

# DANCE FOR LIFE 2022

## HOSTED BY HALEY PRENDERGAST SCHOOL OF IRISH DANCE

# SATURDAY, JULY 30, 2022

ALSO JOIN US FOR THE 4TH ANNUAL MT. RAINIER FEIS ON SUNDAY, JULY 31<sup>TH</sup>.  
THIS IS A STANDALONE FEIS WITH COMPETITIONS FOR ALL AGE GROUPS AND LEVELS.  
YOU MUST REGISTER FOR THE MT. RAINIER FEIS SEPARATELY AT [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

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REGISTER FOR THE FEIS VIA [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

## REGISTRATION CLOSES JULY 8, 2022

LATE REGISTRATION WILL INCUR AN ADDITIONAL FEE  
SYLLABUS AND ADDITIONAL INFORMATION ALSO AVAILABLE AT  
[WWW.HPIRISHDANCE.COM](http://WWW.HPIRISHDANCE.COM)

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### ADJUDICATORS:

FINNUALA IRWIN, ADCRG  
LAURA LEMESURIER, ADCRG  
CHRISTINE MAGUIRE DUIGNAN, ADCRG  
ZACK WARSHAW, ADCRG  
TBA

### MUSICIANS:

FR. RYAN DUNS  
TBA

**BLACK HILLS HIGH SCHOOL**  
**7741 LITTLEROCK RD SW; OLYMPIA, WA 98512**

### HOTEL & VISITOR INFORMATION

FOR MORE INFORMATION ON HOTELS AND FUN ACTIVITIES IN THE AREA VISIT OUR WEBSITE AT  
[WWW.HPIRISHDANCE.COM](http://WWW.HPIRISHDANCE.COM)

REGISTERED WITH AN COIMISIÚN LE RINCÍ GAELACHA

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UPDATED 5/26/22

## SCHEDULE:

**SATURDAY, JULY 30** COMPETITIONS WILL BEGIN AT 9:00 AT BLACK HILLS HIGH SCHOOL

- OPEN CHAMPIONSHIPS – ALL AGES
- PRELIMINARY CHAMPIONSHIPS – ALL AGES
- SOLOS (GRADE LEVELS) – ALL AGES
- ADULT SOLOS & CHAMPIONSHIPS
- ALL SPECIAL TROPHY DANCES FOR ALL LEVELS AND AGES
- SPECIAL THROW BACK CHARITY SPECIAL
- OPEN CHAMPION DANCE OFF WILL BE HELD AT THE END OF THE DAY.

*THIS IS A TENTATIVE SCHEDULE AND IS SUBJECT TO CHANGE BASED ON ACTUAL REGISTRATION.*

### 2022 DANCE FOR LIFE FEIS FEES

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OPEN CHAMPIONSHIP	\$55.00
PRELIMINARY CHAMPIONSHIP (3 ROUNDS)	\$55.00
SOLOS, FLAT FEE LIGHT SHOE	\$25.00
SOLOS, FLAT FEE HARD SHOE	\$20.00
SPECIALS (EACH)	\$10.00
SODA BREAD COMPETITION	FREE
FAMILY REGISTRATION FEE	\$25.00
LATE FEE: <i>ENTRIES ACCEPTED BETWEEN 7/9 – 7/22</i>	\$20.00
<i>ENTRIES ACCEPTED AFTER JULY 22</i>	\$50.00

#### PLEASE NOTE:

- THIS FEIS ACCEPTS ONLY US FUNDS DRAWN ON A US BANK. THERE IS NO EXCEPTION TO THIS POLICY. CHECKS SHOULD BE MADE PAYABLE TO: "HPID/DANCE FOR LIFE".
- THE FAMILY REGISTRATION FEE INCLUDES ACCESS TO ONLINE RESULTS; NO PRINTED RESULTS WILL BE SOLD AT THE FEIS.
- THE FAMILY MAXIMUM IS \$150. THIS EXCLUDES ANY SPECIALS, FAMILY REGISTRATION, PROGRAM AND LATE FEES.
- DANCERS WHO HAVE MOVED UP IN LEVEL AT THE DANCE FOR LIFE FEIS, AND WHO ARE REGISTERED TO COMPETE IN THE MT. RAINIER FEIS THE FOLLOWING DAY, HAVE THE OPTION TO CHANGE THEIR LEVEL FOR THE MT. RAINIER FEIS. ALL CHANGES IN LEVEL FOR THE MT. RAINIER FEIS MUST BE DONE BY 5:00 ON SATURDAY, JULY 27. A \$10.00 PER DANCER FEE WILL BE CHARGED TO PROCESS LEVEL CHANGES.
- A LINK TO AN ONLINE PROGRAM WILL BE PROVIDED AT NO CHARGE.

<b>FIRST FEIS</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; 0</b>				
REEL	1	4	7	10				
LIGHT JIG	2	5	8	11				

<b>BEGINNER 1</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; O</b>				
REEL	101	108	115	122				
LIGHT JIG	102	109	116	123				
SLIP JIG	103	110	117	124				
SINGLE JIG	104	111	118	125				
TREBLE JIG	105	112	119	126				
HORNPIPE	106	113	120	127				
ST. PATRICK'S	107	114	121	128				

<b>BEGINNER 2</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; O</b>				
REEL	201	208	215	222				
LIGHT JIG	202	209	216	223				
SLIP JIG	203	210	217	224				
SINGLE JIG	204	211	218	225				
TREBLE JIG	205	212	219	226				
HORNPIPE	206	213	220	227				
ST. PATRICK'S	207	214	221	228				

<b>NOVICE</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13 &amp; O</b>				
REEL	301	308	315	322				
LIGHT JIG	302	309	316	323				
SLIP JIG	303	310	317	324				
SINGLE JIG	304	311	318	325				
TREBLE JIG	305	312	319	326				
HORNPIPE	306	313	320	327				
TRAD SET	307	314	321	328				

<b>PRIZEWINNER</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15 &amp; O</b>			
REEL	401	408	415	422	429			
LIGHT JIG	402	409	416	423	430			
SLIP JIG	403	410	417	424	431			
SINGLE JIG	404	411	418	425	432			
TREBLE JIG	405	412	419	426	433			
HORNPIPE	406	413	420	427	434			
TRAD SET	407	414	421	428	435			

Adult Competitions							
Adult Solos	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad Set
<b>Beginner 1 &amp; 2</b>	600	601	602	603	604	605	606
<b>Novice/PW</b>	610	611	612	613	614	615	616

*ADULTS:*

*Beginner/advance Beginner (combined): Adults must dance the treble jig and hornpipe to the traditional speed and dance the St. Patrick's Day set dance for their Traditional Set.*

*Novice & PW (combined): Adults may choose traditional or slow speed for Treble Jig and Hornpipe and any traditional set dance.*

*Adults may compete in solos or championships, not both.*

## CHAMPIONSHIPS COMPETITIONS

	U9	U11	U13	U15	15 & OVER	U17	17 & OVER	ADULT
<b>PRELIMINARY CHAMPIONSHIPS</b>	701	702	703	704	705			
<b>OPEN &amp; ADULT CHAMPIONSHIPS</b>	712	713	714	715		716	717	929

- ⊗ PRELIMINARY & OPEN CHAMPIONSHIP WILL DANCE 3 ROUNDS: HARD SHOE, SOFT SHOE & SET. EACH ROUND WILL BE AWARDED SEPARATELY.
- ⊗ PRELIMINARY & OPEN CHAMPIONSHIP ENTRANTS IN THE U9 CHAMPIONSHIPS MUST DANCE A TRADITIONAL SET.
- ⊗ THE COMBINED SCORES FOR ALL THREE ROUNDS WILL DETERMINE THE OVERALL PLACEMENT TROPHY.
- ⊗ ADULTS MAY ENTER EITHER SOLO COMPETITIONS OR CHAMPIONSHIP COMPETITION, NOT BOTH.
- ⊗ **JOHN & PEGGY PRENDERGAST MEMORIAL TROPHY:** THE FIRST PLACE WINNERS IN EACH OPEN CHAMPIONSHIP ARE INVITED TO COMPETE FOR THIS PERPETUAL CUP. DANCERS WILL PERFORM THEIR SOFT SHOE AND SET.

## TROPHY & CULTURAL COMPETITIONS

TROPHY SPECIALS*	U11	U13	13&O	ADULT	
FIRST FEIS REEL	907	914	921		
BEGINNER 1 REEL	908	915	922		
ADVANCED BEGINNER REEL	909	916	923		
NOVICE REEL	910	917	924		
PRIZEWINNER REEL	911A	918A	925A		
PRIZEWINNER TREBLE REEL	911B	918B	925B		
CHAMP TREBLE REEL	912	919	926		
CHAMP TRADITIONAL SET		920	927		
ADULT REEL SPECIAL				928	

\* DANCERS MAY ONLY REGISTER FOR A TROPHY DANCE AT THE CURRENT LEVEL OF THEIR REEL.

CULTURAL COMPETITIONS	U18	ADULT			
SODA BREAD COMPETITION	930	931			

PLEASE SUBMIT 1 LOAF OF YOUR HOMEMADE IRISH SODA BREAD TO THE REGISTRATION DESK BY 10:00 AM. BREAD SHOULD BE WRAPPED SECURELY AND CLEARLY MARKED WITH THE ENTRANT'S NAME AND SCHOOL AFFILIATION.

