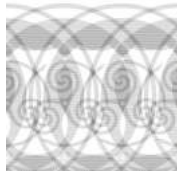


Presented by Scoil Rince CosCeol

Feis Naomh Íosaif



(Bun, Tus & Mean Grad) ***NEW***Preliminary Championships

Sunday 8th May 2022

Saint Kevin's Community Centre

Philipstown, Dunleer

County Louth

Eircode: A92 A9W3

Moltóir/Adjudicator:

Linda Reynolds A.D.C.R.G. (County Louth)

Denise Elebert B.D.C.R.G. (County Dublin)

Dearbhail Bates A.D.C.R.G. (County Louth)

Ceoltóir/Musician:

Kevin Joyce (County Louth)

ONLINE ENTRY ONLY. NO ENTRIES TAKEN ON DAY OF FEIS



Scan the above barcode to go directly to our online registration

Or, click on this link to bring you to online registration: <https://form.jotform.com/220303487518353>

Syllabus approved by feis registrar, An Comhairle Uladh: Maria McCaul -

Maria McCaul - Uthman

- Cups/Trophies will be awarded to 1st-5th prizewinners in all Trophy Competitions & Preliminary Championships
- Sashes presented to 1st place in Bun/Tus/Mean trophy dances and 1st - 5th in Prelim Championships.
- All dancers will be placed in **ALL** trophy competitions.
- In all other solo competitions, trophies will be presented to 1st place winners.
- In Bun/Tus Grad competitions if additional competitors are ungraded, these competitors will also receive a trophy.
- Preliminary Championships includes two solo results plus overall championship result.

Dances for Each Grade

Bun Grad (Beginner) Dances	Trophy	Age Groups	Years of Birth
Cor (Reel)	(T x 5)	Under 5	2017/2018/2019
Port Éadrom (Light Jig)		Under 6	2016/2017/2018/2019
Port Singil (Single Jig)		6 - 7	2015
Rince Éadrom (Light Dance)	(T x 5)	7 - 8	2014
		8 - 9	2013
		9 - 10	2012
		10 - 12	2010 or 2011
		Over 12	2009 or earlier
Tus Grad (Primary) Dances	Trophy	Age Groups	Years of Birth
Cor (Reel)		Under 7	2015/2016/2017/2018
Port Luascach (Slip Jig)		7 - 8	2014
Port Eadrom (Light Jig)	(T x 5)	8 - 9	2013
Rince Éadrom (Light Dance)	(T x 5)	9 - 10	2012
Rince Trom (Heavy Dance)		10 - 12	2010 or 2011
		Over 12	2009 or earlier
Mean Grad (Intermediate) Dances	Trophy	Age Groups	Years of Birth
Cor (Reel)	(T x 5)	Under 8	2014/2015/2016/2017/2018
Port Singil (Single Jig)		Under 9	2013
Port Luascadh (Slip Jig)		Under 10	2012
Rince Trom (Heavy Dance)		Under 11	2011
Rince Leithleach Tradisiúnta (Trad Set)	(T x 5)	Under 12	2010
		12-14	2008 or 2009
		Over 14	2007 or earlier
Preliminary Championship Dances (2 rounds)		Age Groups	Years of Birth
Light Round: Choice of Reel or Slip Jig	(T x 5)	Under 8	2014/2015/2016/2017
Heavy Round: Choice of Heavy Jig or Hornpipe	(T x 5)	8 - 10	2012 or 2013
	(T x 5)	10 - 12	2010 or 2011
	(T x 5)	12 - 14	2008 or 2009
	(T x 5)	Over 14	2007 or earlier

****Dances acceptable for Light Dance competition:****

Reel
Light Jig
Slip Jig
Single Jig

****Dances acceptable for Heavy Dance competition:****

Heavy Jig
Hornpipe

****Dances acceptable for Traditional Set Dance competition:****

Reel
St Patrick's Day
Blackbird
Job of Journeywork
Garden of Daisies
Three Sea Captains
King of the Fairies
Jockey to the Fair

Syllabus approved by feis registrar, An Comhairle Uladh: Maria McCaul -

Maria McCaul-Kohan

PROVISIONAL TIMETABLE

		Stage 1	Stage 2	Stage 3
9:00	Bun	U5 & U9	U6 & U7	U8
		U10	U11 & Over 14	U12 & 12-14
12:00	Tus	U7	U8	U9
		U10	10-12	Over 12
14:00	Mean	U8	U9	U10
		U11	U12	12-14 & Over 14
4:00 PM	Prelim	U8 & 8-10 alternating		
		10-12, 12-14 and Over 14 alternating		

