

The Dominican Academy

presents

*The Four Masters
Grade Feis*

Sunday 1st of May, 2022

St. Bridgets Community Centre, Ballintra, Co. Donegal



Adjudicators

Olivia O'Reilly Higgins A.D.C.R.G - Cavan

Joan Rafter A.D.C.R.G- Cavan

Pat O'Connor Keaney A.D.C.R.G- Sligo

Musicians

Stephen Devlin - Magherafelt

Syllabus approved by: Feis Registrar, An Comhairle Uladh *Marie McCaul-Moham*

Timetable

	<u>STAGE 1</u>	<u>STAGE 2</u>	<u>STAGE 3</u>
9am	8-9 Bun Grad	9-10 Bun Grad 10-11 Bun Grad	11-12 Bun Grad 12-14 & O/14 Bun Grad
10am	U/6 Bun Grad	6-7 Bun Grad	7-8 Bun Grad
11am	U/5 Tiny Tots U/5 (Ungraded)		
11.15am	8-9 Tus Grad	9-10 Tus Grad 10-11 Tus Grad	11-12 Tus Grad 12-14 & O/14 Tus Grad
12.30pm	U/6 Tus Grad	6-7 Tus Grad	7-8 Tus Grad
1.30pm	Lunch		
2pm	9-10 Mean Grad 12-14 Mean Grad	10-11 Mean Grad O/14 Mean Grad	11-12 Mean Grad
3pm	U/7 Mean Grad	7-8 Mean Grad	8-9 Mean Grad
4pm	6-8 Prelim		
4.30pm	8-10 Prelim		
5pm	10-12 Prelim		
5.30pm	12-14 & O/14 Prelim		

***ALL RESULTS WILL BE GIVEN IN ANOTHER ROOM ***

COMPS	DANCES
U/5 (Ungraded)	Reel, Light Jig, Light Tr Dance
Bungrad	Reel, Single Jig, Light Jig, Slip Jig, Light Tr Dance
Tusgrad	Reel, Single Jig, Light Jig, Slip Jig, Light Tr Dance Heavy jig, Trad Set Tr Dance
Meangrad	Reel, Single Jig, Slip Jig, Light Tr Dance Heavy jig, Hornpipe, Trad Set Tr Dance
Prelim	6-8 & 8-10 Any Light Dance, Any Heavy Dance & Trad Set Dance
Prelim	10-12, 12-14 & O/14 Any Light Dance, Any Heavy Dance & Open Set Dance

Syllabus approved by: Feis Registrar, An Comhairle Uladh

Mairca McCaul-Moham

WELCOME:

Dear Teachers, Parents & Dancers,

The Domican Academy are delighted to welcome you to the Four Master's FIRST GRADE & PRELIM FEIS.

Most of you are familiar with Ballintra, with its central location between Donegal Town, Bundoran & Rosstown.

We are looking forward to welcoming you all to Donegal, this May Bank Holiday weekend.

Chris, Chantelle, Clodagh & Heather.

ENTRY PROCESS:

- Parents can enter dancers on www.entrytable.ie
- No entries will be accepted on the day.
- Entries fees are non-refundable unless the event is cancelled.
- Entries are only accepted from parents of dancers who teachers are registered with An Coimisiun Le Rinci Gaelacha.

Emails to: domicanacademy@gmail.com

AWARDS:

- Trophies & Sashes will be awarded to the **TOP 5 DANCERS** in all Trophy Competitions
- Trophies & Sashes will be awarded to the **TOP 5 DANCERS** in all Prelim Competitions
- Every 1st place will receive a trophy.

ENTRY FEE:

Prelim Championships: €30 (3 Adjudicators and 4 results)

Grades €5

Trophy Dance €7

Tiny Tots €5

Admission €5

Syllabus approved by: Feis Registrar, An Comhairle Uladh

Mania McCaul-Moham

COMPETITION RULES

1. The adjudicator's decision is final.
2. Age taken as of 1st January 2022.
3. Entries only accepted from teachers registered with An Coimisiun le Rinci Gaelacha.
4. No refunds unless the feis is cancelled.
5. In Bun and Tus Grad, up to and including under 12, make-up and tan is not permitted.
6. In Bun and Tus Grad, up to and including under 12, dancers may only wear class costume or day clothes i.e. long/ short sleeve tops, shirts, skirts, trousers or tunics that conform to the regular costume length Low cut tops and short tight skirts are not permitted. No solo costumes are permitted.
7. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume too short / lacking modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just bodysuits but also to tops/blouses and skirts/shorts of all colours.
8. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.clrg.ie). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to put on tights.
9. Bun Grad competitions are confined to dancers who have never won 1st prize, or have been regraded, in that particular dance in any grade or age. Basic steps must be performed.
10. Tus Grad competitions are confined to dancers who have never won 1st prize, or have been regraded, in that particular dance in Tus grad or higher.
11. In Bun Grád & Tus Grad competitions, one dancer moves up to next grade if there are less than 20 competitors, two dancers move up to next grade if there are between 21 and 40 competitors and three dancers move up to next grade if there are over 40 competitors.
12. Mean Grad competitions are confined to dancers who have never won 1st prize in that particular dance in mean or higher.

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Marina McCaul-Moham

13. To be eligible to compete in the Preliminary Championship dancers must a) never have previously placed in the top 3 in an open championship judged by 3 or more adjudicators, b) not have won a preliminary championship more than 2 times in the current year, however, if there are 5 or less in a preliminary championship the dancer is still eligible to compete in Preliminary Championships, c) not have qualified for Oireachtas Rince na Cruinne in either the current or previous year, d) dancers having won 2 preliminary championships may not compete in any mean Grad competition for the remainder of the year, however, if a dancer has won only one preliminary championship they may continue to compete in mean grad (with the exception of the dances that they won the prelim championship with).
14. No block, en point, stationary or moving will be allowed for all ages up to and including under 12.
15. Dances permitted in Light dance are: Reel, Light Jig, Slip Jig or Single Jig.
16. Dances permitted in Heavy dance are: Heavy Jig, Hornpipe, St Patrick's Day or Blackbird.
17. Dances permitted in Traditional Set Dance are: St. Patrick's Day, Blackbird, Job of Journey Work, Garden of Daisies, King of the Fairies, Three Sea Captains or Jockey to the Fair.
18. Dancers must perform the following speeds: a. Bun Grad: Reel 122-124, Light Jig 116, Single Jig and Slip Jig 124, Heavy Jig 96, Hornpipe 144. b. Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, and Hornpipe 130. c. Mean/ Grad: Reel, Slip Jig & Hornpipe 113, Light Jig, 116, Single Jig 124, Heavy Jig 73 d. Traditional Set Dances: Blackbird 144, St. Patrick's Day 94, Job of Journeywork 138, Garden of Daisies 138, King of Fairies 130, 3 Sea Captain 96, Jockey 90.
19. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is strictly prohibited.
20. Any objections must be lodged in writing within one hour of result, accompanied by a fee of £20.00.
21. The Feis Committee will not accept any responsibility for personal injuries or articles lost at the Feis.
22. Competitions are open to dancers from any region worldwide.
23. The Feis committee reserves the right to transfer competitions / results to a different hall or to alternate competitions if it becomes necessary in order to help the Feis run smoothly and the committee reserves the right to use a relief adjudicator.
24. If you wish for your child to be excluded from any photographs that may be uploaded onto social media websites, please ensure that you inform the feis organiser in advance.