



Southern Regional Online Feis



03-06 APR 2021

Online Feis hosted by

VideoFeis



www.videofeis.com

Online registration and tabulation with



www.QUICKFEIS.com

Online registration

will end on **APR 01 at 8:00 pm (ETZ)**

**THIS IS A REGIONAL FEIS OPEN ONLY TO
DANCERS FROM THE US SOUTHERN REGION**

For all feis questions please email:

Marymcginty@comcast.net

**CAPPED TO FIRST
1000 PAID ENTRIES**

HOW DOES THIS WORK?

- Register and pay online at www.quickFeis.com for the feis up to end of day APR 01 at 8:00 pm (ETZ)
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT! (if you cannot print it, write your number on a piece of paper – make it look like a normal dancer card please)
- As soon as you have your dancer card practice and film your video
 - Use your **smartphone** for the video
 - You must wear your **dancer number**
 - Must be in **landscape** mode
 - Dancer must be **alone** in video
 - **Music** must be clear
 - Create a separate video for each dance
 - No editing allowed
 - See additional guidelines below
- Starting APR 03 go to **VIDEO FEIS**, log in with your QuickFeis account - and upload all your videos
 - You may begin to upload your video no sooner than APR 03
 - You will be asked whether your video is in LARGE or SMALL stage format -
 - LARGE = 8 ft x 8 ft or bigger
 - SMALL = smaller than 8 ft x 8 ft
 - **ALL videos must be uploaded by 8:00 pm APR 06 (EST)**
- All videos will be securely viewed by CLRG Adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

TIMING

MAR 15	Registration OPENS
APR 01	Registration CLOSES
APR 03	Video upload OPEN
APR 06	Video upload CLOSED
APR 09-11	Adjudication
APR 13	RESULTS POSTED! (or sooner)

ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- US Funds ONLY will be accepted
 - Online registration will accept credit card payment only.
 - Sorry - no checks will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on APR 01 at 8:00 pm
- Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

FEIS FEES:

Grades **\$ 10**
per competition & per competitor

**Preliminary
Championship** **\$ 35**
(2 rounds) *per dancer*

**Open
Championship** **\$ 40**
(3 rounds) *per dancer*

**PC Set Dance
Treble Reel** **\$ 10**
per competition & per competitor

Event Fee **\$ 15**
per family

ADJUDICATORS

International panel of judges!

☞ TBD

More adjudicators may be added as needed

FEIS RULES:

- A PARENT/GUARDIAN or dancer over the age of 18 must sign an online waiver as part of their registration
- A PARENT/GUARDIAN must be present during filming of the submitted video(s) if the dancer is under 18.
- A clear, clean, safe space is recommended for all videos
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- **There should be no school identifiers/logos/name anywhere in the video, i.e on walls or on clothing, class dresses with logo are ok per CLRG rules**
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- Videos will be permanently deleted 7 days after the competition results have been announced
- **COSTUMES**
 - All rules as per CLRG Costume policies
 - Dancer may wear Solo or Team Costumes, or black out attire
 - Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
 - Correct Soft and Hard Shoes must be worn at all times. No carriage aids allowed
 - Natural hair or wigs are allowed, hair must be off dancer's face
 - Makeup optional for dancers U11 age group and above
 - You must wear your dancer number at all times during your video – failing to wear your number WILL disqualify your video!

MUSIC BY PAT KING!

The feis is proud to provide all dancers with FREE music by Pat King!

All dancer are required to only use this music

A link will be available to you after your registration is paid on the QuickFeis website.

Please email southernregionsets@gmail.com for specific sets and speed if not provided on the link.



NUMBERING SYSTEM

1 st Digit	Level Category: BEGINNER with "2", ADVANCED BEGINNER with "3", and so forth
2 nd and 3 rd Digits	Age Group – "Under 5" is 5, "Under 11" is 11, ... adults are 99
4 th and 5 th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2021	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
Born in:	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

BEGINNER

<i>Boys and Girls</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	ADULTS
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	214RL	215RL	216RL	299RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	214LJ	215LJ	216LJ	299LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ	214SJ	215SJ	216SJ	299SJ

ADVANCED BEGINNER

<i>Boys and Girls</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	Adult
REEL	305RL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	315RL	316RL	399RL
LIGHT JIG	305LJ	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	315LJ	316LJ	399LJ
SLIP JIG	305SJ	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ	315SJ	316SJ	399SJ
TREBLE JIG	305TJ	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	315TJ	316TJ	399TJ
HORNPIPE	305HP	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	315HP	316HP	399HP
TRADITIONAL SETS	305TS	306TS	307TS	308TS	309TS	310TS	311TS	312TS	313TS	314TS	315TS	316TS	399TS

NOVICE GRADE

<i>Boys and Girls</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	<u>ADULTS</u>
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	499RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	499LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ	499SJ
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	499TJ
HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	499HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	499TS

PRIZE WINNER

<i>Boys and Girls</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	<u>ADULTS</u>
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	599RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ	599SJ
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	599TJ
HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	599HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	599TS

PC and OC competitions will be combined if less than 5 dancers registered

PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig. All championship round videos must be in same format – either small stage or large stage (no mixing). Preliminary Championships will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

<i>Boys and Girls</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>O16</u>
PRELIMINARY CHAMPIONSHIP	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC
PC Set Dance \$10	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD

OPEN CHAMPIONSHIP – 3 ROUNDS

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. All championship round videos must be in same format – either small stage or large stage (no mixing). Open Championships will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

<i>Boys and Girls</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>O18</u>
OPEN CHAMPIONSHIP	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC

TREBLE REEL (\$10)

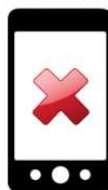
Dancers will dance 1 step only

	<u>U12</u>	<u>O12</u>
NOVICE	412TR	413TR
PRIZEWINNER	512TR	513TR
PRELIMINARY CHAMPIONSHIP	612TR	613TR
OPEN CHAMPIONSHIP	712TR	713TR

VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
 - Grades will submit one video per dance competition
 - Prelim champs will submit two videos (one soft shoe + one hard shoe)
 - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are required to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- **There should be no school identifiers/logos/name anywhere in the video**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video. Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - webm video format will not be accepted
- Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor (avoid being on the side)
 - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image below)

Portrait



Landscape



- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the DANCING PORTION of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.

COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- Dancers must submit their video within the timeframe listed on this syllabus
- No late videos will be accepted after the deadline has passed

DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER DURING THE ENTIRETY OF THE VIDEO**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed – no other form of coaching is allowed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.
- Background should be devoid of any school name or symbol. Nothing in the video should identify a dance school.

MUSIC / SOUND

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music provided by the feis. A link will be given to all paid entrants on the QuickFeis website.
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
 - No speed variations is allowed
 - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
 - **No talking**
 - **No singing along**
 - **No coaching**

RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

ADJUDICATION

- Adjudicators will be selected by the feis chairpersons and will be announced when finalized
- Only accredited CLRG adjudicators will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
 - Feis Adjudicator(s)
 - Feis Organizer(s)
 - School dance teacher(s) (of that dancer)
 - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
 - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release the IDTANA-Southern Region, all dance schools, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

These rules were approved by the IDTANA Southern Region on June 30, 2011 and are effective January 1, 2012

These rules are required to be included in the syllabus for all feiseanna taking place in the IDTANA Southern Region.

- 1) In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
- 2) Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
- 3) A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman
 - b) Failure to report on time to compete (Penalty: disqualification from said event)
 - c) Falsification of age or other important fact—i.e. teaching, award winning, competing under another competitor's name or number etc.

Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC-registered Feiseanna for a period of one year beginning at the date of the occurrence.
 - d) Any competitor found to be "altering" their shoes or wearing them on the "wrong feet" will be treated in the same manner as is using carriage aids, and will be subject to disqualification from that particular competition (CLRG AGM 2011)
- 4) Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This will not pertain to a situation where competitors are involved in stage conflicts: in that case the competition(s) will remain open for a reasonable amount of time to allow the dancer(s) in question to arrive at the stage and compete.
- 5) Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions
 - a) Must compete in their own age group
 - b) Must be prepared to perform two steps in each event
 - c) Cannot change competition on the day of the Feis.
- 6) All current costume rules of An Coimisiun le Rince Gaelacha will prevail.
- 7) Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of clear reflective plastic number covers is discouraged.
- 8) Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- 9) Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10) The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- 11) The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- 12) Competitors must answer all questions on the entry form as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry.
Entries must be postmarked on or before the closing date or they will be subject to a late fee as

determined by the feis committee and published on the syllabus and/or entry form. There will be no refund of entry fees for any reason.

13) Open Championships:

- a) Entrants in any Open Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (tradition set, treble reel nontraditional set dance)
- b) Entrants in Open Championships should specify on the entry form their choice of set dance
- c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A feis committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age groups higher than the age group in which the dancers are entered
- d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig/hornpipe)
- e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship i.e. two 1st place wins.
- f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.

14) Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.

15) Preliminary Championships:

- a) Are open to those who at any NAFC recognized Feis:
 1. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competition and
 2. Have never won 1st, 2nd or 3rd in Open Championship.
- b) A dancer who wins two (2) first place preliminary championship awards in one calendar year will move on to Open Championship the following year (as of Jan 1); if the second first-place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to open championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first-place win in the first Feis will not change the dancer's status for the second Feis
- c) A dancer in a preliminary championship is required to perform a light shoe dance (reel of slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance) or (b) a jig/hornpipe or (c) both a set dance and jig/hornpipe
- d) Boys and Girls will be combined in preliminary championships –Please note the separation policy involving five or more boys
- e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the feis committee may combine an age group with the next higher age groups if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one preliminary championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.

16) Open Championships and Preliminary Championships require at least three adjudicators.

17) First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing for two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.

18) The status of the dancer does not change unless there are five or more dancers in a competition.

- 19) In championship events or solo set dance events: Introductions for set dances will be played only once and competitors must set their speeds during that one playing, no variation in speed will be allowed once dancing is due to commence. Dancers beginning before or after the stipulated set-dance introduction will automatically receive a zero for that round from the/or all adjudicators. (CLRG AGM 2011)
- 20) Grade Category Definitions:
- a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
 - b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance.
 - c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance. In addition, if there are twenty or more dancers, a dancer who wins 1st place or 2nd place in a dance will advance to the Open/Prizewinner category in that particular dance. (Dec. 2012)
 - d) **Open [Prizewinner]:** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
 - e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
 - f) **Other Adult Grades:** will follow the descriptions provided above.
 - g) Other Grade rules
 - i) Competitors have the option to remain in the same category for the remainder of the Feis year (until the following January 1st)
 - ii) The syllabus must contain all grade categories
 - iii) Boys and Girls enter the appropriate age group in the appropriate grade for each dance; after entries have been closed, in any competition where five or more boys are entered, the feis committee will run a separate competition for these boys.
 - iv) A feis committee may only combine two consecutive calendar year age groups (within that grade only) when fewer than five(5) competitors are entered in either age group, with the exception of the oldest age group listed.
- 21) Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 22) Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 23) Teachers or team captains are responsible that their teams are complete and in positions when the competition is announced. Competitors may compete in their own age group or in the next higher age group, however a competitor may compete in only one age group.
- 24) In matters pertaining to adjudicators, the decision of the adjudicator is final.
- 25) Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- 26) First Feis (if offered), Beginner and Advanced Beginner dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult categories are included in these specifications
- 27) No block, en Pointe toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 28) Make up is prohibited on a dancer in the first three grades (First Feis [if offered]), Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
- 29) Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
- 30) No substance that can become airborne should be used on any dance floor in an attempt to improve traction.