



Sunday January 16, 2022

Start time: 8:45 a.m.

14<sup>th</sup> Annual

# FEIS NA CARA 2022

LIMITED TO THE FIRST 600 ENTRIES

ENTRIES DUE BY January 9, 2022

May close early if cap is reached

Three rounds for Open Championships

Cardinal O'Hara High School

1701 Sproul Rd

Springfield, Pa 19064

**COVID-19 PROTOCOLS WILL IN IN PLACE AND STRICTLY ENFORCED –**

Your entry indicates agreement to compliance with these protocols

**One support person per dancer will be permitted to enter building. No Exceptions. Please make necessary arrangements in advance.**

ALL ENTRIES WILL BE DONE ONLINE

[www.feisweb.com](http://www.feisweb.com)

No mailed entries will be accepted.

Feis updates, adjudicator & musician additions will be posted

[www.mcdadecara.com](http://www.mcdadecara.com)

Email questions to: [carafeis@gmail.com](mailto:carafeis@gmail.com)

## Adjudicators

Maura Gray, CT	Bridget Flynn, NY	Ellen Boyle Gibbons, VA	Eileen Mulhern O'Kane, IL
Catherine Leneghan, OH	Iris Gray Sharnick, PA	Stacie Greiner, PA	Breda O'Brien, MA
Joanie Cass, NY			

## Musicians

Annamarie Acosta	Karen Conway	Kevin Forde	Niall Mulligan
Pattie Morrissey			

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN ([WWW.CLRG.IE](http://WWW.CLRG.IE)) IDTANA([www.idtana.org](http://www.idtana.org)) AND THE MID-ATLANTIC REGION ([WWW.MID-ATLANTICREGION.COM](http://WWW.MID-ATLANTICREGION.COM) )

Please refer to applicable websites for rules governing the feis.

**PLEASE NOTE THE PHOTOGRAPHY RULE**

**THE FEIS COMMITTEE, MCDADE-CARA SCHOOL OF IRISH DANCE, THE HOSTING ORGANIZATION, Cardinal O’Hara High School, The Philadelphia Archdiocese, or any other organizations affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.**

**Feis hotel info will be posted on our website [www.mcdadecara.com](http://www.mcdadecara.com)**

<b>NO REFUNDS OF ANY FEES</b>		<b>NO CHANGES AFTER January 10, 2022</b>	
Family Event Fee – Mandatory:	\$30.00	All entries done on FeisWeb.com No mailed entries	
Solo Competition:	\$12.00 per dance		
Preliminary Championships:	\$50.00		
Open Championships:	\$60.00		
Family Maximum: (does not include event fee or late fee )	\$150.00		
		Any questions regarding entries should be emailed to: <a href="mailto:carafeis@gmail.com">carafeis@gmail.com</a>	

**2022 Refund policy Exceptions**

**-If PA Department of Health guidelines change after registering for Feis Na Cara, and your dancer is no longer able to participate due to this restriction registration fees will be returned. Paypal fees will not be refunded for any entry.**

**-If Feis Na Cara is cancelled after registration fees have been paid, all fees will be refunded EXCEPT PayPal**

**COVID-19 Protocols**

**By attending, you agree to follow all COVID – 19 safety protocols and voluntarily assume all risks related to exposure of COVID-19**  
Non-compliance to any of the guidelines set forth will result in ejection from the feis and no refund will be provided

**WAIVER**

All attendees, dancers, parent, guardian, volunteers, vendors, adjudicators will have to complete a waiver in advance of the feis in order to attend. The electronic waiver will be on FeisWeb at the time of registration.

**TRAVEL**

All attendees, dancers, parent, guardian, volunteers, vendors, adjudicators will be subject to the most current PA Dept of Health travel guidelines as of Monday January 10, 2022 [www.health.pa.gov](http://www.health.pa.gov)

**FACE MASKS**

All attendees **must wear a face mask at all times**. Please make sure the mask covers your MOUTH and NOSE. If you have a medical condition that precludes you from wearing a face mask, please do not attend our feis as you will not be permitted to enter. The feis will provide a mask for anyone that forgets one but we strongly encourage all to bring their own mask.

Dancers may remove their mask while dancing. Face masks must be worn at awards and while using the restrooms and at all other times. **Please remember, wearing a face mask does not mean you don’t have to social distance.** All must remain 6 feet apart AND wear a mask.

**Since the nature of COVID-19 and the safety guidelines in relation to it are fluid, our protocols are subject to change. We will publish and/or distribute changes to our protocols as they are updated.**

<b>BEGINNER</b> <b>BOYS &amp; GIRLS</b>	<p>A Beginner is a competitor who has not taken Irish dancing lessons from a registered teacher <u>prior</u> to September 1st of previous year. Dancer must move into Advanced Beginner the following year.</p> <p>2 Steps, 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt &amp; blouse or school costumes ONLY.</p>								
	<b>Under 5</b>	<b>Under 6</b>	<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>12 &amp; Over</b>
REEL <i>tempo 122</i>	1	5	9	13	17	21	25	29	33
LIGHT JIG <i>tempo 115</i>	2	6	10	14	18	22	26	30	34
SLIP JIG <i>tempo 122</i>	3	7	11	15	19	23	27	31	35
HOP JIG <i>tempo 124</i>	4	8	12	16	20	24	28	32	36
<b>ADVANCED BEGINNER</b> <b>BOYS &amp; GIRLS</b>	<p>An Advanced Beginner is a dancer who has taken lessons from a registered teacher for more than 1 year. An Advanced Beginner who wins a 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place will advance to the Novice category in that particular dance the next year.</p> <p>2 Steps, 2 Dancers at a time NO SOLO COSTUMES ALLOWED. Skirt &amp; blouse or school costumes ONLY.</p>								
		<b>Under 6</b>	<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>12 &amp; Over</b>
REEL <i>tempo 122</i>		101	107	113	119	125	131	137	143
LIGHT JIG <i>tempo115</i>		102	108	114	120	126	132	138	144
SLIP JIG <i>tempo 122</i>		103	109	115	121	127	133	139	145
HOP JIG <i>tempo 124</i>		104	110	116	122	128	134	140	146
TREBLE JIG <i>tempo 92</i>		105	111	117	123	129	135	141	147
HORNPIPE <i>tempo 138</i>		106	112	118	124	130	136	142	148
<b>NOVICE</b> <b>BOYS &amp; GIRLS</b>	<p>A Novice is a dancer who has previously won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in Advanced Beginner. A Novice who wins a 1<sup>st</sup> place will advance to the Prizewinner category in that particular dance the next year.</p> <p>2 Steps, 2 Dancers at a time</p>								
	<b>Under 7</b>	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>Under 13</b>	<b>Under 14</b>	<b>14 &amp; Over</b>
REEL <i>tempo113</i>	201	206	211	216	221	226	231	236	241
LIGHT JIG <i>tempo115</i>	202	207	212	217	222	227	232	237	242
SLIP JIG <i>tempo113</i>	203	208	213	218	223	228	233	238	243
TREBLE JIG <i>tempo 92 or 73</i>	204	209	214	219	224	229	234	239	244
HORNPIPE <i>tempo 138 OR 113</i>	205	210	215	220	225	230	235	240	245
<b>PRIZEWINNER</b> <b>BOYS &amp; GIRLS</b>	<p>A Prizewinner is a dancer who has previously won a 1<sup>st</sup> place in Novice in a particular dance.</p> <p>2 Steps, 2 Dancers at a time</p>								
	<b>Under 8</b>	<b>Under 9</b>	<b>Under 10</b>	<b>Under 11</b>	<b>Under 12</b>	<b>Under 13</b>	<b>Under 14</b>	<b>Under 15</b>	<b>15 &amp; Over</b>
REEL <i>tempo113</i>	301	305	309	313	317	321	325	329	333
SLIP JIG <i>tempo113</i>	302	306	310	314	318	322	326	330	334
TREBLE JIG <i>tempo 92OR 73</i>	303	307	311	315	319	323	327	331	335
HORNPIPE <i>tempo 138 OR 113</i>	304	308	312	316	320	324	328	332	336

