





Cardinal Wiseman R.C. School Potters Green Road Coventry CV2 2AJ

<u>Adjudicators</u> Michael Kenny – USA Rose Kenny - USA Sharon McCaul – Ulster Bernadette Fegan – Leinster Michael Stanley – Midlands Kathleen Murray - London

> <u>Musicians</u> Dean Crouch: London Aiden O'Neil: London





Welcome to our 16th Feis!

We are back at our fantastic venue for this year with exceptional facilities. Our catering facilities will be the same high standard, providing hot and cold food during the weekend.

We will be holding both Preliminary and Open championships. This will give competitors an excellent chance to dance their Set Dances before the Great Britain Championships.

Our thanks to all sponsors of awards and to all others that have contributed in the preparation and running of the feis.

A panel of 3 adjudicators will judge all Solo & Preliminary Championships.

Phyllis's Minnies

We will also this year be continuing a competition dedicated to our Mum and former teacher Phyllis Matthews Elwick. We are calling this competition Phyllis's Minnies. This will be aimed at those Little Minnies who love Irish dancing but aren't quite ready for a grade competition and have not previously danced in any grade (Novice, Primary, Intermediate, and open) competitions at a feis. We want to make this a fun and memorable experience for all our newest Irish dancers so each child will perform 16 bars of light dance music, they will be introduced to our adjudicators and will be counted in to know when to start in the music.

The entry fee is £5.50 per child and each dancer will be awarded with a prize to mark their participation.

The Matthews Academy looks forward to meeting you and hope that you have an enjoyable weekend.

We will be awarding 1st-5th sashes in both Preliminary and Championship competitions.

Entries may be submitted by post to the address below or alternatively on the day of the Feis.

Jenny Wilson- Flower 28 Ringwood Highway, Potters Green, Mob: 07989558807

Email: matthewsfriends2018@hotmail.com

ENTRY FEES

£6.00
£5.50
£25.00
£35.00
£35.00
sults £35.00
£2.50 per dancer
£80.00 maximum
£5.00

All cheques must be made payable to Jenny Flower

RULES

These rules should be read in conjunction with rules laid out by An Coimisiun Le Rinci Galeacha.

1. GENERAL

- 1.1. Adjudicator's decision is final.
- 1.2. Committee members only may approach adjudicators.
- 1.3. Any protest against breach of rules must be made in writing to the feis organiser within one hour of conclusion of a competition, with a fee of £10.00. Should the objection be upheld the fee will be refunded.
- 1.4. Entries will only be accepted from schools registered with An Coimisiun.
- 1.5. Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirety as laid down by the An Coimisiún le Rinci Gaelacha & Midland Regional Council.

2. AGE GROUPS

- 2.1. Age to be taken from 1st January of the current year. Where a competitor's birthday falls on 1st January he/she shall, be regarded as under the age attained on that day.
- 2.2. Competitors must dance in their own age group for solo competitions except where there is no provision for that dance in that age group.

3. GRADES

- 3.1. At any one Feis, a Novice and Primary Dancer may only dance each Solo Dance in ONE grade.
 3.1.1. Exception Dancers ARE permitted to dance in both Novice Reel and Primary Reel competitions (NEW MAY 2019).
- 3.2. Novice Confined to competitors who have not progressed out of Novice grade (including Trophy Competitions) for that particular dance in any age group. Primary Confined to competitors who have not progressed out of Primary grade (including Trophy Competitions) for that particular dance in any age group.

Intermediate – confined to competitors who have not progressed out of Intermediate grade (including Trophy Competitions) for that particular dance in their present age group.

Open - Open to all dancers.

- 3.3. All grade competitions are open to all regions.
- 3.4. In a trophy competition, a dancer must have performed their choice of dance in the solo competition.
- 3.5. Grade Progression is as follows:

Grade	No of Entries	No of dancers to progress
	5 or less	0
Novice & Primary	6-10	1 dancer
Novice & Finnary	11 – 20	2 dancers
	21+	3 dancers
Intermediate	5 or less	0
	More than 5	1st place only

4. PRELIMINARY/OPEN CHAMPIONSHIPS AND PREMIER COMPETITIONS:

- 4.1. Championship/Premier Competitions Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 see below).
- 4.2. Under 6s & under 7s Championships/Premier must dance Reel & Light Jig. A recall is at the discretion of the feis organisers. All grades are allowed to compete.
- 4.3. Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers.

Dancers no longer have to dance in the grade competitions to be eligible to compete in the U6, 7, 8 and 9 championships but ALL DANCES MUST BE OFFERED IN THE OPEN GRADE FOR THESE AGE GROUPS.

