

# The North East REGIONAL ONLINE FEIS 22-24 March 2021

Online Feis hosted by

**VideoFeis** 

[www.videofeis.com](http://www.videofeis.com)

Online registration and tabulation with



[www.QUICKFEIS.com](http://www.QUICKFEIS.com)

Online registration will **CLOSE** on  
**Wednesday March 20**

**This is a REGIONAL Feis open only to  
dancers living in the  
North Eastern England  
Irish Dance Region**

## how does this work?

- Register and pay online at [www.quickfeis.com](http://www.quickfeis.com) for the feis from **MAR 01** up to end of day **MAR 20**
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Dancers may use their own music tracks. All music must be pre-recorded traditional instrumental music and speeds must comply with the standard feis speeds in this syllabus.
- Practice and film your video
  - Use your **smartphone** for the video
  - You must wear your **dancer number**
  - Must be in **landscape** mode
  - Dancer must be **alone** in video
  - **Music** must be clear
  - Create a separate video for each dance
  - No editing allowed
  - See additional guidelines below
- Starting **MAR 22** go to **VIDEO FEIS**, log in with your QuickFeis account - and upload all your videos
  - You may begin to upload your video no sooner than MAR 22
  - **ALL videos must be uploaded by 8:00 pm MAR 24**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- RESULTS
  - All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
  - Every dancer will receive a custom made participation sash for the first ever North East Region Online Feis.
- All results will be tabulated and posted on QuickFeis website.

## IMPORTANT DATES

Entries Open	Monday Mar 01
Entries Close	Saturday Mar 20
Video Upload Open	Monday Mar 22
Video Uploads Close	Wednesday Mar 24
Results Published	Tuesday Mar 30

## ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- POUND STERLING Funds ONLY will be accepted
  - Online registration will accept credit debit card payment only.
  - Sorry - no cheques will be accepted at any time
- Fees for GRADES competitions are PER dancer PER dance
- Championship fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on MAR 20  
Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

### Feis Fees:

#### Grades

**£ 4.00**

*per competition & per competitor*

#### Preliminary Championship (3 rounds)

**£ 25.00**

*per dancer*

#### Open Championship (U6 & U7) (2 rounds)

**£ 10.00**

*per dancer*

#### Open Championship (U8 & Older) (3 rounds)

**£ 25.00**

*per dancer*

#### Family Maximum

**£ 60.00**

*per family*

**ALL COMPETITIONS ARE  
32 BARS ONLY**

## FEIS RULES:

- A PARENT/GUARDIAN or dancer over the age of 18 must sign an online waiver as part of their registration
- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority. Ensure the dance space is safe, uncluttered, and not slippery
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely delivered to the adjudicators via VIDEOFEIS
- Videos will be permanently deleted 7 days after the competition results have been announced
- All videos are by default marked as PRIVATE unless consent is given per above
- **COSTUMES**
  - All rules as per CLRG Costume policies
  - Dancer may wear Solo or Team Costumes, or;
  - White or black short sleeve t-shirt, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
  - Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
  - No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
  - Suitable dance footwear must be worn at all times.
  - Natural hair or wigs are allowed, hair must be off dancer's face
  - Makeup optional for dancers U11 age group and above
  - **YOU MUST WEAR YOUR DANCER NUMBER AT ALL TIMES DURING YOUR VIDEO – FAILING TO WEAR YOUR NUMBER MAY DISQUALIFY YOUR VIDEO!**

## ADJUDICATORS

**Conor Ayres, ADCRG**  
*Victoria, Australia*

**Mandy Hennigan, ADCRG**  
*Southern Region, England*

**Sarah Jayne MacLaverly, ADCRG**  
*Connacht, Ireland*



## NUMBERING SYSTEM

1 <sup>st</sup> Digit	Level Category: "2" = Novice, "3" = Primary, "4" = Intermediate, ...
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>SN</b> = SINGLE JIG <b>HP</b> = HORNPIPE <b>TJ</b> = TREBLE JIG (Heavy Jig) <b>TS</b> = TRADITIONAL SET ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2021</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U19</b>	<b>U21</b>	<b>O21</b>
<b>Born in:</b>	2015 or later	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003 2002	2001 2000	1999 or earlier

