

Sunday 2nd October 2022 32nd Feis Glendarragh

The Becket School

The Becket Way, Wilford Lane West Bridgford, Nottingham NG2 7QY

Adjudictors

Aidan MacLochlainn - Leinster
Marcus Maloney - Leinster
Annette Doolan - Leinster
Andrea Curley - Leinster
Blathnaid McCaul - Ulster
Martina Miskelly - Ulster
Kelley O'Boyle - Southern England
Mary Theresa McHugh - Midlands
Maria Stanley - Midlands

Maeve Madden - Midlands

Musicians

Anthony Davis - Birmingham Liam O'Sullivan - Newcastle Daniel Bolger - London Majella Brooks - London











Dear Teachers, Parents & Guardians,

We look forward to welcoming you to our 32nd Feis Glendarragh, due to be held on Sunday 2nd October 2022. On behalf of the Glendarragh Dance Academy, we look forward to welcoming all those who have supported Feis Glendarragh in the past and hope to see new faces this year as well.

We are delighted to have acquired, the excellent facilities of Becket School. We will once again have access to the Large Championship Hall for set dances, Sports Hall with 2 full size championship stages and floor for grades as well as a gym, changing facilities and a practice area. The Becket School is situated within easy reach of East Midlands Airport, East Midlands Parkway Railway Station, Nottingham Railway station, and is very accessible by road with ample parking.

We are running combined Preliminary and Open Championships from U10-U15. The prelim result will be taken from the first 2 rounds of the championship result. We are running a separate Over 15 Preliminary competition which will consist 3 rounds, heavy round followed by light round, followed by set dance (There will be a recall if there 20 or more dancers).

The Championship/ Preliminary from U10-Senior will be adjudicated by 6 adjudicators, 3 on the first 2 rounds and then a separate panel of 3 adjudicators on the set round. There will be a 50% recall for more than 20 competitors. The U6-U9 championship will be adjudicated by a panel of 3 adjudicators and there will be 100% recall.

Once again, we will be having a Champion of Champions competition and those who place in the top three, in any of the Championships, will be eligible to compete. We have cups for these competitions, in memory of Denis Holtham and Helen Stack, two of our most loyal and longstanding parents who passed away in 2013. We feel it is a fitting tribute for two people who had such a love of Irish Dancing.

We will upload photos and live feed videos over the course of the weekend on our Facebook and Instagram pages. So, feel free to give us a follow and we'll also keep you updated, leading up to the event and over the feis weekend.

We are very much looking forward to seeing you in October, please see further information below.

Kind Regards,

Aidan Comerford ADCRG Helen Comerford TCRG Ciara Buckley ADCRG Arnyah Paxton TCRG Colleen Roberts TCRG











£5.00

Entries

TINY TOTS £	5.5	5()	
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All Grade Dances are TROPHY DANCES (1st - 3rd Trophies) £6.00

Under 6 & Under 7 Mixed Championships (including two solo results) £25.00

Open Championships from U8 upward (includes two solo results)

£35.00

£35.00

Maximum One Dancer Fee £50.00 Family Fee (for two children or more) £90.00

Door Admission (Adults only, children free)

ALL ENTRIES MUST BE RECIEVED AND PAID FOR IN ADVANCE AND ON AN OFFICAL ENTRY FORM. ONE ENTRY PER SCHOOL

Entries to Des Silke by Monday 26th September 2022

Payment via Bank Transfer, Des will supply details

Email: desilke@instepfm.com

ENTRIES ON THE DAY WILL BE ACCEPTED SUBJECT TO A £5 ADMIN FEE

Grade Competitions

All grade competitions are 'trophy dances' where 1st, 2nd and 3rd will receive trophies.

All results will be awarded in a separate Results area to ensure smooth running of the next competitions.

32 Bar System

ALL dancers in the competition will be lined up at the side of the stage at the start of the competition. The first two dancers will walk into starting positions and get ready to dance. After the 8 bar introduction the dancers will begin their dance for 32 bars. After 32 bars they bow and walk off the stage while the next 2 dancers walk into their starting position to get ready to commence their performance of 32 bars - this is repeated until all dances have completed their dance.

