



CAROLINA TWIN CITY FEIS

Lismore Academy of Irish Dance

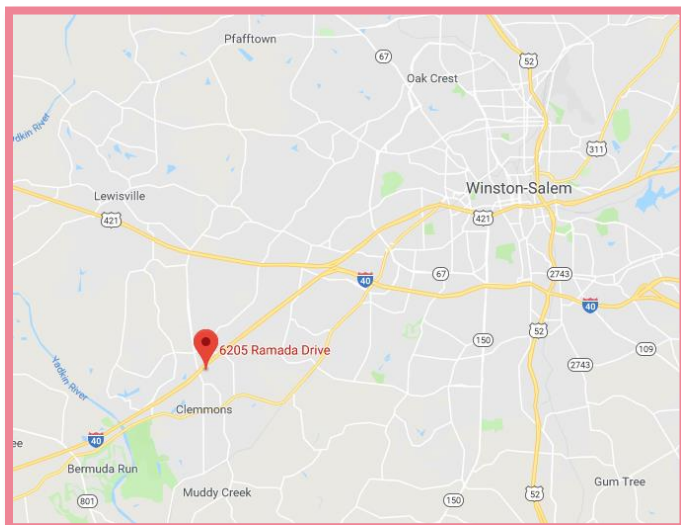
Anna Cumbie, TCRG
proudly presents the:

CAROLINA TWIN CITY FEIS

Saturday, April 21, 2018

The Village Inn

6205 Ramada Drive
Clemmons, NC 27012



NAFC COMMISSION

Member of the North American Feis Commission

President: Lori Seeman

president@northamericanfeiscommission.org

Member of

An Coimisiun, Dublin, Ireland

2018 NAFC CHAMPIONSHIPS

2018 Music Scholarship Championships

*15 and over James Brennan Music Scholarship
Championship will be held at
the Rochester Feis on July 14, 2018
(alternate is Hotlanta Feis 11/18/18)*

*Under 15 Edward Callaghan Music Scholarship
Championship will be held at
the Flower City Feis on October 7, 2018
(alternate is Feis ATL 11/17/18)*

GENERAL FEIS INFORMATION

Questions: please visit

www.lismoreacademy.com

Feis limited to 350 competitors

Registration begins at 7:00 AM

Opening Ceremony at 7:45 AM

Dance Competitions begin at 8:00 AM

Co-chairspersons:

Anna Cumbie, TCRG

Nadine Cumbie

feis@LismoreAcademy.com

REGISTRATION INFORMATION

Online registration opens March 1

www.QuickFeis.com

**After April 13 all registration and changes
must be completed in person at the Feis on April 21**

***Syllabus approved by Southern Region IDTANA Feis
Liaison, Maureen Armstrong, ADCRG, approval date
26 Feb 2018***

Carolina Twin City Feis

ENTRY FEES

Competition Fees	FEES
Solo Dancing / Adult / Specials / Team <i>(per competitor)</i>	\$ 10.00
Preliminary Championship <i>(does not include set dance)</i>	\$ 40.00
Open Championship <i>(does not include Treble Reel)</i>	\$ 50.00
Art	FREE
Family Cap <i>(Only applies to competition fees – And only up to April 13)</i>	\$ 130.00
Family Admission Fee	\$30.00
T-Shirts	\$15.00

CREDIT CARD PAYMENT ONLY FOR ONLINE REGISTRATION

SORRY - NO CHECKS ACCEPTED

LATE FEES

Please note:

- LATE FEES are in ADDITION to the competition fees listed above.
- Online registration will end FRIDAY night - April 13.
- All fees are PER dancer
- ONLINE registration will end **FRIDAY night** – April 13

LATE FEES	Up to Apr 13	After Apr 13 (at the Feis)
New Registrations	\$ 0	\$ 50
Changes	Free	\$ 25
Family Cap	\$ 130	none
Payment type	CC only	CC or cash

NEW REGISTRATIONS WILL BE ACCEPTED AT THE FEIS

Cash or Credit Card payments accepted at the feis

SORRY - NO CHECKS ACCEPTED

REGISTRATION RULES

- Registration is limited to the first PAID 350 competitors. There will be no waiting list.
- IF the cap has not been met, registration will re-open at the feis, the day of the feis.
- No personal checks will be accepted at any time.
- Entries are not valid until full payment is received. Any unpaid entries will be dropped at closing.
- **LATE AND DAY OF FEIS FEES** – late fees are added to the regular fees (competition fees, entry fees) - PER COMPETITOR. No family max will be applied.
- **CHANGES** - Before April 13, ALL changes must be made at QuickFeis.com. After April 13 all changes must be made AT the feis. Change fee only includes changes. Adding additional competitions will be charged the late fee AND the regular competition fee.
- Please do not email the feis or QuickFeis with change requests, or requests for new registrations – they will not be processed.
- **Individual Results Included in fees**

**ABSOLUTELY NO REFUNDS
OF ANY KIND AT ANY TIME**

CAROLINA TWIN CITY FEIS RULES:

- Parents are entirely responsible for their children's safety. Neither the CAROLINA TWIN CITY Feis, Lismore Academy of Irish Dance, nor the venue will be held liable for any injury that occurs at this event. By entering this feis you are agreeing to these terms.
- No photos or videos are permitted of dancers while on stage for any competition EXCEPT First Feis Competitions.
- Adjudicating decisions made by the panel are final.
- All Non-Adjudicating decisions will be decided by the Feis organizers and will be final.



Carolina Twin City Feis

NUMBERING SYSTEM

The following numbering system is being used:

1 st Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 th and 5 th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2018	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

FIRST FEIS

The First Feis level is for dancers who are competing in their very first feis. Once a dancer competes in the First Feis level, they must move immediately into Beginner or Advanced Beginner.

*Boys will be separated into a separate competition when there are 5 or more boys in a dance

GIRLS/BOYS	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	113RL	114RL	115RL	116RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	113LJ	114LJ	115LJ	116LJ

BEGINNER (BEGINNER 1)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

GIRLS/BOYS	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	214RL	215RL	216RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	214LJ	215LJ	216LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ	214SJ	215SJ	216SJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN	214SN	215SN	216SN

ADVANCED BEGINNER (BEGINNER 2)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

GIRLS/BOYS	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	O16
REEL	305RL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	315RL	316RL
LIGHT JIG	305LJ	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	315LJ	316LJ
SINGLE JIG	305SN	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	315SN	316SN
SLIP JIG	305SJ	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ	315SJ	316SJ
TREBLE JIG	305TJ	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	315TJ	316TJ
HORNPIPE	305HP	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	315HP	316HP



Carolina Twin City Feis

NOVICE

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<u>GIRLS/BOYS</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O16</u>
REEL	406RL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
LIGHT JIG	406LJ	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
SINGLE JIG	406SN	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
SLIP JIG	406SJ	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
TREBLE JIG	406TJ	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
HORNPIPE	406HP	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP
TRADITIONAL SET	406TS	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS

PRIZE WINNER (OPEN)

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<u>GIRLS/BOYS</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O16</u>
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS

ADULT COMPETITIONS

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	<u>Beginner</u>	<u>Novice/Prizewinner</u>
REEL	835RL	855RL
LIGHT JIG	835LJ	855LJ
SINGLE JIG	835SN	855SN
SLIP JIG	835SJ	855SJ
TREBLE JIG	835TJ	855TJ
HORNPIPE	835HP	855HP
TRADITIONAL SET	835TS	855TS



Carolina Twin City Feis

PRELIMINARY CHAMPIONSHIP

Dancers will perform:

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig

<u>BOYS/MEN & GIRLS/LADIES</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIP

Dancers will perform:

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig
3. Set Dance of their choice

<u>GIRLS / LADIES/ BOYS / MEN</u>	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>U19</u>	<u>O19</u>
OPEN Championship	709OC	711OC	713OC	715OC	717OC	719OC	720OC

FIGURES / CEILI / TEAMS

- Every team member needs to register and pay for their individual registration.
- Incomplete teams (where all members did not register AND pay) will not be allowed to compete.

	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>	<u>4 HAND Reel/Jig</u>	<u>8 HAND Reel/Jig</u>
Under 11	922FD	932FD	942FD	982FD
Under 13	923FD	933FD	943FD	983FD
Under 16	924FD	934FD	944FD	984FD
Over 16	925FD	935FD	945FD	985FD
ADULTS	929FD	939FD	949FD	989FD



Carolina Twin City Feis

TREBLE REEL

Feis organizers will provide a song on social media – dance your best reel to it!
Looking for fun costume, fun steps, and great attitude with an IRISH flair!

	<u>U11</u>	<u>U15</u>	<u>O15</u>
Novice / Prizewinner Treble Reel	511TR	515TR	516TR

CELTIC ART

- Artwork entries can be submitted at the designated area by 10 am on feis day.
- Judging will take place over lunch.
- You will receive a small card number at registration – make sure to attach it to your work for identification.
- Please pick up your artwork by 2 pm.
- Any medium is allowed.
- Be creative!

	<u>U10</u>	<u>U15</u>	<u>O15</u>
Celtic Art	910CA	915CA	916CA

CAROLINA TWIN CITY FEIS T-SHIRTS

- Pre-order your shirts along with your registration for only \$15 each!

	<u>Small</u>	<u>Medium</u>	<u>Large</u>	<u>Extra-Large</u>
Youth Size	TSY-small	TSY-medium	TSY-large	---
Adult Size	TSA-small	TSA-medium	TSA-large	TSA-XL



Carolina Twin City Feis

IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules-Effective January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman;
 - b) Failure to report on time to compete (Penalty: disqualification from said event);
 - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
 - a) must compete in their own age group;
 - b) must be prepared to perform two steps in each event;
 - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis:
 - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.
 - d) Boys and girls will be combined in Preliminary Championship. Please note the separation policy for 5 or more boys.



Carolina Twin City Feis

- e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
19. The status of a dancer does not change unless there are five or more dancers in a competition.
20. Grade Category Definitions:
- a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
- b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
- c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
- d) **Open (Prizewinner):** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
- e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
- a) away from the dancing stages and
- b) requested by a consenting parent, guardian or dancer over the age of 18.
30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules

