

"Is Breá Liom Damhsa" Comhairle Na Mumhan Inaugural Online Feis

FEBRUARY 18 – 22, 2021



Syllabus approved by Feis Registrar: David P Daly ADCRG

On behalf of Comhairle na Mumhan 20 /01/2021

HOW DOES THIS WORK?

- Register and pay online at <u>www.quickFeis.com</u> for the feis up to end of day <u>FEB 16^{TH.} 2021</u>
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Practice and film your video
 - o Use your <u>smartphone</u> for the video
 - You must wear your <u>dancer number</u>
 - Must be in <u>landscape</u> mode
 - o Dancer must be <u>alone</u> in video
 - <u>Music</u> must be clear
 - Create a separate video for each dance
 - No editing allowed
 - o See additional guidelines below
- Starting FEB 18TH. go to VIDEO FEIS, log in with your QuickFeis account and upload all your videos
 - O You may begin to upload your video no sooner than FEB 18TH. 2021
 - ALL videos must be uploaded by 8:00 pm <u>FEB 22ND.. 2021</u>
- All videos will be securely viewed by adjudicator(s) who will score and give comments. (FEB 27TH – FEB 28TH.)
- QuickFeis will tabulate all scores
- All competitors will receive
 - o Commemorative Pin & Certificate
 - All competitors will also receive specific comments and critique from adjudicators in every dance as well as their full result
- First Place in each competition will be awarded a Comhairle Na Mumhan Medal
- First, Second & Third in Preliminary Championship and Craobh Comórtas will be awarded Sashes
- All results will be tabulated and posted on QuickFeis website.

ENTRY FEES:

- Full payment is due at time of registration. Your registration is not complete until your payment is received.
- All unpaid registrations will be dropped at the end of online registration period.
- EURO Funds ONLY will be accepted
 - Online registration will accept debit or credit card payment only.
 - Sorry no cheques will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on Feb 16th. Afterwards no additional registrations or changes will be accepted.
- ABSOLUTELY NO REFUNDS

The Feis Committee reserves the right to join 2 competitions together to create a double age

group if there are not enough in single ages.

• You must register for each competition you wish to submit a video for. You will not be permitted to add more dances after the registration deadline.

<u>COSTUMES</u>

- You are encouraged to wear your dance costume – however, you are also permitted to wear all black (black shirt and bottom)
- You must wear proper Irish dance shoes
- You must always wear your dancer number during your video – failing to wear your number may disqualify your video!

ALL COMPETITIONS ARE 32 BARS ONLY

FEIS FEES:

Grades (Bun, Tús, Mean Grád) Preliminary Set Dance	€ 5 per competition & per competitor
Preliminary Championship (2 rounds / 3 adjudicators)	€ 20 per dancer
Open Championship (3 rounds / 3 Adjudicators)	€ 30 per dancer

ADJUDICATORS

- C3 Pamela Maher Murray ADCRG
- C3 Bernadette Fegan ADCRG
- 3 Majella McEntegart ADCRG

3 Elaine Keaney O Meara ADCRG

More adjudicators may be added as needed.

MUSICIANS

For this trial feis, its Teachers choice.

- All music must be pre-recorded music
- Music speed must be Munster standard feis speeds
- Full Music rules/guidelines listed below.



FEIS RULES:

NUMBERING SYSTEM

The following numbering system is used in this syllabus						
1 st Digit	Level Category: "2" = Bun Grád, "4" = Tús Grád, "5" = Meán Grád,					
2 nd and 3 rd Digits	Age Group, 01 So "05" means under 5.					
4 th and 5 th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG HP = HORNPIPE TJ = TREBLE JIG (Heavy Jig) PD = ST PATRICK DAY TS = TRADITIONAL SET					

ŀ	AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!														
	For 2021	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
	Born in:	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003
_										,		-			

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

BUN GRÁD

- Grades dancers will submit only one video per competition (8 Bar music intro + 32 Bars of dancing)
- Panel: 1 Adjudicator

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>012</u>
COR / REEL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
PORT SINGIL / SINGLE JIG		207SN	208SN	209SN	210SN	211SN	212SN	213SN
PORT EADROM / LIGHT JIG	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
PORT LUASC / SLIP JIG		207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
PORT TROM / HEAVY JIG		207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ
ST. PATRICKS DAY – TRAD SEIT					210SP		212SP	213SP



TÚS GRÁD

- Grades dancers will submit only **one** video per competition (8 Bar music intro + 32 Bars of dancing)
- Panel: 1 Adjudicator

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>012</u>
COR / REEL	406RL	407RL	408RL	409RL	410RL	411RL	412RL	413RL
PORT SINGILL / SINGLE JIG		407SN	408SN	409SN	410SN	411SN	412SN	413SN
PORT EADROM / LIGHT JIG	406LJ	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ
PORT LUASC / SLIP JIG		407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ
PORT TROM / HEAVY JIG			408TJ	409TJ	410TJ	411TJ	412TJ	413TJ
CORNPHÍOPA / HORNPIPE (TRAD)					410HP		412HP	413HP
ST. PATRICKS DAY – TRAD SEIT					410SP		412SP	413SP



MEÁN GRÁD

- Grades dancers will submit only one video per competition (8 Bar music intro + 32 Bars of dancing)
- Panel: 1 Adjudicator

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>012</u>
COR / REEL	506RL	507RL	508RL	509RL	510RL	511RL	512RL	513RL
PORT SINGIL / SINGLE JIG		507SN	508SN	509SN	510SN	511SN	512SN	513SN
PORT EADROM / LIGHT JIG	506LJ	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ
PORT LUASCADH / SLIP JIG		507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ
PORT TROM / HEAVY JIG			508TJ	509TJ	510TJ	511TJ	512TJ	513TJ
CORNPHÍOPA / HORNPIPE			508HP		510HP		512HP	513HP
TRADITIONAL SET			508TS		510TS		512TS	513TS

PRELIMINARY CHMAPIONSHIPS (2 ROUNDS)

• Preliminary Championship competitors will submit **two** videos total.

- **ROUND 1** 32 BARS HEAVY JIG OR HORNPIPE
- ROUND 2

32 BARS OF REEL OR SLIP JIG

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>016</u>
Preliminary Championship 2 rounds	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC
Preliminary * Set Dance	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD

* The Preliminary Set Dance will be charged just like the grade competitions The Preliminary set dance is NOT included in your Preliminary Championship fee. PC set dances will be adjudicated by a single judge.

CRAOBH COMÓRTAS / OPEN CHAMPIONSHIP (3 ROUNDS)

- Open Championship will submit three videos total.
 - ROUND 1 32 BARS HEAVY JIG OR HORNPIPE
 - ROUND 2
 32 BARS OF REEL OR SLIP JIG
 - ROUND 3 NON-TRADITIONAL SET OF CHOICE
 - U/7 Cor/Reel, Port Eadrom / Port Singil, Trad Seit
 - U/8 Cor/Reel, Light or Heavy Jig / Port Eadrom nó Trom, Trad Seit
 - U/9 Cor/Reel, Heavy Jig/ Port Trom, Trad Seit
 - U/10 Cor/Reel, Heavy Jig/ Port Trom, Trad Seit no Seit Nua



VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
 - Grades will submit one video per dance competition
 - Prelim champs will submit two videos (one soft shoe + one hard shoe)
 - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social medial.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- ONLY THE DANCER IS ALLOWED IN THE VIDEO Teachers/parents/others may NOT be visible
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video. Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - o web video format will not be accepted
 - Special lenses (like a fish-eye lens, or wideangle lens) are not permitted to be used when recording submitted videos.

- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor (avoid being on the side)
 - Videographer can pan side to side to keep the dancer full body within the video frame
- <u>Video must be in LANDSCAPE mode</u> (not portrait mode – see image below)



- Video for each dance must be one continuous front FULL BODY SHOT – head AND feet must be visible at all times throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.
- Video upload will be open on Feb 18th.

ALL videos must be uploaded by 8:00 pm <u>FEB 22ND. 2021</u>

COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- All dancers & Teachers must following the Government/HSE Covid19 guidelines
- For Level 5 restrictions you must stay at home
 - Dancers are encouraged to dance on whatever space is available to them to a max stage size of 8ft x 12ft.
- If guidelines permit during the 18 22 of February, then recording in Dance studio/ Halls / Large areas is restricted to a maximum 20ft x 30ft.
- Area should be well lit so that the dancer is clearly visible throughout the video.
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

MUSIC / SOUND

- DANCING RULES
- DANCER MUST WEAR THEIR DANCER NUMBER
- ONLY THE DANCER IS ALLOWED IN THE VIDEO Teachers/parents/others may NOT be visible
- ALL COMPETITIONS ARE 32 BARS ONLY
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed no other form of coaching is allowed

- Music cannot be dubbed over the video the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music must be pre-recorded music
 - o Traditional instrumental music only
 - No singing / no vocal music
- No live music allowed (no musicians playing)
- Music must be loud enough to hear on the video
- Music speed must be according to the official syllabus. Munster standard feis speeds – Listed below
 - No speed variations is allowed
 - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
 - No talking
 - No singing along
 - No coaching



RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- School/Class feis results are limited to be viewed only by their school. Outsiders will not be able to view these results.
- Dancers will see their raw scores, rank, and comments

ADJUDICATION

FEB 27TH. – FEB 28TH

- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition
- In matters pertaining to judging, the decision of the adjudicators is final

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:

- Feis Adjudicator(s)
- Feis Organizer(s)
- o School dance teacher(s) (of that dancer)
- o VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **<u>BASIC Permission</u>** is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
 - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- <u>ADDITIONAL Permission</u> (optional) will be requested and may be denied for VideoFeis to use the videos for:
 - Winner's or showcase video compilation to be posted online
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release the dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

MUNSTER – FEIS RULES

Munster Video FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- Make up / false eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014.

(Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)

- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1st September.
- All competitions are confined to Munster Region
- This specific feis is a trial the Grading rules have been suspended for this Feis.

Bun Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

Tus Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Mean Grad:

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

Ard Grad:

- Open to any dancer who:
 - o is a pupil of a registered teacher
 - \circ is qualified to compete as regards age and place of residence
 - is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
 - $\circ\;$ is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)
- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

Craobh Comortas (Championship):

- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
 - o Is judged by at least 3 Adjudicators.
 - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
 - U6 Craobh Comórtas are not permitted (Munster specific – Sep 1st 2015).
 - All competitors will receive an award in the light round of any Craobh Comórtas competition.

Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by **one adjudicator**, where the following conditions apply:
 - Two dances to be performed by each competitor.
 - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
 - Those stipulated for the older age groups and set out above or
 - Two light dances (Munster Specific).
 - When a dancer wins First place in a Priomh Comórtas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
 - U6 Championships must be Priomh Comórtas (Munster specific – Sep 1st 2015).



Preliminary Championship Ruling (Effective from Sept. 1st 2016)

- A Preliminary Championship is:
 - $\circ~$ judged by at least 3 Adjudicators.
 - A Preliminary Championship must consist of 2 Rounds, 1 Light Round – Reel / Slip Jig & 1 heavy Round – Heavy Jig / Hornpipe.
- A dancer is not eligible to enter a Preliminary Championship if they have been placed First in an <u>Open</u> <u>Championship</u> from 1st January 2015 and the following year.
- Dancers may compete in an **Open or a Preliminary** Championship or both.
- Once a dancer qualifies for Oireachtas Rince na Cruinne, they must <u>not</u> enter a Preliminary Championship They may not compete in Preliminary Championships in the year that they qualified or the following calendar year.

Exceptions

- Dancers who qualify for Oireachtas Rince na Cruinne where there are **five dancers or less** in their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- If a dancer wins **two Preliminary Championships** from the 1st January, they are no longer eligible to enter a Preliminary Championships for the remainder of that year and the following year.
- If a dancer wins a Preliminary Championship where there are **five dancers or less** in the competition, the dancer will still be eligible to enter a Preliminary Championship.

Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.

Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1st
- The Adjudicators decision is final.
- Age groups may be combined or split as needed after entries are in, at the discretion of the feis committee.
- Additional adjudicators may be contracted based on the number of entries



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Unit 30 Tramore Commercial Park Tramore Road, Cork



MUNSTER - MUSIC TEMPO

Grad	Dance	Speed
BUN Grad	Reel	122-124
BUN Grad	Light Jig	116
BUN Grad	Single Jig	124
BUN Grad	Slip Jig	124
BUN Grad	Heavy Jig	96
BUN Grad	Hornpipe	144
Tús Grad	Reel	116 - 118
Tús Grad	Slip Jig	120
Tús Grad	Heavy Jig	82
Tús Grad	Hornpipe	130
Meán / Primary & Ard Grad	Reel	113
Meán / Primary & Ard Grad	Slip Jig	113
Meán / Primary & Ard Grad	Heavy Jig	73
Meán / Primary & Ard Grad	Hornpipe	113

Traditional Sets	Speeds
St. Patrick's Day	94
Three Sea Captains	96
Job Of Journey Work	138
King of The Fairies	130
Garden of Daisies	138
Blackbird	144
Jockey to the Fair	90

MUNSTER Feis Committee:

Munster IWG Reps: Mary McCarthy / Patricia Brady / Helan Greene

Comhairle Na Mumhan:

Orfhlaith Ni Bhriain Ui Ruairc, Christine Forde, Jackie Scanlan, David Daly

This Feis is CONFINED to dancers RESIDENT in MUNSTER Cork – Clare – Kerry – Limerick – Tipperary & Waterford