Syllabus approved by feis registrar, An Comhairle Uladh: Maria McCaul -

Maria McCaul-Kishan

RIALACHA / RULES	
1	Adjudicators' decision is final
2	Age as at 1st January 2022
3	Competitions are open to dancers from all regions.
4	Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
5	Make-up (including false eyelashes and face-tan) is not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
6	Bun Grad competitions are confined to competitors who at the time of entry have never won 1st place (or being regraded as per below) in that particular dance in any age group or grade. Basic Steps only are permitted in Bun Grad.
7	Tus Grad confined to dancers who have never won 1st prize (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipe must be similar to those used in St.Patrick's Day and Blackbird.
8	Dancers may only perform a dance in Mean Grad, if they have never won 1st prize for that dance in Mean or Ard Grad in that age or a higher age.
9	Dances permitted in Rince Fadrom are: Reel, Light Jig, Single Jig or Slip Jig.
10	Dances permitted in Rince Triom are: Heavy Jig or Hornpipe
11	Dancers must perform to the following speeds:
	Bun Grad/Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144
	Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130
	Mean/Ard Grad: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113
	Traditional Set Dances: St. Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138,
	King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90
11	All competitors will be required to dance a MINIMUM number of 40 bars, except in Slip Jigs, Hornpipes & Bun Grad Reels where a MINIMUM number of 32 bars will be required.
12	No block, en pointe work, stationery or moving is allowed to be performed for ages up to and including U11
13	The feis committee reserves the right to (a) transfer competitions/ results to a different hall and (b) alternate competitions, if it becomes necessary, in order to help the feis run more smoothly
14	Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, forbidden in competition commercial film, with or without flash enhancement, is expressly prohibited.
15	Re-grading of dancers: In Bun Grad & Tus Grad competitions, one dancer moves up to next grade if there are less than 20 competitors, two dancers move up to next grade if there between 21 and 40 competitors and three up to next grade if there are over 40 competitors.
16	Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.clrg.ie). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70D. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights.

Preliminary Championship Rules - To be eligible to compete in a Prelim Championship:

- Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
- Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a prelim competition the dancer is still eligible to compete in Preliminary Championships.
- Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year.
- Dancers must not have recalled in the actual Championship at Oireachtas Rince na Cruinne in the current year or previous year.
- Dancers having won 3 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year however, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they have won the Prelim Championship with).
- Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- Boys who have qualified for Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Grade.

TÁIL/PRICES	
Bun & Tus Solos	€5
Trophy Competitions	€6
Preliminary Championship (inc. 2 solo results and one championship result)	€25
PayPal transaction fee	€1.50
Registration Fee (includes family door entry)	€5
CLOSING DATE FOR ENTRIES IS 5pm on 23rd March	

For any additional information contact:

Colin Ryan: Phone: +353 863970198 email: cosceol@gmail.com
Sarah Doherty Ryan: Phone: +353 863743615 email: sarahdoherty2001@yahoo.co.uk

Cups / Trophies will be awarded to 1st - 5th prizewinners in all Trophy Competitions & Preliminary Championships
Preliminary Championships includes two solo results plus overall championship result.
Sashes presented to 1st place in Bun/Tus/Mean trophy dances and 1st - 5th in preliminary Championships
All dancers will be placed in ALL trophy competitions.
In all other solo competitions, trophies will be presented to 1st place winners.
In Bun/Tus Grad competitions if additional competitors are upgraded, these competitors will also receive a trophy.

Syllabus approved by feis registrar, An Comhairle Uladh: Maria McCaul - *Maria McCaul*

How to Enter

Scan the below code to be brought directly to our entry form online.



Go to our Facebook page to access the link to our entry form.

Search: facebook cosceol feis

<https://www.facebook.com/Cosceolfeis/>

Alternatively, click on this link to bring you to online registration: <https://form.jotform.com/220303487518353>

DATA PROTECTION

As feis organisers and a member of An Coimisiún Le Rincí Gaelacha (CLRG), we aim to protect all user information in accordance with the EU General Data Protection Regulation 2018. Please see link for more information:

<http://www.eugdpr.org/en/eugdpr.org-1.html>

<http://www.clrg.ie/index.php/en/about-us/privacy-policy.html>

Some personal data is required to be shared in order to gain information about who is taking part in our competition. This information will be given to the feis organiser via email. This information may be shared with An Comhairle Uladh, CLRG and members of the feis committee. If you have any concerns, please contact cosceol@gmail.com