1<sup>st</sup> shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
  - a) Conduct unbecoming a lady or gentleman;
  - b) Failure to report on time to compete (Penalty: disqualification from said event);
  - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
  - a) must compete in their own age group;
  - b) must be prepared to perform two steps in each event;
  - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
  - a) Entrants in any Championship event may not enter in any other regular grade solo events but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
  - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
  - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
  - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
  - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
  - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
  - a) Are open to those who at any NAFC recognized Feis:
    - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
    - (2) Have never won 1st, 2<sup>nd</sup> or 3rd in Open Championship.
  - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
  - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.





- d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
- e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
19. The status of a dancer does not change unless there are five or more dancers in a competition.
20. Grade Category Definitions:
- a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
- b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
- c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
- d) **Open (Prizewinner):** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
- e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
- a) away from the dancing stages and
- b) requested by a consenting parent, guardian or dancer over the age of 18.
30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

### MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

**The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules**