

The O'Shea Family and Friends

Are proud to present

# The Áine O'Shea Memorial Feis Mháigh Life

Saturday 14<sup>th</sup> & Sunday 15<sup>th</sup> December 2019

Citywest Hotel and Conference Centre  
Saggart  
Co. Dublin.

All proceeds in aid of St. Francis Hospice

**Moltóirí:** Doreen O'Connor, Mary McElroy, Colette McAllister,  
Maureen Collins, Janey McGardle, Michael Stanley,  
Gerard McQuaid, Ronan McCormack,  
Chris Ryan, Róisín Cahalan Beck

**Ceoltóirí:** Cormac O'Se, Brian O'Sullivan, Paul O'Donnell, Kevin Joyce,  
Liam O'Sullivan, Anthony Davis, Sean O'Brien, Gerry Conlon,  
Seamus O'Sullivan, Mark Mohan.

All Enquiries to Dara or Seamus  
Dara: +44 7720 057562 or [delapdancer@aol.com](mailto:delapdancer@aol.com)  
Seamus: +353 872509147 or [seamuspose@gmail.com](mailto:seamuspose@gmail.com)

## Entries

Craobh Comórtais: ..... € 40.00 (to include 3 solo & championship results)

Preliminary Championships:..... € 40.00

Grade Solos ..... € 5.00

Special Competitions:..... € 5.00

Payment will be taken online at the time of entry and all entry fees incorporate an allowance to cover admission to the venue. 3% card handing fee will be added to the total.

**Entry opens: 9am Monday 16<sup>th</sup> September 2019**

**Entry closes: 9pm Monday 4<sup>th</sup> November 2019**

**Entries online only at [www.feisentry.com](http://www.feisentry.com)**

*Please be aware that entries cannot be accepted after the closing date and teachers are asked to prepare their entry in time for any issues to be resolved before the closing date.*

## Rialacha na Feise

1. Age taken as at January 1st 2019
2. Entries only accepted from teachers currently registered with An Coimisiún le Rincí Gaelacha.
3. All Bun Grád and Tús Grád competitions are confined to dancers resident on the island of Ireland.
4. Bun Grád competitions are confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Only basic steps may be used.
5. Children competing in all age groups in Bun Grád and Tús Grád competitions may only wear class costumes, skirts and blouses, or appropriate civilian clothing. No low cut or off the shoulder tops or short tight skirts permitted.
6. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors. Between 21 and 40 competitors two dancers move up, and if in excess of 40 competitors three dancers move up to the next grade.
7. Tus Grad competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lar Mean or Ard
8. Meán Grád competitions are open to all dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Meán Grád or Ard Grád.
9. Preliminary Championships will be incorporated into the Open Championships. Teachers should indicate a dancer's eligibility to enter a Preliminary Championship

by ticking the appropriate box on the Entry Form. A dancer may be entered for a Preliminary Championship if:-

- a. The dancer has not placed 1st, 2nd, or 3rd in an Open Championship judged by three or more adjudicators in the current calendar year.
  - b. The dancer has not qualified for the World Championships 2020, or is not a current medal holder.
  - c. The dancer has not won a Preliminary Championship in the current calendar year.
  - d. All dancers entering competitions in Leinster must comply with these rules effective from 1st April 2011.
10. A dancer who wins a Preliminary Championship may enter a preliminary championship in the next year, provided that they comply with the above rules.
  11. No block, or en pointe movements, stationery or moving, may normally be performed up to and including Under 12. See exception for Under 12 below:
  12. Exception for Under 12 Age Group: Dancers who will compete under 13 from January 1st 2020 may perform en pointe movements at this event.
  13. The use of artificial carriage aids is strictly forbidden. any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.'
  14. Any form of unauthorised photography which has the capability of capturing a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, camcorder, or commercial film camera, is expressly forbidden.
  15. The Feis Committee will, as far as is practicable, provide a surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while performing on stage or in the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and his/her parent or guardian.
  16. To comply with health and safety measures, all dancers may be required to perform a simple exercise of raising arms to shoulder level unhindered. If unable to do so due to stitching or arm attachments, they will not be permitted to perform on stage.
  17. Make up, to include tinted moisturiser, false tan or false eyelashes, is not permitted for dancers in competitions up to and including under 10 age group.
  18. Make up and false tan is not permitted in Bun and Tus Grad competitions up to and including under 12 age group.
  19. Permitted Traditional Set Dances: St. Patrick's Day, The Blackbird, Job of Journeywork, Garden of Daisies, King of the Fairies, Jockey to the Fair, and Three Sea Captains.

20. Objections must be lodged in writing within one hour of the announcement of the results of a competition, accompanied by a fee of €20.00.
21. An Coimisiún Rules will apply where matters are not covered by these rules.

## Open Competitions

Comp	Craobh Comórtais Championships	Rincí Dances
1	Craobh Comórtas/Championship (Mixed) Faoi 7	Reel, Slip Jig, and Light Jig
2	Craobh Comórtas/Championship (Mixed) 7 – 8	Reel or Slip Jig, Jig or Hornpipe, and Traditional Set Dance
3	Craobh Comórtas/Championship (Mixed) 8 - 9	Reel or Slip Jig, Jig or Hornpipe, and Traditional Set Dance
4	Craobh Comórtas/Championship (Mixed) 9 - 10	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
5	Craobh Comórtas/Championship (Mixed) 10 - 11	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
6	Craobh Comórtas/Championship (Mixed) 11 - 12	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
7	Craobh Comórtas/Championship (Mixed) 12 - 13	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
8	Craobh Comórtas/Championship (Mixed) 13 - 14	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
9	Craobh Comórtas/Championship (Mixed) 14 - 15	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
10	Craobh Comórtas/Championship (Mixed) 15 - 16	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
11	Craobh Comórtas/Championship (Mixed) 16 - 17	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
12	Craobh Comórtas/Championship (Mixed) 17 - 18	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
13	Craobh Comórtas/Championship (Mixed) 18 & over	Reel or Slip Jig, Jig or Hornpipe, and Open Set Dance
<b>Special Competitions</b>		
14	Áine O'Shea Special Hornpipe Under 9	
15	Áine O'Shea Special Hornpipe 9 - 11	
16	Áine O'Shea Special Hornpipe 11 - 13	
17	Áine O'Shea Special Hornpipe 13 - 15	
18	Áine O'Shea Special Hornpipe 15 - 17	
19	Áine O'Shea Special Hornpipe 17 - 19	
20	Áine O'Shea Special Hornpipe 19 & over	
<b>Céilí Competitions</b>		
21	Junior Ceili Championship Under 15	One Eight Hand Dance from Ár Rincí Céilí
22	Senior Céilí Championship Over 15	One Eight Hand Dance from Ár Rincí Céilí
23	Four Hand Reel or Jig Under 12	
24	Four Hand Reel or Jig 12-15	
25	Four Hand Reel or Jig 15 & over 15	

