



**FEIS LAIGHEAN  
AR LÍNE 2021  
LEINSTER  
ONLINE FEIS 2021  
JANUARY 21-24**

Online Feis hosted by

**VideoFeis** 

[www.videofeis.com](http://www.videofeis.com)

Online registration and tabulation with

 **QuickFeis**

[www.QUICKFEIS.com](http://www.QUICKFEIS.com)

Online registration

will end on Monday **January 18**

*This is a REGIONAL Feis open  
only to dancers from the  
Leinster Irish Dance Region*

## HOW DOES THIS WORK?

- Register and pay online at [www.quickFeis.com](http://www.quickFeis.com) for the feis up to end of day JAN 18
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Practice and film your video
  - Use your **smartphone** for the video
  - You must wear your **dancer number**
  - Must be in **landscape** mode
  - Dancer must be **alone** in video
  - **Music** must be clear
  - Create a separate video for each dance
  - No editing allowed
  - See additional guidelines below
- Starting JAN 21 go to **VIDEO FEIS**, log in with your QuickFeis account - and upload all your videos
  - You may begin to upload your video no sooner than JAN 21
  - **ALL videos must be uploaded by 8:00 pm JAN 24**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive
  - custom made sash or pennant
  - a certificate of participation for the first ever Leinster online feis
  - All competitors will also receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

## ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- EURO Funds ONLY will be accepted
  - Online registration will accept credit card payment only.
  - Sorry - no checks will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on Jan 18 Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

### Feis Fees:

#### Grades

(Bun, Tús, Mean Grád)

€ 5

*per competition & per competitor*

#### PC Set Dance

#### Preliminary

#### Championship

(2 rounds)

€ 20

*per dancer*

#### Open

#### Championship

(3 rounds)

€ 30

*per dancer*

#### Event Fee

**None!**

*per family*

## IMPORTANT DATES

Jan 18 ..... Online registration CLOSED

Jan 21 ..... Video upload open at [videofeis.com](http://videofeis.com)

Jan 24 ..... Video upload CLOSED

An email will be sent to all dancers when results are posted on their QuickFeis account

## FEIS RULES:

- The Feis Committee reserves the right to join 2 competitions together to create a double age group if there are not sufficient numbers in single ages.
- You must register for each competition you wish to submit a video for. You will not be permitted to add more dances after the registration deadline.
- COSTUMES
  - You are encouraged to wear your dance costume – however, you are also permitted to wear all black (black shirt and bottom)
  - You must wear proper Irish dance shoes
  - You must wear your dancer number at all times during your video – failing to wear your number may disqualify your video!
- **ALL COMPETITIONS ARE 32 BARS ONLY**

## ADJUDICATORS

International panel of judges!

- ☞ Dearbhla Lennon ..... Ireland
- ☞ Kathleen McLaughlin .....Scotland
- ☞ Mary Sweeney .....Germany
- ☞ Deirdre Penk O'Donnell ..... Canada
- ☞ Conor Hayes ..... Australia

*More adjudicators may be added as needed.*

# NUMBERING SYSTEM

The following numbering system is used in this syllabus

1 <sup>st</sup> Digit	Level Category: "2" = Bun Grád, "4" = Tús Grád, "5" = Meán Grád, ...
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>HP</b> = HORNPIPE <b>TJ</b> = TREBLE JIG (Heavy Jig) <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2021</b>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
<b>Born in:</b>	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## BUN GRÁD

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>
<b>COR/REEL</b>	207RL	208RL	209RL	210RL	211RL	212RL	213RL
<b>PORT EADROM/LIGHT JIG</b>	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
<b>PORT LUASCADH/SLIP JIG</b>	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
<b>PORT SINGIL/SINGLE JIG</b>	207SN	208SN	209SN	210SN	211SN	212SN	213SN

## TÚS GRÁD

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>12-14</u> <u>U13-U14</u>	<u>O14</u>
<b>COR/REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	414RL	415RL
<b>PORT EADROM/LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	414LJ	415LJ
<b>PORT LUASCADH/SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	414SJ	415SJ
<b>PORT TROM/HEAVY JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	414TJ	415TJ
<b>CORNPHIOPA/HORNPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	414HP	415HP

## MEÁN GRÁD

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>14-16</u> <u>U15-U16</u>	<u>O16</u>
COR/REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	516RL	517RL
PORT LUASCADH/SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	516SJ	517SJ
PORT SINGIL/SINGLE JIG	507SN	508SN								
PORT (EADROM NÓ TROM) / JIG (LIGHT OR HEAVY)	507LJ	508LJ								
PORT TROM/HEAVY JIG			509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	516TJ	517TJ
CORNPHIOPA/HORNSPIPE			509HP	510HP	511HP	512HP	513HP	514HP	516HP	517HP
RINCE TRADISIÚNTA/ TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	516TS	517TS

## PRELIMINARY CHAMPIONSHIP (2 ROUNDS)

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>O16</u>
Preliminary Championship 2 rounds	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC
Preliminary * Set Dance	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD

\* The PC Set Dance will be charged just like the grades competitions.

The PC set dance is NOT included in your PC fee. PC set dances will be adjudicated by a single judge.

## OPEN CHAMPIONSHIP(3 ROUNDS)

- ALL COMPETITIONS ARE 32 BARS ONLY

	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>18-20</u> <u>U19-U20</u>	<u>O20</u>
Girls/Ladies Championship 3 rounds	708OC	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	720OC	721OC
Boys/Men Championship 3 rounds	758OC	759OC	760OC	761OC	762OC	763OC	764OC	765OC	766OC	767OC	768OC	770OC	771OC

U8 Reel, Light or Heavy Jig and any traditional set

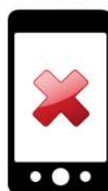
U9 Reel, Heavy Jig and any traditional set



## VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
  - Grades will submit one video per dance competition
  - Prelim champs will submit two videos (one soft shoe + one hard shoe)
  - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social medial.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
  - Use the standard camera app for your device when recording.
  - Use the standard settings for recording the video. Please avoid any embellishment.
  - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
  - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
  - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
  - webm video format will not be accepted
  - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
  - Camera should be about 4 feet (125 cm) from the ground
  - Camera should be in front centre of the dance floor (avoid being on the side)
  - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image below)

Portrait



Landscape



- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
  - Any spliced videos will automatically be disqualified
  - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.

## COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

## DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
  - Any visible or audible coaching will disqualify the video
  - The only exceptions will be for beginner dancers who may need to be counted in
    - Beginners are allowed to have 8 bars counted before the start of the dance
    - When the dancer starts their steps, no more counting is allowed.
    - Only counting is allowed – no other form of coaching is allowed

## DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them to a max stage size of 8ft x 16ft.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

## MUSIC / SOUND

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music must be pre-recorded music
  - Traditional instrumental music only
  - No singing / no vocal music
- No live music allowed (no musicians playing)
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
  - No speed variations is allowed
  - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
  - **No talking**
  - **No singing along**
  - **No coaching**

## RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- School/Class feis results are limited to be viewed only by their school. Outsiders will not be able to view these results.
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

## ADJUDICATION

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

## PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
  - Feis Adjudicator(s)
  - Feis Organizer(s)
  - School dance teacher(s) (of that dancer)
  - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

## PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
  - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
  - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
  - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
  - Winner's or showcase video compilation to be posted online
  - Testing for VideoFeis development and improvements
  - Videos with additional permission granted will be deleted within two months after the completion of the feis.

## RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release the dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

# Comhairle Laighean



## An Coimisiún le Rincí Gaelacha Leinster Feis Rules 2020

1. Age as on 1st January in each year of feis.
2. *Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.*
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
4. Children competing in all age groups, in Bun and Tús Grád competitions may only wear class costumes, skirt and blouse, or appropriate civilian clothing. No low cut or off the shoulder tops or short tight skirts permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. **Bun Grád** competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. **Tús Grád** competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. **Lár grad** competitions confined to dancers who have never won 1st prize for that particular dance in any age group in lár, Méan or Árd.
11. **Méan grad** competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.



**12. Preliminary Championship** – A dancer may enter a preliminary competition if:-

- a. They have not placed 1st 2nd or 3rd in an open championship which has been judged by three or more adjudicators, in the current calendar year.
- b. They have not qualified for the world championships in that year or a current medal holder.
- c. They have not won a preliminary championship in that calendar year.

A dancer who wins a preliminary championship may not compete in a preliminary championship for the remainder of the calendar year. They may enter preliminary championship in the next year, provided they comply with the rules above.

A dancer who wins a preliminary championship may not dance those dances in Méan Grád for the remainder of the calendar year.

Preliminary championships may be run as a 'stand alone' competition or may be incorporated into the open championship.

All dancers entering competitions in Leinster must comply with these rules. Effective from 1st April 2011.

13. Traditional set dance must be chosen from the following list:-

- a. St. Patrick's day
- b. Garden of Daisies
- c. Job of Journeywork
- d. The Blackbird
- e. King of the Fairies
- f. Jockey to the Fair
- g. Three Sea Captains.

14. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.

15. *Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, iPad, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.*

16. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.

17. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. (or teacher)

18. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.

19. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.

20. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.

21. Social Media Rule– Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.

22. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. Email address: [dlpLeinster@gmail.com](mailto:dlpLeinster@gmail.com) Please contact her if you have any concerns in regard to any child safety at the event..

