

Syllabus approved by Noreen Redmond - Feis Registrar Comhairle Chonnacht

The Murphy Moore Academy of Irish Dance proudly presents the 5th Annual

BALLINROBE FEIS

JUNE 15TH & 16TH 2019

At the stunning Ballinrobe Racecourse, Co. Mayo.

Adjudicators:

Kieran Houghton-Rogers ADCRG, Manchester

Lori Hall ADCRG, Leinster

Mona Roddy-Lennon ADCRG, Ulster

Noreen Duggan ADCRG, Connacht

Musician:

Paul O'Donnell

Enquiries to Alan Murphy ADCRG: 087-2567115

TheBallinrobeFeis@gmail.com

Dear Teachers/Parents,

It's that time of year again! It is with great pride that Ursula Moore and I look forward to welcoming you all back for the 5th Annual Ballinrobe Feis at the beautiful Ballinrobe Racecourse in the heart of Co. Mayo on June 15th and 16th. As always, a lot of work has gone in to ensuring it will be a thoroughly enjoyable and well-run weekend of Irish dancing and even bigger and better than last year. We have assembled a highly experienced and esteemed panel of adjudicators for the feis, which will be the final feis before this year's Irish Nationals. And as Ballinrobe is my hometown, I am absolutely delighted to be able to hold my feis at such a unique and picturesque venue in the town, especially in the middle of summer.

Here is some important info about the feis:

- ***NEW*** Schools competition with perpetual cup for winning school.
- Large championship stage.
- Separate results room to keep things moving along quickly.
- Everyone will dance their set in Open Championships if 20 or less dancers in competition.
- Very special prizes for all Open Championship winners, including perpetual cups.
- Separate single age Boys Open Championships from 8-9 up to 15-16.
- Top 5 dancers in Bun, Tus, Mean, Prelim and Open championships receive sashes and trophies.
- Delighted to include ceile competitions again this year.
- Entries accepted on the day.
- Hot and cold food served throughout the 2 days.
- Live updates from the feis, including results and photos, will be available at:
www.facebook.com/TheMurphyMooreAcademy

If you have any questions or queries about the feis, accommodation, syllabus, etc., please don't hesitate to contact me, I'd be thrilled to help. The feis venue will be heavily signposted once you arrive in Ballinrobe.

See you in June!

Warmest regards,

Alan Murphy.



ALL GRADES, SATURDAY JUNE 15TH (3 STAGES FOR GRADES) PLUS U6, U7 & U8 OPEN

TIME	GRADE	AGE GROUP(S)	DANCES
9am	Bungrad	Under 6 6-7 7-8 8-9	Ril Port Eadrom Port Singil Port Luasca Priomh Chomortas (Ril + Port Eadrom, no re-dancing)
	Ungraded	Under 5 (Can also dance Under 6)	Ril (Plus separate Boy's reel competition also) Port Singil Priomh Chomortas (Ril plus any jig dance)
10.30am	Tusgrad	Under 6 6-7 7-8 8-9	Ril Port Eadrom Port Singil Port Luasca Port Trom Cornphiopa Priomh Chomortas (Any 2 light dances Under 6 and 6-7. Any light dance and any traditional set 7-8 and 8-9)
12.30pm	Meangrad	Under 6 6-7 7-8 8-9	Ril Port Singil Port Luasca Port Eadrom or Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any 2 light dances Under 6 and 6-7. Any light dance and any heavy dance 7-8 and 8-9)
*****	<u>OPEN</u>	<u>CHAMPIONSHIPS</u>	*****
2.15pm	Under 6 Craobh Comortas	Mixed	Ril, Port Singil, Port Eadrom
	6-7 Craobh Comortas	Mixed	Ril, Port Singil, Port Eadrom
	7-8 Craobh Comortas	Mixed	Ril, Port Trom, Any traditional set
3.15pm	Bungrad	9-10 10-12 Over 12	Ril Port Eadrom Port Singil Port Luasca Priomh Chomortas (Ril + Port Eadrom, no re-dancing)
4.30pm	Tusgrad	9-10 10-12 Over 12	Ril Port Eadrom Port Singil Port Luasca Port Trom Cornphiopa Priomh Chomortas (Any light dance and any traditional set dance)
6pm	Meangrad	9-10 10-12 12-14 Over 14	Ril Port Singil Port Luasca Port Eadrom or Port Trom Cornphiopa St. Patrick's Day Priomh Chomortas (Any light dance and any heavy dance)

ALL OPEN AND PRELIMINARY CHAMPIONSHIPS FROM 8-9 UPWARDS, SUNDAY JUNE 16TH.

9am	Girls	8-9 Craobh Comortas	Ril, Port Trom, Any traditional set + Prelim
	Boys	8-9 Craobh Comortas	Ril, Port Trom, Any traditional set + Prelim
10am	Girls	9-10 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	9-10 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	10-11 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	10-11 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
12.30pm	Girls	11-12 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	11-12 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	12-13 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	12-13 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
3pm	Ceilí	U11, U13, U16, O16	
4pm	Girls	13-14 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	13-14 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Girls	14-15 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	14-15 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
6pm	Girls	15-16 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance + Prelim
	Boys	15-16 Craobh Comortas	Ril, Port Trom/Cornphiopa, Set Dance + Prelim
	Mixed	16-18 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance
	Mixed	Over 18 Craobh Comortas	Ril/Port Luasca, Port Trom/Cornphiopa, Set Dance
		PARADE OF CHAMPIONS	PARADE OF CHAMPIONS

PLEASE NOTE: ALL TIMES ARE APPROXIMATE

Dance translations:

Ril - Reel
 Port Luasca - Slip Jig
 Port Eadtrom - Light Jig
 Port Singil - Single Jig
 Port Trom - Heavy Jig
 Cornpíopa - Hornpipe

Entry fees:

- Ardgrad Championship €25 (Under 5 Championship €20)
- Ardgrad Championship including Preliminary Championship €30
- Bungrad, Tusgrad and Meangrad competitions €4 per dance
- Bungrad, Tusgrad and Meangrad Príomh Comortas €20 (includes 3 results)
- Ceilí competitions, €2 per dancer

Admission: €5

Vendor: Buckles & Bling

Accommodation - B&Bs within a 1 minute drive to the feis venue:

- **Friars Quarter House, Ballinrobe.**

Phone : +353 (0) 94 95 41154 Email : breege@friarshouse.com

www.friarshouse.com

- **Costello's B&B, Ballinrobe.**

Phone: +353 (0) 94 95 41405

- **Woodview House B&B, Ballinrobe.**

Phone – +353 (0) 94 95 21901 Email: woodview_house@eircom.net

There is also a range of other accommodation choices in Ballinrobe as well as hotels and B&Bs in Cong, just 10 minutes from the venue and in towns such as Castlebar, Claremorris and Headford, all within 20 minutes driving distance. Don't hesitate to email or call me for help with accommodation.

Flight information: Ireland West Airport Knock is just a 40 minute drive to Ballinrobe Racecourse.

Flights to Knock are available from the following destinations:

Ryanair: East Midlands, Dublin, Liverpool, Bristol, London Stansted, London Luton, Leeds Bradford

Flybe: Edinburgh, Leeds Bradford, Manchester, Birmingham.

Aer Lingus: London Gatwick

Directions to Ballinrobe Racecourse:

The racecourse is situated seconds from Ballinrobe town on the main Castlebar road.

Rules

- Age will be reckoned from 1st January 2019.
- Entries accepted only from teachers registered with An Coimisiun le Rinci Gaelacha.
- The Adjudicator's decision is final. Adjudicators are only to be approached by Committee members.
- Any objections must be made in writing to feis organisers within one hour, signed and accompanied by a fee of €20 which will be returned if objection is sustained.
- The feis committee will not be responsible for any personal injury or articles lost at the feis. The committee, as far as practical, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be acceptance of these rules by a dancer and his/her parents/guardian.
- Bungrád competitions are confined to those who have never won a first prize in that particular dance in any age group. Only basic steps may be performed.
- Túsgrád competitions are confined to dancers who have not won a first prize in that particular dance in Túsgrád, Meángrád or Árdgrád.
- Competitors in Bungrád and Túsgrád may only wear class costume, dress or skirt and top and the use of make-up, fake tan and wigs is not permissible.
- Meángrád competitions are confined to dancers who have not won a first prize in that particular dance in Meángrád or Árdgrád. No block, en-pointe work, stationary or moving, is allowed to be performed in all ages up to and including Under 12.
- Preliminary Championships are confined to competitors who have not been placed in the top 5 in an Open Championship judged by 3 or more adjudicators. The dancer must not have qualified for the Worlds in 2018 or 2019 (with the exception of the boys who are eligible if they qualified but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim criteria). Dancer must have not recalled in the actual Championship at the All-Ireland 2018 or 2019. Competitors must not have won a Preliminary Championship **more than two times in the current year**. If the dancer has not succeeded in placing in the top 5 but has won two Preliminary Championships in the current year, they are eligible to dance preliminary again the following year.
- Any form of unauthorised photography which has the ability to capture a dancer's image whilst in motion is strictly forbidden. The use of camcorders is also forbidden during dancing.