## CHAMPIONSHIPS

A DANCER WHO MISSES HIS/HER ROTATION WILL NOT BE PERMITTED TO DANCE. ROTATIONS ARE PRE-ASSIGNED BY FEISWEB

<b>PRELIMINARY CHAMPIONSHIPS BOYS &amp; GIRLS</b>	Choice of Reel (48 Bars) or Slip Jig (40 bars) AND Jig (48 bars) or Hornpipe (40 bars). Open to competitors who have placed 1 <sup>st</sup> in Prizewinner solo light (reel/slip jig) AND heavy dance (jig/hornpipe) at any feis. Dancers who win THREE 1 <sup>st</sup> place Prelim Championships in one calendar year must move onto Open on Jan. 1 <sup>st</sup> of the following year. When a third 1 <sup>st</sup> place win is achieved over several calendar years, the dancer <b>must</b> move to Open Championship the <b>following</b> weekend. Girls and Boys Combined. Hard Shoe danced first. Dancers will dance 3 at a time up to and including U13, then 2 at a time beyond that age group.	
	<b>PERPETUAL TROPHIES</b>	
Under 8	400	The Kathleen Clare Carbone Perpetual Trophy
Under 9	401	The Scott Family – Tir na nog Perpetual Trophy
Under 10	402	The Scattergood/Hasenmayer Families Perpetual Trophy
Under 11	403	The Chester County Emerald Society Perpetual Trophy
Under 12	404	The Carty/Connelly Families Perpetual Trophy
Under 13	405	The West End Fire Company #3 Perpetual Trophy
Under 14	406	The Elizabeth McLaughlin Reese Perpetual Trophy
Under 15	407	The Robert J. Brennan Perpetual Trophy
Under 16	408	The Charles V. Roche Memorial Trophy
Under 17	409	The McNamee Family Perpetual Trophy
17 & Over	410	The Connelly Family Perpetual Trophy
<b>OPEN CHAMPIONSHIPS GIRLS 3 ROUNDS</b>	Dancers will perform three rounds: reel or slip jig, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 3 at a time up to and including U13, then 2 at a time after that. Note: U8 and U9 Open Girls and Boys competitors must dance a traditional set piece.	
Under 8	500	The Daire Robert Baille Memorial Trophy
Under 9	501	The Rose of Tralee Perpetual Trophy
Under 10	502	The McDade McGrory Perpetual Trophy
Under 11	503	The Sheehan Family Perpetual Trophy
Under 12	504	The Murray Family Perpetual Trophy
Under 13	505	The Manuel De Valente Memorial Trophy
Under 14	506	The Morse Family Perpetual Trophy
Under 15	507	The Carmel & John King Perpetual Trophy
Under 16	508	The Marie & Philip Farrelly Perpetual Trophy
Under 17	509	The William F. Maginnis Memorial Trophy
Under 18	510	The Mike Morrissey Memorial Trophy
18 & Over	511	The Christopher Scattergood Memorial Trophy
<b>OPEN CHAMPIONSHIPS BOYS 3 ROUNDS</b>	Dancers will perform three rounds: reel, hornpipe or treble jig and set piece of dancer's choice. Dancers will dance 3 at a time up to and including U13, then 2 at a time after that. Note: U8 and U9 Open Girls and Boys competitors must dance a traditional set piece.	
Under 9	512	
Under 11	513	The McCarry Meenan Family Perpetual Trophy
Under 13	514	The Hegarty Family Perpetual Trophy
Under 15	515	The Knute & Pat Bonner Perpetual Trophy
Under 17	516	The Father William Wright Memorial Trophy
17 & Over	517	The Brendan Tevlin Memorial Trophy

Special Needs Boys & Girls	902	Open to all ages, boys and girls Dancer's choice of dance
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Championship Tabulation will be done by FEISWEB.

### Adult Competitions

Adult dancers must meet one of the following criteria

- 1) Dancers must not have taken Irish Dancing lessons as a juvenile and must be at least 18 years of age on January 1, 2022.
- 2) Dancers may have taken Irish dance lessons as a juvenile but have not competed in any competition, solo or team, feiseanna or Oireachtais, except competitions specifically designated for adults within the past 5 years and must be at least 18 years of age as of January 1, 2022.

Adult	Reel Speed 122	Slip Jig Speed 122	Light Jig Speed 115	Treble Jig Speed 92	Hornpipe Speed 138	Traditional Set
Beginner	<b>910</b>	<b>911</b>	<b>912</b>	<b>913</b>	<b>914</b>	<b>915</b>
Advanced Beginner	<b>916</b>	<b>917</b>	<b>918</b>	<b>919</b>	<b>920</b>	<b>921</b>
Adult	Reel Speed 113	Slip Jig Speed 113	Light Jig Speed 115	Treble Jig Speed 73 & 92	Hornpipe Speed 113 & 138	Traditional Set
Novice	<b>922</b>	<b>923</b>	<b>924</b>	<b>925</b>	<b>926</b>	<b>927</b>
Prizewinner	<b>928</b>	<b>929</b>	<b>930</b>	<b>931</b>	<b>932</b>	<b>933</b>
Adult Championships	Choice of Reel (40 bars) or Slip Jig (32 bars) AND Treble Jig (40 bars) or Hornpipe (32 bars). Traditional Set of Choice. Reel, Slip Jig and Hornpipe speeds = 113, Treble Jig Speed = 73				<b>950</b>	