

Claraithe leis an Coimisiun le Rinci Gaelacha

Dear Teachers & Parents,

We look forward to welcoming you all to our 3rd L.A.D.C Christmas Feis. Our venue is the Golden Parish hall, which is just 4 miles from Cashel town center on the main Cashel/Limerick road N74. It is a large sports arena with male & female changing area, practice area, large car park and refreshments will be available all day.

CATERING & VENDORS:

Tea Room open all day in venue. Vinny's take away open at Main entrance from 10am

AWARDS:

All trophy's to keep will be presented to winners in all Trophy, solo and Priomh Comortas. 1st place winner in all Priomh Comortas will receive a selection box. Sashes for top 3 in Priomh Comortas.

Highest placed Boy receives Trophy in Priomh where there is no Boy placed in Top **3**

Complimentary Teachers Area, Tea/Coffee & Light refreshments, available side stage.

Complimentary Parents Area, Tea/Coffee available as a thank you for your support.

Accomodation: Baileys Hotel Cashel: 00353 62 61937 Ashmore House B&B Cashel: 00353 62 61286 Aulber House B&B Golden Rd Cashel: 00353 62 63713

We would like to wish all competitors and teachers the very best of luck, happy Christmas and a prosperous new year.

Many thanks Carmel, Michelle, Elaina & Kara*

Entry fees: Subsidiary Solo Dances €4 Trophy Dance €5 Teams €3 pp Priomh Comortas €15 (3 Results. Overall, 2 solo) Family fee grades only Max 20 Solo comps excl Priomh €60

Sunday 8th December 2018 Start time: 9.00 am

		Stage 1	Stage 2		
<u>9am sharp</u> 1. Cor Trophy 2. Port Éadrom		U.5 U.5	U.6 Bun U.6 Bun		
 Cor Trophy Port Éadrom Port Singil 	Bungrád Bungrád Bungrád	5 - 7 5 - 7 5 - 7	7 - 8 7 - 8 7 - 8		
 6. Cor Trophy 7. Port Singil 8. Port Luasca 9. Trophy Light Dance 10. Port Éadrom/Trom 	Tusgrád Tusgrád Tusgrád Tusgrád Tusgrád	5 - 7 5 - 7 5 - 7 5 - 7 5 - 7 5 - 7	7 - 8 7 - 8 7 - 8 7 - 8 7 - 8 7 - 8		
 11 Cor Trophy 12. Port Singil 13. Trophy Light Dance 14. Port Éadrom/Trom 15. Priomh Comórtas 	Meangrád Meangrád Meangrád Meangrád	5 - 7 5 - 7 5 - 7 5 - 7 5 - 7 <mark>5 - 7</mark>	7 - 8 7 - 8 7 - 8 7 - 8 7 - 8 7 - 8		
<u>11.00am approx. SANTA might arrive at this time @ @ @</u>					
16. Cor Trophy 17. Port Singil 18. Port Luasca 19. Port Éadrom/Trom	Bungrád Bungrád Bungrád Bungrád	8 - 9 8 - 9 8 - 9 8 - 9 8 - 9	9 - 10 9 - 10 9 - 10 9 - 10 9 - 10		
20. Cor Trophy 21. Port Singil 22. Port Luasca 23. Trophy Light Dance 24. Port Éadrom/Trom	Tusgrád Tusgrád Tusgrád Tusgrád Tusgrád	8 - 9 8 - 9 8 - 9 8 - 9 8 - 9 8 - 9	9 - 10 9 - 10 9 - 10 9 - 10 9 - 10 9 - 10		
 25. Cor Trophy 26. Port Singil 27. Trophy Light Dance 28. Port Éadrom/Trom 29. Cornphiopa Trad 29a.Seit Trad 30. Priomh Comórtas 	Meangrád Meangrád Meangrád Meangrád Meangrád Meangrád Meangrád	8 - 9 8 - 9	9 - 10 9 - 10		
31. Cor Beirte / Cor Triúir32. Cor Ceathair / Cor Seisear33. Rince Ochtar		U. 11 U. 11 U. 11	0. 11 0. 11 0. 11		
1pm Lunch Break					

<u>2pm approx</u>		Stage 1	Stage 2
34. Cor Trophy35. Port Singil36. Trophy Light Dance37. Port Éadrom/Trom	Bungrád Bungrád Bungrád Bungrád	10 – 12 10 – 12 10 – 12 10 – 12 10 – 12	12 – 14 / Over 14 12 – 14 / Over 14
38. Cor Trophy 39. Port Singil 40. Trophy Light Dance 41. Port Éadrom/Trom	Tusgrád Tusgrád Tusgrád Tusgrád	10 – 12 10 – 12 10 – 12 10 – 12 10 – 12	12 – 14 / Over 14 12 – 14 / Over 14
42. Cor Trophy 43. Trophy Light Dance 44. Port Éadrom/Trom 45. Seit Trad 46. Priomh Comórtas	Meangrád Meangrád Meangrád Meangrád <mark>Meangrád</mark>	10 - 12 10 - 12 10 - 12 10 - 12 10 - 12	12 – 14 / Over 14 12 – 14 / Over 14



All results in main arena.



Feis Rules

FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014.
 (Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1st September.
- All Graded competitions are open to all regions
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1st 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

Bun Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

Tus Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Primary Grad (Munster specific criteria):

- Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade.
- Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
- Solo costumes can be worn by dancers in this grade
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

Mean Grad:

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

Ard Grad:

- Open to any dancer who :
 - o is a pupil of a registered teacher
 - is qualified to compete as regards age and place of residence
 - o is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
 - is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)

V1.5 Approved by Comhairle na Mumhan March 6th 2018 Effective From April 1st 2018



• Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

Craobh Comortas (Championship):

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- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
 - Is judged by at least 3 Adjudicators.
 - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
 - U6 Craobh Comórtas are not permitted (Munster specific Sep 1st 2015).
 - All competitors will receive an award in the light round of any Craobh Comórtas competition.

Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by one adjudicator, where the following conditions apply:
 - **Two dances** to be performed by each competitor.
 - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
 - Those stipulated for the older age groups and set out above or
 - Two light dances (Munster Specific).
 - When a dancer wins First place in a Priomh Comortas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
 - U6 Championships must be Priomh Comórtas (Munster specific Sep 1st 2015).

Preliminary Championship Ruling (Effective from Sept. 1st 2016)

- A Preliminary Championship is:
 - judged by at least 3 Adjudicators.
 - A Preliminary Championship must consist of 2 Rounds, 1 Light Round Reel / Slip Jig & 1 heavy Round Heavy Jig / Hornpipe.
- A dancer is not eligible to enter a Preliminary Championship if they have been placed First in an <u>Open Championship</u> from 1st January 2015 and the following year.
- Dancers may compete in an **Open or a Preliminary** Championship or both.
- Once a dancer qualifies for Oireachtas Rince na Cruinne, they must <u>not</u> enter a Preliminary Championship They may not compete in Preliminary Championships in the year that they qualified or the following calendar year.
 <u>Exceptions</u>
- Dancers who qualify for Oireachtas Rince na Cruinne where there are **five dancers or less** in their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- If a dancer wins **two Preliminary Championships** from the 1st January, they are no longer eligible to enter a Preliminary Championships for the remainder of that year and the following year.
- If a dancer wins a Preliminary Championship where there are **five dancers or less** in the competition, the dancer will still be eligible to enter a Preliminary Championship.

Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will
 be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection
 will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g. iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1st
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept
 any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance
 of this provision by a dancer and by his/her parent/guardian/teacher.

Feis Rules also available at: http://www.munsterdancing.com/index.php?pageID=52