## Grade Competitions – Bun

#	Competition	#	Competition
26	Cor - Reel (Bun) Under 6	58	Trófaí - Light Dance Trophy (Bun) 9 - 10
27	Port Eadtrom - Light Jig (Bun) Under 6	59	Cor - Reel (Bun) 10 - 11
28	Port Singil - Single Jig (Bun) Under 6	60	Port Eadtrom - Light Jig (Bun) 10 - 11
29	Port Luascach - Slip Jig (Bun) Under 6	61	Port Singil - Single Jig (Bun) 10 - 11
30	Trofaí - Light Dance Trophy (Bun) Under 6	62	Port Luascach - Slip Jig (Bun) 10 - 11
31	Cor - Reel (Bun) 6 - 7	63	Port Trom - Heavy Jig (Bun) - 10 - 11
32	Port Eadtrom - Light Jig (Bun) 6 - 7	64	Cornnphíopa - Hornpipe (Bun) 10 - 11
33	Port Singil - Single Jig (Bun) 6 - 7	65	Lá le Pádraig - St. Patrick's Day (Bun) 10 - 11
34	Port Luascach - Slip Jig (Bun) 6 - 7	66	Trófaí - Light Dance Trophy (Bun) 10 - 11
35	Trofaí - Light Dance Trophy (Bun) 6 - 7	67	Cor - Reel (Bun) 11 - 12
36	Cor - Reel (Bun) 7 - 8	68	Port Eadtrom - Light Jig (Bun) 11 - 12
37	Port Eadtrom - Light Jig (Bun) 7 - 8	69	Port Singil - Single Jig (Bun) 11 - 12
38	Port Singil - Single Jig (Bun) 7 - 8	70	Port Luascach - Slip Jig (Bun) 11 - 12
39	Port Luascach - Slip Jig (Bun) 7 - 8	71	Port Trom - Heavy Jig (Bun) 11 12
40	Port Trom - Heavy Jig (Bun) Under 8	72	Cornnphíopa - Hornpipe (Bun) 11 - 12
41	Cornnphíopa - Hornpipe (Bun) Under 8	73	Lá le Pádraig - St. Patrick's Day (Bun) 11 - 12
42	Trófaí - Light Dance Trophy (Bun) 7 - 8	74	Trófaí - Light Dance Trophy (Bun) 11 - 12
43	Cor - Reel (Bun) 8 - 9	75	Cor - Reel (Bun) 12 – 14
44	Port Eadtrom - Light Jig (Bun) 8 - 9	76	Port Eadtrom - Light Jig (Bun) 12 - 14
45	Port Singil - Single Jig (Bun) 8 - 9	77	Port Singil - Single Jig (Bun) 12 - 14
46	Port Luascach Slip Jig (Bun) 8 - 9	77	Port Luascach - Slip Jig (Bun) 12 - 14
47	Port Trom - Heavy Jig (Bun) 8 - 9	78	Port Trom - Heavy Jig (Bun) 12 - 14
48	Cornnphíopa - Hornpipe (Bun) 8 - 9	79	Cornnphíopa - Hornpipe (Bun) 12 - 14
49	Lá le Pádraig - St. Patrick's Day (Bun) 8 - 9	80	Lá le Pádraig - St. Patrick's Day (Bun) 12 - 14
50	Trófaí - Light Dance Trophy (Bun) 8 - 9	81	Trófaí - Light Dance Trophy (Bun) 12 - 14
51	Cor - Reel (Bun) 9 - 10	82	Port Eadtrom - Light Jig (Bun) Os Cionn 14
52	Port Eadtrom - Light Jig (Bun) 9 - 10	83	Port Singil - Single Jig (Bun) Os Cionn 14
53	Port Singil - Single Jig (Bun) 9 - 10	84	Port Luascach - Slip Jig (Bun) Os Cionn 14
54	Port Luascach - Slip Jig (Bun) 9 - 10	85	Port Trom - Heavy Jig (Bun) Os Cionn 14
55	Port Trom - Heavy Jig (Bun) 9 - 10	86	Cornnphíopa - Hornpipe (Bun) Os Cionn 14
56	Cornnphíopa - Hornpipe (Bun) 9 - 10	87	Lá le Pádraig - St. Patrick's Day (Bun) Os Cionn 14
57	Lá le Pádraig - St. Patrick's Day (Bun) 9 - 10	88	Trófaí - Light Dance Trophy (Bun) Os Cionn 14