### DANCING COMPETITION RULES

1. RULES OF THE WESTERN US REGIONAL COUNCIL ARE INCLUDED BY REFERENCE.
2. COMPETITOR'S AGE WILL BE DETERMINED AS OF JANUARY 1, 2022.
3. DANCERS MUST BE PUPILS OF A CERTIFIED TEACHER REGISTERED WITH CLRG, IDTANA AND THEIR REGIONAL COUNCIL.
4. COMPETITORS MUST BE IN THE HALL, PREPARED TO DANCE, ONE HOUR PRIOR TO THE SCHEDULED BEGINNING OF THEIR EVENT.
5. REFER TO THE [CLRG COSTUME RULES](#) FOR RULES ABOUT COSTUMES, MAKE-UP, SHOES, ETC.
6. DANCERS WHO APPEAR IN COMPETITIONS FOR WHICH THEY ARE NOT REGISTERED WILL NOT BE ELIGIBLE FOR PLACEMENT OR AWARDS.
7. WHEN AWARDS ARE ANNOUNCED FROM THE STAGE, COMPETITORS MUST BE IN COSTUME, INCLUDING DANCE SHOES, TO RECEIVE THEIR AWARDS.
8. HALEY PRENDERGAST SCHOOL OF IRISH DANCE, THE TUMWATER SCHOOL DISTRICT, THE FEIS COMMITTEE AND ANYONE ASSOCIATED WITH PUTTING ON THE FEIS, SHALL NOT BE HELD RESPONSIBLE OR LIABLE FOR ANY PERSONAL INJURY, PROPERTY LOSS, OR DAMAGE INCURRED BEFORE, DURING, OR AFTER THE FEIS, BY ANY PARTICIPANTS OR BY ANYONE ATTENDING THE EVENT.

## LEVEL ADVANCEMENT & DEFINITIONS (AS SPECIFIED IN THE WESTERN US REGION RULES):

**FIRST FEIS:** THIS LEVEL OF COMPETITION IS FOR DANCERS PARTICIPATING IN THEIR FIRST FEIS EVER. DANCERS ARE ALLOWED TO ONLY DANCE AT THIS LEVEL ONCE IN THEIR DANCING CAREER, REGARDLESS OF HOW MANY DANCES THEY COMPETE IN AT THEIR FIRST FEIS.

**ADVANCEMENT BEGINNER 1, BEGINNER 2 & NOVICE:** DANCERS ADVANCE TO THE NEXT GRADE LEVEL IN EACH SPECIFIC DANCE AS FOLLOWS:

- 5 – 9 DANCERS IN THE COMPETITION: THE DANCER(S) PLACING FIRST MOVE ONTO THE NEXT LEVEL IN THAT DANCE ONLY.
- 10 OR MORE DANCERS IN THE COMPETITION: DANCERS PLACING FIRST AND SECOND MOVE ONTO THE NEXT LEVEL IN THAT DANCE ONLY.
- ADVANCEMENT ON THE SECOND DAY OF “BACK-TO-BACK” FEISEANNA IS OPTIONAL AND SUBJECT TO TEACHER DISCRETION.

**ADVANCEMENT FROM PRIZEWINNER TO PRELIMINARY CHAMPIONSHIP IS AT THE TEACHER’S DISCRETION.**

**ADVANCEMENT FROM PRELIMINARY CHAMPIONSHIP TO OPEN CHAMPIONSHIP:** DANCER MUST HAVE EARNED 3 OVERALL FIRST PLACES IN COMPETITIONS WITH 5 OR MORE DANCERS. UPON WINNING THE 3<sup>RD</sup> OVERALL FIRST PLACE IN PRELIMINARY CHAMPIONSHIP, A DANCER MUST IMMEDIATELY MOVE TO THE OPEN LEVEL, EVEN IN THE CASE OF BACK-TO-BACK FEISEANNA. (NOTE: THIS APPLIES TO BOTH 2 & 3 ROUND PRELIMINARY CHAMPIONSHIPS)

**ADULTS:** DANCERS WHO STARTED IRISH DANCE AFTER THE AGE OF 18 OR WHO ARE OVER THE AGE OF 18 AND HAVE BEEN OUT OF COMPETITION FOR 5 OR MORE YEARS.

**BEGINNER FIGURES:** OPEN ONLY TO DANCERS WHO HAVE AT LEAST ONE SOLO DANCE AT THE BEGINNER 1 OR BEGINNER 2 LEVEL.

**OPEN FIGURES:** OPEN TO DANCERS AT ALL LEVELS (EXCEPT FOR DANCERS AT THE ADULT LEVEL).