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## BEGINNERS

ALL COMPETITIONS ARE 32 BARS ONLY

	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U13</b>
<b>REEL</b>	206RL	207RL	208RL	209RL	210RL	211RL	213RL
<b>SLIP JIG</b>	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	213SJ
<b>SINGLE JIG</b>	206SN	207SN	208SN	209SN	210SN	211SN	213SN
<b>LIGHT JIG</b>	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	213LJ
<b>HEAVY JIG</b>	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	213TJ
<b>HORNPIPE</b>	206HP	207HP	208HP	209HP	210HP	211HP	213HP

## PRIMARY

ALL COMPETITIONS ARE 32 BARS ONLY

	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U13</b>	<b>O13</b>
<b>REEL</b>	306RL	307RL	308RL	309RL	310RL	311RL	313RL	399RL
<b>SLIP JIG</b>	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	313SJ	399SJ
<b>SINGLE JIG</b>	306SN	307SN	308SN	309SN	310SN	311SN	313SN	399SN
<b>LIGHT JIG</b>	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	313LJ	399LJ
<b>HEAVY JIG</b>	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	313TJ	399TJ
<b>HORNPIPE</b>	306HP	307HP	308HP	309HP	310HP	311HP	313HP	399HP



## INTERMEDIATE

ALL SOLO DANCES ARE 32 BARS IN DURATION

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	406RL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
<b>SLIP JIG</b>	406SJ	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
<b>SINGLE JIG</b>	406SN	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
<b>LIGHT JIG</b>	406LJ	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
<b>HEAVY JIG</b>	406TJ	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
<b>HORNSPIPE</b>	406HP	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP

## OPEN

ALL SOLO DANCES ARE 32 BARS IN DURATION

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>
<b>REEL</b>	506RL	507RL	508RL	509RL
<b>SLIP JIG</b>	506SJ	507SJ	508SJ	509SJ
<b>SINGLE JIG</b>	506SN	507SN	508SN	509SN
<b>LIGHT JIG</b>	506LJ	507LJ	508LJ	509LJ
<b>HEAVY JIG</b>	506TJ	507TJ	508TJ	509TJ
<b>HORNSPIPE</b>	506HP	507HP	508HP	509HP

## preliminary championship (3 rounds)

	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
Round 1 - 32 bars Heavy Jig or Hornpipe							
Round 2 - 32 bars Reel or Slip Jig							
Round 3 - Traditional or Open Set dance							
<b>Preliminary Championship 3 rounds</b>	<b>610PC</b>	<b>611PC</b>	<b>612PC</b>	<b>613PC</b>	<b>614PC</b>	<b>615PC</b>	<b>616PC</b>

## open championship

All competitions are 32 bars ONLY except set dance round which is full set

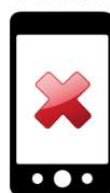
	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U19</u>	Senior
<b>Championship</b>	<b>706OC</b>	<b>707OC</b>	<b>708OC</b>	<b>709OC</b>	<b>710OC</b>	<b>711OC</b>	<b>712OC</b>	<b>713OC</b>	<b>714OC</b>	<b>715OC</b>	<b>716OC</b>	<b>717OC</b>	<b>719OC</b>	<b>720OC</b>
<b>Round 1</b>	32 Bars of Reel		32 Bars of Reel		32 Bars of Heavy Jig or Hornpipe									
<b>Round 2</b>	32 Bars of Single Jig		32 Bars Heavy Jig		32 Bars Reel or Slip Jig									
<b>Round 3</b>	NO round 3		Hornpipe or Trad Set		Trad or Open Set		Open Set dance							



## Video Rules

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
  - Grades will submit one video per dance competition
  - Prelim and Open champs will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. **Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.**
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
  - Use the standard camera app for your device when recording.
  - Use the standard settings for recording the video. Please avoid any embellishment.
  - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
  - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
  - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
  - webm video format will not be accepted
  - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
  - Camera should be about 4 feet (125 cm) from the ground
  - Camera should be in front centre of the dance floor (avoid being on the side)
  - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image below)

Portrait



Landscape



- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
  - Any spliced videos will automatically be disqualified
  - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.



## COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus of the North East Regional Council.
- With the North East Regional Council's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed
- **Dancers will not advance in grade level as a result of this first online feis, but will be placed and receive all their comments and awards as specified**

## DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER**
  - Families with siblings register for the feis must make sure that the right dancer is wearing the right number – failure to do so will result in the video being disqualified.
  - Dancers WEAR their dancer card during the entirety of the video. It is not enough to just show the dancer number
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
  - Any visible or audible coaching will disqualify the video
  - The only exceptions will be for beginner dancers who may need to be counted in
    - Beginners are allowed to have 8 bars counted before the start of the dance
    - When the dancer starts their steps, no more counting is allowed.
    - Only counting is allowed – no other form of coaching is allowed

## DANCE AREA

- All dancers are encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and no form of school identity visible (cover up school logos)
- Area should be as light (white) as possible to create contrast with the dancer
- Maximum dance area is 8 ft by 8 ft

## MUSIC / SOUND

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music must be pre-recorded music
  - Traditional instrumental music only
  - No singing / no vocal music
- No live music allowed (no musicians playing)
- **Music must be loud enough to hear on the video**
- **Music speed must be according to standard feis speeds**
- **No other sound except the music and dancer's shoes should be heard on the video**
  - No talking
  - No singing along
  - No coaching

## RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers





## ADJUDICATION

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

## PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
  - Feis Adjudicator(s)
  - Feis Organizer(s)
  - School dance teacher(s) (of that dancer)
  - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

## PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
  - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
  - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
  - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
  - Winner's or showcase video compilation to be posted online
  - Testing for VideoFeis development and improvements
  - Videos with additional permission granted will be deleted within two months after the completion of the feis.

## RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release their dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The North East Regional Council and anyone working with them will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

**INDEMNIFICATION AND RELEASE OF LIABILITY:** By registering and paying for this feis, you indemnify and hold harmless NERC, CLRG, QuickFeis and Video Feis and its staff or assigns from liability or injury related to their participation in this competition. Registrants must be in good physical health and not under medical advice that would prevent them from participating in physical activity. Parents, teachers or supervisors are responsible for ensuring the safety and wellbeing of dancers at all times before, during and after filming their submissions. Parents (or dancers over 18) must indicate that they understand, accept and agree to these conditions at the time of registration.



## RULES FOR THE NORTH EAST REGIONAL ONLINE FEIS

- Age to be taken from 1 January 2021.
- Entries will only be accepted from schools currently registered with an Coimisiun and from dancers who live within the boundaries of the North East Region.
- The adjudicators' decisions are final.
- Beginners competitions are open to dancers who have never won a 1st place in that particular dance in any age group and they must dance basic steps.
- Primary competitions are open to dancers who have never won a 1st place in that particular dance in any age group.
- Dancers in Beginners and Primary Competitions must wear a class costume or a skirt/trousers and top.
- Intermediate Competitions are open to dancers who have never won a 1st place in that particular dance in their present age group.
- With exception of the Under 6 and Under 7 age groups, a competitor, who has won an Open Championship, must dance in the Open grade in the calendar year this was won.
- Any dancer in the Under 6 and Under 7 age groups, who has won an Open Championship, must dance Open for the dances performed in the Championship. They may dance their other dances in the appropriate grade.
- The rules for Preliminary Championships are as follows:
  - A minimum number of three Adjudicators must officiate.
  - The first age group for a Preliminary Championship is Under 10.
  - Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely: Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
  - Where there are separate Preliminary and Open Championships, dancers can compete in both.
  - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
  - For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
  - Where there are less than 6 in a Preliminary Championship, that win will not be considered for grading purposes. However, where a dancer wins three Preliminary Championships, regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
  - Dances performed in a Preliminary Championship do not count for grading in solo competitions.
  - Competitors that qualify for, and compete in, Oireachtas Rince na Cruinne in the previous 12 months, cannot compete in a Preliminary Championship except where the dancer automatically qualified at their Regional or National Oireachtas due to lack of numbers.
  - Dancers placing 1st- 3rd in an Open Championship with up to 20 competitors or 1st- 5th in an Open Championship with more than 20 competitors cannot compete in a Preliminary Championship for a period of 12 months.
- The use of make-up is not permitted in Beginner and Primary grades up to and including the under 12 age group worldwide. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- No block, en pointe movements, stationary or moving, are allowed to be performed for all ages up to and including the Under 12 Age Group worldwide. However, dancers, who are moving into the Under 13 Age Group in January, will be permitted to do block/en pointe work from 1 September of the year prior to this date.
- Any competitor, who is found to be using artificial carriage aids and subsequently refuses to remove them, will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.