Please Note: There will be a gap of 8 bars in between each 2 dancers.

The content of the 32 bar performance is at the discretion of each teacher. There will be stage stewards on each stage counting the next 2 dancers in and dancers will not be penalised for starting late or continuing after 32 bars.

Tiny Tots

Here is where we celebrate the upcoming stars in Irish Dancing. It was a great atmosphere at the last feis and all the children, families, teachers and adjudicators enjoyed it. Each dancer will <u>perform 16 bars</u> of Reel and will receive a special gift, trophy and a sash for taking part.

All U5 ungraded dancers and any U6 and U7 dancers that don't feel ready to do 32 bars in the Novice competition are welcome to take part.

Results

Instep Fm will be doing our results this year and as usual, marks packs will be available to purchase at the office.

All Grade, Prelim and Open Championship results will be presented in the separate results area.











Grade Competitions

		Grave Compen		
Age Group	Novice	Primary	Intermediate	Open
TINY TOTS		*Ungraded* S	pecial Reel	
Under 6	Trophy Reel	Trophy Reel	Trophy Reel	Trophy Reel
Under 7	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig
	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig
Ungraded	Trophy	Heavy Jig, Trophy Horr	npipe, Trophy Trad Set	
Under 8	Trophy Reel	Trophy Reel	Trophy Reel	Trophy Reel
Under 9	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig
	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig
	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe
	Trophy Trad Set	Trophy Trad Set	Trophy Trad Set	Trophy Trad Set
Under 10	Trophy Reel	Trophy Reel	Trophy Reel	
Under 11	Trophy Hop Jig	Trophy Hop Jig	Trophy Hop Jig	
Under 12	Trophy Light Jig	Trophy Light Jig	Trophy Light Jig	
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	
	Trophy Hornpipe	Trophy Hornpipe	Trophy Hornpipe	
		Trophy Trad Set		
		Trophy Reel		
Over 12		Trophy Hop Jig		
		Trophy Light Jig		
		Trophy Slip Jig		
		Trophy Heavy Jig		
		Trophy Hornpipe		
Ungraded		Trophy Trad Set		
Under 14			Trophy Reel	
Over 14			Trophy Hop Jig	
			Trophy Light Jig	
			Trophy Slip Jig	
			Trophy Heavy Jig	
			Trophy Hornpipe	
Ungraded			Trophy Trad Set	











Open Championships

Under 6	Mixed	Reel	Light Jig / Hop Jig	
Under 7	Mixed	Reel	Light Jig	
Under 8	Girls	Reel	Heavy Jig	Trad Set
Under 9	Girls	Reel	Heavy Jig	Trad Set
Under 10	Girls			
Under 11	Girls			
Under 12	Girls			
Under 13	Girls			
Under 14	Girls	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set
Under 15	Girls			Dance
Under 16	Girls			
Under 17	Girls			
Senior O/17*	Ladies			
7 to 9	Boys	Reel	Heavy Jig	Trad Set
9 to 11	Boys			
11 to 13	Boys			
13 to 15	Boys	Heavy Jig or Hornpipe	Reel	Open Set
15 to 17	Boys			Dance
Senior O/17*	Men			

Seniors O/17 will be split into under 19 and over 19 depending on entries received

U6, 7, 8 & 9 will be 100% Recall and will start with the REEL

U10 upwards - 100% Recall if 19 or less - 50% Recall if 20 or more and will start with the HEAVY ROUND

Preliminary Championships

Over 15	Mixed	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance

Over 15 - 100% Recall if 19 or less - 50% Recall if 20 or more and will start with the HEAVY ROUND











2021 Feis Glendarragh - Winners

Under 6 Mixed	Analbelle Carey	Carey Academy	MIDLANDS
Under 7 Mixed	Mila Brown	Nadine Martin Academy	NW REGION
Under 8 Girls	Summer Ward	Scanlon School	MIDLANDS
Under 9 Boys	Nathan Chedzoy	Walshe Academy	SE REGION
Under 9 Girls	Isla Doherty	Devaney-Togher Academy	MIDLANDS
Under 10 Girls	Nicole Elkin	Glendarragh Academy	MIDLANDS
Under 10 Prelim	Callum Hammond	Donna Griffin Academy	SE REGION
Under 11 Boys	Oscar Donnelly	Sharon Taylor Academy	SCOTLAND
Under 11 Girls	Evie Roberts	Carey Academy	MIDANDS
Under 11 Prelim	Harriet Walker	Keegan Academy	NW REGION
Under 12 Girls	Katy Li	Devaney-Togher Academy	MIDLANDS
Under 12 Prelim	Coco Gibbons	Carey Academy	MIDLANDS

SATURDAY CHAMPION OF CHAMPIONS EVIE ROBERTS - CAREY ACADEMY - MIDLANDS

Under 13 Girls	Ciara McCarthy	McGahan-Lees Academy	SE REGION
Under 13 Boys	Aidan Ward	Marie Connell School	MIDLANDS
Under 13 Prelim	Nuala Seager	Carey Academy	MIDLANDS
Under 14 Girls	Niamh Glynn	Linda Martin Academy	CONNACHT
Under 14 Prelim	Lauren Patrice	Scanlon School	MIDLANDS
Under 15 Girls	Ellie-Kate McCarthy	McGahan-Lees Academy	SE REGION
Under 15 Boys	-	-	-
Under 15 Prelim	Julia Loftus	Carey Academy	MIDLANDS
Under 16 Girls	Caoimhe Kirkham	Linda Martin Academy	CONNACHT
Over 15 Prelim	Molly Turner	Glendarragh Academy	MIDLANDS
Under 17 Boys	James McGuirk	Carey Academy	MIDLANDS
Under 17 Girls	Holly Venables	Turley Duggan Academy	MIDLANDS
Under 19 Ladies	Erin McPolin	Carey Academy	MIDLANDS
Senior Men	Joseph Howarth	Glendarragh Academy	MIDLANDS
Senior Ladies	Erin-Grace Cooke	Hennigan Irish Dance	SE REGION

SUNDAY CHAMPION OF CHAMPIONS AIDAN WARD - MARIE CONNELL SCHOOL

Can we please ask ALL winners from 2021 feis to ensure their perpetual cups are returned in ample time.











2022 Feis Glendarragh **Provisional Timetable**

Sunday 2nd October

SPORTS HAVE					
Time	Stage 1	Time	Floor 2	Time	Stage 3
08:30	U10 G Champ R1&2			08:30	U12 G Champ R1&2
09:30	U11 G&B Champ R1&2			09:30	U13 G&B Champ R1&2
10:30	U6 Novice / Open	10:30	U6 Primary	10:30	U6 Intermediate
11:30	U7 Novice / Open	11:30	U7 Primary	11:30	U7 Intermediate
12:30	U8 Novice / Open	12:30	U8 Primary	12:30	U8 Intermediate
13:30	LUNCH			13:30	LUNCH
14:30	U14 G Champ R1&2			14:30	U16 G Champ R1&2
15:00	U15 G&B Champ R1&2			15:00	U17 & O17 G&B Champ R1&2
16:30	Junior Champ of Champs U6-U13				

math have				
Time	Stage			
08:30	O15 Prelim (ALL Rounds)			
09:30	U10 G Set			
10:00	U12 G Set			
10:30	U11 B&G Set			
11:00	U13 B&G Set			
11:30	TINY TOTS			
12:30	U6 & U7 Mixed Champ			
13:30	U8 & U9 Mixed Champ			
14:30	LUNCH			
15:15	U14 G Set			
15:45	U16 G Set			
16:15	U15 B&G Set			
16:45	U17 B&G Set			
17:15	O17 B&G Set			
18:15	Senior Champ of Champs U14 +			

gym				
Time	Time Floor			
08:30	O12 Primary			
09:00	O14 Intermediate			
09:30	U12 Novice			
10:00	U12 Primary			
10:30	U12 Intermediate			
11:00	U14 Intermediate			
11:30	U10 Novice / Primary			
12:00	U10 Intermediate / Open			
12:30	LUNCH			
13:30	U11 Novice / Primary			
14:00	U11 Intermediate / Open			
14:30	U9 Novice / Primary			
15:00	U9 Intermediate / Open			

PLEASE BE READY TO DANCE 30 MINUTES BEFORE YOUR SCHEDULED START TIME

Whilst we aim to keep the running order the same, depending on entries the exact times may change. A final timetable will be published Tuesday 27th September

ALL RECALLS WILL BE ANNOUNCED IN THE MAIN HALL











Directions

FROM THE M1 SOUTH - NORTH

Leave the M1 at Junction 24 and take the 4th exit (if coming from the South) or 1st exit (if coming from the North) onto the A453 signposted Nottingham South. Keep following the A453 until you come to a roundabout signposted Grantham, Melton, Newark and take the 1st exit onto the A52. At mini roundabout continue forward onto Clifton Lane - B679 signposted West Bridgford. At mini-roundabout bear right onto Wilford Lane B679 signposted through traffic. Turn left into The Becket Way which is the entrance to school.

Transport

EAST MIDLANDS AIRPORT - FLIGHT INFORMATION

Flights from Belfast, Knock, Munich, Berlin into East Midlands Airport. There is a regular Shuttle Bus from East Midlands Airport to Nottingham City Centre.

BIRMINGHAM AIRPORT - FLIGHT INFORMATION

Flights from Glasgow, Edinburgh & Dublin into Birmingham Airport.





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Rules

RULES AS OF JULY 2021

These rules should be read in conjunction with rules laid out by An Coimisiun Le Rinci Galeacha.

1. **GENERAL**

- 1.1 Adjudicator's decision is final.
- 1.2 Committee members may only approach adjudicators.
- Any protest against breach of rules must be made in writing to the feis organiser within one hour on conclusion of a 1.3 competition, with a fee of £10.00. Should the objection be upheld the fee will be refunded.
- 1.4 Entries will only be accepted from schools registered with An Coimisiun.
- Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirrety as laid down by the 1.5 An Coimisiun le Rinci Gaelacha & Midland Regional Council.

2. AGE GROUPS

- 2.1 Age to be taken from 1st January of the current year. Where a competitor's birthday falls on 1st January he/she shall be regarded as under the age attained on that day.
- 2.2 Competitors must dance in their own age group for solo competitions, except where there is no provision for that dance, in that age group.

3. **GRADES**

- 3.1 At any one Feis, a Novice and Primary Dancer may only dance each Solo Dance in ONE grade.
 - * Exception Dancers ARE permitted to dance in both Novice and Primary Reel competitions (NEW MAY 2019).
- 3.2 Novice - Confined to competitors who have not progressed out of Novice grade (including Trophy Competitions) for that particular dance in any age group.

Primary - Confined to competitors who have not progressed out of Primary grade (including Trophy Competitions) for that particular dance in any age group.

Intermediate - Confined to competitors who have not progressed out of Intermediate grade (including Trophy Competitions) for that particular dance in their present age group.

Open - Open to all dancers.

- 3.3 All grade competitions are open to all regions.
- 3.4 In a trophy competition, a dancer must have performed their choice of dance in the solo competition.
- 3.4 Grade Progression is as follows:

Grade	No. of Entries	No. of dancers to progress
Novice & Primary	5 or less 6-10 11-20 21+	0 1 Dancer 2 Dancers 3 Dancers
Intermediate	5 or less More than 5	0 1st place only

4. PRELIMINARY/OPEN CHAMPIONSHIPS AND PREMIER COMPETITIONS:

- 4.1 Championship/Premier Competitions - Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 see below.
- 4.2 Under 6s & under 7s Championships/Premier must dance Reed & Light Jig. A recall is at the discretion of the feis organisers. All grades are allowed to compete.











- 4.3 Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers.
 - * Dancers no longer have to dance in the open grade competition to be eligible to compete in the U6,7,8 & 9 Championships but ALL DANCES MUST BE OFFERED IN THE OPEN GRADES FOR THESE AGE GROUPS
- Under 10 and up. All dancers must be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall set dance. This 4.4 must be offered for both Open and Preliminary Championships.
- Subsidiary solos may be run at the discretion of the feis organisers. 4.5
- 4.6 IF a minimum number is stated for ANY championship to be held, then this must be consistent for ALL championship competitions. E.g. If you decide on a minimum number of 5, in order to run a separate boys or prelim championship, this must be consistent with the number required to run any championship. This may well be prevalent in the younger age groups where numbers can be low. For example, it you have this rule on your syllabus and you only have four entries for Uner 6 - you should not run in the championship.

4.7 PRELIMINARTY CHAMIONSHIP RULES

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6* in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Due to Covid-19 restrictions, and until further notice, please note the following:

 All dancers*, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2022, are not eligible to compete in Preliminary Championships until further notice. *This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20* competitors or 1st-5th in an Open Championship with more than 20* Competitors cannot compete in a Preliminary Championship for a period of 12 month.
- Implementation date 1st January 2021.
- 4.8 The Midland region allows dancers to participate in any 1 round of preliminary champs as a separate solo round - these dancers should not be included in the numbers indicated above.

5. DANCE MOVEMENTS / SPEEDS

5.1 Rules appertaining to Dance movements such as toe movements, metronomic speeds, as laid out by An Coimisiun, apply. Metronomic Speeds -.

Novice Grade/Bun Grád		Intermediate Open Grade/ Meán/Árd Grád
Hop Jig124 Light Jig116 Slip Jig124 Trad Jig96	Hop Jig	Reel 113 Hop Jig 124 Light Jig 116 Slip Jig 113 Heavy Jig 73 Hornpipe 113

In Novice Grades, only basic steps should be performed. I.E. no intricate movements.









COSTUME AND MAKE-UP





- 6.3 Adjudicators who determine a costume to be too short or to lack modesty, may use the Costume Infraction (Tick Box) Program in order to flag the dancer and ensure the teacher is notified. As the Costume Infraction Program is used for ALL costume violations, adjudicators wishing to specify length as the infraction, can write the letter 'L' in the Tick Box column.
- 6.4 Under no circumstances should dancers walk around dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, it at all possible. At all times, dancers should be properly attired.
- 6.5 Make-up, including false eyelashes and tan on face, is not permitted for any dancer in solo or team competition, up to and including the Under 10 age group. Nor in the first two grades up to and including the Under 12 age group. Leg tan is NOT part of this rule.

FIGURE AND CEILI

- 7.1 In Figure and Ceili competitions rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 7.2 Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more.
- 7.3 Ceili 8 Hand competitions and 8 Hand may be performed in accordance with Ar Rince Foirne.
- 7.4 Mixed Ceili A mixed team must consist of at least 2 boys oe 2 girls.

8. MEDIA POLICY

Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden during competitions.

9. CARRIAGE AIDS

- 9.1 Any competitor found to be using artificial carriage aids and subsequently refuses to remove the same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be expempt from this ruling.
- 9.2 Any competitor wearing their shoes on the wrong feet will be treated in the same manner as if using carriage aids, and be subject to disqualification from that particular competition.
- 9.3 In order to comply with health and safety measures, all dancers lining up side stage, prior to any round of a competition, will be required to perform the simple exercise of raising arms to shoulder level, unhindered. If unable to do this due to costume stitching or arm attachments by the time of their rotation, these dancers will not be permitted to perform.

10. ORDER OF DANCING, CONDUCT, MISHAPS ETC

- 10.1 Should a dancer lose a heel or a complete show or have an open lace, he/she may stand back allowing the other dancer(s), where applicable to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to re-dance as soon as it is deemed practicable, by the stage steward.
- 10.2 Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then, at the discretion of each individual adjudicator. If a dancer falls during the last 8 bars of any performance, then /he/she would only be required to dance the last 16 bars of that dance.
- 10.3 Should a dancer slip, bump into another dancer or have a costume malfunction, whether in solos or in teams, the bell will be rung at the discretion of the adjudicators, to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then, at the discretion of each individual adjudicator.
- 10.4 Where a dancer fails to complete his / her performance, in any given round, will automatically receive ZERO marks from all adjudicators, for that round.
- 10.5 Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive ZERO marks from all adjudicators, for that round.
- 10.6 A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themselves from the stage, without the permission of an adjudicator, will not be marked for that particular dance.