## Grade Competitions – Tús

#	Competition	#	Competition
89	Cor - Reel (Tús) Under 6	120	Cor - Reel (Tús) 10 - 11
90	Port Eadtrom - Light Jig (Tús) Under 6	121	Port Eadtrom - Light Jig (Tús) 10 - 11
91	Port Singil - Single Jig (Tús) Under 6	122	Port Singil - Single Jig (Tús) 10 - 11
92	Port Luascach - Slip Jig (Tús) Under 6	123	Port Luascach - Slip Jig (Tús) 10 - 11
93	Trofal - Light Dance Trophy (Tús) Under 6	124	Port Trom - Heavy Jig (Tús) - 10 - 11
94	Cor - Reel (Tús) 6 - 7	125	Cornphíopa - Hornpipe (Tús) 10 - 11
95	Port Eadtrom - Light Jig (Tús) 6 - 7	126	An Londubh - Blackbird (Tús) 10 - 11
96	Port Singil - Single Jig (Tús) 6 - 7	127	Trofal - Light Dance Trophy (Tús) 10 - 11
97	Port Luascach - Slip Jig (Tús) 6 - 7	128	Cor - Reel (Tús) 11 - 12
98	Trófaí - Light Dance Trophy (Tús) 6 - 7	129	Port Eadtrom - Light Jig (Tús) 11 - 12
99	Cor - Reel (Tús) 7 - 8	130	Port Singil - Single Jig (Tús) 11 - 12
100	Port Eadtrom - Light Jig (Tús) 7 - 8	131	Port Luascach - Slip Jig (Tús) 11 - 12
101	Port Singil - Single Jig (Tús) 7 - 8	132	Port Trom - Heavy Jig (Tús) 11 12
102	Port Luascach - Slip Jig (Tús) 7 - 8	133	Cornnphíopa - Hornpipe (Tús) 11 - 12
103	Port Trom - Heavy Jig (Tús) Under 8	134	An Londubh - Blackbird (Tús) 11 - 12
104	Cornnphíopa - Hornpipe (Tús) Under 8	135	Trofal - Light Dance Trophy (Tús) 11 - 12
105	Trofal - Light Dance Trophy (Tús) 7 - 8	136	Cor - Reel (Tús) O/C 12
106	Cor - Reel (Tús) 8 - 9	137	Port Eadtrom - Light Jig (Tús) 12 - 14
107	Port Eadtrom - Light Jig (Tús) 8 - 9	138	Port Singil - Single Jig (Tús) 12 - 14
108	Port Singil - Single Jig (Tús) 8 - 9	139	Port Luascach - Slip Jig (Tús) 12 - 14
109	Port Luascach Slip Jig (Tús) 8 - 9	140	Port Trom - Heavy Jig (Tús) 12 - 14
110	Port Trom - Heavy Jig (Tús) 8 - 9	141	Cornphíopa - Hornpipe (Tús) 12 - 14
111	Cornnphíopa - Hornpipe (Tús) 8 - 9	142	An Londubh - Blackbird (Tús) 12 - 14
112	Trofal - Light Dance Trophy (Tús) 8 - 9	143	Trofal - Light Dance Trophy (Tús) 12 - 14
113	Cor - Reel (Tús) 9 - 10	144	Port Eadtrom - Light Jig (Tús) Os Cionn 14
114	Port Eadtrom - Light Jig (Tús) 9 - 10	145	Port Singil - Single Jig (Tús) Os Cionn 14
115	Port Singil - Single Jig (Tús) 9 - 10	146	Port Luascach - Slip Jig (Tús) Os Cionn 14
116	Port Luascach - Slip Jig (Tús) 9 - 10	147	Port Trom - Heavy Jig (Tús) Os Cionn 14
117	Port Trom - Heavy Jig (Tús) 9 - 10	148	Cornphíopa - Hornpipe (Tús) Os Cionn 14
118	Cornnphíopa - Hornpipe (Tús) 9 - 10	149	An Londubh - Blackbird (Tús) Os Cionn 14
119	Trofal - Light Dance Trophy (Tús) 9 - 10	150	Trofal - Light Dance Trophy (Tús) Os Cionn 14