- 4.4. Under 10 and up. All dancers must be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall set dance.
- 4.5. Subsidiary solos may be run at the discretion of the feis organisers.
- 4.6. IF a minimum number is stated for ANY championship to be held, then this must be consistent for ALL championship competitions. E.g. if you decide on a minimum number of 5 in order to run a separate boys or prelim championship then this must be consistent with the number required to run any championship. This may well be prevalent in the younger age groups where numbers can be low. For example if you have this rule on your syllabus and you only have 4 entries for Under 6 – you should not run the championship.

4.7. PRELIMINARY CHAMPIONSHIP RULES

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
 - o For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - o Where there are less than 6* in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.

Due to Covid-19 restrictions, and until further notice, please note the following:

- All dancers*, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2022, are not eligible to compete in Preliminary Championships until further notice. *This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20* competitors or 1st-5th in an Open Championship with more than 20* Competitors cannot compete in a Preliminary Championship for a period of 12 month.
- Implementation date 1St January 2021.
- 4.8. The Midland region allows dancers to participate in any 1 round of preliminary champs as a separate solo round these dancers should not be included in the numbers indicated above with *.

5. DANCE MOVEMENTS

- 5.1. In Novice Grades only basic steps should be performed i.e. no intricate movements.
- 5.2. Rules appertaining to Dance movements such as toe movements, metronomic speeds as laid out by An Coimisiun apply.

Metronomic Speeds -

Novice Grade/Bur	n Grád	Primary Grade/Tús Grád	Intermediate Open Grade/ Meán/Árd Grád
Reel	122-124	Primary: Reel 116 - 118	Reel 113
Hop Jig	124	Hop Jig 124	Hop Jig124
Light Jig		Light Jig 116	Light Jig 116
Slip Jig		Slip Jig 120	Slip Jig 113
Trad Jig	96	Heavy Jig 76	Heavy Jig 73
Trad Hornpipe	144	Hornpipe 118	Hornpipe 113

Traditional Set Dance Speeds

St Patrick's Day	94
The Blackbird1	44
Garden of Daisies1	38
Job of Journeywork1	38
King of the Fairies1	30
Three Sea Captains	96
Jockey to the Fair	90

6. COSTUME & MAKE-UP

- 6.1. All costume and make-up rules as set out in CLRG rules must be adhered to EXCEPT see * in 6.2:
- 6.2. All competitors in all age groups in Novice and Primary grades may only wear traditional class costumes or long /short-sleeved blouses/polo tops and skirts/tunics that conform to the regular costume length rules as above. Low-cut tops and short, tight skirts are not permitted. (As of the January 2022 no solo are allowed in Novice/Primary competitions)
- 6.3. Adjudicators who determine a costume to be too short or to lack modesty may use the Costume Infraction (Tick Box) Program in order to flag the dancer and ensure the teacher is notified. As the Costume Infraction Program is used for ALL costume violations, adjudicators wishing to specify length as the infraction can write the letter 'L' in the Tick Box column.
- 6.4. Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- 6.5. Make-up, including false eyelashes and tan on face, is not be permitted for any dancer in solo or team competition up to and including the under 10 age group. Nor in the first two grades up to and including the under 12 age group. Leg tan is NOT part of this rule.

7. FIGURE AND CEILI

- 7.1. In Figure and Ceili competitions rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 7.2. Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more
- 7.3. Ceili 8 Hand competitions any 8 Hand may be performed in accordance with Ar Rince Foirne.
- 7.4. Mixed Ceili A mixed team must consist of at least 2 boys or 2 girls.

8. MEDIA POLICY

Any form of unauthorised photography, which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden during competitions.

All photographs of competitors, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website (all forms of social media – Facebook, Twitter, Instagram) without the express written permission of the organisers and the parents or guardians of dancers included therein.

Feis organisers may appoint an official photographer for the event, who will take photographs of competitors, competitions and presentations. Such photographs may be subsequently used for marketing and promotional purposes.

Should any dancer or dancer's parent or guardian wish to be excluded from any of these photographs, then the Feis Organiser should be informed in writing prior to the event commencing.

9. CARRIAGE AIDS

- 9.1. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 9.2. Any competitor wearing their shoes on the wrong feet will be treated in the same manner as if using carriage aids and be subject to disqualification from that particular competition.
- 9.3. In order to comply with health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or arm attachments, by the time of their rotation, these dancers will not be permitted to perform.

10. ORDER OF DANCING, CONDUCT, MISHAPSETC

- 10.1. Should a dancer lose a heel or a complete shoe or have an open lace he/she may stand back allowing the other dancer(s), where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- 10.2. Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to redance and will be marked then at the discretion of each individual adjudicator. If a dancer falls during the last 8 bars of any performance, then he/she would only be required to dance the last 16 bars of that dance.
- 10.3. Should a dancer slip, bump into another dancer or have a costume malfunction whether in solos or in teams, the bell will be rung at the discretion of the adjudicators to stop the performance of the dancer(s). Dancers so affected will be permitted to redance and will be marked then at the discretion of each individual adjudicator.
- 10.4. Where a dancer fails to complete his / her performance in any given round, that dancer will automatically receive ZERO marks from all adjudicators for that round.
- 10.5. Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive ZERO marks from all adjudicators for that round.
- 10.6. A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themself from the stage without the permission of an adjudicator will not be marked for that dance

PROGRAMME OF DANCES					
Age Group	Novice	Primary	Intermediate	Open	
	Phyllis's Minnie		n) Ungraded 16 bars any		
Under 6 Under 7	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	light dance Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	
	ι	Ungraded Trophy Heavy Jig Ungraded Trophy Hornpipe Champions Ungraded Trophy Traditional Set			
Under 8 Under 9	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig	
	Jig Trophy Hornpipe	Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance	Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance	Trophy Hornpipe Traditional Set Dance	
Under 10	Trophy Reel	Trophy Reel	Trophy Reel	Championship	
Under 11 Under 12	Trophy Hop Jig Trophy Light Jig	Trophy Hop Jig Trophy Light Jig	Trophy Hop Jig Trophy Light Jig	Preliminary championship	
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	U10, U11,u12.U13. U14, U14 Over 14	
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	Open Championship U10.	
	Trophy Hornpipe	Trophy Hornpipe Traditional Set Dance	Trophy Hornpipe	U11.U12,U13.U14 U15. U16. U17. U19, Senior	
			Traditional Set Dance		
Over 12		Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance			
Under 14 Over 14			Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig		
			Trophy Hornpipe Traditional Set Dance		

			Dancers, who are ineligible to dance in the intermediate grade for Reel, Slip Jig, Heavy Jig or Hornpipe may enter for just 1 round of the Preliminary championship ie light OR heavy (£4.50). This is particularly pertinent for younger/new dancers who may have gained a 1st place in the intermediate grade but are not quite ready for full preliminary championships level. Separate solo results are awarded in each round of the preliminary championship.
From Under 10 upwards separate	solo awards will be give Preliminary Cham		
Figure Competitions:		Senior - Ceili & Figure Ch	
Figure Competitions: Open and P		Senior - Ceili & Figure Ch onships required da	
Figure Competitions: Open and P Girls/Boys/Mixed	reliminary Champio	onships required da	
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ	reliminary Champio	onships required da Light Jig or Hop Jig	
Figure Competitions: Open and P Girls/Boys/Mixed	reliminary Champio	onships required da	
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ Under 7 Open Champ Under 8 & 9 Open Champ	reliminary Champio	onships required da Light Jig or Hop Jig Light Jig Heavy Jig	nces Traditional Set Dance
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ Under 7 Open Champ	Reel Reel Reel Reel	Diships required dat Light Jig or Hop Jig Light Jig Heavy Jig Heavy Jig or	nces Traditional Set Dance Traditional or Open
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ Under 7 Open Champ Under 8 & 9 Open Champ Under 10 Open/Prelim champ	reliminary Champio Reel Reel	onships required da Light Jig or Hop Jig Light Jig Heavy Jig Heavy Jig or Hornpipe	nces Traditional Set Dance
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ Under 7 Open Champ Under 8 & 9 Open Champ Under 10 Open/Prelim champ Under 11 - Senior	Reel Reel Reel Reel	onships required da Light Jig or Hop Jig Light Jig Heavy Jig Heavy Jig or Hornpipe Heavy Jig or	nces Traditional Set Dance Traditional or Open
Figure Competitions: Open and P Girls/Boys/Mixed Under 6 Open Champ Under 7 Open Champ Under 8 & 9 Open Champ Under 10 Open/Prelim champ	Reel Reel Reel Reel Reel Reel or Slip Jig	onships required da Light Jig or Hop Jig Light Jig Heavy Jig Heavy Jig or Hornpipe	nces Traditional Set Dance Traditional or Open Set dance

SATURDAY 17th September 2022

	CHAMPIONSHIP HALL			
<u>9.00am</u>	Under 12 Preliminary and Under 12 Championship alternating			
<u>10.00am</u>				
<u>11.15am</u>	U8 Championship			
<u>12.30pm</u>	U9 Championship followed by U9 Ceili			
<u>1.30pm</u>	Under 10 preliminary & U10 Championship alternating			
<u>2.00pm</u>				
<u>3.00pm</u>	Under 13 preliminary & U13 Championship alternating			
<u>4.30 pm</u>	Under 11 preliminary & U11 Championship alternating			
	Followed by Under 11 and Under 13 Ceili			

	SI	PORTS HALL	
	STAGE 1	STAGE 2	STAGE 3
<u>9.00am</u>	U8 Novice	U8 Primary	<u>U8 Inter/Open</u>
<u>10.30am</u>	U10 Novice	U10 Primary	U10 Inter
<u>1.30pm</u>	U9 Novice	U9 Primary	U9 Inter/Open
<u>3.15pm</u>	U11 and U12 Novice Alt	U11 and U12	U11and U12 Intermediate Alt
		Primary Alt	

SUNDAY 18th September 2022

	CHAMPIONSHIP HALL
<u>9.00am</u>	Phyllis's Minnies
<u>9:30am</u>	U15 Championship
<u>11am</u>	Under 14 Preliminary & U14 Championship Alternating
<u>1.30pm</u>	Under 17 Championship & Senior Championship alternating
3.30pm	U16 Championship and Over 14 Preliminary*** alternating
	(((Separate U19 Championship will be run if sufficient entries)))
	U16 Ceili & Over 16Ceili

SPORTS HALL				
	STAGE 1	STAGE 2	STAGE 3	
9.30am**	U7 Novice	<u>U7 Primary</u>	<u>U7 Int/Open</u>	
<u>10.30am</u>	U6 Novice	<u>U6 Primary</u>	<u>U6 Int/Open</u>	
<u>12.00 pm</u>	Under 6 and Under 7	Followed by under		
	Championship alternating	7 ceili		
<u>2.00pm</u>	2.00pm Over 12 Primary Under 14 Intermediate Over 14 Intermediate			

Appeal to teachers and last year's winners

A list of 2021 winners is attached to syllabus to ensure that all cups are returned in good time for this years Feis.

Thank you for your help

Championship

Age Group	Name	Dance School
UNDER 6	CLODAGH MCCARRON -ZYLFIU	MCCARRON
UNDER 7	ELLIE MAI HEADD MCDERMOTT	HEADD MCDERMOTT
UNDER 8	SHANNON DYER	MCLAUGHLIN
UNDER 9	HANNAH MAHON	CLADDAGH
UNDER 10	ELLEN LEAVENS	MCGAHAN LEES
UNDER 11	EILIS GAUGHAN	MCGAHAN LEES
UNDER 12	AVA FOLAN	MCGAHAN LEES
UNDER 13	SIENNA SKEHILL	CELTIC HEARTS
UNDER 14	FERN FARRELL	CLADDAGH
UNDER 15	MOLLY MCGRORY	TURLEY DUGGAN
UNDER 16 BOYS	SE O'TOOLE	BROOKS
UNDER 16 GIRLS	SCARLETT SKEHILL	CELTIC HEARTS
UNDER 17	MARY ELLEN CONWAY	MCGAHAN LEES
UNDER 19	GRACE MCGRORY	TURLEY DUGGAN
SENIORS	OLIVIA NI BAOLAIN	WARD MALLINSON

Preliminary Championship

Age Group	Name	<u>School</u>
UNDER 10	MATILDA MAJILTON	MCGAHAN LEES
UNDER 11	CORMAC COTTER	SCANLON
UNDER 12	OLIVIA BARRY	CAREY
UNDER 13	GRACE VERITY	HEADD MCDERMOTT
UNDER 14	NIAMH MCCAFFERY	KEEGAN
UNDER 15	SYDNEY ROBSON	MARIE CONNELL
OVER 15	ALICE LAND	MCCARRON

DIRECTIONS TO CARDINAL WISEMAN SCHOOL

Directions from Junction 2 on M6 Motorway Take A4600 (LEICESTER ROAD) signed –Hospital A&E Walsgrave Triangle

At Second Island turn Right (3rd Exit) – into Wigston Road MacDonald's Restaurant on corner

At the end of the road, turn left into Woodway Lane Then take first right into Potters Green Road

Cardinal Wiseman School entrance 500 mtr on left