## Grade Competitions - Meán

#	Competition	#	Competition
151	Cor - Reel (Meán) Faoi 7	174	Port Eadtrom - Light Jig (Meán) 9 - 10
152	Port Eadtrom - Light Jig (Meán) Faoi 7	175	Port Singil - Single Jig (Meán) 10 - 11
153	Port Singil - Single Jig (Meán) Faoi 7	176	Port Luascach - Slip Jig (Meán) 10 - 11
154	Port Luascach Slip Jig (Meán) Faoi 7	177	Port Trom - Heavy Jig (Meán) - 10 - 11
155	Port Trom - Heavy Jig (Meán) Faoi 7 - Trophy	178	Cornnphíopa - Hornpipe (Meán) 10 - 11 - Trophy
156	Cor - Reel (Meán) 7 - 8	179	Cor - Reel (Meán) 11 - 12
157	Port Eadtrom - Light Jig (Meán) 7 - 8	180	Port Eadtrom - Light Jig (Meán) 11 - 12
158	Port Singil - Single Jig (Meán) 7 - 8	181	Port Singil - Single Jig (Meán) 11 - 12
159	Port Luascach Slip Jig (Meán) 7 - 8	182	Port Luascach - Slip Jig (Meán) 11 - 12
160	Port Trom - Heavy Jig (Meán) 7 - 8 - Trophy	183	Port Trom - Heavy Jig (Meán) 11 12
161	Cor - Reel (Meán) 8 - 9	184	Cornnphíopa - Hornpipe (Meán) 11 - 12 - Trophy
162	Port Eadtrom - Light Jig (Meán) 8 - 9	185	Cor - Reel (Meán) 12 - 14
163	Port Singil - Single Jig (Meán) 8 - 9	186	Port Eadtrom - Light Jig (Meán) 12 - 14
164	Port Luascach Slip Jig (Meán) 8 - 9	187	Port Singil - Single Jig (Meán) 12 - 14
165	Port Trom - Heavy Jig (Meán) 8 - 9 - Trophy	188	Port Luascach - Slip Jig (Meán) 12 - 14
166	Cornnphíopa - Hornpipe (Meán) 8 - 9	189	Port Trom - Heavy Jig (Meán) 12 - 14
167	Cor - Reel (Meán) 9 - 10	190	Cornnphíopa - Hornpipe (Meán) 12 - 14 - Trophy
168	Port Eadtrom - Light Jig (Meán) 9 - 10	191	Cor - Reel (Meán) Os Cionn 14
169	Port Singil - Single Jig (Meán) 9 - 10	192	Port Eadtrom - Light Jig (Meán) Os Cionn 14
170	Port Luascach - Slip Jig (Meán) 9 - 10	193	Port Singil - Single Jig (Meán) Os Cionn 14
171	Port Trom - Heavy Jig (Meán) 9 - 10	194	Port Luascach - Slip Jig (Meán) Os Cionn 14
172	Cornnphíopa - Hornpipe (Meán) 9 - 10 - Trophy	195	Port Trom - Heavy Jig (Meán) Os Cionn 14
173	Cor - Reel (Meán) 10 - 11	196	Cornnphíopa - Hornpipe (Meán) Os Cionn 14 - Trophy

## Days - only Schedule

Saturday December 14 <sup>th</sup>	
Craobh Comórtas	14 - 15
Craobh Comórtas	15 - 16
Craobh Ceili	Faoi 12
Craobh Ceili	12 - 15
Craobh Comórtas	16 - 17
Craobh Comórtas	17 - 18
Craobh Comórtas	Os 18
Rince Ceathair	Faoi 12
Rince Ceathair	12 - 15
Special Competitions in above age groups. All Bun Grád, Tús Grád, and Meán Grád Competitions	
Sunday December 15 <sup>th</sup>	
Craobh Comórtas	Faoi 7
Craobh Comórtas	7 - 8
Craobh Comórtas	8 - 9
Craobh Comórtas	9 - 10
Craobh Comórtas	10 - 11
Craobh Comórtas	11 - 12
Craobh Comórtas	12 - 13
Craobh Comórtas	13 - 14
Craobh Ceili	Os 15
Rince Ceathair	Os 15

A full timetable will be published once the entry has closed.